

Lytton First Nation

EMPLOYMENT OPPORTUNITY

Wellness Coordinator Health Department

Position Overview

The TI'kemtsin Health Centre is seeking a Wellness Coordinator to join our Health Team in a community-based role grounded in the work of the Community Health Representative (CHR), with an expanded focus on program coordination, nutrition education, and wellness planning.

The Wellness Coordinator supports the holistic health and wellness of Lytton First Nation members across the lifespan, from youth to Elders, through direct outreach, home visits, and community engagement, while also coordinating key wellness programs and clinics. This role balances hands-on community support with program leadership and planning and works closely with CHRs and other health programs.

Key Responsibilities

Community-Based Health Support

- Maintain a strong community presence through home visits, outreach, and ongoing contact with Elders, chronic care clients, and vulnerable members
- Attend and support members at medical and allied health appointments when requested
- Work collaboratively with CHRs, Home and Community Care, Community Wellness, Mental Wellness, and other LFN programs
- Support patient navigation, including coordination with the Patient Travel Clerk

Nutrition Education & Wellness Programming

- Develop and deliver culturally relevant nutrition education and food-related wellness programming for youth, families, adults, and Elders



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- Integrate nutrition education into existing programs such as diabetes prevention, prenatal health, and chronic disease management
- Collaborate with schools, Elders, and community partners on community-driven nutrition initiatives

Health Promotion & Chronic Disease Prevention

- Coordinate health promotion activities, workshops, clinics, and community events
- Support diabetes prevention, education, and chronic disease awareness
- Promote physical activity, healthy living, and preventative health practices

Coordination of Health Programs & Clinics

- Coordinate and support community-based clinics such as hearing, vision, and other visiting health services
- Work with internal staff and external service providers to plan and implement clinics and outreach services
- Support follow-up and communication with members related to clinic outcomes

Program Planning, Reporting & Team Participation

- Support planning and implementation of wellness initiatives aligned with community priorities
- Track activities and participation, and prepare reports for the Health Manager
- Maintain accurate and confidential records
- Participate in health team meetings, planning sessions, and community events

Qualifications & Skills

Training & Experience

- High School Diploma or GED (post-secondary training in health, wellness, nutrition, and/or community development is an asset)
- Experience in community health promotion, wellness programming, and/or nutrition education



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- Experience delivering community-based programs, preferably within a First Nations context
- First Aid and CPR certification is an asset

Knowledge & Skills

- Understanding of First Nations health services and community-based approaches
- Knowledge of Nlaka'pamux culture, community values, and local context
- Strong communication, organization, and relationship-building skills
- Ability to work independently and as part of an integrated health team
- Computer literacy and basic reporting skills

Additional Requirements

- Ability to maintain confidentiality and professional boundaries
- Willingness to participate in ongoing training and professional development
- Valid BC Driver's License, driver's abstract, and access to a reliable vehicle
- Ability to pass and provide a current criminal and vulnerable sector record check

Role Emphasis

This position remains grounded in community relationships and CHR practice, while supporting the coordination and long-term development of holistic, culturally grounded wellness programming at Lytton First Nation.

Open Until Filled

Apply with cover letter, resume, and two (2) current references to:
jobs@lfn.band or in person at the LFN Administrative Office



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