

Doctors are realising the real science where brain stop thinking yet spirit know all the answers100 MBBS doctors get their self realisation through Sahaja Yoga Meditation in INDORE .

100 MBBS students of one of the very prestigious college, Shri Aurobindo Institute of Medical Sciences attended introductory session of Sahaja Yoga with great enthusiasm in INDORE on 6th October, 2025. All the students could feel the experience of awakening of the kundalini shakti and felt it on their subtle system. They all felt deep peace and complete silencing of their unwanted thoughts which were causing unnecessary mental stress in their career. This was a very enlightening experience for them, something which they had never experienced before.



