



Blueberry Pancake Bake

INGREDIENTS

- 2 cups Kodiak Cakes Chocolate Chip Flapjack mix
- 1-1/2 cups unsweetened almond milk
- 1 egg
- 1/2 cup unsweetened applesauce (or 2 overripe mashed bananas)
- 1 tsp ground cinnamon
- 1 tsp vanilla extract
- 1 tsp baking powder
- 1 cup blueberries

NUTRITION FACTS

Serves: 6

Amount Per Serving

- Calories 171
- Total Fat 3 g
- Saturated Fat 0 g
- Cholesterol 7 mg
- Sodium 392 mg
- carbohydrate 27 g
- Dietary Fiber 5 g
- Sugars 6 g
- Protein 11 g
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(Check link on website for WW Personal Points)

DIRECTIONS

1. Preheat oven to 350 degrees.
2. Spray 13x9 pan with cooking spray.
3. Mix everything but milk and blueberries in a bowl.
4. Slowly pour in milk and whisk together.
5. Fold in blueberries.
6. Pour batter into a prepared pan.
7. Top with additional cinnamon (optional).
8. Bake in 350-degree oven for about 25 to 30 minutes.
9. Let cool before serving.
10. Cut into 6 squares.
11. Top with additional blueberries, if desired.
12. Optional: top with syrup or whipped topping (additional points/calories)