



Pizza Pinwheels

INGREDIENTS

- 1 Ole Xtreme Wellness high-fiber wrap
- 1 oz reduced-fat ricotta cheese
- 1 oz Polly-O part-skim mozzarella cheese
- 12 slices Publix turkey pepperoni (or 1 point worth of another brand)
- 1/2 Tbsp red bell pepper (optional)
- 1/2 Tbsp green bell pepper (optional)
- 1/8 cup Prego Traditional sauce (for dipping)

(You could save a point by using a 0-point marinara instead of the Prego.)

NUTRITION FACTS

Serves: 1

Amount Per Serving:

- Calories 237
- Total Fat 13 g
- Saturated Fat 6 g
- Cholesterol 48 mg
- Sodium 979 mg
- Carbohydrate 21 g
- Dietary Fiber 12 g
- Sugars 5 g
- Protein 22 g
- myWW Blue: 6
- myWW Purple: 6
- myWW Green: 6

DIRECTIONS

1. Spread ricotta on wrap.
2. Sprinkle with mozzarella cheese.
 - a. If you want your cheese melted, you could put in microwave for a few seconds at this point. (I just eat it cold).
3. Add pepperoni and vegetables.
4. Roll up into a pinwheel shape.
5. Slice into approximately four to five pieces.
6. Serve with sauce for dipping.

This recipe can be found at:

<https://planningushealthy.com/pizza-pinwheels>

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