



Sausage Cheese Dip

INGREDIENTS

- 32 oz Velveeta Light
- 9.6 oz package Jimmy Dean Turkey Sausage Crumbles
- 1/4 cup unsweetened almond milk
- (2) 10-oz cans Rotel diced tomatoes with chiles

NUTRITION FACTS

Serves: 25

Amount Per Serving

- Calories 31
- Total Fat 2 g
- Saturated Fat 0 g
- Cholesterol 9 mg
- Sodium 119 mg
- Carbohydrate 2 g
- Dietary Fiber 0 g
- Sugars 1 g
- Protein 2 g
- myWW Blue: 3
- myWW Purple: 3
- myWW Green: 3

DIRECTIONS

1. Cut Velveeta into cubes.
2. Combine all ingredients in slow cooker.
3. Cook on low until melted, stirring occasionally (or cook on the stove, stirring constantly, until melted).

This recipe can be found at:

<https://planningushealthy.com/sausage-cheese-dip>

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