

NON INVASIVE LASER LIPO TREATMENT CONSENT FORM

What is non-invasive laser lipo?

Non-invasive laser lipolysis, is commonly called 'Laser Lipo' and is a type of nonsurgical fat reduction treatment. This non-invasive body contouring treatment uses laser energy to target and eliminate stubborn fat. The procedure is suitable for the reduction of stubborn fat. It is not a weight-loss solution.

How non-invasive laser lipo works

Treatment pads equipped with laser diodes directly onto the skin. These pads are placed underneath elasticized bands to hold the pads in place for the laser energy treatment.

The low laser energy penetrates down to the fat cells and creates tiny holes in their membranes. This causes the fat cells to release their stored fatty acids, glycerol, and water into the body and then shrink. These fatty acids are then processed and eliminated by the body's lymphatic system.

How many treatments

6-8 treatments spaced 3 days apart are recommended for optimal results.

Before and aftercare

- Drink plenty of water (at least 2 litres) before and after the treatment. Drinking water is a necessary part of the treatment to facilitate the elimination of broken down fat.
- Do not drink alcohol on the day of the treatment and within the first 48 hours after.
- Do some light exercise to elevate your heart rate such as a brisk walk for at least 20 minutes after the treatment to stimulate lymph movement.

Do you have any of the following?

- Pregnant or breastfeeding Yes / No
- Heart problems or diseases Yes / No
- High blood pressure Yes / No
- Cancer Yes / No
- Kidney damage, diseases or problems Yes / No
- Liver damage, diseases or problems Yes / No
- Acute inflammatory processes Yes / No
- Haemorrhagic disease, trauma or bleeding Yes / No
- Medical plastic parts or parts with metal inside Yes / No
- Abnormal immune system Yes / No
- Numb or insensitive to heat Yes / No
- Menstrual period Yes / No
- Skin conditions such as eczema, dermatitis, or rashes Yes / No
- Active implanted device such as pacemaker or defibrillator Yes / No

Pictures may be obtained for clinical records. If pictures are used for education or marketing purposes, all identifying marks will be cropped or removed. Initial: ____

The benefits and potential side effects associated with the non-invasive Laser Lipo procedure have been explained to me in detail. I have read the information above and give my consent to be treated with laser lipo treatment pads.

Print
Name

Signature

Date