FOOD MENUB Week: Month: 202					
USDA CACFP Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST					
Fluid Milk	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)
Fruit and/or Vegetable	Apples	Bananas	Oranges	Apples	Bananas
Bread or Cereal	Corn Flakes/ Cheerios (WG)	Oatmeal/Farina (WG)	Eggo Waffles	Wheat Bread (WG)	Oatmeal/Farina (WG)
LUNCH					
Meat or Alternate	Eggs	Ground Beef	Chicken Strips	Cheese	Cheese Pizza (with extra cheese)
Fruit and/or Vegetable	Banana	Oranges	Banana	Oranges	100% Fruit Juice
	Mixed-Veggies	Cut Carrots	Lettuce + Tomatoes Salad	Broccoli	Corn
Bread or Alternate	Rice (enriched)	Pasta (enriched spaghetti)	Rice (enriched)	Macaroni-Cheese (with extra cheese)	Cheese Pizza (with extra cheese)
Fluid Milk	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)
AFTERNOON SNACK					
(serve any 2 of the following foods);					
Fluid Milk		6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	Yogurt	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)	
Fruit and/or Vegetable	Oranges	Apples		Banana	6 Oz Fluid Milk (1% for 2+ years) (Whole for < 2 years)
Bread or Alternate	Honey Maid Grahams (WG)		Saltines (WG)		Honey Maid Grahams (WG)
Meat or Alternate					Oct 2021

(BALINE)

Oct 2021

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