Vol. XXVII No. 2 February 16-28, 2021

R.I.P. HANK AARON1934-2021



R.I.P. CIICELY TYSON 1924-2021



R.I.P. MARION PEATROSS 1935-2021



R.I.P. TOMMIE JANE CHESTER 1952 -2021



R.I.P. DOUBLE D 1980 -2021



BLACK HISTORY MONTH SPECIAL EDITION



Carter G. Woodson, The Father of Black History

In Chicago during the summer of 1915. An alumnus of the University of Chicago with many friends in the city, Carter G. Woodson traveled from Washington, D.C. to participate in a national celebration of the fiftieth anniversary of emancipation sponsored by the state of Illinois. Thousands of African Americans travelled from across the country to see exhibits highlighting the progress their people had made since the destruction of slavery. Awarded a doctorate in Harvard three years earlier, Woodson joined the other exhibitors with a black history display. Despite being held at the Coliseum, the site of the 1912 Republican convention, an overflow crowd of six to twelve thousand waited outside for their turn to view the exhibits. Inspired by the threeweek celebration, Woodson decided to form an organization to promote the scientific study of black life and history before leaving town. On September 9th, Woodson met at the Wabash YMCA with A. L. Jackson and three others and formed the Association for the Study of Negro Life and History (ASNLH).

He hoped that others would popularize the findings that he and other black intellectuals would publish in The Journal of Negro History, which he established in 1916. As early as 1920, Woodson urged black civic organizations to promote the achievements that researchers were uncovering. A graduate member of Omega Psi Phi, he urged his fraternity brothers to take up the work. In 1924, they responded with the creation of Negro History and Literature Week, which they renamed Negro Achievement Week. Their outreach was significant, but Woodson desired greater impact. As he told an audience of Hampton Institute students, "We are going back to that beautiful history and it is going to inspire us to greater achievements." In 1925, he decided that the Association had to shoulder the responsibility. Going forward it would both create and popularize knowledge about the black past. He sent out a press release announcing Negro History Week in February 1926.

Woodson chose February for reasons of tradition and reform. It is commonly said that Woodson selected February to encompass the birthdays of two great Americans who played a prominent role in shaping black history, namely Abraham Lincoln and Frederick Douglass, whose birthdays are the 12th and the 14th, respectively. More importantly, he chose them for reasons of tradition. Since

Lincoln's assassination in 1865, the black community, along with other Republicans, had been celebrating the fallen President's birthday. And since the late 1890s, black communities across the country had been celebrating Douglass'. Aware of the pre-existing celebrations, Woodson built Negro History Week around traditional days of commemorating the black past. He was asking the public to extend their study of black history, not to create a new tradition. In doing so, he increased his chances for success.

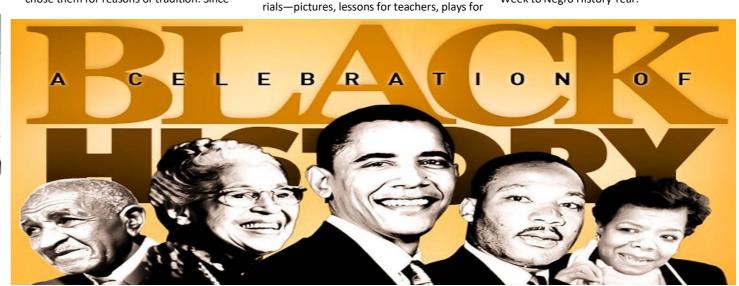
Yet Woodson was up to something more than building on tradition. Without saying so, he aimed to reform it from the study of two great men to a great race. Though he admired both men, Woodson had never been fond of the celebrations held in their honor. He railed against the "ignorant spellbinders" who addressed large, convivial gatherings and displayed their lack of knowledge about the men and their contributions to history. More importantly, Woodson believed that history was made by the people, not simply or primarily by speakers who had less knowledge than the great men. He envisioned the study and celebration of the Negro as a race, not simply as the producers of a great man. And Lincoln, however great, had not freed the slaves—the Union Army, including hundreds of thousands of black soldiers and sailors, had done that. Rather than focusing on two men, the black community, he believed, should focus on the countless black men and women who had contributed to the advance of human civiliza-

From the beginning, Woodson was overwhelmed by the response to his call. Negro History Week appeared across the country in schools and before the public. The 1920s was the decade of the New Negro, a name given to the Post-War I generation because of its rising racial pride and consciousness. Urbanization and industrialization had brought over a million African Americans from the rural South into big cities of the nation. The expanding black middle class became participants in and consumers of black literature and culture. Black history clubs sprang up, teachers demanded materials to instruct their pupils, and progressive whites stepped and endorsed the

Woodson and the Association scrambled to meet the demand. They set a theme for the annual celebration, and provided study matehistorical performances, and posters of important dates and people. Provisioned with a steady flow of knowledge, high schools in progressive communities formed Negro History Clubs. To serve the desire of history buffs to participate in the re-education of black folks and the nation, ASNLH formed branches that stretched from coast to coast. In 1937, at the urging of Mary McLeod Bethune, Woodson established the Negro History Bulletin, which focused on the annual theme. As black populations grew, mayors issued Negro History Week proclamations, and in cities like Syracuse progressive whites joined Negro History Week with National Brotherhood Week.

Like most ideas that resonate with the spirit of the times, Negro History Week proved to be more dynamic than Woodson or the Association could control. By the 1930s, Woodson complained about the intellectual charlatans, black and white, popping up everywhere seeking to take advantage of the public interest in black history. He warned teachers not to invite students themselves. Increasingly publishing houses that had previously ignored black topics and authors rushed to put books on the market and in the schools. Instant experts appeared everywhere, and non-scholarly works appeared from "mushroom presses." In America, nothing popular escapes either commercialization or eventual trivialization, and so Woodson, the constant reformer, had his hands full in promoting celebrations worthy of the people who had made the history.

Well before his death in 1950, Woodson believed that the weekly celebrations—not the study or celebration of black history-would eventually come to an end. In fact, Woodson never viewed black history as a one-week affair. He pressed for schools to use Negro History Week to demonstrate what students learned all year. In the same vein, he established a black studies extension program to reach adults throughout the year. It was in this sense that blacks would learn of their past daily that he looked forward to the time when an annual celebration would no longer be necessary. Generations before Morgan Freeman and other advocates of all-year commemorations, Woodson believed that black history was too important to America and the world to be crammed into a limited time frame. He spoke of a shift from Negro History Week to Negro History Year.



News, Views & Commentary "ON THE VIRG!"



. CARING FOR THE DEVELOPMENTALLY DISABLED

We are Hiring!

DIRECT CARE WORKERS

CNA'S

NURSING ASSISTANTS

Please send Resume to: lbaruti@wellnessmi.com

BLACK HISTORY/OUR HISTORY celebrate Black History

Who am I to talk about black history? A proud Italian American who grew up in a tight-knit, immigrant family that knew little of diversity and nothing of black history. I learned about Dr. Martin Luther King and scratched the surface of the black struggle at St. Benedict School, which was nearly all white just like my neighborhood at the time. And yet I was struck by the cruelty of slavery and the injustice of Jim Crow laws. Dr. King became an inspirational figure in my life. This was all due to my early education. At home, no one spoke of Dr. King's heroic leadership or the struggle for equality in America. Dr. King's voice spoke loudly to me as a young boy just as President Obama's place and voice speaks loudly to young boys of every race and as Senator Rafael Warnock's voice will speak for generations more. Change and progress in racial justice can seem painstakingly slow, but it is happening before our very eyes. As we

celebrate Black History
this year, I am especially grateful to the
teachers - in and out
of school - who took
time and patience to
help educate a chubby, Italian kid about
the harsh realities of
the black struggle for
equality in America. I
am grateful to college



Virg Benero

professors and co-workers, elders and young people too, who took time to counsel me, to enlighten me by word and deed, to mold and shape me into an ally in the struggle. Black History cannot simply sit on a shelf. It must come to life for all Americans. And we can each play a role. Black history can and must continue to guide America's path toward "liberty and justice for all."

(Virg Bernero was the 51st Mayor of Lansing)



Feeling the pressure? **CDC can help.**

Let's work together this **#HeartMonth** to control hypertension.

cdc.gov/heartmonth



POETREE-N-MOTION



The TV Talk Show highlighting and promoting OUR community...with your host, Dee Freeman Watch PNM...

Airs in Lansing on Comcast channel 16... Wednesday at 6:00 PM and Friday at 4:30 PM

Airs in East Lansing on Comcast channel 30... Daily at 9:30 AM, 4:30PM and 6:30PM

Come share information on your function or activity. POETREE N Motion is happy to assist in the promotion of your positive activities within our community.

MY PEOPLE...LET YOUR LIGHT SO SHINE!

By Dee Freeman ©

If you can't convince others to do your thing

Do it yourself; then see how you alone can bring - About a change

Yes, You are only one person, Yet, a difference you can make Let others see your light, even if for them,

it requires a double take
Or they think you strange... Ha! Don't
matter!

You have purpose; so shed your fears, doubt and despair

Shine as only a light with purpose will even dare

You are to shine, shine bright your voice...your gift

Whenever, necessary, let your voice speak to uplift

Your spoken enlightenment can dispel any evil...

Lurking in the dark...the current administration

Your brave flame can lift intense burdens Of a heavy or weighted down heart of our

nation

Power up, energize total body and mind Explode with an illuminated VOICE Your light is needed to thwart threatening gloom

Stay WOKE with your VOTE...your CHOICE

Light up brightly to bring needed attention

Light up and speak truth to this nation Light up on the phone to a friend Light up in the streets, greeting a kin Light up on any platform available to you More importantly...Light up at the POLLS. Vote...your duty to do!

Get busy...set ablaze your internal fire Decide today is the day(Nov 3rd) to Shine brightly, igniting outwardly your inner desire

Decide where it is you'll shine
Then, go for it, waste no valuable time
For, as one light to another light,
I see it as our duty to always Be genuine...
Speaking TRUTHS via our VOTE
We must go out and let our voice be
heard

SPEAK! VOTE! IT'S YOUR TIME TO SHINE!

POETREE-N-MOTION

Provides:

MESSAGES of blessings and inspiration

GUESTS sharing life and education

WORD'S of powerful motivation

And EDITORIALS for deep concentration

POETREE-N-MOTION







Pastor/Chaplain Pamelajune (Pj) Anderson, DMin. Lt Commander (RET) US Navy Chaplain Corps Certified Peer Support Specialist



TO BE SELF-AWARE, BE STILL AND KNOW WHO AND WHOSE YOU ARE

7-11 "Don't bargain with God. Be direct. Ask for what you need. This isn't a cat-and-mouse, hide-and-seek game we're in. If your child asks for bread, do you trick him with sawdust? If he asks for fish, do you scare him with a live snake on his plate? As bad as you are, you wouldn't think of such a thing. So don't you think the God who conceived you in love will be even better? Matthew 7:7-11 The Message



"Dear God, the error I made in writing about and discussing Depression before Bargaining makes the point that the Stages of Grief meanders all over and around the emotional spectrum. How many times does humanity wrestle with "If only I had...What if I...Maybe if I just..." I gather I will live with such queries until I join the great cloud of witnesses. I remember as though it were yesterday that my mom said to me, "I would love to go to my patio one last time."

My response was, "Mom, it is so cold outside." She turned to leave the kitchen and moved on, never to ask again. What if I had put her coat on her and granted her wish? If only I had put her jacket on her and opened the kitchen door to decide if she could handle the cold."

I know of one time when I was so sick, I thought, "Lord, surely You did not bring me back to Michigan for me to die." Both of these incidences happened in December.

Then there is the bargaining that begins, "God, if you get me out of this situation, I promise...God, if you help me through this mess, You won't have to worry about me doing this again...God, please let my husband live. If You will, I will." In our humanness, we are likely to forget about our promise when the storm is over. There are exceptions. Our Co-Chaplain promised to serve the Lord "If," and she has done so since.

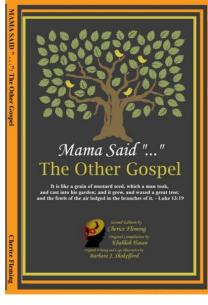
Matthew reminds us that we don't have to bargain with God. The God who conceived us in love recognizes and appreciates the human condition. Be direct and ask for what you want. God promises to meet your needs according to the riches of his glory in Christ Jesus.

The link to join us on Tuesdays, 8:30-9:30 EST is https://www.facebook.com/groups/tfamveterans The link to join us on Thursdays, 8:00-9:00 pm EST is: https://www.facebook.com/sfgwithoutwalls



AT TIMES LIKE THESE, WE NEED WISDOM OF THE AGES! **PURCHASE YOUR COPY TODAY**

WWW.MAMASGOSPEL.COM









Patricia Davidson, MD, FACE **Medical Internist** and Cardiologist As Our Keynote Presenter

A Virtual Webinar — SATURDAY, FEBRUARY 27TH - 11:00 a.m. — 12:30 p.m. — FREE but MUST Pre-Register A SPECIAL THANKS TO OUR SPONSORS AND THE LANSING AREA BLACK NURSES ASSOCIATION (LABNA)









Pre-Register and Wear Red to the Event https://hopin.com/events/glacgoesred2021

MICHIGAN BULLETIN - Page 3



By Mr. Party, The Ambassador of Celebration

Pribate :Mr. Perry & Tyler Oct. 3, 141-July 20, 2017 of Mr. Party marketing concept August 1985 C.A. column September 2006

Birthdays in February 2021

Ms. Kimberly Jones celebrates her 40^{th} birthday on February 2^{nd} .

Mr. K. C. Big Thangs celebrates his birthday on February 2nd.

Ms. Nikki Skipper celebrates her birthday on February 2nd.

Ms. Tina Fellows celebrates her birthday on February 3rd.

Tina, you are THE BEST big sister in the world; I love you so much! Love always and forever, Tracy G.

Ms. Christina Tubbs celebrates her birthday on February 3rd.

Ms. Tammy Ruiz celebrates her birthday on February 3rd.

Ms. Ashley Erickson celebrates her 32nd birthday on February 4th.

Ms. Rebecca Lea Patterson celebrates her birthday on February 4th with family and friends. "Becca, happy 26th birthday! Enjoy your day! I love you! Love Mom!"

Ms. Shari M. Townsley celebrates her birthday on February 5th.

Mrs. Juel Darden celebrates her birthday on February 5th.

Ms. Mandy Schafer celebrates her 37th birthday on February 7th.

Ms. April L. Clark celebrates her birthday on February 7th.

Ms. Georgette Sneed celebrates her 69th birthday on February 7th.

Ms. Maria Herrera celebrates her 47th birthday on February 7th. Mr. DeMarice Hall celebrates his 34th birthday on February 7th.

Ms. Mandi Schafer celebrates her birthday on February 7th. "Singing

my way to stardom" Mr. Arthur Andrews celebrated his 70th birthday on February 7th get-

Brother Bill sends you Love.

Mrs. Barbara M. Rouse-Tate celebrates her birthday on February 8th

Mrs. Flora Boles celebrates her birthday on February 8th.

Ms. Lisa D. Tate-Jackson celebrates her birthday on February 9th with family. Mr. Martin Luther King celebrates his birthday on February 9th.

Mr. Nate Carlisle celebrates his 55th birthday on February 9th. "I pray that GOD blesses everybody!"

Ms. Jazmine Gierke celebrates her 16th birthday on February 10th with her baby brother Damian and family.

Ms. Betty McGrew celebrates her birthday on February 10th.

Ms. Brandy Gonzales celebrates her 32st birthday February 10th.

Mr. Freddie Lewis celebrates his birth on February 10th. Ms. Jaylenn Shannon celebrates her 17th birthday on February 11th.

Ms. Phyllis Colthorp celebrates her birthday on February 11th.

Ms. Sheavan Mizori celebrates her 36th birthday on February 11th.

Ms. Michelle M. Mireles celebrates her 54th birthday on February 11th. Mr. Charles Husby celebrates his birthday on February 11th, with fami-

ly and friends. Mr. James E. Garvie celebrates his 35th birthday on February 12th with

Ms. Kelly Kilpatrick celebrates her birthday on February 12th.

Mr. Clyde Martin celebrates his 35th birthday on February 12th.

Mr. Josiah Nathaniel Dixon celebrates his 12th birthday on February

12th with family|: Pastor Nathan, Lady Rolanda and big sister Makenzie Carrington.

Mr. RJ Johnson celebrated his birthday on February 16th with friends

Ms. Chrissy Gomez celebrates her 36th birthday on February 13th.

Ms. Patty Oehmke celebrates her birthday on February 14th, Valen-

tine's Day, sharing much love.

Mr. Walter "Gator" Gierke celebrates his 39th birthday on February 14th with friends and family. "Mama's Valentine's Day Gift from your Dad in 1982!" We love you always!

Mr. Fredrick Crockett celebrates his 56th birthday on February 14th, with a shout out: "Happy Birthday to the rest of my cupid Babies!"

Ms. Madeline Brown celebrates her 64th year of life on February 14th,

"Valentine's Day"

Ms. Vicki Helman celebrates her birthday on February 14th.

Ms. Angela P. Baltimore celebrates her birthday on February 15th. Mr. Chavis Walker celebrates his birthday on February 15th.

Ms. Teonie Dobbs celebrates her birthday on February 15th.

Mr. Charles M. Flores celebrates his 51st birthday on February 15th.

*Anniversaries

Mr. & Mrs. Robert and Cordray McConnell celebrated their 57th wedding anniversary on February 3rd. Mr. & Mrs. David, (RIP), and Linda-Walker-Cole, (RIP 1-9-2020); We celebrate their 22nd wedding anniversary on February 14th.

Mr.& Mrs. Myron & Dee Freeman celebrate their 34th wedding anniver-

sary on February 14^{th.}
Mr. & Mrs. Al and Irma Cooper will celebrate their 71th wedding anniversary on February 23rd. Thank You for the Lesson that helped me to The Substance of a Man!!!

*Announcements Mr. Party Website: <u>mrpartycelebrationservice.com</u> Face book Page: <u>www.facebook.com/mrparty198</u> Celebration Gram: Your special message delivered by;

Mr. Party, The Ambassador of Celebration Please send us the information about you, your family or friends, celebrating the Events of Life: call our office at 1-517-391-48491;email:mrpartycserv@aol.com.



READ THE MICHIGAN BULLETIN!







McLaren celebrates Black History
Month by honoring Black health care
heroes who care for our community
and trailblazers who opened new
doors in medicine and research to
pave the way for progress.

Thank you for your incredible dedication to our patients and compassionate care.



DOING WHAT'S BEST.®

THE REALS OF JUSTICE

GOVERNMENTAL IMMUNITY

y: Ayanna D. Neal



Qualified Immunity is a legal defense for governmental agencies and its employees in a negligence lawsuit. Under Michigan law a govern-

mental agency is immune from tort liability if the governmental agency is engaged in the exercise or discharge of a governmental function.

There are two types of immunity. Qualified and absolute immunity. Qualified immunity applies to government employees while in the course of their employment if:

- (a) The officer, employee, member, or volunteer is acting or reasonably believes he or she is acting within the scope of his or her authority.
- (b) The governmental agency is engaged in the exercise or discharge of a governmental function
- (c) The officer's, employee's, member's, or volunteer's conduct does not amount to gross negligence that is the proximate cause of the injury or damage.

Qualified immunity does have exceptions. Qualified immunity shall not apply to actions to recover for bodily injury or property damage arising out of the performance of a proprietary function as defined in this section. If a person is injured while the government is engaged in one of these exceptions the person can sue the government to recover for their injuries: Public building defects, sidewalk defects, the failure to maintain and repair public highways, negligent operation of a government owned motor vehicle, sewage disposal event and a few others.

Qualified immunity allows government employees to work without worrying about being sued for their actions or decisions.

Absolute immunity applies to judges, legislators and other high-ranking officials. Absolute immunity only applies to acts committed in the scope of the official's duties. Thus, these officials cannot be sued in tort as long as the act occurred within the scope of that official's duty.

Immunity makes it easier for the government to make decisions because immunity protects the government from lawsuits. The Governmental Tort Liability Act is contained in chapter 691 of Michigan Compiled Laws. So, who is held accountable when the government messes up? The answer to that question is often complicated. But what is not is that citizen taxpayers don't want to bear the burden of having to pay every time the government messes up.

*Disclaimer & legal information: The views and opinions expressed in this article are those of the author and do not necessarily reflect the official policy or position of any agency, organization, employer, this newspaper or anyone else. This article is for informational purposes only not for the purpose of providing medical advice.



What you need to know about cancer and rehabilitation therapy

The journey to becoming a cancer survivor can be difficult, but with the right <u>experts</u>, treatment, and rehabilitation services, there is bright hope for a patient's future.

<u>McLaren Rehabilitation Services</u> offers a wide array of ways to help cancer survivors get back to doing what they love most and is ready to help throughout the treatment process with methods specifically tailored to those fighting cancer.

"Cancer survivors often have many physical symptoms and side effects related to the cancer itself or the treatment, which negatively impacts their quality of life," said Elizabeth Race, Physical Therapist at the McLaren Greater Lansing Oncology Rehabilitation Clinic. "We have a multitude of factors to consider, such as their functional status, current and past medical treatment, short- and long-term side effects, and their busy schedule with other providers."

To make the process easier, physical therapists work directly in the radiation clinic and have nurses who help screen patients for any therapy needs and help take care of the referral process. They then receive a detailed history and update a patient's doctor on the patient's status throughout treatment.

Common issues that can be helped through the <u>physical and speech therapies</u> offered by McLaren Rehabilitation Services include cancer-related fatigue, muscle loss and weakness, lymphedema, chemotherapy-induced neuropathy, impaired balance and gait, pain, radiation fibrosis, impaired range of motion and flexibility, and difficulty swallowing.

Those who have experienced physical impairments related to their cancer or their cancer treatment, or those who have upcoming treatment and want to get a head start on working on their functional abilities, can benefit most from these services.

"Cancer has impacted so many people in one way or another, including myself," said Race. "I find it extremely rewarding to help these patients and their loved ones navigate their diagnosis and reach their functional goals."

To learn more about McLaren Rehabilitation Services, visit www.mclaren.org/lansingrehab.



presents the VIRTUAL 21st annual Dr. William G. Anderson Lecture Series

Slavery to Freedom

AN AMERICAN ODYSSEY



Dr. Monique Morris

Dr. Monique Morris is the executive producer and co-writer of the 2019 documentary film, "PUSHOUT: The Criminalization of Black Girls in Schools." She has also authored several books and articles dealing with issues pertaining to race, justice and education. For three decades, Dr. Morris has been involved in social justice advocacy and scholarship, working with research and academic institutions, civil rights organizations, nonprofits, public agencies and activists to advance policies and practices that promote racial and gender equity.

Thursday, February 4, 2021, 5:00pm Register at https://tinyurl.com/MoniqueMorris



Patrisse Cullors

Patrisse Cullors is co-founder of the Black Lives Matter movement, an American artist, activist and an advocate for prison abolition in Los Angeles. She also is a New York Times best-selling author, Fulbright scholar, popular public speaker and Sydney Peace awardee. She teaches at Otis College of Art and Design in the public practice program and in the Master of Arts in Social Justice and Community Organizing program at Prescott College. She also co-founded the prison activist organization, Dignity and Power Now, which was successful in creating a civilian oversight board. She was recently recognized in TIME magazine's 100 Most Influential People of 2020 list.

Thursday, February 11, 2021, 5:00pm Register at https://tinyurl.com/PCullors



Dr. Cornel West

Dr. Cornel West is a thought-provoking speaker, social commentator and academic visionary whose analysis is framed by a commitment to truth telling, social justice and bearing witness to love. He has authored more than 20 books examining the intersections of race, gender and class in American society, including his well-known classics "Race Matters" and "Democracy Matters." Dr. West currently is a professor of public philosophy at Harvard University and professor emeritus at Princeton University.

Thursday, February 25, 2021, 5:00pm

Thursday, February 25, 2021, 5:00pm Register at https://tinyurl.com/DrCWest

SPONSORS

PLATINUM: Human Rights Commission-City of East Lansing, Michigan Osteopathic Association, Office for Inclusion and Intercultural Initiatives, Office of the Provost, Office of Vice President for Student Affairs and Services

GOLD: College of Human Medicine, Michigan State University Department of Psychiatry, The Graduate School, University Outreach and Engagement

SILVER: Broad College of Business, College of Communication Arts & Sciences, College of Education, College of Engineering, Diversity Programs Office, Office for Civil Rights & Title IX Education and Compliance, Pat Grauer, MSU College of Law, Diversity and Equity Services Office, MSU Federal Credit Union, MSU Libraries, Sparrow Health System

PATRON: Academic Human Resources, Associate Provost for Undergraduate Education and Undergraduate Studies, College of Agriculture & Natural Resources, Department of Osteopathic Manipulative Medicine, Department of Osteopathic Medical Specialties, Shirley Ann Harding, D.O., Joseph R. and Molly Greene Haywood, Honors College, James Madison College, Dr. Lee N. June, MSU Government Relations, MSU Human Resources

FRIENDS: ATSU-Kirksville College of Osteopathic Medicine, Department of Neurology and Ophthalmology, Uplift Our Youth Foundation

The Dr. William G. Anderson Lecture Series, Slavery to Freedom gives members of the mid-Michigan community opportunities to interact with multicultural leaders from education, business, industry, entertainment and government. For 20 years, this series has featured living icons of American liberation movements. All activities are free of charge. For more information call (517) 432-4979 or e-mail breedlov@msu.edu.