

MICHIGAN BULLETIN

Celebrating 25 Years

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July 16-31, 2020



MINORITY MENTAL HEALTH MONTH



NATIONAL MINORITY
MENTAL HEALTH
AWARENESS MONTH

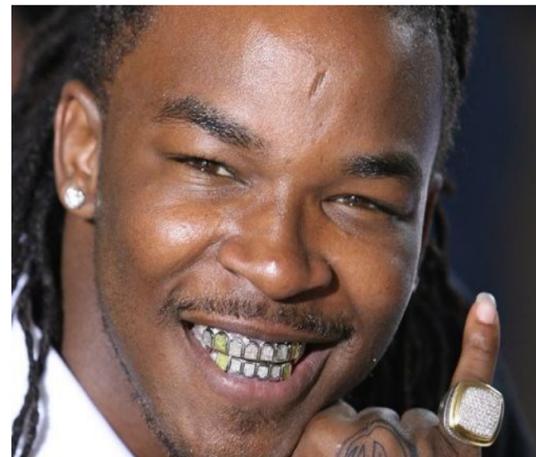
R.I.P. Rep. John Lewis 1940-2020



R.I.P. Dr. Eva Evans 1335-2020



R.I.P. Lawrence Franks Jr. Aka "Huey"



R.I.P. "DJ Black N Mild" 1976-2020



During National Minority Mental Health Awareness Month in July, the HHS Office of Minority Health (OMH) will launch a free and accredited e-learning program: Improving Cultural Competency for Behavioral Health Professionals. This new program is part of OMH's Think Cultural Health E-learning Curricula, which are developed to help build knowledge and skills related to the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (National CLAS Standards).

In addition to the launch of the behavioral health e-learning program, OMH will join partners at the federal, state, local, tribal, and territorial levels to help raise awareness about mental illness and its effects on racial and ethnic minority populations.

According to the Substance Abuse and Mental Health Services Administration (SAMHSA):

- In 2017, 41.5% of youth ages 12-17 received care for a major depressive episode, but only 35.1% of black youth and 32.7% of Hispanic youth received treatment for their condition.
- Asian American adults were less likely to use mental health services than any other racial/ethnic group.
- In 2017, 13.3% of youth ages 12-17 had at least one depressive episode, but that number was higher among American Indian and Alaska Native youth at 16.3% and among Hispanic youth at 13.8%.

In 2017, 18.9% of adults (46.6 million people) had a mental illness. That rate was higher among people of two or more races at 28.6%, non-Hispanic whites at 20.4% and Native Hawaiian and Pacific Islanders at 19.4%.

Despite advances in health equity, disparities in mental health care persist. The Agency for Healthcare Research and Quality (AHRQ) reports that racial and ethnic minority groups in the U.S. are less likely to have access to mental health services, less likely to use community mental health services, more likely to use emergency departments, and more likely to receive lower quality care. Poor mental health care access and quality contribute to poor mental health outcomes, including suicide, among racial and ethnic minority populations. The HHS Office of Minority Health encourages all our partners to educate their community about the importance of improving access to mental health care and treatment and to help break down other barriers such as negative perceptions about mental illness.

Mental Health Disparities

Minorities are less likely to receive diagnosis and treatment for their mental illness, have less access to mental health services and often receive a poorer quality of mental health care.

African Americans and Mental Health
American Indians/Alaska Natives and Mental Health

Asian Americans and Mental Health

Hispanics/Latinos and Mental Health

Pacific Islanders/Native Hawaiians and Mental Health

Mental Health Resources and Publications

Health Disparities Data Widget
HHS Office of Minority Health Trauma Resources

Mentalhealth.gov

Talking About Mental Health
National Alliance on Mental Illness (NAMI) Mental Health by the Numbers

National Child & Maternal Health Education Program: Moms' Mental Health Matters

National Institute of Minority Health and Health Disparities (NIMHD): Brother, You're on My Mind

National Network to Eliminate Disparities in Behavioral Health

SAMHSA Community Conversations Toolkit

SAMHSA Office of Behavioral Health Equity

SAMHSA Treatment Locator

Wake Up! Lansing!



Angela Waters Austin

I just spent precious time I will never reclaim explaining to someone that no I am not lying and that yes, there is publicly available data on racial inequities in law enforcement. And yes, it happened under Chief Mike Yankowski's watch just like it happened under his predecessor's watches over the past twelve years that One Love Global has organized for action on racial equity in Lansing.

Lansing does not have a high rate of police homicides and brutality. However, it has an egregious and unacceptable rate of arrests of Black youth. Based on data provided by Lansing Police Department, between the years 2012-2015 Black youth were approximately 20% of the youth population but over 70% of youth arrests. In the first budget of his administration Andy Schor cut the only funding that specifically, albeit inadequately, was targeted to reducing interactions with law enforcement and the criminalization of Black youth.

For those who find it impossible to image a world without policing as we know it – guns, tasers, riot gear, military vehicles and the murders of unarmed Black people – all one has to do is visit the suburbs and rural communities surrounding over-policed urban communities. We know what peaceful and thriving communities look like and yet Lansing does not invest in Black and Brown communities so that everyone is thriving.

Wake up Lansing! It is time to divest from systems of harm and invest in systems that heal. What does racial healing look like to you?



News, Views & Commentary

Lansing Voters have a Choice
Vote at Home or In-Person
Partisan Primary Election
Tuesday, August 4, 2020



Chris Swope
Lansing City Clerk

Vote at Home	In-Person Voting Choices
<p>Submit an Application Call (517) 483-4131 Email City.Clerk@Lansingmi.gov Visit www.lansingmi.gov/clerk</p> <p>Ballot is Mailed to You After We Get Signed Application</p> <p>Vote when you are Ready</p> <p>Return Your Ballot Drop it off at the Clerk's Office Drop it in one of our Secure Boxes Mail it Back (Allow 5-7 Days)</p> <p>Ballot Must be Received By 8 p.m. on Election Day</p>	<p>Vote Early at the City Clerk's Offices Downtown - 9th Floor City Hall 124 W Michigan Ave 8 am - 5 pm Monday* - Friday</p> <p>Election Unit - Rear Entrance 2500 S Washington Ave 8 am - 5 pm M*, T, TH, F 8 am - 7 pm on Wednesdays *Only until 4 p.m. on Monday, Aug 3</p> <p>Weekend Hours SWOC Election Unit 11 am - 5 pm Saturday, Aug. 1 11 am - 5 pm Sunday, Aug. 2</p> <p>Vote at your precinct on Election Day Polls are open 7:00 am - 8:00 pm</p>

Voting... Make it a Habit!

Questions? Contact Chris Swope, Lansing City Clerk at (517) 483-4131 or city.clerk@lansingmi.gov

Emoni Bates Commits to MSU

By Ernie Boone

LANSING- I got a call from my youngest son, Chad, the other day. He sounded excited.

"Dad!" He said. "Aren't you excited. "We got Emoni Bates! Emoni Bates committed to MSU."

Given my personal concerns about Covid 19, anger over the latest unnecessary illegal police snuffing out of another innocent Black life, and musings about the potential impact upon the upcoming election of the most recently revealed exploits of Puten's Pussy, I must timidly admit, I hadn't noticed.

The name sounded familiar, but it took a moment for me to connect it with that Ypsilanti kid who has had the tongues of the nation's high school basketball followers wagging the last three years.

Then I responded as I always do when I hear news about MSU's verbal commitments from the latest high school phenomenon. "Call me after he's signed on the dotted line."

That said, I began to assess the prospect of the kid coming to MSU and what it can mean to Tom Izzo and Spartan basketball prospects.

I'm not good at reading tea leaves, and I have no crystal ball, so I won't waste time speculating about the likelihood of Bates playing even one moment in an MSU uniform. Right now, it looks like he has plenty of options, and only one of them involves his donning Spartan green and white.

Let's assume he's coming and assess what it could mean to Izzo and the MSU future.

First, let me compliment Izzo

for his look to the future and willingness to invest time and commitment where others turned away. It may be a long shot, but it's clearly worth it.

Make no mistake, the kid is the real deal. At 6-9 with solid ball handling skills, a more than passable shot, and excellent court vision and instincts, he can be taught to play any position, and he's a proven winner. In just two seasons he won one state championship and was poised to make a second state title run when it was interrupted by the Covid 19 virus.

He's averaged more than 30 points and 10 rebounds per game in his high school career and Nike elite competition. He's considered by many to be the best basketball player to come out of high school since LeBron James, and they've been saying that since he came off the Ypsilanti playgrounds and joined the Nike camps circuit in the eighth grade.

His current options are up in the air with all the speculation regarding potential changes in NBA draft rules, the opportunity for quick money in the G-League pathway program, one or two more prep seasons before heading to East Lansing for at least one year.

He seemed to make it clear that he has little interest in G-League participation and, for the moment is focused on finishing out his high school career. That too is questionable with plans to join his father in a yet to be established prep school which will compete on the national

level. As for Chad and Spartan fans throughout the nation there will be lots of fun and excitement planning for 2022 and a possible rekindling of a championship era.

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Emoni Bates center photo ESPN.com

high school circuit. The school would be a satellite to Lansing's Aim High program and will include former Charlotte High School coach, Jerry Ernst on its coaching staff.

Another option is for Bates to stay put and attempt to lead Ypsilanti Lincoln to another state titles. In the meantime, his having declared MSU as his college destination so early should provide a boost to Spartan recruiting efforts. Other five-star performers in his class will look more favorably upon Izzo's program with an eye toward joining Bates in a quest for another MSU national title.

There will also be at least a two-year end to any speculation about Izzo's coaching future. He won't be going anywhere if there's a chance for Bates in the Spartan future.

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FONDA



VOTE

FOR DELTA TOWNSHIP TRUSTEE

I SERVE HERE BECAUSE OF THE PEOPLE.....

Our diverse community of seniors and young families who value living in a community where their voices matter and their ideas to grow our community are greatly appreciated.



I'M COMMITTED TO GIVING BACK.....

Helping to feed our homeless community, working side by side with community leaders, neighbor's and friends who share in my deep commitment to preserve the townships values while advancing Delta Township forward into the future.

POETREE-N-MOTION



The TV Talk Show highlighting and promoting OUR community...with your host, Dee Freeman Watch PNM...
Airs in Lansing on Comcast channel 16... Wednesday at 6:00 PM and Friday at 4:30 PM

Airs in East Lansing on Comcast channel 30... Daily at 9:30 AM, 4:30PM and 6:30PM

Come share information on your function or activity. POETREE N Motion is happy to assist in the promotion of your positive activities within our community.

POETREE-N-MOTION

Provides: MESSAGES of blessings and inspiration

GUESTS sharing life and education

WORD'S of powerful motivation

And EDITORIALS for deep concentration

POETREE-N-MOTION

Yeap! I LOVE MY PEOPLE!

© Dee Freeman 6/4/20

I love me some blackness! I love my people! I am devoted to my ethnicity, so I won't waste time romanticizing the culture I inherit. I support it!

I love the energy, the frankness of today's youth. Many want to use this carefully muffled system... the exact same way the dastardly system has used us for 450 years! Use it if you can... Just Get busy... DOING!

Many have been taught... Education is the one and only leverage to be utilized, to possibly, level the stacked playing field upon which we may endeavor to play! PLAY Hard and Work Hard young folk!

I am hopeful the prior generation will strive to teach, guide, and lead these untarnished – or should I say—lessor tarnished minds into a new and reconstructive era for both our soul and us as a people! I pray these young minds are suffused with a light that gets us to the other side of this deep dark tunnel.

I love the stalwart/stoic determination of many of the senior generation. We stand today upon the shoulders and deeds of this dedicated group. They fought a good fight... Realizing they had few seats at the table to usher in equity or fairness, in order to advance on the economical scale.

They held fast to their morals.

They seemed to walk the talk!

They wanted a better life for us as a people.

They sat at the counters to demonstrate that desire...

Enduring enormous ridicule and scorn.

They marched against the clubs, the dogs, the hoses...

to protest this bigotry and inequality.

They organized... They strategized...

And they exercised stubbornness...

Forever pressing forward against massive

resistance,

Just to get us to this place.

Yet, when the prosperity door opened for the white folk via government subsidies... It was less than a revolving door for Blacks, it was a slammed door, sending us even further into the depths of poverty. Sadly, Institutions continue these racist philosophies toward us in one way or another.

This is what we MUST fight against... TODAY!

I love the middle generation... Mine. We are yet on the move. We are the third leg of the long tenacious race and we accepted the torch with pride. We took to the campus of higher learning. We moved into many neighborhoods from which there is no longer white flight! We are yet striving to solidify a strong united base...

We are:

the teachers, the preachers, the doctors, the lawyers,

the judges, the political hopefuls, the engineers, the professionals,

the CEOs, the leaders, the writers, the Artists,

the sports figures and the board members...

It's a new day... Rightfully so... A long time coming, but, a new day has come.

We must be ready, willing and able to propel our agenda forward...finally getting our LIBERTY!

Our EQUALITY!

Our HAPPINESS!

LOVE YOU ... MY PEOPLE @

POWER TO THE PEOPLE @

POETREE-N-MOTION

CONNECTING SOUL II SOUL – ...NEVER GIVE UP 07/20/20



Pastor/Chaplain Pamela June (PJ) Anderson, DMin.
Lt. Commander (RET) USN Chaplain Corps
TFAM National Veteran's Support Chaplain
Certified Peer Support Specialist



NOW, TODAY, IS THE DAY OF HOLY SPIRIT GRACE, WISDOM, AND AWARENESS. BE STILL AND LISTEN TO HEAR HER VOICE



*Celebration
Announcements*

By Mr. Party, The Ambassador of Celebration

Birthdays in July 2020

- Ms. Jackie Wilkerson enjoyed her birthday on July 5th.
- Ms. Allique DeMyers celebrated her birthday on July 7th.
- Mr. Chad Foster enjoys his 52nd birthday on July 7th.
- Ms. Latesha Clemons, celebrating her 46th birthday on July 8th.
- Ms. Nicole Borrego celebrated her 42nd birthday on July 8th.
- Mr. Anhrion Frazier enjoyed his 72st birthday on July 9th.
- Mr. Marcus Jefferson celebrated his birthday on July 10th.
- Miss. Savannah Flowers, born July 11th, celebrates her 9th birthday with her Mom, Dad, family and friends.
- Ms. Renee Freeman enjoyed her birthday on July 11th.
- Mr. Charles Moore enjoyed his birthday on July 12th.
- Ms. Danie Jackson celebrated her birthday July 12th.
- Ms. Alexis Evans celebrated her 34th birthday on July 12th, with Tori, Chris, Momma D, Stacey and our loving DJ Becky. Live life to the fullest and sing your heart out; love you all!!!
- Ms. Sharika J. Smith celebrates her 37th birthday July 13th. She says, "Happy Birthday to Me!"
- Mr. Alexandru Garza celebrates his 16th birthday on July 13th. "Happy Birthday, to my baby from your Mommy; I love forever!"
- Mr. Fred Ortiz celebrated his 64th birthday on July 13th.
- Ms. Bethany (Big Dinner) Davis will celebrate her birthday on July 13th, with family and friends.
- Miss Alexianna – Jaesse Murray celebrates her 10th birthday on the 14th of July.
- Mr. Alexander Murray will celebrate his birthday July 14th.
- Ms. Marie Moody: enjoying her 40th birthday on July 14th.
- Mr. Steven Dickens celebrates his birthday on July 16th.
- Ms. Elena C. Barren celebrates her birthday on July 16th.
- Ms. Regina E. Riddle enjoys her birthday on July 16th.
- Ms. Teleah Payne celebrates her birthday on July 17th, with family and friends.
- Ms. Linda Ortiz celebrates her 61st birthday on July 17th.
- Ms. Annie Mae celebrates her 49th birthday on July 17th. She says, "Live, laugh, love; for living is life, laughing makes life longer and love makes life stronger!!!"
- Ms. Beckie Knapp enjoys her 31st birthday on July 18th.
- Mr. Jacob Payne celebrates his birthday on July 18th.
- Mrs. April Branson celebrates her birthday on July 19th, with her husband Kirk and family.
- Ms. Miranda Ebright celebrates her birthday on July 19th.
- Ms. Nita Byrd enjoys her 46th birthday on July 20th.
- Ms. Marinell Y. White celebrates her birthday on July 20th.
- Mr. Raynard O. Jones celebrates his birthday on July 20th.
- Mr. Nathaniel Porter celebrates his 17th birthday on July 20th, with family and friends. Boys grow up so fast. "Mommy (Kelly) loves you so much! Hugs & kisses to Nate.
- Judge Clinton Canady III (Joe), born on July 20th, enjoys his 72nd birthday with family and friends.
- Ms. Jennifer Cogswell celebrates her 35th birthday on July 21st, with Jeremy (Smiley) Hill whose love and friendship will always be treasured. "I LOVE YOU!!!"
- Ms. Kris Phillips enjoys her 25 plus birthday on July 21st, with all her friends.
- Ms. Olivia Sheppard enjoys her birthday on July 21st. "Happy Birthday to Me!!!"
- Ms. Jodi Davis celebrates her 34th birthday on July 21st.
- Miss. Natalia Milan McWright, born to Erica and Ellsworth Carter McWright, celebrates her 9th birthday on July 22nd.
- Ms. Charlisie Hicks celebrates her 39th birthday on July 22nd, with family and friends.
- Dr. M. Joan Cousin celebrates her birthday on July 22nd.
- Ms. Natalie Riddle-Bashford celebrates her birth on July 22nd.
- Ms. Monta Nichols celebrates her birthday on July 22nd.
- Ms. Cynthia Yarrell celebrates her birthday on July 22nd.
- Ms. Sandra Dixon celebrates her day of birth on July 22nd.
- Ms. Andrea Quintero, born July 24th, celebrates her 36th birthday, with family and friends.
- Mrs. Emma J. Jackson celebrates her birthday on July 24th.
- Mr. Jerrell Richards celebrates his 34th birthday on July 25th.
- Ms. Dede Annis celebrates her birthday on July 25th, with family and friends.
- Mr. Robert Lopez celebrates his birthday on July 25th with family and friends.
- Ms. Krystal Dixon celebrates her birthday on July 25th.
- Mr. Alfred E. Huguely celebrates his birthday on July 26th. GOD BE PRAISED!!!
- Ms. Pamela Martin celebrates her 41st birthday on July 27th, with family and friends.
- Ms. Stephanie J. Parker, E-5, Petty Officer 2nd Class; U.S. Navy celebrates her 56th birthday on July 26th. "We're proud of you!"
- Ms. Grace Majors celebrates her birthday on July 27th.
- Ms. Rhonda Couthen celebrates her birthday on July 27th.
- Ms. Helen Love enjoys her birthday on July 27th.
- Mr. Kol Cee Biggs celebrates his 52st birthday on July 27th, with family and friends.
- Ms. Mattie Bradley celebrates her birthday on July 28th.
- Ms. Storm and Ms. Stormy Armstrong celebrate their birthday on July 28th.
- Ms. Yvonne Ragland celebrates her birthday on July 30th.
- Mr. Elijah Bermudez celebrates his 14th birthday on July 31st, with family and friends.
- Ms. Roszene DeMyers celebrates her birthday on July 31st, with family and friends.

***Anniversaries**
Mr. & Mrs. Randy and Stacy Ebright celebrated their wedding anniversary on July 11th. "Fifteen wonderful years together"! Mr. Party matchmaking.
Mr. Kris Graham and Mrs. Gerri Graham celebrated 22 beautiful years together... Happy Anniversary!!!
Mr. Party Website: mrpartycelebrationservice.com
Face book Page: www.facebook.com/mrpartycserv
www.mrparty.sportrondirect.com

Celebration Gram – A Class Act: Have your special message delivered by Mr. Party for that special someone or special occasion! Call 517-391-4849 or email: mrpartycserv@aol.com

²He provides me rest in rich, green fields beside streams of refreshing water. Psalm 23:2

"DEAR GOD, "Thank You" for this morning's early rising wherein I awoke thinking of the word *green*. And, I gave thanks for the green grass that carpets the earth this time of the year. I meditated on Psalm 23: 2, where it is written, "He makes me lie down in green pastures, he leads me beside quiet waters." And I thought about the late Congressman John



Robert Lewis (age 80) and the Reverend Dr. Cordy Tindell "C.T." Vivian (age 95). Both died on Friday, July 17, 2020, both were Civil Rights Leaders and Champions of Nonviolent Action, and both received the Presidential Medal of Freedom."

I went for a little drive on Saturday to see my Godmother in Wilberforce. About 75 miles south of Toledo, the photo of John Lewis above is on a billboard, as if he is waving goodbye to Georgia's 5th congressional district, to his son, John-Miles Lewis, and hello to his late wife, Lillian Miles Lewis. In my divine imagination, I could hear this Civil Rights Icon and Conscious of Congress say, "never give up. Keep on fighting for justice and voter rights." And then, I heard him say, "Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me...."

May his legacy continue through those of us who remain. May we never give up on fighting for social justice, may we never give up on voter education, voter registration, and informed voting, and may we never give up on God.

The Michigan Bulletin Staff

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For Ad Information Call: 517-321-1234 Letters to the editor should be mailed to:
The Michigan Bulletin c/o Editor
P.O. Box 13662 Lansing, Michigan 48901

From the Desk of Rep. Elissa Slotkin

Hello there! As your U.S. Congresswoman, I am thrilled that the Chronicle has asked me to write a regular column. This is my first piece but expect to hear more from me in the coming weeks and months.



Rep. Elissa Slotkin

Before I was elected in 2018, I spent my entire career in national security. I worked as a civil servant under both Democrats and Republicans at the CIA, the White House, and the Pentagon. I did three tours in Iraq alongside the military. I met my husband, Dave, in Baghdad, where he was serving as an Army colonel. Our adult lives have been spent protecting the country. And from the very beginning, it was abundantly clear that we were always better off — and demonstrably safer — when we worked with our friends and allies. Even the most powerful nation on earth needs help defeating threats like al Qaeda and ISIS.

Lansing and Ingham County, I also represent the mostly white Livingston and North Oakland Counties. There have been protests and solidarity marches in Brighton, Howell, Pinckney, Oxford, Clarkston, Rochester and Rochester Hills. In suburbs and rural townships, ranging from 30 to 500 people, people are speaking out. The organizers of these protests aren't traveling to Lansing or Detroit to anonymously join protests there — they are marching in their own small towns, raising awareness about racism in their own communities, calling for change in their own neighborhoods where people have known each other for generations. For some of these communities, this was the first protest they have ever seen. I was proud to march among one hundred fellow Holly residents protesting systematic racism. They have taken the "silence is violence" slogan to heart and have been engaging their own communities in an attempt to confront instead of conceal racism at home. Amid the pain and anguish and exhaustion of the last month, I take the awakening of so many new allies as a hopeful sign.

This past week, I voted in favor of the George Floyd Justice in Policing Act in Congress. This bill would help end dangerous police practices like chokeholds and ban racial profiling. Introduced by the Congressional Black Caucus, this bill would better monitor police activities by requiring body cameras and make it easier to hold abusive officers accountable in court. It would strengthen training and enforcement standards and improve transparency so we can identify abusive cops and keep them from getting the huge responsibility of keeping our neighborhoods safe.

While this bill marks the first comprehensive policing reform legislation to pass the U.S. House, it by no means represents the end of our work to address racism and inequality. The U.S. Senate must meet the moment and come to the negotiating table to get this done. But we also need to push forward with an agenda that attacks the other deep-rooted systemic racism that is present across several areas, including health and wellbeing, economic inclusion, voting rights, education, housing, criminal justice reform, and environmental justice.

So, over the last few months, as first COVID-19 and then the crisis over police brutality have dominated the national conversation, I have thought a lot about what it means to be an ally.

Just after the murder of George Floyd, I spent my time calling dozens of community leaders in Lansing and checking in on as many as I could. From pastors to activists to elected officials, the overwhelming response I got was a deep feeling of exhaustion. In phone calls and big meetings on Zoom, many older African American leaders, in particular, seemed exhausted that their grandchildren were being called to protest the very things they protested as young people. Over the ensuing weeks, I watched that exhaustion turn into action, to include an NAACP-led, 1000-person rally to the Capitol in Lansing. I participated in that protest and was struck that a protest led by one of the oldest and most venerated civil rights organizations in the country featured speakers that all seemed to be under 25 years old. The young people were downright electric, and provided the power, energy and leadership to drive a whole host of concrete changes, led by local elected officials, that are taking place in Lansing.

But something else emerged over the last few weeks: allies across our state are taking on racism in their own communities, trying to acknowledge that systemic racism is not someone else's fight. In addition to representing

#WeGO Together

Vote

DeKeea Quinney-Davis Ingham County Clerk August 4th



- Former Ingham County Deputy Clerk, 2012-2015
- Fair, Honest, and Respectable
- Working to make a more inclusive Ingham County

Paid for by Friends of DeKeea Quinney-Davis | P.O. Box 21101 Lansing, MI 48909-1101

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Lansing[®]
School District

We have learning plans to adapt to our ever-changing circumstances.

ENROLL NOW!

Let's Talk! Visit lansingschools.net for more info!