

MICHIGAN BULLETIN

Celebrating 25 Years

Vol. XXVI No. 3

March 1-15, 2020

The 411 KEEPING THE DREAM ALIVE

MARCH 2020

EVERY TUESDAY AND EVERY SECOND FRIDAY
Ballroom Dancing with Sterling Armstrong at Gregory's 2510
N. MLK Jr. BLVD. Lansing, MI for more info call 517-256-8051

MONTHLY-Coffee or Drinks with State Representative Sarah
Anthony. For venue and times call 517-373-0826

MARCH 13, 2020

"DRUM TAO 2020" Great Cobb Hall for Times and Ticket
Information call 1-800-WHARTON

MARCH 25, 2020

"ROYAL WINNIPEG BALLET" The Wizard of Oz. Great Cobb
Hall for Times and Ticket Information call 1-800-WHARTON

MARCH 26, 2020

"Lansing/East Lansing Links Inc 10th Annual White Rose Ga-
la" at the Country Club of Lansing, located at 2200 Moores
River Dr. Lansing, Michigan. 11:30-1:30PM For more infor-
mation go to: www.LansingEastLansinglinksinc.org

MARCH 28, 2020

"LANSING SYMPHONY ORCHESTRA PRESENTS-THE MUSIC OF
ABBA. MAMMA MIA! AND MORE. Great Cobb Hall. TICKETS *
LANSINGSYMPHONY.ORG * 517.487.5001

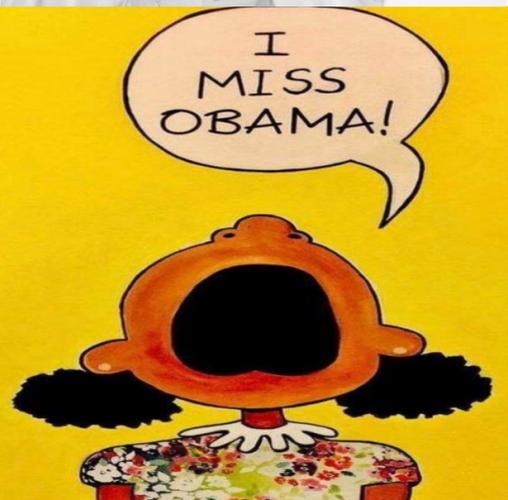
APRIL 1-19, 2020

"WICKED, THE UNTOLD TRUE STORY OF THE WITCHES OF
OZ" Great Cobb Hall for Times and Ticket Information call 1-
800-WHARTON

R.I.P. NICK GORDON 1990-2020



R.I.P. POP SMOKE 1999-2020



WOMEN'S HISTORY MONTH



Oprah Winfrey picture courtesy of www.Eonline.com

Men tend to get all the credit for everything, especially the Civil Rights Movement. While Dr. Martin L. King Jr. and Malcolm X are known as the faces of the movement, black history is brimming with women whose contributions are equally noteworthy. Here's our list of black women who helped to advance the race under the most challenging of circumstances.

1) Hattie McDaniel

Hattie McDaniel's Oscar Acceptance Speech Hattie McDaniel is best-known for winning the 1940 Oscar for Best Supporting Actress as "Mammy" in "Gone with the Wind." While her role is widely considered demeaning to blacks, viewing McDaniel's performance through such a narrow lens overlooks the dignity with which she handled her limited-acting opportunities. McDaniel's Oscar acceptance speech showed a grace and class that should have put the racist directors, executives, producers and actors of Hollywood to shame.

2) Fannie Lou Hamer

Fannie Lou Hamer was easily one of the hardest-working women during the Civil Rights Movement. She was a plain-spoken and devout woman known for her fiery speeches at the various civil rights conferences she attended. Hamer was critical in organizing the Mississippi Freedom Summer, a 1964 effort to register as many black voters as possible. At the time, voter registration was a dangerous task that could easily get one killed by white segregationists determined to keep blacks powerless. Later, she reflected on her fearless work:

I guess if I'd had any sense, I'd have been a little scared - but what was the point of being scared? The only thing they could do was kill me, and it seemed they'd been trying to do that a little bit at a time since I could remember.

Now that is what we call "hard core"!

3) Ida B. Wells

Ida B. Wells was a journalist and civil rights activist back in the late 1800s, when blacks could still remember being slaves. Wells, who was born just before Abraham Lincoln issued the Emancipation Proclamation, she is credited for documenting lynchings in the South and researching how white segregationists used violent methods to keep African Americans "in their place."

Wells was also known for being outspoken and unafraid to challenge whites, an attitude

that could have easily gotten her lynched. During an 1884 train ride, Wells was asked to give up her seat to a white passenger and refused, which occurred more than 70 years before Rosa Parks. After the conductors dragged her out of the train car, she sued the train company - and won! Though the ruling was overturned, Wells proved that she could unabashedly stare racism dead in the eye.

4) Sojourner Truth

An abolitionist and women's rights activist, Sojourner Truth escaped from slavery in her late 20s with her infant son. At the time, Truth was forced to leave her other children behind, and one of them was sold to another slave master in Alabama. Never backing down, Truth took the master to court, won the case and got her son back. She is one of the first black women to take a white man to court and win. Known for her speech, "Ain't I a Woman," Truth spent the rest of her free life speaking at anti-slavery and women's suffrage conferences and was one of black America's first-leading women who spoke against slavery long before the system ended.

5) Vivian Malone

One of the first two African Americans to enroll at the University of Alabama, Vivian Malone faced down a menacing George Wallace who vowed to never allow blacks to enroll in the all-white institution. Not only enrolling and graduating, Malone went on to retire as director of civil rights and urban affairs and director of environmental justice for the U.S. Environmental Protection Agency. In 2000, the University of Alabama awarded her a doctorate of humane letters.

Any woman who could stand up to a segregationist governor should be on anyone's list. See a short clip of Gov. Wallace's infamous speech on segregation below.

6) Harriet Tubman

Harriet Tubman led about 70 slaves to northern freedom through the Underground Railroad. At age 29, Tubman escaped slavery but eventually returned for the rest of her family after several trips. When the Fugitive Slave Act of 1850 was enacted, Tubman lead slaves to Canada, where slavery was prohibited. Years later, when discussing her dangerous missions, Tubman said:

I was conductor of the Underground Railroad for eight years, and I can say what most con-

ductors can't say - I never ran my train off the track and I never lost a passenger.

7) Elizabeth Eckford

A member of the Little Rock Nine, Elizabeth Eckford was one of nine high school students who integrated Central High School in Little Rock, Arkansas, in 1957. On the tumultuous day, racist white crowds accosted Eckford and the rest of the teens, making their first day of school one of the worst educational experiences any child could ever have. But what puts Eckford on this list is her steely resolve. In the picture of her taken at the time, she was as solid as a rock.

8) Mary McLeod Bethune

How many women, of any race, will be able to say that they founded a nationally recognized university that flourished well after their death? Mary McLeod Bethune is one of them. Like many universities founded not too long after slavery, Bethune Cookman-University began as a school that taught basic math and reading and eventually grew into a college over the years.

Now the university has a sizable sports program, a graduate school and thousands of alumni who have Mrs. Bethune to thank for their upwardly mobile careers and lifestyles.

9) Oprah Winfrey (pictured)

Oprah Winfrey will always be remembered for having the strongest grip on white female television viewers ever. A dark-skinned black woman who struggled with fluctuating weight issues defied the stereotypical notions of what it takes to dominate prime-time television. There are very few people, of any color, who can make an up-and-coming author or businessperson an instant millionaire just by saying of their product, "I like it." Now that's power.

10) Women of the Civil Rights Movement

Social activist Julian Bond says of women during the Civil Rights Movement: 'There's a Chinese saying, 'Women hold up half the world.' In the case of the Civil Rights Movement, it's probably three-quarters of the world.

And he's right. In an msnbc.com article, civil rights leaders from that era admit that women were marginalized within the movement. For example, when major speeches took place, you seldom heard a female voice. The names of women who should be memorialized will likely never be known. Article by News One staff

What's NEXT UP in Lansing?



Enters the Year 2020, bringing with it - new wishes, new hopes and new vitality! The energy of this year and indeed this entire decade has many of us wondering what's next? It is perhaps this exciting wind of change that has brought four of Lansing's finest to the table to develop NEXT UP ENTERTAINMENT. If they are successful, Lansing will become a hub for positive & safe places to party and be entertained. This will be engaging, enlightening and accepting to all people of good will from all walks of life.

Marcus is a proud father of three children. He is Michigan Bulletin's president and general manager and has been in the Lansing area for more than 40 years. Marcus has a great love for Tomorrow's Kidz which is the charitable arm of Next Up Entertainment. It will assist children and families in emergencies. Marcus recently overcame difficult health challenges which has reinforced his resolve to help others and to make his positive mark on the world. For him Next Up Entertainment will be a fun way to raise money while helping others.

Marcus Jefferson



LoAlice has lived in Lansing since she was two years old. She is a mother of two handsome young men who have provided her with five beautiful grandchildren whom she loves dearly. She retired from GM 12 years ago and decided to become a DJ due to her great love for all kinds of music. Her challenge is that she is very shy - so talking into the mic while she is Deejaying is not easy for her! She admits that she is getting better as she works at it. DJ LoLo is very excited to bring Next Up Entertainment to her friends and family in Lansing!

LoAlice Jackson



DJ Jazz has an extensive history being a Deejay. He has 35 years in the business. He was a resident Deejay in Bronx, NY; Atlanta, GA; Rochester, NY; Macon, GA and finally in Lansing, MI. He's been Deejaying in Lansing for 20 years! As a child, he was always around music due to the house parties his mother hosted when they lived in Harlem. His mom would always urge him and his sister to dance for the adults during these parties. This experience shaped his life significantly! DJ Jazz is not happy until he makes you Dance!

Curtis Yo



Cherice has lived in Lansing for five years. She was born in Detroit and left at age 28 to attend college in California. From there, she married and traveled extensively within the states. She has always been a little hesitant to tell people along her travels that she was from Detroit due to all the pain she experienced growing up there. Today, however, she believes Detroit gave her a love for fashion & dancing. Cherice loves entertaining others and has a deep passion for enterprise. Next Up Entertainment is a "healing" opportunity for her!

Cherice Fleming



Each individual in the Next Up Entertainment Group brings something unique to the table. Marcus has wonderful contacts who will be helpful in assisting the group moving forward. Cherice is outgoing and genuinely loves people and they gravitate to her. LoAlice is a very kind and genuine soul who folks love and trust - she too attracts the best of Lansing. And DJ Jazz will always keep'em coming back!

News, Views & Commentary

MoneyWalk 398 Business By The Bible

This program will help you undo financial bondage

Don't ever let anyone tell you that you cannot prosper when making godly choices. God says you will, therefore the matter is forever settled! If you follow the Holy Spirit's leading with patience, you'll promote the good news of Jesus Christ and succeed in business, ministry, and employment according to the calling and breadth and depth of effectiveness and profitability He has for you.

Obstacles stand in the way of reaching your destiny and being useful to God and other people, however the Holy Spirit imparts power and wisdom to children of God through the Word of God to help you overcome every obstacle that stands in your way. As a child of God who lines up with the His will by utilizing biblical principles, He will bless you immensely so your personal finances, business, and ministry endeavors can encourage others, help them, and lead them to a relationship with Him through Jesus Christ.

You will not be manipulative and try to force people to believe in Him, rather your kindly treatment, relationship bridges, and godly lifestyle will lead them into the Kingdom and exam-



ple for them how to how to work as unto the LORD in everything they do. In addition, the great profitability of your Christian business or ministry will help you pay employees above average wages and allow them to share in your enormous revenue or profit stream in recognition that the business could not have been successful without the LORD supplying great workers to help it grow. Your heart of service and abundant giving will be one of the greatest soul winning tools in your arsenal.

Please pray for this ministry and email me with any questions. May the LORD bless you richly as you follow His plan!

Luke 24:49, Acts 1:7-8, Ephesians 3:14-21, 1John 4:1-4, Jude 1:17-22

Please forward these bondage-breaking articles to other people who can use helpful insight!

You can find books authored by Randy Parlor and Karen Parlor at www.Amazon.com

You can find many other MoneyWalk articles on Facebook by looking at the NOTES created by Randy Parlor at <https://www.facebook.com/#!/profile.php?id=100000444069041&sk=notes>.

Presidential Primary Election

Tuesday, March 10, 2020

Lansing City Clerk
Chris Swope

Extended Hours for Early Voting

at 2500 S. Washington

Wednesdays until 7 p.m.

Final Weekend Sat. March 7 & Sun. March 8 10 a.m.—10 p.m.

Absentee Ballots Must be Returned by 8 p.m. on March 10!

Drop your absentee ballot in one of our secure drop boxes.

- City Hall — 124 W. Michigan Ave.
- South Washington Office Complex
2500 S. Washington Ave

VOTING...Make it a Habit!

www.lansingmi.gov/clerk — Office (517) 483-4133 — city.clerk@lansingmi.gov

SAVE THE DATE

JUNETEENTH ECUMENICAL SERVICE

Sunday, March 8, 2020

Reception 3:00 PM

Service 4:00 PM

Mask Memorial CME Church

5601 S. Waverly Rd. | Lansing, Mi 48911

Rev. Adrian Swanigan, Host Pastor

Rev. Dr. H. Michael Lemmons
Presiding Elder, North Detroit District
AME Church - Messenger

Theme: Beyond Emancipation Continuing Toward Empowerment

www.lansingjuneteenthcelebration.org/donate

Donations will benefit the Juneteenth Educational Division

Chris Swope

Lansing City Clerk

For Immediate Release
January 31, 2020

Media Contact:
Chris Swope 517-250-1506

New Selfie Stations at Lansing City Clerk's Offices to Promote Voting

Lansing- Lansing City Clerk Chris Swope has created 'selfie stations' at the South Washington Election Unit and City Hall in an effort to encourage voting, and raise awareness of the option to vote early in a fun way which leverages social media.

With patriotic costumes, oversized "I voted" stickers* and a 6 foot cut-out of Chris Swope, voters, family and friends can celebrate our country's democracy and encourage people to take selfies and post with the #Lansingvotes.

"When voters share their selfies," said Clerk Swope, "it will help spread the word about the early voting option and extended hours. We will be open the last weekend before the Primary at South Washington from 10 a.m. to 10 p.m. on both Saturday, March 7 and Sunday, March 8. On Election Day, each voting location across Lansing will also have a selfie station."

Located at 2500 S. Washington, the Election Unit offers free parking, a 24-hour secure drop box, and is conveniently located on CATA Route #0. Voting will be available at the Election Unit until Election Day at the following:

Mon., Tues., Thurs. & Fri.	8 a.m. – 5 p.m.
Wednesday, March 4	8 a.m. – 7 p.m.
Monday, March 9 th Only	8 a.m. – 4 p.m. (due to state law)

In addition to regular hours, the Election Unit will be open on the following weekend days:

Saturday, March 28 th	10 a.m. – 3 p.m.
Saturday, March 7 th	10 a.m. – 10 p.m.
Sunday, March 8 th	10 a.m. – 10 p.m.

Walk-in voting and the selfie station is also available at the Clerk's City Hall Office, located on the 6th floor of City Hall at 124 W. Michigan Avenue, during regular office hours 8 a.m. – 5 p.m.

POETREE-N-MOTION

The TV Talk Show highlighting and promoting OUR community...with your host, Dee Freeman Watch PNM...

Airs in Lansing on Comcast channel 16... Wednesday at 6:00 PM and Friday at 4:30 PM

Airs in East Lansing on Comcast channel 30... Daily at 9:30 AM, 4:30PM and 6:30PM

Come share information on your function or activity. POETREE N Motion is happy to assist in the promotion of your positive activities within our community.

POETREE-N-MOTION

Provides:

MESSAGES of blessings and inspiration

GUESTS sharing life and education

WORD'S of powerful motivation

And EDITORIALS for deep concentration

POETREE-N-MOTION

Respecting Women... Humanity's Gift!

© DEE FREEMAN

We, women, with our big loving hearts, care so much

We give of ourselves, willingly through every gentle touch

We open our hearts, pumping love to last forever...Our nature

We wanna be there for our family...for everyone

We want to be everywhere to gently nurture

As humanitarian, we're dear to our loved one's heart

Yet, We must not forget to set aside some time for ourselves,

So, we are healthy and still around to impart...

Our purpose should be God-like, I'd say

Doing His bidding with a clean heart...

Being connected, and thriving on His power each day

For as pillars; working, playing and striving together...

We'll leave nothing undone; we try making it better!

Women, ladies, We see we have much work to do

Or a challenge or two...Getting us back on track

As only... God's humanitarians can do

Though, beautiful, proud, intelligent and gifted

We've known heartaches, pain, and some strife

Yet, our truth reveals...As this gift to humanity

We create our own well-being for a healthy desired life

We thrive on interaction, thus Women of God!

I salute you: as we encourage, push or prod

Showing our children and all who'll listen

They cannot sit idle; they must take a stand!

We challenge them to be their best...

Yet, we're happy to lend a helping hand

We, Angels, are here to mend the heart, hand and head...

Let's keep moving, improving as we are thus led

We'll Keep shining—lighting the way in our community

Keep prayed up, working to provide pride and unity

Keep teaching our Children, always trying to reach them

Keep empowering them, with love we'll shower them

Keep laughing with them, though we often cry...

Keep providing for them, though at times we can only sigh

Keep gently scolding and wonderfully molding...

For as we shape our children, So shape WE the World

For as we enlighten their lives...effective role models

Guardians, mothers, caregivers...sharing our matured insight

We'll also keep loving THEM...our future

And PRAY mightily each life turns out alright

Know gifted women, charged with favor and powerful tasks

Our purpose...is to Craft the Great legacy within our grasp

Our strong sisterly bond, we are also to maintain

Moving forward with purpose and linked to the Almighty's name

Walking in our destiny...healthy, strong and in control

Let's no longer sit, wait, watch, hope or pray

But be about action, being genuine and bold

We know the bad things happening, won't just go away...

We must get up, get out, get hyped and get into gear

Taking actions to ensure tomorrow will be THAT better day

With our strong faith, We'll resolve... to work hard to set ALL things right...

We'll continue to unite and embolden our fight

We'll build confidence and heighten our intelligence

We'll Utilize, galvanize and mobilize our sphere of influence...

We'll embrace and celebrate, uplift and elevate

We'll educate, invigorate and motivate

We'll connect...honor and protect...

And to each other, we'll give LOVE and RESPECT

Let's VOW TO Love each otha...Sistahs!!!

For we are ALL...God's GIFT TO HUMANITY!



Pastor/Chaplain Pamela June (P) Anderson, DMin.
Lt. Commander (RET) USN Chaplain Corps
Certified Peer Support Specialist



NOW, TODAY, IS THE DAY OF HOLY SPIRIT GRACE, WISDOM, AND AWARENESS. BE STILL AND LISTEN TO HEAR HER VOICE

⁸Blot that night out of the year, and never let it be counted again; ⁷make it a barren, joyless night. ⁸Tell the sorcerers to curse that day, those who know how to control Leviathan. ⁹Keep the morning star from shining; give that night no hope of dawn. ¹⁰Curse that night for letting me be born, for exposing me to trouble and grief. Job 3:6-9

I am getting married on February 30th. Everyone is invited to attend.

"AND GOD, considering the story of Job, both he and his wife speak of cursing God or an act of God with the caveat of death in view. After all, she, too, lost their seven sons and three daughters. She, too, was stripped of her wealthy husband's status, camel, sheep, shepherds, servants, property, and possessions. Much of humanity would want to

curse God and die to escape the triple troubles of the world in contemporary life."

Listen to the reported news from Saturday: Barbara Smith dies. She raised awareness about Alzheimer's. Foreign meddling influences American elections. Coronavirus is spreading in Italy, S. Korea, and America. 5.7 rated earthquake in Turkey. Mother questioned and jailed over missing son and daughter. Heavy flooding around the globe. Forest fires kill hundreds of wildlife in Australia. Dramatic rescue of a 70-year-old couple survives eight days in the woods using knowledge of edible plants and a puddle of water. Nascar driver slams into a wall "fortunate to avoid any internal damages or broken bones," is determined to get back into the race. Deadly highway crash kills half a dozen from the same family. A teenager with a promise and a full scholarship intentionally steps in front of a moving train and dies. Saturday morning, the 49 Fine, Detroit Alumni Chapter of Delta Sigma Theta attends fellow Sorority sister's funeral. There are unbearable days.

Reading the entire saga of Job should make it clear that God gives trouble, trials, and temptation permission to do what they do. Job's response to trouble is six-fold: 1. He did not blame God. 2. He remained faithful to God. 3. He acknowledged, "naked came I into the world and naked shall I leave the world." 4. He proclaimed, "although God slays me, yet will I trust God." 5. He speaks to his wife, saying, "Are we to accept the good that comes from God, but not accept the bad?" 6. And, a request. "Obliterate the day I was born." I believe Job's request is granted, and that's what happened to February 30th.

The Michigan Bulletin Staff

Writers	General Manager	Layout
Ron Daniels Ms. Dee Diane Gardin Bettye Thomas-Gilkey Dianne M. Hicks	Bernice Powell Jackson Dr. Earl Ofari Hutchinson Dr. Manning Marable Randy E. Parlor Dr. George T. Rowan	Al Jama Kaley Sports Photographer Ada Boone

The views and opinions expressed in the Michigan Bulletin do not necessarily reflect those of the newspaper. The Michigan Bulletin welcomes letters to the Editor. All letters should be typed, no longer than 150 words, include signature, address and phone number or they will not be considered for publication. The Michigan Bulletin reserves the right to edit all letters. The letters will not be returned. Photos will not be returned unless a stamped, self-addressed envelope is enclosed.

For Ad Information Call: 517-321-1234

Letters to the editor should be mailed to:
The Michigan Bulletin c/o Editor
P.O. Box 13662 Lansing, Michigan 48901



Mr. Party
The Ambassador of Celebration™

Celebration

Announcements

By Mr. Party, The Ambassador of Celebration

Birthdays in March 2020

Mr. LaMonti Dion Brown celebrates his 49th birthday on March 2nd, enjoying new start in new state. Much Love and success from All your Family.
Mr. Mike Ryan Jr. celebrates his birthday with family and friends on March 4th.
Mr. Zachary Murry celebrates his birthday on March 7th.
Rev. Anna Mae Alexander, born on March 8th, celebrates 90 plus years of living, "Carry on in the name of The LORD!"
Mr. Daryl Holman celebrates his birthday on March 8th.
Ms. JeMonica Thomas celebrates her birth on March 9th.
Ms. Tammy Michelle Tyson celebrates her 52nd birthday on March 9.
Mr. Dwayne Thompson celebrates his 49th birthday on March 9th.
Mr. Dylan Pofoli celebrates his 29th birthday on March 9th.
Mr. Paloma Sanchez enjoys his birthday on March 11th. "Happy Birthday!"
Ms. Nikki Holman celebrates her birthday on March 13th.
Mr. Travis Hough celebrates his 40th birthday on March 14th.
Ms. Esther Rodea celebrates her birthday on March 15th.
Mr. William Banks celebrates his birthday on March 15th.
Mr. Jordan D. Majors celebrates his birthday on March 15th.
Ms. Jennifer Black celebrates her birthday on March 15th.
Mr. Desmond Hall celebrates his birthday on March 15th.
Mr. William Eugene Rouse II celebrates his birthday on March 15th.
Mr. James Morrow celebrates his birthday on March 15th.
Ms. Justice Foster celebrates her birthday on March 16th with her Mother, brothers and sisters.
Mrs. Emogene Leek celebrates her birthday on March 17th with her husband and family, all of them expressing their Love!
Ms. Ciara Wireman celebrates her 20th birthday on March 17th.
Ms. Briana Jefferson celebrates her birthday on March 19th. Dad says, Happy Birthday little Princess!!!
Ms. Virginia Lewis celebrates her birthday, "33 years young", on March 19th. She says, "Much Love!"
Mr. Mark A. Brown celebrates his birthday on March 20th with family and friends.
Ms. Annette Johnson, born on March 20, 1959, celebrates her 60th birthday.
Ms. Pamela Renzi celebrates her 47th birthday on March 21st, celebrating with friends and family.
Ms. Theresa Daniels celebrates her birthday on March 22nd.
Ms. Keesha Home celebrates her 39th birthday on March 22nd, enjoying time spent with her beautiful children.
Mrs. Nya (Chopper's Wife) celebrates her 37th birthday on March 22nd, along with Mr. Chopper (Nya's Husband) celebrating his 44th birthday on March 25th and their 12th year anniversary on March 23rd.
Mr. Robert Brown Jr. celebrates his birthday on March 23rd, enjoying the company of his lovely wife, Joy.
Master Brayden Konen enjoys his 10th birthday on March 23rd. "Happy Birthday! Mommy loves you!"
Ms. Valerie Floyd celebrates her 43rd birthday on March 23rd with family and friends.
Ms. Quintine Medley celebrates her 33rd birthday on March 23rd.
Mr. John K. Elliott celebrates his birthday on March 23rd. "A friend in need is a friend indeed."
Ms. Monica Burrell celebrates her birthday on March 23rd. She says, "A special day spent with family and friends; thanks so much!"
Ms. Nellie M. Garvie born March 24th, celebrates her 69th birthday with her children, grandchildren and great grandchildren... We love you so much!!!
Mr. Matt McCoy, Scratch Pilots... Turntable Tuesday at the Green Door... celebrates his birthday on March 25th.
Ms. Melinda M. Ball born March 25th celebrates her birthday her Mother, sisters, brother, children and grandchildren... We love you so much!!!
Ms. Gina Mojica celebrates her birthday on March 26th, with family and friends. "The Puerto Rican Lady"
Ms. Shelly Ryan celebrates her birthday on March 28th, with family and friends.
Mr. Bill Ryan celebrates his 96th birthday on March 28th, with family and friends.
Ms. Nikki Holman celebrates her birthday on March 13th.
Ms. Esther Rodea celebrates her birthday on March 15th; parted with my family.
Ms. Mary A. Clark celebrates her birthday on March 25th.
Mr. Brandon Henderson celebrates his birthday on March 25th.
Mr. Ralph Riddle Sr. we honor his memory, celebrated his birth on March 25th.
Ms. Allison Chenault celebrates his birthday on March 25th.
Mr. Michael Bower celebrates his birthday on March 25th.
Ms. Rita Pizana celebrates her birthday on March 26th with family and friends.
Mr. Bishop Cousin celebrates his birthday on March 26th.
Ms. Taurean A. Jackson celebrates her birthday on March 26th.
Mr. Don Rodriguez celebrates his 61st birthday on March 26th, with his beautiful wife Julia and family.
Mrs. Gwendolyn Bodiford celebrates her birthday on March 27th, with her husband and family.
Ms. Brittany Eaton celebrates her birthday on March 27th.
Mr. Marcus Turner celebrates his birthday on March 27th.
Ms. Sheila Fuller celebrates her birthday on March 27th.
Ms. Angela Eaton celebrates her birthday on March 28th.
Mr. James Edward Garvie Sunrise March 30th, 1954 - Sunset February 18th, 2002. "WE will always LOVE and KEEP you forever in our HEARTS and YOUR memory ALIVE for as long as we live!" Rest in Paradise Daddy!!!
Ms. Eunice F. Foster celebrates her birthday on March 31st.
Ms. Jessie J. Storey-Fry celebrated her birthday on March 31st.

*Anniversaries

Mr. Cullen Dubose Sr. and Mrs. Helena J. Dubose celebrate their anniversary on March 31st.
Mr. & Mrs. Myron & Dee Freeman celebrated their 30th wedding anniversary on February 14th.
Mr. & Mrs. Al and Irma Cooper celebrated their 72nd wedding anniversary on February 23rd.

*Announcements

Mr. Party Website: www.mrpartycelebrationservice.com



THE GREATER LANSING AREA CLUB
NATIONAL ASSOCIATION OF NEGRO BUSINESS AND PROFESSIONAL WOMEN'S CLUBS, INC. PRESENTS

"Let's Talk About It! Community Conversation about S.A.F.E.* Encounters with Law Enforcement" Forum

THURSDAY, MARCH 12th | 5:30 PM | DWIGHT RICH SCHOOL OF THE ARTS
2600 HAMPDEN DRIVE | LANSING, MICHIGAN

Light refreshments served at 4:30 p.m.

Join Young Adults, Parents, and the Metro Lansing Community to Talk About...

- How to Respond when Interacting with Law Enforcement
- Building Good Relationships with Law Enforcement
- Legal Rights of Interrogation
- The Emotional Impact on Families and Law Enforcement
- Saving the Lives of our Youth and Young Adults

*SAFE = Sound Advice For Encounters

Q & A with Our Panelist

The Honorable Donald L. Allen, Jr., The Honorable Shauna Dunnings
Lansing Police Chief Daryl Green, Attorney Takura Nyamfukudza
Ingham County Prosecutor Carol A. Siemon
Ingham County Sheriff Scott Wriggelsworth

Scenario Committee

The Honorable Amy Ronayne Krause
School Principal Steven Lonzo
Criminal Justice Professor Lynnell Talbert
Attorney H. Jamie White

Moderator

Attorney Ayanna D. Neal

RSVP EVENTBRITE: <https://tinyurl.com/ula9jd8> OR CALL: 517.258.0475

S.A.F.E. ENCOUNTERS COMMITTEE

Renee Morgan Freeman & ReShane Lonzo, Co-Chairs
Cynthia Jones, BreAnna Nixon, Sonya Sanford Quinney and Christina Redmond
Gloria Davis, GLAC President

The Greater Lansing Area NBPW Club, Inc.



Be Informed about Your Rights and Resources before going to the Polls on March 10

By: Lansing City Clerk Chris Swope

As we approach the Tuesday, March 10 Presidential Primary Election, I wanted pass along information to assist you to make the voting process as easy as possible as allowed by law, so that your voice can be heard in our democracy.

Before going to the polls, visit Lansingmi.gov/clerk or call 517-483- 4133 if you have questions. You will discover links to:

Voter Registration Verification & Polling Location (with a map!)

Preview YOUR Personal Sample Ballot

Absentee Ballot Request Forms

Links to Nonpartisan Voting Resources

Poll Watchers and Poll Challengers Summary of what they are allowed and not allowed to do.

I recommend taking a few minutes to review the ballot and make sure you know where you vote. It can save you time, and help you make informed choices.

Voter Registration at Your Local Clerks up to and including Election Day

There is no longer a deadline for voter registration. Through Election Day, a citizen can come to either location of the Clerk's Office with proof of residency, register, and vote all in one visit. If you live in another community, you need to go to your City or Township Clerk's Office. Alternatively, a citizen may take their ballot with them or vote in their precinct; this option depends on which day they come in, per state law and the new constitutional amendment.

Many people often incorrectly believe that they are unable to vote. Citizens who are NOT currently incarcerated while serving a sentence or people who have moved within the City are STILL able to vote. Don't assume that you are unable to vote. Visit lansingmi.gov/clerk and click the "Am I Registered to Vote?" link or call my office to see if you are registered and where to vote. Polls are open from 7 a.m. until 8 p.m.

Anyone in line at 8 p.m. has the right to stay in line and vote before the precinct can close.

Photo ID and Voting

If you happen to forget your photo identification on the way to the polls or do not possess an acceptable ID, your vote will still be counted in most situations. There is a brief affidavit to sign that states that you do not have an ID with you at that time. Also, you do NOT need your voter registration card to vote.

The following types of photo ID are acceptable at polling locations:

Michigan driver's license or state-issued ID card

Driver's license or personal identification card issued by another state

Federal or state government-issued photo identification

U.S. passport

Military ID with photo

Student identification with photo from a high school or accredited institution of higher learning

Tribal identification card with photo

There are very specific types of voters who must show approved photo identification, such as first-time voters in Michigan who completed a mail-in voter registration form rather than completing the voter registration process at the Secretary of State, County or local clerk's office.

Absentee Ballots

On Election Day, we will accept absentee ballots at the South Washington Office at 2500 S. Washington or at the City Hall, 124 W. Michigan until 8 p.m. If you do not drop off your ballot, you can still vote in person at your precinct. If you bring your absentee ballot to your precinct, you will have to surrender it and start with a new ballot to vote at the polls.

I have again opened the South Washington Office Complex during regular business hours (8 a.m. – 5 p.m.), as well as extended Wednesday and weekend hours, to allow one-stop in-person voting until 4 p.m. on Monday, March 9th, the day before the election.

Located at 2500 S. Washington, the Election Unit offers free parking, a 24-hour secure drop box, and is conveniently located on CATA Route #2. In-person voting will be available at the Election Unit until Election Day at the following times:

Mon., Tues., Thurs. & Fri. 8 a.m. – 5 p.m.

Wednesday 8 a.m. – 7 p.m.

Monday, March 9th Only 8 a.m. – 4 p.m. (due to state law)

In addition to regular hours, the Election Unit will be open on the following weekend days:

Saturdays 10 a.m. – 2 p.m.

Saturday, March 7th 10 a.m. – 10 p.m.

Sunday, March 8th 10 a.m. – 10 p.m.

City of Lansing voters may also come to the City Clerk's Office on the 9th floor of City Hall during regular business hours to complete the absentee voter application and ballot.

Selecting a Ballot Type for this Election Only

According to State law, it is required to have a separate ballot for each political party for this election only. It does not obligate you in any way who you vote for in any future elections. If you do not like the law, feel free to contact your State Representative or State Senator.

You can also choose a ballot without the Presidential Primary. This ballot will contain local proposals only.

No one will know who or what you selected on your ballot. However, the political party selection is available under the Freedom of Information Act.

List of Candidates on the Presidential Primary Ballot

The Presidential Primary determines the number of delegates who support particular presidential candidates or are "Uncommitted" to any particular candidate. Therefore, voters have the opportunity to vote "Uncommitted."

If enough of these votes are cast for "Uncommitted", the political party may send delegates to the Convention who are uncommitted to a specific candidate.

December 13, 2019 was the last day for candidates to withdraw from the Michigan Presidential Primary. Therefore, you may see candidates on the ballot are no longer running for President. City Clerk staff and precinct workers are not allowed to answer questions on who about who is no longer running. We don't want to bias the process in any way with incomplete information.

MARCH IS COLORECTAL AWARENESS MONTH

What Is Colorectal Cancer?

Inside your abdominal cavity is the long, tubular digestive tract. The second part of this tube -- the large intestine -- is composed of the colon, which stretches 4 feet to 6 feet, and the rectum, which is only 4 inches to 6 inches long.

The inner lining of this "colorectal tube" can be a fertile breeding ground for small tumors, called polyps (Figure 1). About a quarter of all adults in the U.S. older than age 50 will have at least one colorectal polyp. Most colorectal cancers develop from polyps in glandular tissue of the intestinal lining.

Most polyps are benign, but at least one type is known to be precancerous. These are called adenomatous polyps.

The size of the polyp correlates with the development of cancer. Polyps less than 1 centimeter in size have a slightly greater than a 1% chance of becoming cancer, but those 2 centimeters or greater have a 40% chance of transforming into cancer. Overall, the incidence is about 5%. Most colorectal cancers develop from polyps in glandular tissue of the intestinal lining.

If colorectal cancer is diagnosed and treated early while the tumor is still localized, the disease is highly curable, with five-year survival rates of about 90%. If the tumor continues to grow, cancer can spread directly through the bowel wall to surrounding lymph nodes, tissues, and organs, as well as into the bloodstream.

Once the cancer spreads to lymph nodes or other organs, successful treatment becomes more difficult. Depending on how advanced the disease is, five-year survival rates range from 11% to 87%.

Cancers of the colon and rectum are common, with approximately 135,000 cases diagnosed each year. Like many cancers, colorectal cancer is of particular concern for people older than age 50.

Although diagnosis is often possible at an early stage, many people delay seeking medical care because they are embarrassed or fearful of symptoms related to their bowels. Risk increases significantly after age 50 and continues to increase with age.

What Causes Colorectal Cancer?

The exact cause of colorectal cancer is not known. But there are several risk factors for the disease.

Other diseases. Colorectal cancer is strongly associated with certain other diseases. Those people considered at high risk include anyone with a personal or family history of colon polyps or colon cancer, inflammatory disease of the colon such as ulcerative colitis or Crohn's disease, and cancers of the pancreas, breast, ovaries, or uterus.

Heredity. As with any cancer, susceptibility to colorectal cancer is at least partly determined by genetic makeup. A few people inherit medical conditions, such as familial adenomatous polyposis (FAP), MYH-associated polyposis (MAP), Gardner's syndrome, Turcot's syndrome, Peutz-Jagher's syndrome, juvenile polyposis, and Cowden's disease. In all of these disorders, colon polyps develop at an early age, and unless treated, these people are at high risk of developing colorectal cancer.

Hereditary nonpolyposis colon cancer. The disease extends from generation to generation and causes a person to develop colon cancer. This disease is associated with other cancers including endometrial, ovarian, stomach, small intestine, pancreas, kidney, ureter, brain, and bile duct.

Diet. Diet also contributes to the risk of colorectal cancer, although the cause-and-effect relationship is still unclear. People whose diets are high in fruits and vegetables seem to have a reduced risk. Many studies implicate animal fat and protein as promoters of colorectal cancer, although researchers are cautious about drawing any definite conclusions. Some studies show that regularly eating red meat, which is rich in saturated fat and protein, increases risk, while others find no connection. Some scientists note that fat is the main culprit, while others suspect protein. Others contend that it's not the fat and protein themselves, but the way they are cooked. They note that fats and protein cooked at high temperatures -- especially when broiled and barbecued -- can produce a host of potentially carcinogenic substances linked to colorectal cancer.

Chemical exposure. Heavy exposure to certain chemicals, including chlorine -- which in small amounts is commonly used to purify drinking water -- may increase the risk of colorectal cancer. Exposure to asbestos is thought to be potentially harmful because it has been implicated in causing formation of polyps in the colon.

History of certain types of surgery. Surgeries such as ureterosigmoidostomy, which is performed in the treatment of bladder cancer, and a cholecystectomy (the removal of the gallbladder). Some studies show surgery of the bladder may lead to a risk for colon cancer development, but other studies do not.

History of colon cancer. A prior case of colon cancer increases the risk of a second colon cancer, especially if the first cancer was diagnosed before the age of 60.

Lifestyle. Smoking and alcohol intake of more than 4 drinks per week increases the risk of developing colon cancer.

Family history. Those with a first-degree relative with colorectal cancer have an increased risk of the disease. The risk increases if more than one first-degree relative has colon cancer.

Radiation. Prior radiation increases the risk of cancer to the radiated tissue only. Article courtesy of WebMD.



Picture courtesy of Shutterstock





HOMETOWN BWL Leaders

Tracy K. Tolbert
Remittance Processing Specialist



"I serve food at the Advent House, and that's really fulfilling because there are a lot of people who are less fortunate than me and everyone's so appreciative. Hunger is something that should not be an issue here in the United States. To me, it doesn't take anything to be kind to anyone and it's very important for me to give back to others. I think that gives them inspiration and hope, to see someone like me in there serving them, because we're no different from anybody else."

Tracy



LANSING BWL Hometown People. Hometown Power.

Lansing's Topspins Tennis Club

Topspin describes how to hit a tennis ball to make it bounce or travel far, high, or quickly. In Lansing Michigan, *Topspins* is the name chosen for the city's first and only Black Tennis Club in 1978.

So, you've never heard of The Lansing Topspins Tennis Club? Well, don't despair because we can change that.

While attending a senior's 80ish birthday celebration, I engaged in a conversation with the granddaughter who was very excited because she had just made her high school tennis team. I asked if she knew that Lansing had African American Tennis Club years ago. Her response surprised me because she said, "NO"!

At that moment, I thought, how could she not know this? After all, the club existed. I was a member of the group and I played on it for several years.

The Topspins had structured tennis lessons. We played matches against each other and many out of town clubs from Detroit, Ohio, Grand Rapids and even Atlanta. We competed in organized tournaments and held other social events. I remember traveling to Toronto with the Lansing Topspins. It



was so very tangible in my mind. How can it be that The Lansing Topspins tennis club is not known? With a new mission, I became an advocate to make a record of our "unheard of" Tennis Club. It needs to become a part of our historical archives--after all, The Topspins is the first and only African American Tennis Club in Lansing. It's public history!! It's



Dorothy Strickland

part of Michigan's history!!! So, if you are curious, watch for more history on the Lansing Topspins and our reunion event.

The Lansing Topspins was founded by the late Ralph Riddle Sr., one of the first black insurance agents and Allison Scruggs a Michigan State University four-year letter-winner in tennis (1972 - 75). Lansing youth and adults learned about the game, the rules, competition, how to achieve better results, the game of life, with the Lansing. A major focus of the Topspins was organizing and encouraging participation in tennis among African Americans, especially Lansing neighborhood youth.

Some notable members of the Lansing Topspins include:

Ralph Riddle Sr. -Topspins Co-Founder, Lansing's African American Insurance Agent

Allison Scruggs - Topspins Co-Founder, Tennis and athletic coach at Wayne State and Eastern Michigan; first woman to coach a

male team in Michigan. **WSU Hall of Fame Member (1993)** Ralph Riddle Jr. Regina Riddle-Dancer, Model, Actress, Dorothy Bowie Strickland, Betty Gilkey-Author, Natalie Riddle-Musician, **Michael Murphy*** Minister, Civil Rts Leader, State Rep. MI Delores "Dino" Moss Scott, **Brian Ferguson*** Basketball, **Ronald "Rootsman 'Bird' Jackson*** Radio Host/Caribbean Festival Margaret Lee-Author/Educator, **Udrala Harris**, **Sylvia Shephard*** Carlton McConnell-Promoter/Television Host, Michael Jennings-Photographer, Maurice Peatros-Topspins Coach, Minor League Baseball Player,

Sandra Philpott Burke, Scott Hatcher, Charles Ford Attorney, Lois McNealy, Vivian Weatherspoon-

Knowledge is Sexy



Knowledge is Sexy
I've always had a craving for knowledge
Which manifested as a NEED to UNDERSTAND!



Why was I born?
Do our lives have purpose?
At seven years of age
This is what I engaged!



And I guess that's why I know now
What I didn't realize then,
I've always been attracted
To intelligent men . . .



Not necessarily a 'book smart' man,
But a man with a PLAN
One who understands that the Universe
Is in his HANDS!



Is the DEEPER UNDERSTANDING of MY OWN SEXINESS!

The more I LEARN AND APPLY what I know,
THE SEXIER MY FLOW!



I walk with a stride . . . not credentialed in FALSE PRIDE.
It's not facetious, JUST REAL!
Baby, it's something you won't find
In any kind of pill!

YAAS!
Knowledge IS Sexy!
And it looks good on ME!

Cherice 'Smooth as Silk' Fleming

SAVE THE DATE

PAVE THE WAY HISTORICAL PROJECT CELEBRATION

Thursday, April 16, 2020 - 5:30 P.M.
LIBRARY OF MICHIGAN
702 W. Kalamazoo St., Lansing MI 48933
Forum (Room 210) & Lake Erie Room (Room)

I-496 Artifact Exhibit
On Display at the Library of Michigan
April 16 - July 30

The National Parks Service grant used to fund this project
(Full disclaimer available/questions: Marilyn.Plummer@lansingmi.gov)



THE MICHIGAN BULLETIN IN ASSOCIATION WITH NEXT UP ENTERTAINMENT PRESENTS

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14TH ANNUAL MOTOR CITY



MARCH 14TH

FOX THEATRE

TICKETS AVAILABLE AT THE BOX OFFICE OR [ticketmaster.com](https://www.ticketmaster.com)

BLUES IS OUR NAME AND HAVING FUN IS OUR GAME



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DELTA TOWNSHIP TRUSTEE

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THURSDAY, MARCH 19TH
6PM - 9PM

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SUGGESTED DONATIONS
\$200 - MAKE IT HAPPEN
\$50 - LET'S DO THIS
\$25 - YOU GOT THIS
\$10 - I BELIEVE IN YOU

For additional campaign information call: 517-940-6555 or email: VOTEFONDAFORTRUSTEE@gmail.com
If your unable to attend and would like to donate to her campaign, please go to:
<https://secure.actblue.com/donate/fonda-for-delta-township-Trustee>

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decision.**



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