

MICHIGAN BULLETIN

Celebrating 25 Years

Vol. XXVI No. 8

May 16-30, 2020

The 411 KEEPING THE DREAM ALIVE

MAY 2020

MAY 20, 2020

"RELIAS COVID-19 WEBINAR, Staffing, Stress and Surviving the Day to Day Challenges of a Pandemic" Go to: www.relias.com/topic/coronavirus

MAY 23, 2020

"LES MERES ET DEBUTANES CLUB OF GREATER LANSING" Presents 55th Cotillion Ball, Saturday, 6:00P.M. Lansing Center, Downtown Lansing 48933

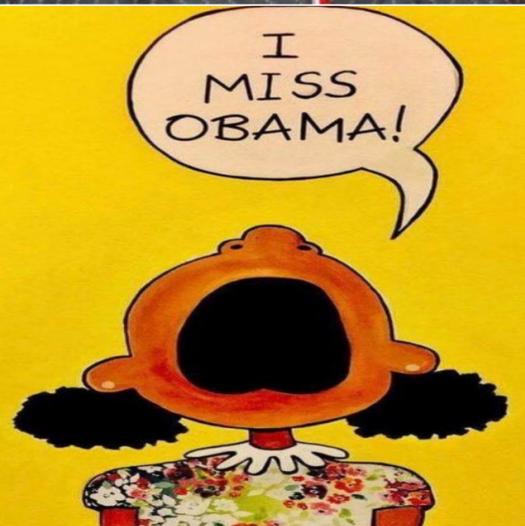
R.I.P. Betty Wright 1953-2020



R.I.P. Pastor David Ford 1960-2020



R.I.P. Pastor Charles Bicy 1940-2020



NATIONAL BLOOD PRESSURE MONTH



Picture courtesy of NIH

In the United States, nearly 68 million people have high blood pressure, which is also called *hypertension*. Hypertension increases the risk for heart disease and stroke, the first and third leading causes of death in the United States. Blood pressure that is slightly higher than normal is called *prehypertension*—28% of American adults have prehypertension (Internal analysis from NHANES 2005–2008). People with prehypertension are more likely to develop high blood pressure than are people with normal blood pressure levels. Blood pressure is written as two numbers. The first (systolic) number represents the pressure when the heart beats. The second (diastolic) number represents the pressure when the heart rests between beats. The following is a classification system for blood pressure

Who Has High Blood Pressure
Women are about as likely as men to develop high blood pressure during their lifetimes. However, for people younger than 45 years, the condition affects more men than women. For people aged 65 years and older, it affects more women than men. About 28% of American adults aged 18 years or older have prehypertension. In the United States, high blood pressure

is more common among blacks than whites. About 44% of black women have high blood pressure. Mexican Americans have the lowest level of hypertension compared to non-Hispanic whites and blacks. Health Impact of High Blood Pressure High blood pressure is a major risk factor for heart disease, stroke, congestive heart failure, and kidney disease. High blood pressure was a primary or contributing cause of death for 336,353 Americans in 2007. There were more than 46 million visits to doctor's offices for hypertension in 2007. High Blood Pressure and Salt A diet high in sodium (salt) increases the risk for higher blood pressure. Most people eat more than double the amount of salt than they should. Current dietary guidelines for Americans recommend that adults in general should consume no more than 2,300 mg of sodium per day. At the same time, consume potassium-rich foods, such as fruits and vegetables. However, if you are in the following population groups, you should consume no more than 1,500 mg of sodium per day and meet the potassium recommendation (4,700 mg/day) with food. You are 51 years of age or older. You are African American.

You have high blood pressure.
You have diabetes.
You have chronic kidney disease.
About 77% of the sodium Americans consume comes from processed and restaurant foods.
Watch this engaging video: *Salt Matters: Preserving Choice, Protecting Health*, available at <http://www.cdc.gov/CDCTV/SaltMatters> to learn more about how salt affects your health
Preventing and Controlling High Blood Pressure
You can maintain healthy blood pressure by changing your lifestyle or combining lifestyle changes with prescribed medications.
Key lifestyle changes include the following—
Have your blood pressure checked regularly.
Maintain a normal body weight (body mass index (BMI) of 18.5–24.9; BMI is kilograms divided by height in meters squared).
Take at least 1 brisk 10-minute walk, 3 times a day, 5 days a week. Follow a healthy eating plan of a diet rich in fruits, vegetables, and low in sodium.
Quit smoking.

WHO KILLED MALCOLM X ?

For more than half a century, scholars have maintained that prosecutors convicted the wrong men in the assassination of Malcolm X. Now, 55 years after that bloody afternoon in February 1965, the Manhattan district attorney's office is reviewing whether to reinvestigate the murder. Some new evidence comes from a six-part documentary called "Who Killed Malcolm X?," streaming on Netflix Feb. 7, which posits that two of the men convicted could not have been at the scene that day. Instead it points the finger at four members of a Nation of Islam mosque in Newark, N.J., depicting their involvement as an open secret in their city. One even appeared in a 2010 campaign ad for then-Newark mayor Cory Booker. "What got us hooked," said Rachel Dretzin, a director of the documentary along with Phil Bertelsen, "was the notion that the likely shotgun assassin of Malcolm X was living in plain sight in Newark, and that many people knew of his involvement, and he was uninvestigated, unprosecuted, unquestioned." The case has long tempted scholars, who see a conspiracy hidden in unreleased government documents. A detective on the case, Anthony V. Bouza, wrote flatly a few years ago, "The investigation was botched." Yet it has never sparked the widespread obsessive interest of the Kennedy assassination or the equally brazen killing of Tupac Shakur. Attempts to reopen the case — to uncover the possible roles of the F.B.I., New York Police Department and the Nation of Islam leadership, including Louis Farrakhan — have gotten nowhere. "The vast majority of white opinion at that time was that this was black-on-black crime, and maybe black-extremist-on-black-extremist crime," said David Garrow, a Pulitzer Prize-winning civil rights historian. "And there was for decades a consensus in black communities that we are not going to pick up that rock to see what's underneath it." At the time Malcolm spoke at the Audubon Ballroom on Feb. 21, 1965, he was a marked man — spied on by the F.B.I. and the police, denounced as a traitor by the Nation leadership, viscerally hated and beloved. Mr. Farrakhan declared him "worthy of death." A week before his assassination, his home in Queens was firebombed while he and his wife and four daughters slept inside. Seconds after Malcolm stepped to the lectern; gunfire rang out, then pandemonium. Talmadge Hayer, a member of the Nation of Islam from a New Jersey mosque, was arrested fleeing the ballroom, with a clip from a handgun used in the killing. Later the police arrested two men from Malcolm's former Harlem mosque, Norman 3X Butler and Thomas 15X Johnson, both known as enforcers. At trial, Mr. Hayer, who later became Mujahid Abdul Halim, admitted his guilt but said the other two men were innocent. All three men were convicted and received life sentences. Mr. Johnson, who became Khalil Islam, died in 2009; Mr. Butler, who is now Muhammad Abdul Aziz, was granted parole in 1985 and still maintains his innocence. In the late 1970s, Mr. Halim filed affidavits naming four members of the Newark mosque as his partners in the crime. The civil rights lawyer William Kunstler moved to reopen the case but was denied. Since then, the legwork has fallen to biographers and independent researchers, including a Washington, D.C., tour guide named Abdur-Rahman Muhammad, the central figure in the new documentary series. Article courtesy of John Leland of the New York Times.



Getty Images



News, Views & Commentary

MoneyWalk 419:

Expect Blessings & Rewards

This program will help you undo financial bondage

If you're like me, your mind must be continually renewed to expect by faith the hope that is in your heart for the present and future. The LORD has blessed me enormously, spiritually, mentally, emotionally, physically, and economically, even though I have not always perfectly walked out my faith. But hold off on your judgment because God is not through with me yet. And, I'm sure He's not through with you either.

God is in the blessing & rewards business for those who love Him and are called according to His purpose. Even for many people who are currently unbelievers, He abundantly gives what they need to turn to Him as well as abundant resources to help them care for themselves and their families in this life. He has prepared much better for those who turn to Him by accepting Christ as Savior. Salvation and the inheritance of eternal life are received by grace through faith and not of works so no one can earn them. However, earthly and some spiritual blessings and rewards have conditions attached to them that require obedience to His commands. He desires that you obtain and appropriate them on earth in a way that is wholesome and that helps you be a great blessing to others around you.

Some blessings & rewards that God wants you to have are above and beyond what you currently have and may only be obtained when you ask His will for particular situations and by faith believe and initiate action to bring these currently unseen things into the realm of the seen. Sometimes this requires constant and persistent petition and action until they are received. Satan and his demonic cohorts stand in opposition to your blessings & rewards and try to block them because of the damaging effect these weapons have on his dark kingdom. Through the funding, preaching, and serving of the gospel many people are saved and the dark kingdom is driven out of their life and heart. Because I want the LORD's will to be done on earth as it is in Heaven, I will forever remind myself to have a heart that loves the LORD and other people and put on the mind of Christ to be renewed in my thinking.

I will walk in the Spirit to destroy the unfruitful



works of the flesh. I have the power in me to expect the specific things He wants for me, so I will pray, call forth, and wait when necessary until they come. Then, I will move forward in prayer to find out new blessings & rewards He desires for me. I will let the Holy Spirit constantly inventory my heart to ensure my motives are right, yet I understand the motive behind my prayer requests is not dishonorable even though some things he wants for me and my family are higher cost than I have ever had. The LORD simply knows how to give good gifts and sometimes desires that you and I have things beyond our current financial ability to obtain. When blessings and rewards are properly obtained, appreciated, and managed they allow you to initiate greater acts of faith, be more useful in Kingdom service, meet family needs, and offer a testimony of His goodness to others, etc.

Please pray for this ministry and email me with any questions. May the LORD bless you richly as you follow His plan!

Matthew 7:7-11, Luke 11:9-13, Psalm 2:8, James 4:1-2

Please forward these bondage-breaking articles to other people who can use helpful insight!

You can find books authored by Randy Parlor and Karen Parlor at www.Amazon.com

You can find many other MoneyWalk articles on Facebook by looking at the NOTES created by Randy Parlor at <https://www.facebook.com/#!/profile.php?id=100000444069041&sk=notes>.

You can connect with Randy Parlor on Twitter and LinkedIn

You can also view and/or listen to MoneyWalk articles at https://www.youtube.com/channel/UCXnztOlesOKlrSd_H6c-8mQ



Corvid-19 Is it for Real?

The coronavirus (Covid-19) pandemic is a real thing. I want to start by saying this because it appears that some people either do not believe this or simply do not care. If anyone hears from their friends or family that this is "not a big deal" or that it will "go away soon," I want to be the one to tell you that they are very wrong.

I am in the hospital every day treating the patients that have been afflicted with this virus. It is honestly heartbreaking to see the vast amounts of people flowing inside the hospital. It is possible that I could see a patient with the virus one day and then they are gone the next. All healthcare workers, including myself, have to witness the needless deaths of patients who could have survived if everyone followed the guidelines given. This virus is serious, and we must all take the necessary health precautions to stay safe.

Governor Whitmer has implemented a "Stay Home, Stay Safe" order which we should all be following. If you are not leaving your home for essential items, then you must stay inside. If you must leave your home, then it is important that you wear a face mask because this is an airborne virus and you must protect yourself and others. Practice social distancing and do not invite outsiders into your home. Avoid large groups of people, friend, family or otherwise. You never know who could be harboring the virus and not showing symptoms. Wash your hands frequently and thoroughly. It is suggested that you wash your hands for at least 20 seconds, for it to be most effective.

These may seem like tedious rules to you, but they are all for your safety and the safety of others. We are on a mission to "flatten the curve." The "curve" refers to the projected number of people who will contract Covid-19 over a period of time. We want to decrease this number significantly, so that we can reduce the stress and strain placed on healthcare workers and also the resources necessary to keep everyone safe.

You must do your part because I am doing mine. I go into work every day because I care about people and wish to see them well. Do not make impulsive decisions that could risk the lives of others.

Announcements

BLACKOUT DAY JULY 7, 2020. This is a call to action!! We need one day of solidarity in America when not one black person in America spends a dollar. This includes Africans, Native Americans, Asian-Americans, Hispanics...ALL people of color. Together we have 3.9 trillion dollars in economic spending power. That's \$10,684,931,506.80 it's going to cost per day next time a person of color gets shot!!! We will call it #BLACKOUTDAY2020 July 7th, 2020 please spread the message, and let's show REAL action that they fear!!!! #blackoutday2020

POETREE-N-MOTION



The TV Talk Show highlighting and promoting OUR community...with your host, Dee Freeman Watch PNM...
Airs in Lansing on Comcast channel 16...
Wednesday at 6:00 PM and Friday at 4:30 PM

Airs in East Lansing on Comcast channel 30...
Daily at 9:30 AM, 4:30PM and 6:30PM

Come share information on your function or activity. POETREE N Motion is happy to assist in the promotion of your positive activities within our community.

POETREE-N-MOTION

Provides: MESSAGES of blessings and inspiration

GUESTS sharing life and education

WORD'S of powerful motivation

And EDITORIALS for deep concentration

POETREE-N-MOTION

ODE: TO THE FRONT LINE

© Dee Freeman

Front line...You're our defense against this silent, invisible enemy

Front line...Your unselfish gifts are the current spine of this country

True Honorable leaders! You step out...

Willingly Leaping out of your own comfort zone

True selfless warriors! You step out...

Jumping into this horrific challenge, yet know...you're not alone

You BRAVE souls, your bravery influences us all to do what we can

To do generously...our small and meager parts

You brave souls, encourage us to extend, EXTEND, though not tangible

But enduring love from the depths of our hearts

I SALUTE you...Your Bravery, your courageousness

Your selflessness, your tirelessness!

I SALUTE you as you GIVE...

For your caring and comfort are only surpassed by your kindness

You are the heroes of the hour!

You are the sheroes with boundless power!

The gifts you give speaks volumes about you

The charity you exemplify today is even admirable, too!

I send my heartfelt thanks to each of you! THANK YOU!

I send my heartfelt thanks to each and every one of you!

THANK YOU!

So, first responders: Doctors, Nurses, medical staff, clerks, attendants!

First responders: Policemen, Firemen, workers of all kinds!

Thank you!

Front line...You know who you are and what you're doing...

During these unusual and scary times...THANK YOU!

My hope and prayer is that together each of us will look back

Someday soon...WE will look back... Yes me and you!

Smiling and giving thanks to our creator

Knowing we were thoroughly BLESSED!

For we ALL made it through!



*Celebration
Announcements*

By Mr. Party, The Ambassador of Celebration

CONNECTING SOUL II A GLIMMER OF HOPE #0012020



Pastor/Chaplain Pamela June (Pi) Anderson, DMin.
Lt. Commander (RET) USN Chaplain Corps
TFAM National Chaplain
Certified Peer Support Specialist



NOW, TODAY, IS THE DAY OF HOLY SPIRIT GRACE, WISDOM, AND AWARENESS. BE STILL AND LISTEN TO HEAR HER VOICE

22-23 Your eyes are windows into your body. If you open your eyes wide in wonder and belief, your body fills up with light. If you live squinty-eyed in greed and distrust, your body is a dank cellar. If you pull the blinds on your windows, what a dark life you will have! Matthew 6:22-23 The Message



"AND GOD, Sara Wiseman talks about something that the world needs today, especially during COVID 19. She writes, "We know we're in the Flow when we don't feel separate. There is a kind of magical expansion that happens when we enter the Flow state, where we feel connected to everything all at once. We become so immersed in this enlightened and expanded state; we forget to think all the old thoughts and misbeliefs that so frequently scurry about in heads all day long."

In Michigan and other places where people are protesting, many without wearing masks and practicing social distancing, people are thinking old thoughts about the way it was before COVIC 19 and attempting to take America back to the days before the Civil Rights era. And, ministers who believe in the inerrant written words of God, also known as the Holy Bible, and individual believers touting "God will protect me, I don't have to protect myself," are dying and taking others with whom they come in contact with them. Racists are swaying the confederate flag, wearing Nazi paraphernalia, driving tanks into cities, and waving their guns and rifles. We are in a spiritual war between the eyes wide in wonder and belief and the squinty-eyed in greed and distrust.

Two citizens died last week from taking a dose of Clorox at the word of Mr. Trump. How can people be so spiritually blind? And, what can the spiritually wise do about it? The answer is rather simple. It calls, almost begs humanity to find her Friday-night Essense, that thing that brings happiness and a glimmer of hope.

Remember how we use to live for Friday night, especially if it were payday?

Similar to those fleet of jets that flew across the New York skyline to show appreciation for the hard-working first responders and medical professionals, it, too, brought happiness and a glimmer of hope.

The Michigan Bulletin Staff

Writers	General Manager	Layout
Ron Daniels Ms. Dee Diane Gardin Bettye Thomas-Gilkey Dianne M. Hicks	Bernice Powell Jackson Dr. Earl Ofari Hutchinson Dr. Manning Marable Randy E. Prior Dr. George T. Rowan	Al Jama Kaley Sports Photographer Ada Boone
Church Editor	Sports Editor	
Mary Stokes	Ernie L. K. Boone	

The views and opinions expressed in the Michigan Bulletin do not necessarily reflect those of the newspaper. The Michigan Bulletin welcomes letters to the Editor. All letters should be typed, no longer than 150 words, include signature, address and phone number or they will not be considered for publication. The Michigan Bulletin reserves the right to edit all letters. The letters will not be returned. Photos will not be returned unless a stamped, self-addressed envelope is enclosed.

For Ad Information Call: 517-321-1234

Letters to the editor should be mailed to:
The Michigan Bulletin c/o Editor
P.O. Box 13062 Lansing, Michigan 48901

Nicole Dungey and The MICHIGAN BULLETIN Presents:
Drive-By Campaign Fundraiser



CAMPAIGN FUNDRAISER FOR

**FONDA
BREWER
2020**

DELTA TOWNSHIP TRUSTEE

ADVANCING OUR COMMUNITY TOGETHER

PLEASE MAKE CHECK PAYABLE TO
"FRIENDS OF FONDA BREWER"

SUGGESTED DONATIONS
YOU'RE A WINNER!
\$200 - MAKE IT HAPPEN
\$50 - LET'S DO THIS
\$25 - YOU GOT THIS
\$10 - I BELIEVE IN YOU

SATURDAY, MAY 23, 2020
11:00am - 1:00pm
Brewer Residence
5702 Castlebury Circle
Lansing, MI. 48917

For additional campaign information call: 517-410-2998 or email: VOTEFONDAFORTRUSTEE@gmail.com
If your unable to attend and would like to donate to her campaign, please go to:
<https://secure.actblue.com/donate/fonda-for-delta-township-trustee>

Paid for by Friends of Fonda Brewer

Birthdays in May 2020

- Ms. Angela Zamora celebrates her birthday on May 1st with family and friends.
- Ms. Tabitha Brown celebrated her 41st birthday on May 1st, with her Sisters, new and old Friends. "I thank GOD for continuing to bless me and my family."
- Mr. Ron Vermillion celebrate his birthday on May 1st, missing his twin brother, the late Donnie V.; enjoying each other, as they've done since day one, "Together-Donnie and Ronnie V." with friends and family!
- Ms. Arie Carroll had a "Happy Birthday" on May 1st, with friends and family. She says, "Enjoy the Arie experience... helping people to reach their full potential!"
- Ms. Leigh Anne Coins celebrated, birthday 38, on May 1st, with friends saying, "Happy Birthday to Me!"
- Ms. Rashonda Ali, on May 2nd, celebrated her 29th birthday, with her family and friends. "We love you!!!"
- Ms. Breanna DeMyers celebrated her 28th birthday on May 2nd. "Happy Birthday; we all love you!" Dad.
- Ms. Andrea Dameron celebrates her 38th birthday on May 2nd, with friends.
- Ms. Danielle Castillo celebrates her 30th birthday on May 3rd with her husband Tori and her son Brendin.
- Ms. Kathryn Spencer Dungey celebrates her birthday on May 3rd.
- Ms. Maribel "Mari" Odilia Tyler celebrates her birthday on May 3rd, with her loving family.
- Mr. Gerry Shakar celebrated his 38th birthday on May 3rd, thanking GOD for another birthday!
- Ms. Kenya Hattaway celebrates her 37th birthday on May 4th.
- Mr. Bruce Sturgis-Ramsay celebrates his 55th birthday on May 4th.
- Miss Cortana celebrates her 12th birthday on May 4th, with family and friends. "Happy Birthday Baby!" Love always, Mom
- Mr. Caden Jones celebrates his 15th birthday on May 5th, with family and friends. His Mom says, "We love you very much!"
- Ms. Janice Smith, in her remembrance, celebrated her birthday on May 5th.
- Ms. Tammy Gonzales celebrates her birthday on May 5th.
- Ms. Janice Hill celebrates her birthday on May 6th.
- Ms. Shavontai Henry celebrates her birthday on May 6th.
- Mrs. Kimberly Whitfield celebrates her 51st birthday on May 7th, with her loving husband and daughter.
- Mr. Michael Thomas Jr. celebrates his birthday on May 7th.
- Ms. Lillian Michelle Boles: to her remembrance on May 7th, we celebrate her 42 years of Life with us. She enjoyed the celebration of her life, with family and friends.
- Ms. Karen Saddler celebrates her birthday May 7th, she said "thank you LORD for this day!"
- Mr. Charles Andrews celebrates his 60th birthday on May 8th with family and friends.
- Mr. Rickey Jackson celebrates his 36th birthday on May 8th with family and friends.
- Mrs. Jill Foorman turns 56 years young on May 8th, celebrating with her family and friends.
- Mr. Ivan Civils celebrates his birthday on May 8th, with friends and family.
- Master Daytin Allen Scott Wilson celebrates his 8th birthday on May 9th. Love Mom, Dad and your Granies... Angie Cooper and Jennifer Wilson
- Mrs. Deana Newman celebrates her birthday May 9th, with her loving husband, David, who says, "She is my rock and my life!"
- Ms. Keisha Giles celebrates her 43rd birthday on May 9th. "Happy Birthday" from all her family and friends.
- Ms. Ann (D. J. Ann) celebrates her birthday on May 9th, with family and friends.
- Ms. Jessica Lynn Patterson celebrates her 27th birthday on May 9th. "Mommy loves and is very proud of you, my special young lady. Happy Birthday!"
- Ms. Jennifer Taylor celebrates her birthday on May 9th, exclaiming, "Let's Party!"
- Mr. David (Rabbit) Garcia celebrates his birthday on May 10th, with family and friends.
- Mr. Carlton McConnell celebrates his birthday on May 10th.
- Ms. Jazmine Patterson celebrates her 36th birthday on May 10th.
- Ms. Clarissa McClain celebrates her 28th birthday on May 11th, Happy Birthday! I will greet this day with love in my heart, God Bless; Mother, love you!!!
- Ms. Barb Garcia celebrates her birthday on May 11th.
- Mr. Blaine Buckingham celebrates his birthday on May 11th.
- A'Tien Colbert enjoyed a birthday on May 11th.
- Ms. Amber Shinn celebrates her birthday on May 11th. "Best day ever!"
- Ms. Kristie Zimmerman celebrated her birth on May 11th.
- Ms. Mary Alvarado celebrates her 36th birthday on May 12th with friends and family.
- Ms. Moét Rodriguez celebrates her birthday on May 14th, with friends.
- Ms. Dawn Correa celebrates her 35th birthday on May 14th, with her husband, Robert and their son; preparing for their anniversary on May 17th.
- Master Carter Lamb celebrates his 11th birthday on May 15th. "Happy birthday little man, Mommy loves you!" Ashley Lamb
- Ms. Madison Jones celebrates her birthday on May 15th.
- Mr. Ricky Vasquez celebrates his 37th birthday on May 15th, with his loving wife by his side.
- Mr. Mike "Dog" Ranshaw celebrates his 44st birthday on May 15th, with family and friends.
- Ms. Samatra Denson celebrates her 43rd birthday on May 16th. She says, "I'm loving life!"
- Ms. Sha Taraywe McKinley celebrates her 28th birthday on May 18th.
- Mr. Kurt Brumbaugh celebrates his 46th birthday on May 18th.
- Ms. Jina Cashey celebrates her 43rd birthday on May 18th. "Happy Birthday" from Joyce.
- Mr. Kris Pratt celebrates his birthday on May 19th. He says "I thank GOD and myself for being so awesome!"
- Ms. Aaliyah Miller celebrates her 14th birthday on May 19th, with family and friends.
- Mr. Nigel Moore enjoys his birthday on May 19th.
- Ms. Gwendolyn Gail Rouse celebrates her birthday on May 19th!
- Ms. Nancy Berry-Beck celebrates her birthday on May 19th.
- Mr. Ray Lopez celebrates his 68th birthday May 19th.
Happy Birthday Ray
- Mr. Drevaughn Croskey celebrates his 25th birthday May 19th. "My beloved son" Love momma
- Mr. Isaac Verser celebrates his birthday on May 20th, with family and friends.
- Mr. Carl R. Herring celebrates his birthday on May 21st, with his loving family.
- Mr. Jay A. Townsley Sr. with wife and family, celebrates his birthday on May 21st.
- Mr. AJ Brown celebrates his birthday May 21st, "Happy birthday" from your brother and your favorite sister in law.
- Ms. Brianna and Ms. Brooklyn Aguilar celebrate their 21st birthday on May 22nd with family and friends.
- Ms. Angela Redemsky celebrates her birthday on May 22nd, with family and friends.
- Ms. Celia Henderson celebrates her birthday on May 23rd.
- Ms. Tara Moore will celebrate her birthday on May 23rd.
- Mr. James "Jet" Davis celebrates his birthday on May 23rd.
- Ms. Rose Henderson celebrates her birthday on May 23rd.
- Ms. Laraine Walton celebrated her birthday on May 23rd.
- Mr. Robert Brown Sr., deceased, was born on May 23rd. A great Dad who taught me the value of our Mother, who taught us to LOVE, thus learning how to LIVE!
- Mr. Melvin S. McWilliams celebrates his birthday on May 24th.
- Mr. Cullen Dubose II will celebrate his birthday on May 25th.
- Mr. Barry Williams celebrates his birth on May 26th.
- Mrs. Yvonne Young McConnell celebrates her birthday on May 26th.
- Mr. Blake Buckingham celebrates his birthday on May 26th.
- Mr. Claude Browne celebrates his 98th birthday on May 27th, with his Trinity A.M.E. Church family.
- Master Rolando R. Ruiz III celebrates his 11th birthday on May 28th, with family and friends. "Mom- Cece, Dad- Rolando Jr. and Nana love you very much!"
- Greer Dodd celebrates a birthday on May 28th.
- Mr. André Collins-Riddle celebrates his birthday on May 29th.
- Mr. John Wallick II celebrates his birthday on May 31st.
- Master Jacob Thomas Brown celebrates his 10th birthday in May with family and friends. "Happy Birthday Little Man!!!" Love, Mommy and Daddy!!!

Mr. Party Website: mrpartycelebrationservice.com
Face book Page: MrParty, The Ambassador of Celebration

2020  CENSUS

Help our community prepare for the unexpected.

Did you know the 2020 census will guide funding for public health and disease prevention efforts in our community for the next 10 years? It's true. That's why your response matters and why every household in Michigan needs to fill out the census. Every person counted on the census also means more funding for things like free and reduced-price school lunches, Medicaid, food assistance, emergency services and more. The outbreak of COVID-19 reinforces the critical importance of completing the 2020 census to support our communities and help them thrive - now and into the future. Fill out the census today!

 VISIT

my2020census.gov

 CALL

English: 844.330.2020

Spanish: 844.468.2020

 MAIL

Complete your form
and mail it back

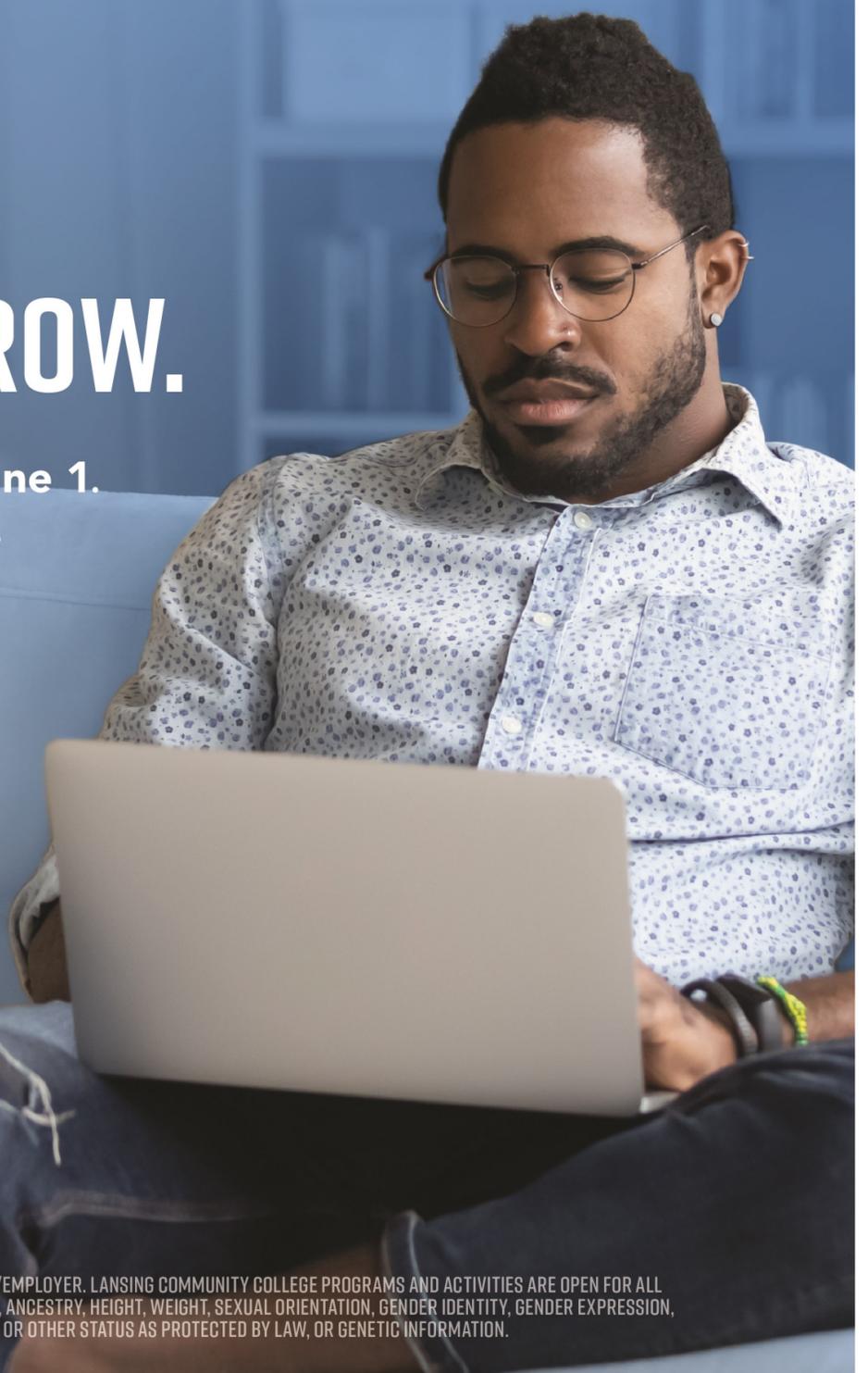


READY, SET, GROW.

Online classes begin week of **June 1**.
Summer registration **now open**.



Restart smart.
lcc.edu/online



LANSING COMMUNITY COLLEGE IS AN EQUAL OPPORTUNITY EDUCATIONAL INSTITUTION/EMPLOYER. LANSING COMMUNITY COLLEGE PROGRAMS AND ACTIVITIES ARE OPEN FOR ALL PERSONS REGARDLESS OF RACE, COLOR, SEX, AGE, RELIGION, NATIONAL ORIGIN, CREED, ANCESTRY, HEIGHT, WEIGHT, SEXUAL ORIENTATION, GENDER IDENTITY, GENDER EXPRESSION, DISABILITY, FAMILIAL STATUS, MARITAL STATUS, MILITARY STATUS, VETERAN'S STATUS, OR OTHER STATUS AS PROTECTED BY LAW, OR GENETIC INFORMATION.