

The New MICHIGAN BULLETIN

Vol. XXIV No. 19

November 16-30, 2018

The 411

Keeping The Dream Alive

NOVEMBER 2018

EVERY TUESDAY AND MONTHLY SECOND FRIDAYS
Ballroom Dancing with Sterling Armstrong at Gregory's 2510 N. MLK Jr. BLVD. Lansing. MI for more info call 517-256-8051 Fridays Dates: 9/14, 10/12 & 11/9

NOVEMBER 16, 2018

"Silver Bells in the City"
Downtown Lansing 5:00PM for more information go to: silverbellsinthecity.org

NOVEMBER 17, 2018

Tell Yo Mama's CD Release Party 7:00PM Urban View Old Town Lansing, MI

NOVEMBER 17, 2018

"LANSING LEGENDS DAY" Lansing Legends Basketball Team Scrimmage 6:00PM Alfreda Schmidt Southside Community Center

NOVEMBER 18, 2018

SOWETO GOSPEL CHOR Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

NOVEMBER 30, 2018

HARRY CONNICK JR, A New Orleans Tricentennial Celebration...Holiday Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

DECEMBER 4-9, 2018

"FIDDLER ON THE ROOF" Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

SPECIAL MOVIE VIEWING SUCCESS



A Packed House saw a Special Viewing of "Small Group, The Movie" on October 18th at the Regal 12 Theater in the Lansing Mall. One of the Stars of the Movie, Pictured left above, Derrick Gilliam seen here with Michigan Bulletin's GM Marcus Jefferson, pictured above right.



DIABETES SPECIAL EDITION

What is diabetes? What are the types of diabetes?

[Diabetes](#) is a number of diseases that involve problems with the hormone [insulin](#). Normally, the [pancreas](#) (an organ behind the [stomach](#)) releases [insulin](#) to help your body store and use the sugar and fat from the food you eat. [Diabetes](#) occurs when one of the following occurs:

When the [pancreas](#) does not produce any [insulin](#)

When the pancreas produces very little insulin
When the body does not respond appropriately to insulin, a condition called "[insulin resistance](#)"



Picture courtesy of bing.com

Diabetes is a lifelong disease. Approximately 18.2 million Americans have the disease and almost one third (or approximately 5.2 million) are unaware that they have it. An additional 41 million people have pre-diabetes. As yet, there is no cure. People with diabetes need to manage their disease to stay healthy.

The Role of Insulin in Diabetes

To understand why insulin is important in diabetes, it helps to know more about how the body uses food for energy. Your body is made up of millions of cells. To make energy, these cells need food in a very simple form. When you eat or drink, much of your food is broken down into a simple sugar called "glucose." Then, glucose is transported through the bloodstream to the cells of your body where it can be used to provide some of the energy your body needs for daily activities.

The amount of glucose in your bloodstream is tightly regulated by the hormone insulin. Insulin is always being released in small amounts by the pancreas. When the amount of glucose in your [blood](#) rises to a certain level, the pancreas will release more insulin to push more glucose into the cells. This causes the [glucose levels](#) in your [blood](#) ([blood glucose levels](#)) to drop.

To keep your blood glucose levels from getting too low ([hypoglycemia](#) or [low blood sugar](#)), your body signals you to eat and releases some glucose from storage kept in the [liver](#).

People with diabetes either don't make insulin or their body's cells are resistant to insulin, leading to high levels of sugar circulating in the blood, called simply high blood sugar. By definition, diabetes is having a blood glucose level of 126 milligrams per deciliter (mg/dL) or more after an overnight fast (not eating anything).

Types of Diabetes

Type 1 Diabetes

[Type 1 diabetes](#) occurs because the insulin-producing cells of the pancreas (called beta cells) are destroyed by the immune system. People with [type 1 diabetes](#) produce no insulin and must use insulin injections to control their blood sugar. [Type 1 diabetes](#) most commonly starts in people under the age of 20, but may occur at any age.

Type 2 Diabetes

Unlike people with type 1 diabetes, people with [type 2 diabetes](#) produce insulin. However, the insulin their pancreas secretes is either not enough or the body is resistant to the insulin. When there isn't enough insulin or the insulin is not used as it should be, glucose can't get into the body's cells.

[Type 2 diabetes](#) is the most common form of diabetes, affecting almost 18 million Americans. While most of these cases can be prevented, it remains for adults the leading cause of diabetes-related complications such as blindness, non-traumatic amputations, and chronic [kidney failure](#) requiring [dialysis](#). Type 2 diabetes usually occurs in people over age 40 who are [overweight](#), but can occur in people who are not [overweight](#). Sometimes referred to as "adult-onset diabetes," type 2 diabetes has started to appear more often in children because of the rise in obesity in young people.

Some people can manage their type 2 diabetes by controlling their [weight](#), watching their diet, and [exercising](#) regularly. Others may also need to take a pill that helps their body use insulin better, or take insulin injections.

Often, doctors are able to detect the likelihood of type 2 diabetes before the condition actually occurs. Commonly referred to as pre-diabetes, this condition occurs when a person's blood sugar levels are higher than normal, but not high enough for a diagnosis of type 2 diabetes. Article courtesy of Web MD.

Ingham County Health Department celebrates the Great American Smokeout on Nov. 15

LANSING, Mich. – To encourage smokers to quit, the Ingham County Health Department joins the American Cancer Society in celebrating the Great American Smokeout on November 15. By quitting, smokers take an important step toward a healthier life – one that can reduce risks for cancer, heart disease, chronic obstructive pulmonary disease (COPD) and other health conditions.

Tobacco use remains the single largest preventable cause of disease and premature death in Michigan, killing more than 16,200 residents each year. In Michigan, 20.4% of adults smoke cigarettes, 10.5% of high school students smoke cigarettes, and another 14.8% of these teens use e-cigarettes. Each year, 4,400 Michigan youth become new, daily smokers. Nearly a third of cancer deaths in Michigan are attributable to cigarette smoking.

"The Great American Smokeout is an opportunity to remind tobacco users that there are resources available to help them quit, and to support tobacco users in their efforts to quit," said Linda Vail, Ingham County Health Officer. "Quitting tobacco use one of the best things you can do for your health."

To celebrate the Great American Smokeout, the Ingham County Health Department is encouraging health care providers to ask their patients about tobacco use at every visit, provide advice to tobacco users about the benefits of quitting, and refer clients to the Michigan Tobacco Quitline (1-800-784-8669). The Michigan Tobacco Quitline is an evidence-based service that continues to provide free telephone coaching for the uninsured, pregnant women, residents enrolled in Medicaid and Medicare, veterans, cancer patients, and American Indians. Free nicotine replacement therapy is available to those who qualify.



**MoneyWalk 411:
Properly Handling Crises**

This program will help you undo financial bondage.

Y2K was the acronym given to the scary scenario of computer shutdowns, meltdowns, massive loss of information, and power outages some experts predicted would greatly disrupt business and personal lives upon reaching the year 2000. The possibility that peoples' lives could have been seriously disrupted and hampered was based on the erroneous assumption that many computer programs contained only two digits of computer code in fields pertaining to each year. To some a shutdown of all systems seemed inevitable when the clock struck 12am January 1, 2000 because computer chips had fields for only the last two numbers of the century and would not recognize the beginning of a century other than 1900.

The apocalypse that was supposed to come would render people powerless and unable to take care of ourselves and business because we had become too dependent on computers for most everything. Nothing was supposed to power up, massive computer systems for big corporations would go off line and need to be replaced by a system forward thinking enough to grasp 2000. Equipment could stop delivering electricity, gas and water. Banks, ATM's, and stores would shut down leaving the nation and indeed the world in an indefinite quandary. This problem was supposed to negatively affect our pocket books and business coffers due to the huge expenses every-one would incur for years trying to fix the problems Y2K would cause.

In a 1998 article, I identified that the Y2k problem would not last and that at all times in human history people could conquer negative effects of emergencies, catastrophes, and crises and have their needs met by managing their everyday lives and finances in line with biblical principles. You will be faced with trying situations, seasons, and crises at times during your life, so you must consider principles for blessing and reward underlying the stories of Joseph in Egypt, Babylon conquering Israel, and the early church persecution described in the book of Acts.

Five important lessons gleaned from these stories are: 1) God gives advance warning that we will experience such seasons in life; 2) Even though you don't know the extent of damage that may arise, plan for overcoming such seasons by reducing unnecessary spending and by saving and building a network of helpful resources; 3) Find several reliable and wise Christian leaders / experts to find methods to weather the storm by avoiding fear, making good decisions, and living in victory; 4) After prayer and thoughtful consideration take prudent action while obeying any specific instructions the Holy Spirit gives; 5) Worship, learn, and fellowship with other saints in a local Church on at least a weekly basis because our togetherness, joint effort, combined monetary and other resources will help you have victory over crises and provide a greater opportunity to share the gospel with others, draw them to Jesus Christ, and help meet their need during times of adversity.

Please pray for this ministry and email me with any questions. May the LORD bless you richly as you follow His plan!

Genesis 41, 2Kings 20:16-19, Psalms 68:6, Matthew 28:20, Acts 4:12,32-37, Hebrews 10:24-25

Please forward these bondage-breaking articles to other people who can use helpful insight!

You can find books authored by Randy Parlor and Karen Parlor at www.Amazon.com

You can find many other MoneyWalk articles on Facebook by looking at the NOTES created by Randy Parlor at <https://www.facebook.com/#!/profile.php?id=100000444069041&sk=notes>.

African Society News Brief

Ethiopia swears in country's first female supreme court president Ethiopia's parliament on Thursday swore in the country's first female supreme court president, building on efforts by reformist Prime Minister Abiy Ahmed to achieve gender parity in government. A prominent rights campaigner, Meaza recently served as an adviser on women's rights at the Addis Ababa-based United Nations Economic Commission for Africa. Naming her as his pick to head the Supreme Court, Abiy told lawmakers the court system needed improved capacities "to successfully implement demands made with regards to justice, democracy and change in our country."

<https://www.standardmedia.co.ke/article/2001301174/ethiopia-gets-its-first-female-supreme-court-president>

East African countries urged to engage youth in regional decision-making body East African Community's (EAC) member states on Monday called for enough political space for young people to actively take part in the regional decision-making body so that their voices can be easily heard. Charles Njoroge, EAC Deputy Secretary General in charge of Political Federation, made the call when speaking at the 1st High Level EAC Youth Ambassadors Dialogue on Regional Integration 2018.

http://www.xinhuanet.com/english/africa/2018-11/05/c_137584118.html

Madagascar Gears for Elections

Madagascar will go to the polls on 7 November to choose a president for the next five years.

According to a proclamation made by Prime Minister Christian Ntsay, a second round of the election is set for 19 December if no candidate garners enough votes to be declared outright winner. The Constitution of Madagascar requires that a presidential candidate garners 50 percent-plus-one of total votes cast in a national election to be declared as president.

<https://allafrica.com/stories/201811050666.html>

South Sudan: Riek Machar to return to Juba for peace ceremony South Sudan's main rebel leader Riek Machar will return to the capital, Juba, on Wednesday to take part in a peace ceremony, more than two years after he fled the country following the collapse of a power-sharing deal. Machar last month signed a peace deal with South Sudan's President Salva Kiir in Ethiopia to end a ruinous five-year war that killed tens of thousands and forced millions from their homes.

<https://www.aljazeera.com/news/2018/10/riek-machar-set-juba-return-attend-sudan-peace-ceremony-181030183731735.html>

Cameroon president-elect to be sworn-in on Tuesday Cameroon president-elect is scheduled to take the oath of office on Tuesday, according to a program released by the National Assembly. The swearing-in ceremony will begin at 11 a.m. local time at the National Assembly in capital Yaounde, the program indicates. On Monday, the final leg of preparations for the president's swearing-in was underway at the National Assembly. The ruling party, Cameroon People's Democratic Movement (CPDM), is mobilizing members and sympathizers to honor the official ceremony in a "special way", Jean Nkuete, secretary general of the party told Xinhua.

http://www.xinhuanet.com/english/africa/2018-11/05/c_137583992.html

Kenya Airways makes historic nonstop US flight Flights from Africa to across the globe are expanding more than ever thanks to more competition in the airline industry, with the latest milestone being the first direct flight from East Africa to the United States completed on Monday. Passengers on Kenya Airways' Boeing 787-8 Dreamliner took the historic 15-hour flight from Nairobi's Jomo Kenyatta International Airport to New York. The new flights will run daily from Kenya to John F. Kennedy International Airport, and the national carrier hopes they will help drive a rebound in profit. <https://www.cnn.com/travel/article/africa-kenya-airways-makes-historic-direct-flight-to-us/index.html>

Update Profile:

<http://app.icontact.com/icp/mmail-mprofile.php?r=1013168811&l=34714&s=16KY&m=1804355&c=396132>

This message was sent to srs-usasc@rcn.com from pressinfo@africasummit.org

Death of black security guard by white police officer draws call for investigation

CHICAGO — A suburban Chicago alderman called Tuesday for Cook County prosecutors to investigate the fatal shooting of a black security guard by a white police officer outside the bar where the guard worked.

Authorities have said little about the scene that ended early Sunday with the death of 26-year-old Jemel Roberson, who was apparently wearing a hat emblazoned with "security" across the front when he was shot outside Manny's Blue Room in Robbins, a predominantly black community just south of Chicago.

At the time, according to witnesses and a lawsuit, Roberson was attempting to detain a suspect in a separate shooting that wounded several other people at the tavern.

"Here is a security guard who is subduing a suspect," but the officer "just sees a black man with a gun and kills him," Alderman Keith Price said.

"Here is a security guard who is subduing a suspect," but the officer "just sees a black man with a gun and kills him," Alderman Keith Price said.

Price said he learned from witnesses that there are security cameras inside and outside the bar. He urged the Cook County State's Attorney's Office to launch an investigation.

The Illinois State Police declined to comment on their investigation. A spokeswoman for the sheriff's department, which is also investigating, said she did not know if there were security cameras at the bar.

Another security guard at the tavern said that the officer jumped onto the bar and waved an assault rifle before running outside and fatally shooting the guard, an attorney said Tuesday.

Gregory E. Kulis, who on Monday filed a civil rights lawsuit against the officer and the community where he works, said the surviving guard told him that the officer pointed a gun at him until he screamed at him that he was a security guard.

"That's when he jumped off the bar, waving the gun, and ran outside the door," said Kulis, who declined to identify the other security guard. The name of the officer, who is from the community of Midlothian, has not been released either.

In a statement, Midlothian Police Chief Daniel Delaney said only that the officer shot "a subject with a gun." Though shootings of security guards and off-duty police officers by law enforcement are fairly rare, they have happened.

In 2009, an off-duty black New York City police officer wearing street clothes and holding his service weapon, was shot and killed by police as he chased a man who had broken into his car.

In that same year, undercover officers in Brooklyn responding to a report of a bar fight shot and killed a 43-year-old security guard who, police said, pointed a gun at them.

A year earlier, in White Plains, New York, a black off-duty Mount Vernon officer who was holding an assault suspect at gunpoint was fatally shot by a Westchester County officer.

A 73-year-old night watchman at a recycling center was fatally shot by officers in 2012 in Florida after they spotted him carrying a gun when they arrived in response to a call of an intruder. Police later said the man was not wearing anything that identified him as a security guard.

And in 2000, an off-duty black police sergeant in Rhode Island was shot and killed by two uniformed colleagues as he tried to break up a fight in a parking lot.

Kulis would not say if he thinks race played a role in Chicago-area shooting, but the fact that the officer is white and Roberson was black has prompted some — including a prominent local African-American newspaper columnist — to question the officer's thinking.

"I believe a police officer showing up at a chaotic scene where a white man has a gun would have at least holstered for him to put the gun down before opening fire," Chicago Sun-Times columnist Mary Mitchell wrote after the shooting. "But too often, black men are not given the benefit of the doubt."

Footage from surveillance or body cameras could explain whether Roberson was clearly identifiable as a security guard.

Kulis said he is trying to gather information about the officer, who he said came to the Midlothian department four years ago from another department and is a member of a SWAT team.

Footage from surveillance or body cameras could explain whether Roberson was clearly identifiable as a security guard. Audio could determine what, if anything, was said to the officer before the shooting and whether, as witnesses have told the media, they shouted to the officer before he fired that Roberson was a security guard.

Such footage could also help investigators determine what kind of charges should be filed against the man who is suspected of firing a gun inside the bar. The man was one of four people who suffered non-life-threatening gunshot wounds.

In his \$1 million federal lawsuit, Kulis contends that the officer who shot Roberson violated the man's 4th Amendment rights against unreasonable searches and seizures.

"The use of force is considered a seizure, and he needed probable cause to use force and he did not have that," he said.

Associated Press researcher *Monika Mathur* in New York contributed to this report.



Jemel Roberson picture courtesy of blackamericaweb.com



OFFICE OF MAYOR ANDY SCHOR
124 W. Michigan Avenue – Ninth Floor
Lansing, MI 48933

FOR IMMEDIATE RELEASE:
Tuesday, November 13, 2018

MEDIA CONTACT: Valerie Marchand
517-230-4904

First Cohort of Citizens Academy Participants to Graduate on Wednesday, November 14th

(LANSING) – Mayor Andy Schor to recognize the first cohort of Citizens Academy Graduates on Wednesday, November 14th, 2018. The graduation program will begin promptly at 6:30 PM at the South Washington Office Complex – 3200 S. Washington Ave.

"I am proud of the first graduating cohort of Citizens Academy," said Mayor Andy Schor. "This was a unique opportunity for Lansing residents to take a deep dive into local government and learn the ways that they can contribute to their community moving forward."

The twenty-one graduates spent the last 10 weeks in various program sessions including touring the Lansing City Hall Building, City Council Chambers, Foster Park, the ITEC bus, BWL REO Town Cogeneration Plant, the City of Lansing's Waste Water Treatment Plant, Lansing Fire Department's Station #8, and Lugnuts Cooley Law School Stadium.

"Response to the Citizens Academy program was overwhelmingly positive," said Director Andi Crawford. "We look forward to enhancing the program as we will continue the program with a second cohort in 2019."

Lansing Public Media Center shot video footage at each of the sessions and they will premiere the *Citizens Academy – The Movie* during the graduation program.

Applications will be available for the next cohort in Summer of 2019.

WHO: Mayor Andy Schor
Andi Crawford, Director of Neighborhood and Citizen Engagement
City Clerk Chris Swope
Citizens Academy Graduates

WHAT: Mayor Andy Schor to recognize the first cohort of Citizens Academy graduates.
City Clerk Chris Swope will swear graduates in as Citizen Ambassadors.

WHERE: South Washington Office Complex – 3200 S. Washington Ave.

WHEN: Wednesday, November 14th at 6:30 PM
*Media should arrive early to set up, program will start promptly at 6:30 PM

###

**Mask Memorial C.M.E. Church Family
Invites you to attend our**

Annual Harvest Tea
Sunday, November 18, 2018
4:00-6:00 P.M.

**5601 S. Waverly Road
Lansing, Michigan 48911**

Guest Speaker:
Reverend Kevin S. Brown, Pastor
Shiloh Missionary Baptist Church
Lansing, Michigan

Theme:
"Jehovah-jireh"
Gen. 22:14

Please bring non-perishable food items for Lansing's needy families.

Rev. Adrian Swanigan, Pastor

SOUL FIBER: RE-CONNECTING SOUL II SOUL – WE'LL KNOW COME WEDNESDAY



Chaplain Pamela June (Pj) Anderson, DMin.
Lt. Commander (RET) USN Chaplain Corps
Certified Peer Support Specialist



NOW, TODAY, IS THE DAY OF HOLY SPIRIT GRACE, PRESENCE, AND AWARENESS. BE STILL AND LISTEN TO HEAR HER VOICE

1:9 This is My command: be strong and courageous. Never be afraid or discouraged because I am your God, the Eternal One, and I will remain with you wherever you go. Joshua 1:9 Message (MSG)



“Dear God, who would have thought that the day would come when You would have the former VP Joe Biden and I in a selfie? Apparently, You did. The occasion is another first – I’m on the campaign to send Elissa Slotkin to the US Congress.

For decades, I followed God’s directions with some ease and satisfaction. Then came Oliver W. Martin III. He and You, God, converted me into a minister for the Same Gender Loving and Gender Non-conforming community. And the most

devastating thing is this: two months after we began Space for Grace Fellowship Center: The Inclusive Gathering on February 27, 2014, You called unto Yourself my Soulson and Co-founder on Easter Eve, April 19, 2014.” It’s been an intensive, difficult, lonely journey trusting Only God from Easter Eve 2014 until the first sign that I was on course.

Although I followed my hunches along the way, the first real “knock me off my feet” manifestation came 11.11.17. The second, came last week when out of the blue, a colleague I have yet to meet, sent Space for Grace Ministries WOW UCC a sizable check for our multi-cultural, multi-orientational ministry. And the third came on All Saints Day 2018 at Pilgrim Congregational Church UCC, Lansing. During worship, we honored those who’ve gone on to the Great Cloud of Witnesses. Almost on auto-pilot, I heard myself remembering out loud a fellow veteran and lighting a candle in his memory in response to my Vet2Vet Ministry Inclusive of Gender Non-conforming Veterans, their families, friends, and supporters.

I KNOW, though Moses (Oliver W. Martin, III) is gone on, God will remain with me (Joshua) wherever I go...even unto death. On another note, I have worked tirelessly to flip the house during this midterm election season. I have prayed for God’s intervention and put my prayer to my feet. As the Lord wills, we will all KNOW come Wednesday.

Pray with me – Lord grant me the wisdom and serenity as I diligently work to change the things that must be changed by Thy Grace. Amen.

The Michigan Bulletin Staff

Writers	General Manager	Layout
Ron Daniels Mc. Dee Diane Gardin Bettye Thomas-Gilkey Dianne M. Hicks	Bernice Powell Jackson Dr. Earl Ofari Hutchinson Dr. Manning Marable Randy E Parlor Dr. George T. Rowan	Marcus A. Jefferson Church Editor Mary Stokac Sports Editor Ernie L. K. Boone

The views and opinions expressed in the Michigan Bulletin do not necessarily reflect those of the newspaper. The Michigan Bulletin welcomes letters to the Editor. All letters should be typed, no longer than 150 words, include signature, address and phone number or they will not be considered for publication. The Michigan Bulletin reserves the right to edit all letters. The letters will not be returned. Photos will not be returned unless a stamped, self-addressed envelope is enclosed.

For Ad Information Call: 517-321-1234

Letters to the editor should be mailed to:
The Michigan Bulletin c/o Editor
P.O. Box 13662 Lansing, Michigan 48901

Celebration

Announcements



Mr. Party, The Ambassador of Celebration

Tribute: Mr. Tony E Tyler

Oct. 3, 1941 - July 20, 2017

Creator of Mr. Party marketing concept August 1985

C.A. column September 2006

Birthdays in November 2018

- Ms. Erica Moore celebrates her birthday on November 1st. Thank GOD for another day, another year! Keeps it pushing!
- Ms. Paige Turner celebrates her 30th birthday on November 2nd with her Mom Jennifer Dunham, and friends.
- Ms. Lani Coulter celebrates her birthday on November 3rd returning from an exciting trip to Italy.
- Ms. Tara Q. Morgan born November 3rd celebrates her birthday, with family and friends while working at the Fleetwood Diner in Lansing, Michigan.
- Ms. Beth Ann Sheets celebrates her 40th birthday on November 3rd, with friends and family!
- Ms. Malinda Milten celebrates her birthday on November 5th.
- Ms. April Weiden celebrates her birth on November 6th, with family and friends.
- Ms. Laney Kelly celebrates her 9th birthday on November 6th. Mommy and Daddy love you!
- Ms. Patricia Jones celebrates her birthday on November 6th.
- Ms. Katie Bengal celebrates her 30th birthday November 7th, with family and friends.
- Ms. Carmen Keener born on November 8th, celebrated with family and friends.
- Ms. Dawn Elliott celebrates her 32nd birthday on November 10th.
- Mr. Eric Pastrana celebrates his birthday on November 11th.
- Ms. Andrea James celebrates her 53rd birthday on November 12th.
- M.C. Skrap celebrates his 38th birthday on November 13th. "Check out my music... I am Skrap on Facebook and Twitter"
- Ms. Elizabeth Ludivinia Heyboer "Happy Birthday" November 16th. I Love You, Mom! Shandra Starr.
- Ms. Angela Jimenez celebrates her birthday on November 16th with family and friends.
- Mr. J. T. Wheeler III AKA J-Tizzle celebrates his 23rd birthday on November 16th.
- Ms. Keesha Davis enjoys her birthday on November 17th.
- Mr. Darryl Horton celebrates his birthday on November 17th.
- Ms. Michele Carr celebrates her birthday on November 17th, with family and friends.
- Mr. Rod Allen, born November 17th, has a good time celebrating with family and friends.
- Ms. Hope Davenport celebrates her birthday on November 17th. She says, "I love and appreciate my family and friends. They make me feel like a spoiled brat."
- Ms. Gladys Woodard celebrates her birthday on November 18th, with family.
- Mr. Alexander Grant Nicholson celebrates his 22nd birthday on November 18th, with family and friends. "Your family loves you very much, always do your best!!!"
- Ms. Sandra Yvette Brown celebrates her birthday on November 19th, with her loving son Alexander Grant, family and friends doing what they do best, enjoying fun, valued friendships and pleasant memories everlasting!!!
- Ms. Carolyn Grace celebrates her birthday on November 19th.
- Mr. J.C. Hemingway celebrates his birthday on November 19th.
- Ms. Melissa Flores enjoys her birthday on November 20th.
- Ms. Ashlee Wilson celebrates her 34th birthday on November 20th, with family and friends.
- Ms. Heather Fick celebrates her 41st year of living on November 20th.
- Mrs. Sharita Murphy celebrates her birthday on November 21st, with family and friends. Uncle Billy loves you!
- Ms. LaQuita Rhymes celebrates her 35th birthday on November 21st.
- Mr. Andre Brewer enjoys his birthday on November 21st.
- Ms. Annie Brandon, born on November 21st, celebrates with family and friends! We love you mother, sister, and friend.
- Ms. Shonte Anthony celebrates her birthday on November 22nd. "On my way to the top, thanking the man upstairs... His name is GOD!!!"
- Ms. Autumn King celebrates her birthday on November 22nd.
- Ms. Zerraka Benson-Martin celebrates her 15th birthday on November 22nd, with a party, attended by family and friends.
- Ms. Kris Jackson celebrates her 46th birthday on November 24th, with her best friend, Tawana.
- Ms. Keisha Nogueiro enjoys her 44th birthday, saying, "Blessed to see another year!"
- Ms. Chenish Barragan celebrates her birthday on November 24th.
- Ms. Tesharra Smith celebrates her 33rd birthday on November 25th. She said, "I made it - Thanks."
- Master Jerahmi Bell celebrates his 8th birthday on November 25th. "Happy birthday, Mommy loves you big number 7!"
- Ms. Rachelle Mackley enjoys her 32nd birthday on November 26th, with family and friends. "Happy Birthday to my Beautiful daughter... you are such a Joy!" Love Mom...
- Ms. Angela Vaala celebrates her 33rd birthday on November 26th, with family and friends and glad to be alive!
- Mr. Michael Miller celebrates his birthday on November 26th.
- Mr. J.R. Beauboeuf, Lansing Community College Director of Risk Management and Legal Services, celebrates his birthday on November 27th, with family and friends.
- Mr. Frank Medellin celebrates his birthday on November 27th, with his wife, Cathy. They celebrated their 29th anniversary on August 13th.
- Mr. Nick Jones celebrates his 44th birthday on November 29th, "Doing the thing!"
- Mr. D.J. Sanchez celebrates his 47th birthday on November 29th.
- Mr. Duane Michael Brown, Jr. celebrates birthday on November 28th, with family and friends who love you very much.
- Ms. Sylvia Calvo celebrates her 36th birthday on November 29th.
- Ms. Nattalie Seymore will celebrate her 33rd birthday on November 29th, with her girls.
- Ms. Candace Cares enjoys her birthday on November 30th.
- Ms. Lucy Springs celebrates her birthday on November 30th, with family and friends.
- Ms. Brandy Johnson's 37th birthday is on November 30th.
- Mr. Eddie Jackson celebrates his 48th birthday on November 30th, with family and friends.

***Anniversaries**

- Mr. CJ and Mrs. Jamie Enness celebrated their 15th wedding anniversary on October 26th.
- Mr. & Mrs. Danny and Tina Gonzales celebrated their 19th wedding anniversary on October 31st, with their two children.
- Mr. & Mrs. Ed and Mindy McLouth celebrate their 26th wedding anniversary on November 2nd.
- Mr. & Mrs. Nicholas and Miranda Stone celebrate their 13th wedding anniversary on November 8th. "I love you so much!! You're the best thing! I love you!" Love Miranda.
- Mr. & Mrs. John and Mary Stephenson celebrate their 57th wedding anniversary on November 9th. Their Love is forever!
- Mr. and Mrs. Carlos and Amber Cuellar celebrate their 29th wedding anniversary on November 9th.
- Mr. & Mrs. Josh and Sarah Baldwin celebrate their wedding anniversary on November 6th, forever and for always!

***Announcements**

- Ms. Brenda Robinson celebrates her 51st birthday on October 14th. She said, "Thank you JESUS... I made it another year!" Down at Gregory's partying with family and friends.
- Miss Kyrstyn Elizabeth Brown enjoys her birthday on October 17th with family and friends.
- Miss. Shanca Renee Mary Mitchell celebrates her birthday on October 23rd with family and friends.
- Mr. Lamonte Charles Brown celebrates his birthday on October 28th with family and friends.

Please let us know if you have any names to be removed...

Mr. Party Website: mrpartycelebrationservice.com

Face book Page: www.facebook.com/mrpartycserv

Celebration Gram – A Class Act: Have your special message delivered by Mr. Party for that special someone or special occasion! Call 517-391-4849 or Email: mrpartycserv@aol.com Please send the information about you, your family or friends celebrating the Events of Life: Celebration Announcements

LS Jewelry Designs is Open for Business

For Immediate Release

LS Jewelry Designs has a new renovated look at the Lansing City Market. We are excited about our new location and new designs, said Linda Sims-Wright, Owner.

Customers can enter the market seeing fresh flowers plants and the all-time popular wooden roses. We also have beautiful custom made aprons, jewelry, and the barefoot sandals just to name a few of our items. We are always looking at fresh new ways to incorporate things into the shop, and at the request of customers we added a section for men that includes ties, wallets cuff links and other accessories. Our designers are very creative and the new look speaks for itself in elegance. Exclusively at the shop is Luxe Creations by designers Toni Ansley of Good Year Arizona.

Remember this is Jewelry Designs especially for you in Lansing Michigan.



Owner-Linda Sims-Wright

LS Jewelry Designs

Open: Tuesday 10 to 6 and Saturday 9 till 5

Email: lsjewelrydesign1@gmail.com Now in Plaza on the corner of MLK and Southland



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