



## NATIONAL DIABETES MONTH EDITION

### THE 411

#### WHAT'S INSIDE

NOVEMBER 5, 2023

**"Spartan Spectacular"**  
Cobb Great Hall 3:00PM  
for more information call  
1-800-WHARTON

NOVEMBER 9, 2023

**"Gabriel Royal Club 750"**  
7:30PM Jackson Lounge  
for more information  
call 1-800-WHARTON

NOVEMBER 9, 2023

**"Wild N Out"** Pasant Theatre  
for times and ticket  
information  
call 1-800-WHARTON

NOVEMBER 17-18, 2023

**"Harry Potter and the Sorcerer's Stone"** in concert with the Lansing Symphony  
**Orchestra Cobb Great Hall**  
for times and ticket information call 1-800-WHARTON

NOVEMBER 28-DECEMBER 3, 2023

**"HAIRSPRAY"** Cobb Great Hall  
for times and ticket information call  
1-800-WHARTON

#### REST IN PEACE



Richard Rountree  
1942-2023



Andrew J Fore  
1936-2023

#### TIME TO VOTE:

MESSAGE FROM  
CHRIS SWOPE



PLACE YOUR AD IN THE NEW MICHIGAN BULLETIN TODAY

Marcus Jefferson, CEO

### What is diabetes? What are the types of diabetes?

Diabetes is several diseases that involve problems with the hormone insulin. Normally, the pancreas (an organ behind the stomach) releases insulin to help your body store and use the sugar and fat from the food you eat. Diabetes occurs when one of the following occurs:

When the pancreas does not produce any insulin  
When the pancreas produces very little insulin  
When the body does not respond appropriately to insulin, a condition called "insulin resistance"  
Diabetes is a lifelong disease. Approximately 18.2 million Americans have the disease and almost one third (or approximately 5.2 million) are unaware that they have it. An additional 41 million people have pre-diabetes. As yet, there is no cure. People with diabetes need to manage their disease to stay healthy.

#### The Role of Insulin in



Diabetes To understand why insulin is important in diabetes, it helps to know more about how the body uses food for energy. Your body is made up of millions of cells. To make energy, these cells need food in a very simple form. When you eat or drink, much of your food is broken down into a simple sugar called "glucose." Then, glucose is transported through the bloodstream to the cells of your body where it can be used to provide some of the energy your body needs for daily activities. The amount of glucose in your bloodstream is tightly regulated by the hormone insulin. Insulin is always being

released in small amounts by the pancreas. When the amount of glucose in your blood rises to a certain level, the pancreas will release more insulin to push more glucose into the cells. This causes the glucose levels in your blood (blood glucose levels) to drop. To keep your blood glucose levels from getting too low (hypoglycemia or low blood sugar), your body signals you to eat and releases some glucose from storage kept in the liver. People with diabetes either don't make insulin or their body's cells are resistant to insulin, leading to high levels of sugar circulating in the



blood, called simply high blood sugar. By definition, diabetes is having a blood glucose level of 126 milligrams per deciliter (mg/dL) or more after an overnight fast (not eating anything).

#### Types of Diabetes

**Type 1 Diabetes**  
Type 1 diabetes occurs because the insulin-producing cells of the pancreas (called beta cells) are destroyed by the immune system. People with type 1 diabetes produce no insulin and must use insulin injections to control their blood sugar. Type 1 diabetes most commonly starts in people under the age of 20 but may occur at any age.

**Type 2 Diabetes**  
Unlike people with type 1 diabetes, people with type 2 diabetes produce insulin. However, the insulin their pancreas secretes is either not enough or the body is resistant to the insulin. When there isn't enough insulin or the insulin is not

used as it should be, glucose can't get into the body's cells. Type 2 diabetes is the most common form of diabetes, affecting almost 18 million Americans. While most of these cases can be prevented, it remains for adults the leading cause of diabetes-related complications such as blindness, non-traumatic amputations, and chronic

kidney failure requiring dialysis. Type 2 diabetes usually occurs in people over age 40 who are overweight, but can occur in people who are not overweight. Sometimes referred to as "adult-onset diabetes," type 2 diabetes has started to appear more often in children because of the rise in obesity in young people. Some people can manage their type 2 diabetes by controlling their weight, watching their diet, and exercising regularly. Others may also need to take a pill that helps their body use insulin better or take insulin injections. Often, doctors can detect the likelihood of type 2 diabetes before the condition actually occurs. Commonly referred to as pre-diabetes, this condition occurs when a person's blood sugar levels are higher than normal, but not high enough for a diagnosis of type 2 diabetes. Article courtesy of Web MD.

### LPMC Announces Downtown Relocation Amidst Public Safety Complex-Campus Construction

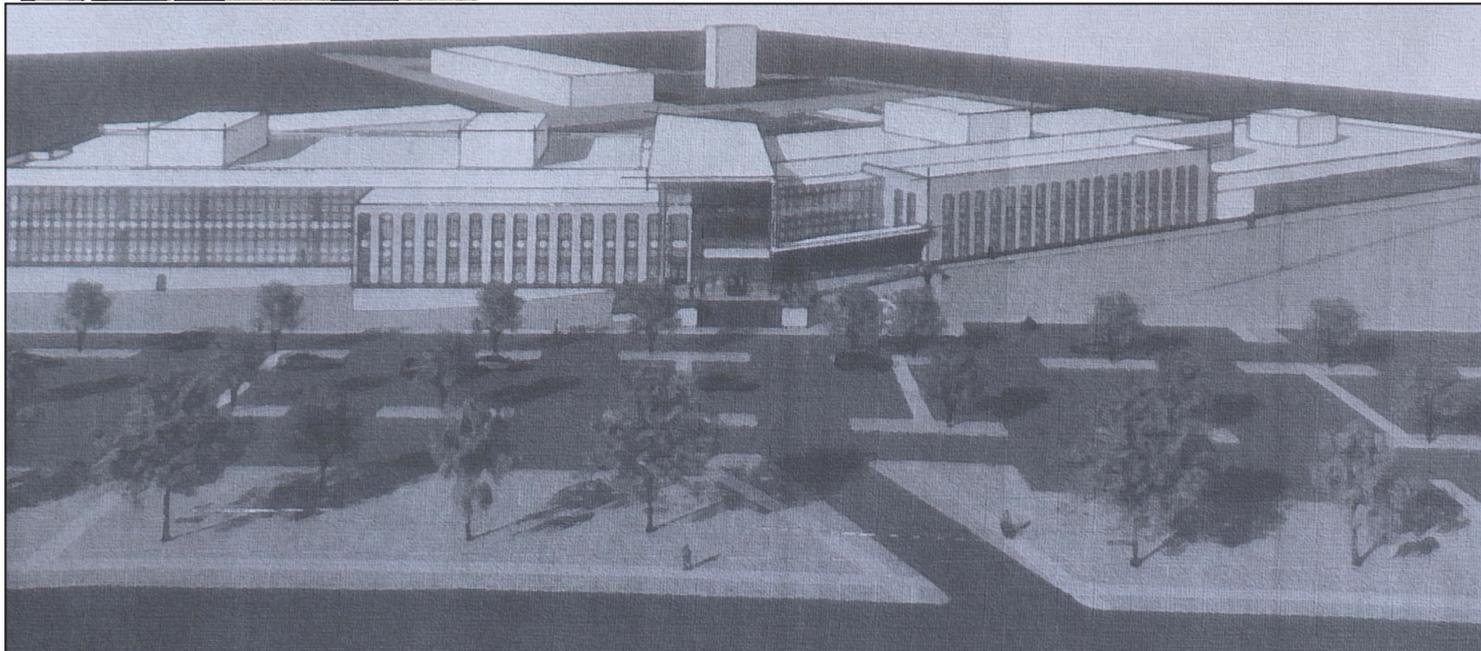
[Pettigrew]The Lansing Public Media Center (LPMC) is set to relocate closer to downtown in (which once housed the Gibson Bookstore at 318 N. Capitol, Lansing, MI across from Lansing Community College) beginning around mid-November 2023. LPMC relocation was accelerated due to the

announcement of construction of the Public Safety Complex which will be constructed at 2500 S Washington Avenue Lansing Michigan. This complex will be dedicated to our city's bravest. This state-of-the-art facility will house the Lansing Fire Department, the Lansing Police Department, and other public

safety units, ensuring that Lansing's finest have a fitting base of operations.



City of Lansing Mayor Andy Schor October 26, 2023 Ground-breaking: 2500 S. Washington Avenue home of Construction of the Public Service Complex (above) Fire Chief Brian Sturdivant (left)



New Public Safety Campus rendering (Above) - 2500 S Washington Ave, Lansing MI

VOTE EARLY OR IN PERSON ON NOVEMBER 7TH

# TRINI LOPEZ PEHLIVANOGLU

## LANSING CITY COUNCIL AT-LARGE



★ BELIEVE IN  
LANSING! ★

[www.Trini4Lansing.com](http://www.Trini4Lansing.com)



Smiles, hugs and kisses were plentiful at the Crowne Plaza Hotel Thursday, October 12, as Uplift Our Youth Foundation renewed the live version of its Annual Grants Award and Fund Raising Dinner for the first time since 2020. The local charitable foundation honored three individuals with awards and gave \$15,000.00 in program grants to Greater Lansing organizations. For health reasons, UOYF had presented its awards and grants in virtual ceremonies in 2021 and 22. Adia Boone, an administrator at a local Montessori school, was the featured speaker and told of her

## UPLIFT OUR YOUTH FOUNDATION UPLIFTS OUR COMMUNITY

experiences growing up in Lansing and working in the kind of programs that receive UOYF grants. Bryce Brown, a junior at Okemos High School, and Nia Lynette Long, an East Lansing High School graduate now attending Spelman College, were presented the 2023 Spotlight on Excellence Awards. Carolyns Stone, PhD educator, received the 2023 Child Advocate Award. Brown has a 3.8 weighted grade point average, is Vice President of his class, a member of the school's Chamber Orchestra, Student Council, National Honor Society, and Black Student Union. His community volunteer activities include the Mobile Food Pantry, Blood Drive, and Lansing Neurosurgery. Long is a freshman at Spelman. She volunteered at the Haven House, a women and children's shelter, the Union Baptist Church "Be a Star tutoring/mentoring program. She was a member of the East Lansing High School student government, the National Honor Society, and Black Student Union. She served terms President, Vice President, Secretary and Treasurer of her Jack and Jill Chapter. Stone has worked with youth in Lansing for more than 40 years. She taught English and writing at

Lansing Community College and Davenport Business College. Currently she is a Student Support Specialist at Reo Elementary School working with students developing strategies and coping skills that help them in the classroom. She has started a choir and a dance group for the first time at the school. Five local grants were awarded. The Carol J. Greer Community Learning Center to assist with bus rental cost for field trips to enhance educational opportunities for underserved youth. Eastside Community Action Center got a grant that empowers at risk youth, 9-26 in its Off the Street program with life skills and mentorship to reduce violence. The Kids Repair Program got a grant to secure funding for a classroom assistant to help participants refurbish their bikes, teach safety and support their Friday bike ride to Hawk Island. The Lansing Art Gallery got a grant to offer art techniques, skills, concepts and vocabulary. The U.S. Naval Sea Cadets got a grant to fully fund the 2024 Flagship competition drill which will take place in Lansing March 8-10. The event will host other sea cadet youth leadership divisions from around the state.



## POETREE N MOTION

© Dee Freeman

MY PEOPLE...LET YOUR LIGHT SO SHINE



If you can't convince others to do your thing Do it yourself; then see how you alone can bring - About a change Yes, You are only one person, Yet, a difference you can make Let others see your light,

even if for them, it requires a double take Or they think you strange... Ha! Don't matter!

You have purpose; so shed your fears, doubt and despair Shine as only a light with purpose will even dare You are to shine, shine bright your voice...your gift Whenever, necessary,

let your voice speak to uplift

Your spoken enlightenment can dispel any evil...

Lurking in the dark...the current administration Your brave flame can lift intense burdens Of a heavy or weighted down heart of our nation

Power up, energize total body and mind

Explode with an illuminated VOICE Your light is needed to thwart threatening gloom Stay WOKE with your VOTE...your CHOICE

Light up brightly to bring needed attention Light up and speak truth to this nation Light up on the phone to a friend Light up in the streets, greeting a kin

Light up on any platform available to you More importantly...Light up at the POLLS. Vote... your duty to do!

Get busy...set ablaze your internal fire Decide today is the day(Nov 3rd) to Shine brightly, igniting outwardly your inner desire Decide where it is you'll shine

Then, go for it, waste no valuable time For, as one light to another light, I see it as our duty to always Be GENUINE... Speaking TRUTHS via our VOTE We must go out and let our voice be heard SPEAK! VOTE! IT'S YOUR TIME TO SHINE!

**SOUL II SOUL INFLUENCE: Check in with the Holy Spirit and Wait for an Answer** 10242023



**Pamelajune Banks-Anderson, D.Min.**  
**The Radically Inclusive Veteran Chaplain**  
**LCR (RET) US Navy Chaplain Corps**  
[drpjanderson@spaceforgrace.org](mailto:drpjanderson@spaceforgrace.org)



**BE STILL, AND YOUR SOUL WILL SPEAK**

**This Gospel begins not with Jesus' birth or John's baptism but with a deliberate echo of the creation story in Genesis. It takes us back to before time began to the moment when God interrupts the silence and speaks the cosmos into existence. Only John's Gospel names Jesus as the Logos [The WORD] and declares He existed long before time was measured.**  
**John 1:1-3 The Voice Translation**



Jesus and eternal Friend, I was privileged to give remarks on my fellow Veteran and Marine at his homegoing services last week. He was also my colleague in the ministry. His family had one of those down-home, southern-style repast. And the Holy Spirit's presence was unmistakable, bearing witness to his ministry.

How many Sundays did we share pulpit responsibilities? How many Sundays did he provide services at

nursing homes? How many families did he comfort during their grieving?

Who is the Holy Spirit? The third person of the Trinity. What is the Trinity? – God the Father. Christ, the only begotten Son of God. The Holy Spirit is often represented as the feminine expression of God (Proverb 8), wind (holding back the Red Sea for the Israelites to cross over, the Pillar of fire by night and the Cloud by night guiding Israelites to their destination, the breath of God breathing us, dove (descending and lightening on Jesus at His baptism, and the promised Comforter who is with us in the earth, holding back the wrath judgment of God.

The Holy Spirit came upon Mary, the mother of Jesus, and impregnated her and Elizabeth, the mother of John the Baptist. The Holy Spirit convicts and draws you to repentance. Most importantly, there is no forgiveness for using foul language (curses) against the Holy Spirit—more about the Holy Spirit next week.

Please purchase my anointed book **HEALING MY SOUL ON PURPOSE: A Veterans Guide to Suicide Intervention** at [SALUTEYOURSOUL.COM](http://SALUTEYOURSOUL.COM).

**Chris Swope**  
**Lansing City Clerk**



**For Immediate Release**  
**Media Contact:**

September 26, 2023  
 Chris Swope (517) 230-566

**New Permanent Ballot List is Very Popular as Thousands of Lansing City Ballots will be Mailed on Sept. 28**

Lansing - Over 14,000 absentee ballots are being prepared to be mailed on Thursday, September 28, for the Lansing City General Election so voters can vote from their home or temporary residence.

"We are seeing the vast majority of these voters taking advantage of joining the new Permanent Mail Ballot list," said Lansing City Clerk Chris Swope "and will never miss an election again because they will automatically be mailed a ballot, as long as they are registered to vote in Michigan."

Just over 12,000 of the 14,000 plus ballots to be mailed on September 28 are from voters who choose to be on the permanent ballot list. Voters still have until Nov. 3 to request a ballot to be mailed at [www.LansingVotes.gov](http://www.LansingVotes.gov).

At the same website, voters can find the closest drop box, check on the status of their absentee application, view the list of candidates, and so much more. Voters must return their ballot by 8pm on Election Day to be counted. 24-hour, secure ballot drop boxes are

located within 1.5 miles of any Lansing resident or voters can return their ballot via mail with postage paid.

Lansing City Voters can also come to the South Washington Office Complex, 2500 S. Washington Ave., or Lansing City Hall, 124 West Michigan Ave., to pick up an absentee ballot in-person.

For more information, visit [www.LansingVotes.gov](http://www.LansingVotes.gov) or call (517) 483-4131.

**MAKE A PLAN TO VOTE**

**Vote at Home**

- Use one of our 14 Drop Boxes for fastest Ballot Return!
- US Post Office does not Recommend Returning your Ballot by Mail after Oct 28

**Vote Early or**

- Clerk's Election Unit - 2500 S Washington Ave.
  - Monday, October 30 to Friday Nov. 3: 9 am to 4:30 pm
  - Open Late Wednesday, Nov. 1: 9 am to 6:30 pm
  - Saturday, Nov. 4 & Sunday Nov. 5: 11 am to 4:30 pm

**Vote Nov 7**

- Polls Open 7 am - 8 pm. Visit [LansingVotes.gov](http://LansingVotes.gov) to find your polling location.

**CHRIS SWOPE** LANSING CITY CLERK  
[LansingVotes.gov](http://LansingVotes.gov) (517) 483-4131



**Celebration**

**Announcements**

*Mr. Party, The Ambassador of Celebration*

**Birthdays in NOVEMBER 2023**

Ms. Erica Moore celebrates her birthday on November 1st. "Thank GOD for another day, another year! Keeps it pushing!"  
 Ms. Paige Turner celebrates her 35th birthday on November 2nd with her Mom Jennifer Dunham, and friends.  
 Ms. Lani Coulter celebrates her birthday on November 3rd returning from an exciting trip to Italy.  
 Ms. Tara Q. Morgan, born November 3rd celebrates her birthday, with family and friends while working at the Fleetwood Diner in Lansing, Michigan.  
 Ms. Beth Ann Sheets celebrates her 45th birthday on November 3rd, with friends and family!  
 Ms. Malinda Milten celebrates her birthday on November 5th.  
 Ms. April Weiden celebrates her birth on November 6th with family and friends.  
 Ms. Laney Kelly celebrates her 14th birthday on November 6th. Mommy and Daddy love you!  
 Ms. Patricia Jones celebrates her birthday on November 6th.  
 Ms. Katie Bengal celebrates her 28th birthday November 7th, with family and friends.  
 Ms. Carmen Keener born on November 8th, celebrated with family and friends.  
 Ms. Dawn Elliott celebrates her 37th birthday on November 10th.  
 Mr. Eric Pastrana celebrates his birthday on November 11th.  
 Ms. Andrea James celebrates her 58th birthday on November 12th.  
 M.C. Skrap celebrates his 36th birthday on November 13th. "Check out my music... I am Skrap on Facebook and Twitter"  
 Ms. Elizabeth Ludivina Heyboer "Happy Birthday" November 16th. I Love You, Mom! Shandra Starr.  
 Ms. Angela Jimenez celebrates her birthday on November 16th with family and friends.  
 Mr. J. T. Wheeler III AKA J-Tizzle celebrates his 21st birthday on November 16th.  
 Ms. Keesha Davis enjoys her birthday on November 17th.  
 Mr. Darryl Horton celebrates his birthday on November 17th.  
 Ms. Michele Carr celebrates her birthday on November 17th, with family and friends.  
 Mr. Rod Allen, born November 17th, has a good time celebrating with family and friends.  
 Ms. Hope Davenport celebrates her birthday on November 17th. She says; "I love and appreciate my family and friends. They make me feel like a spoiled brat."  
 Ms. Gladys Woodard celebrates her birthday on November 18th, with family.  
 Mr. Alexander Grant Nicholson celebrates his 27th birthday on November 18th, with family and friends. "Your family loves you very much, always do your best!!!"  
 Ms. Sandra Yvette Brown celebrates her birthday on November 19th, with her loving son Alexander Grant, family and friends doing what they do best, enjoying fun, valued friendships and pleasant memories everlasting!!!  
 Ms. Carolyn Grace celebrates her birthday on November 19th.  
 Mr. J.C. Hemingway celebrates his birthday on November 19th.  
 Ms. Melissa Flores enjoys her birthday on November 20th.  
 Ms. Ashlee Wilson celebrates her 39th birthday on November 20th, with family and friends.  
 Ms. Heather Fick celebrates her 46th year of living on November 20th.  
 Mrs. Sharita Murphy celebrates her birthday on November 21st with family and friends. Uncle Billy loves you!  
 Ms. LaQuita Rhymes celebrates her 33rd birthday on November 21st.  
 Mr. Andre Brewer enjoys his birthday on November 21st.  
 Ms. Annie Brandon, born on November 21st, celebrates with family and friends! We love you mother, sister, and friend.  
 Ms. Shonte Anthony celebrates her birthday on November 22nd. "On my way to the top, thanking the man upstairs... His name is GOD!!!"  
 Ms. Autumn King celebrates her birthday on November 22nd.  
 Ms. Zerraka Benson-Martin celebrates her 21st birthday on November 22nd, with a party, attended by family and friends.

Ms. Kris Jackson celebrates her 61th birthday on November 24th, with her best friend, Tawana.  
 Ms. Keisha Nogueiro enjoys her 49th birthday, saying, "Blessed to see another year!"  
 Ms. Chenish Barragan celebrates her birthday on November 24th.  
 Ms. Tesharra Smith celebrates her 38st birthday on November 25th. She said, "I made it - Thanks." Master Jerahmi Bell celebrates his 13th birthday on November 25th. "Happy birthday, Mommy loves you big number 13!"  
 Ms. Rachelle Mackley enjoys her 37th birthday on November 26th, with family and friends. "Happy Birthday to my Beautiful daughter... you are such a Joy!" Love Mom...  
 Ms. Angela Vaala celebrates her 31st birthday on November 26th, with family and friends and is glad to be alive!  
 Mr. Michael Miller celebrates his birthday on November 26th.  
 Mr. J.R. Beauboeuf, Lansing Community College Director of Risk Management and Legal Services, celebrates his birthday on November 27th, with family and friends.  
 Mr. Frank Medellin celebrates his birthday on November 27th, with his wife, Cathy. They celebrated their 34th anniversary on August 13th.  
 Mr. Nick Jones celebrates his 50th birthday on November 29th, "Doing the thing!"  
 Mr. D.J. Sanchez celebrates his 52nd birthday on November 29th.  
 Mr. Duane Michael Brown, Jr. celebrates birthday on November 28th, with family and friends who love you very much.  
 Ms. Sylvia Calvo celebrates her 41st birthday on November 29th.  
 Ms. Nattalie Seymore will celebrate her 38th birthday on November 29th, with her girls.  
 Ms. Candace Cares enjoys her birthday on November 30th.  
 Ms. Lucy Springs celebrates her birthday on November 30th, with family and friends.  
 Ms. Brandy Johnson's 42nd birthday is on November 30th.  
 Mr. Eddie Jackson celebrates his 53rd birthday on November 30th, with family and friends.

**\*Anniversaries**  
 Mr. CJ and Mrs. Jamie Enness celebrated their 20th wedding anniversary on October 26th.  
 Mr. & Mrs. Danny and Tina Gonzales celebrated their 24th wedding anniversary on October 31st, with their two children.  
 Mr. & Mrs. Ed and Mindy McLouth celebrate their 31st wedding anniversary on November 2nd.  
 Mr. & Mrs. Nicholas and Miranda Stone celebrate their 18th wedding anniversary on November 8th. "I love you so much!! You're the best thing! I love you!" Love Miranda.  
 Mr. & Mrs. John and Mary Stephenson celebrate their 62nd wedding anniversary on November 9th. Their Love is forever!  
 Mr. and Mrs. Carlos and Amber Cuellar celebrate their 34th wedding anniversary on November 9th.  
 Mr. & Mrs. Josh and Sarah Baldwin celebrate their wedding anniversary on November 6th, forever and for always!

**\*Announcements**  
 Ms. Brenda Robinson celebrates her 56th birthday on October 14th. She said, "Thank you JESUS... I made it another year!" Down at Gregory's partying with family and friends.  
 Miss Kyrstyn Elizabeth Brown enjoys her birthday on October 17th with family and friends.  
 Miss. Shanca Renee Mary Mitchell celebrates her birthday on October 23rd with family and friends.  
 Mr. Lamonte Charles Brown celebrates his birthday on October 28th with family and friends.  
**Please let us know if you have any names to be removed...**  
**•Mr. Party Website:** [www.mrpartycelebrationservice.com](http://www.mrpartycelebrationservice.com)  
**•Facebook Page:** [facebook.com/mrparty1985](https://facebook.com/mrparty1985)  
**•Sportron:** [www.sportron.com/mrparty](http://www.sportron.com/mrparty)  
**•Celebration Gram - A Class Act:** Have your special message delivered by Mr. Party for that special someone or special occasion! Call 517-391-4849 or email: [mrpartyserv@aol.com](mailto:mrpartyserv@aol.com)  
 Please send the information about you, your family or friends celebrating the Events of Life: Celebration Announcements

SAVE THE DATE

# 496 WEST CHRISTMAS PARTY

DECEMBER 17  
SEVEN O'CLOCK PM

RENO'S EAST  
1310 ABBOT RD.  
EAST LANSING, MI

SUMMER BREEZE PRODUCTIONS PRESENT

**NOV 11**

DOORS OPEN @ 6:30 PM  
7PM COCKTAIL HOUR /  
FASHION SHOW  
PARTY STARTS  
@ 8PM - MIDNIGHT

## Fall to Black

A BLACK AND BLING AFFAIR

HILTON GARDEN INN - LANSING WEST  
ALL BLACK ATTIRE ENCOURAGED  
TICKETS: \$35 / \$40 DOOR

COCKTAIL HOUR - BRANDON MARCEAL - FLUTIST  
LIGHT HORS D'OEUVRES SERVED - CASH BAR  
FASHION SHOW - WALK WORTHY - COCO FASHIONS  
MUSIC BY DJ JAZZY J

PURCHASE TICKETS AT EVENTBRITE - "FALL TO BLACK"  
QUESTIONS - CALL MICHELLE @ 517.507.2756  
EMAIL - SUMMERBREEZEPRODUCTION@GMAIL.COM

# 11<sup>TH</sup> ANNUAL

## PHIL DENNY & FRIENDS CHRISTMAS *Collective*

**FEATURING:**  
MERLON DEVINE  
& ISIS DAMIL

SATURDAY  
**12.23.23**

OPENING ACT:  
URBAN ART ORCHESTRA  
A HOLIDAY OVERTURE

FOR TICKETS **GREWALHALL.COM**

224 S WASHINGTON SQ., LANSING, MI  
DOORS: 6:30PM | SHOWTIME 7:30PM



## Secretary Benson launches first-ever early voting pilot for November 2023 election

DETROIT, Mich. – Secretary of State Jocelyn Benson today announced that a pilot of early voting will begin in several Michigan communities on Saturday, Oct. 28. The pilot is an opportunity for the Michigan Department of State, Bureau of Elections, and participating clerks to test, assess, and review early voting technology and procedures in advance of the 2024 presidential elections.

“I am grateful to the dedicated clerks who have stepped forward to voluntarily participate in our early voting pilot program,” Secretary Benson said. “This pilot will ensure that our processes and systems are field-tested as we prepare for statewide implementation of early voting in 2024. The more voters who know about this opportunity, the better we will be at assessing the success of this pilot and preparing for next year.”

Twelve counties and municipalities volunteered to run early voting sites. Some sites will serve single municipal jurisdictions and others will serve multiple municipalities within a county. Days and

hours will vary depending on the jurisdiction, but many of the early voting sites will be open starting tomorrow, Saturday, Oct. 28. Early voting will end at all participating sites by 5 p.m. Sunday, Nov. 5. A list of participating communities along with links to early voting days, locations and hours of operation is available at Michigan.gov/EarlyVoting. The purposes of the pilot are to test and assess procedures and technology, evaluate any additional needs for resources and funding, and give election workers experience administering the early voting process.

“The clerks willing to take on this challenge are doing a great service to voters all across the state and deserve to be commended,” said Jonathan Brater, Michigan Director of Elections. “Because this is the first time we’re testing early voting in Michigan we expect to find areas that may need attention or additional support. This pilot will help us identify what works and what should be adjusted before early voting starts statewide next year.” Since 2019, all Michigan voters have had the

option to request and vote an absentee ballot in person at their clerk’s office before Election Day. Early voting allows voters to cast a ballot the way they would at a polling place on Election Day – voters are issued a ballot and can personally insert it into the tabulator at their early voting site. Votes from early voting sites

will not be counted until Election Day.

More information about early voting in Michigan is available at Michigan.gov/EarlyVoting. To learn more about voting in Michigan elections, visit Michigan.gov/Vote.

## Michigan Dems Celebrate Senate Passage of Clean Energy Package

Michigan Democrats are fighting for the future of Michigan and setting an example for the country LANSING — Today, Senate Democrats passed a package of bills that paves the way for a clean energy future in Michigan. This legislation will help ensure that Michigan’s economy can keep up with the energy of the future. Despite Republican insistence on living in the past, Democrats are continuing to deliver high-quality, green jobs in Michigan.

“This package of bills is a vital step toward building a

clean energy future here in Michigan that creates jobs and grows our economy,” said Chair of the Michigan Democratic Party Lavora Barnes. “While Republicans sit back and do nothing to address the climate crisis, Democrats are proving they will not leave Michiganders behind. We are thankful to our Democratic leaders who continue to make Michigan an example for the rest of the country when it comes to innovation and industry.”

This package includes key legislative advances including a 100% clean energy standard and a 60%

renewable energy standard that will go a long way to achieving our goals in fighting the climate crisis. This legislation will improve energy efficiency in Michigan and bring us closer to fully implementing the Michigan Healthy Climate Plan.

As a result of the hard work from the Michigan Senate Dems, this comprehensive bill package is now one step closer to the Governor’s desk and becoming law. Now, it heads to the House where Democrats will continue to fight for energy affordability, reliability, and good jobs.

City-Wide Events Presents  
**A City-Wide High School Reunion**  
Hosted by Committee Members Evelyn Johnson  
and Bryan Leek



Everett



Eastern



Harry Hill



Sexton

Classes of 76', 77', 78', 79'

**Save the date August 16-17, 2024**

Additional information forthcoming.



Let's go, Lansing Michigan! See you in August.



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produced by: MICA MICHIGAN INSTITUTE FOR CONTEMPORARY ART

LANSING'S PREMIER PERFORMANCE SPACE  
BAR • RESTAURANT • EVENTS

# NOVEMBER EVENTS



**01** WED  
OPEN MIC NIGHT WITH RICK HANSEL



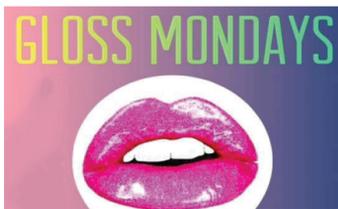
**02** THU  
UPBEAT THURSDAYS DINNER AND A SHOW



**03** FRI  
DAVE SHARP WORLDS QUARTET W/ BELLYDANCE ARTIST GEMHARA ALMAZ AND GUEST BELLY-DANCE ARTISTS



**04** SAT  
DJ WHITNEY WHO



**06** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



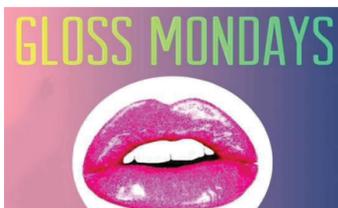
**08** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**10** FRI  
Z COLLECTIVE MOTOWN SHOW



**11** SAT  
KELLER/KOCHER & CO



**13** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**14** TUE  
ABSOLUTE MUSIC: CLASSICAL MUSIC SERIES



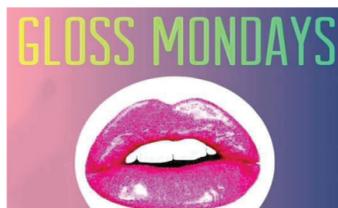
**15** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**16** THU  
DIXON'S VIOLIN



**17** FRI  
MR MIDNIGHT WITH TWYLA BIRDSONG



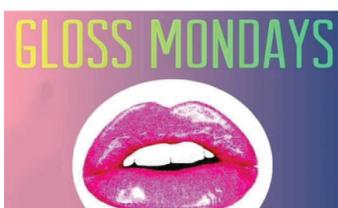
**20** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**22** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**25** SAT  
POWERLIGHT BAND



**27** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**29** WED  
OPEN MIC NIGHT WITH RICK HANSEL

**BUY TICKETS**





## SMOKE DETECTORS SAVES LIVES AND PROPERTY

Get your **FREE** smoke detector to assist us with protecting your family and property from home fires. Last year, we experienced over 100 home fires that resulted in property damage as well as injuries.

To help reduce home fires the Lansing Fire Department is launching the Smoke Detector Program. We will come and install the smoke detectors in your home for **FREE**.



**CALL 3-1-1**  
or **517-483-5087**  
TO SCHEDULE YOUR  
**INSTALLATION**

### SMOKE DETECTOR PROGRAM

#### TO RECEIVE A SMOKE DETECTOR THE RESIDENTS MUST:

- ✓ Call Lansing's 3-1-1 to set up an appointment
- ✓ Or call the main office at 517-483-5087 to set up an appointment
- ✓ Smoke detectors cannot be requested through Facebook

#### TO QUALIFY FOR THE PROGRAM:

- ✓ Must be a Lansing resident
- ✓ Must be a current homeowner
- ✓ Homeowner must be present during the scheduled installation service



## COOKING AND ELECTRICAL COOKING APPLIANCE SAFETY

The leading cause of fire in the home is cooking fires, and the most significant cause is unattended cooking. Please be mindful of the following tips when you are cooking:

- ✓ Be alert. If you are sleepy or have consumed alcohol do not use the stove or stovetop.
- ✓ Stay in the kitchen while you are cooking. If you do decide to leave the kitchen during the process of cooking something, turn off the stove or stovetop.
- ✓ Use a timer to remind you that you are cooking.
- ✓ Keep anything that can catch fire away from the stovetop. For example, items such as oven mitts, food packaging, paper towels, or clothing, should never be near your stovetop.
- ✓ Do not keep anything on your stovetop!

Please be aware of the following recommendations when you are utilizing an electrical cooking appliance:

- ✓ When using electrical cooking appliances follow the manufacturer's instructions on where to place the appliance and how to use it.
- ✓ Unplug the appliance when it is not in use.
- ✓ Check the cords on a regular basis for any damages. If the cord is damaged, do not use the appliance.