

The New MICHIGAN BULLETIN

Vol. XXIV No. 17

October 16-31, 2018

The 411

Keeping The Dream Alive

OCTOBER 2018

EVERY TUESDAY AND MONTHLY SECOND FRIDAYS
Ballroom Dancing with Sterling Armstrong at Gregory's 2510 N. MLK Jr. BLVD. Lansing, MI for more info call 517-256-8051 Fridays Dates: 9/14, 10/12 & 11/9

OCTOBER 18, 2018

MASTERWORKS 01: PINES OF ROME
Lansing Symphony Orchestra
Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

OCTOBER 25, 2018

"SPARTAN SPORTS SUPPORTS XAVIER DEGROAT AND THE AUTISM FOUNDATION" Breslin Center, MSU Campus 11:30AM-1:00PM. For more information call 517-242-6632

OCTOBER 27, 2018

"EAST LANSING COMMUNITY ACTION CENTER PRESENTS" Let the Children Lead Charity Concert featuring Pam's Trio Singers 5:00-7:00PM Hannah Community Center 819 Abbot Rd. East Lansing MI for more information call 517-853-0414

NOVEMBER 18, 2018

SOWETO GOSPEL CHIOR Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

NOVEMBER 30, 2018

HARRY CONNICK JR, A New Orleans Tricentennial Celebration...Holiday Great Cobb Hall For Times and Ticket info call 1-800-WHARTON

Fundraising Success



Over 100 supporter gathered for a Soul Fest fundraiser at Gregory's in Lansing, MI. The event was Thursday October 4, 2018. Pictured Lt to Rt. Derrell Slaughter, Sarah Antony, Democratic Candidate, 68 House District, and Michigan Bulletin's GM Marcus Jefferson.

3rd Annual Holiday Health & Wellness Open House
Sat. Dec. 1, 2018
9a.m. - 12 noon
1620 E. Michigan Ave. Suite 101 • Lansing, MI
Sponsored by: Gillespie & TCC cares
kwinspires.com

National Breast Cancer Awareness Month



Pictures courtesy of bing.com

While overall rates of breast cancer in black and white women are about the same, black women are 20% to 40% more likely to die from breast cancer. The reason for this disparity is likely due to several factors, including genetics, the biology of the cancer, and differences in healthcare.

Because black women have higher breast cancer mortality rates than white women, the American College of Radiology and the Society of Breast Imaging have recommended that black women be added to groups considered at high risk for breast cancer. This is the first-time black women have been classified as a high-risk group.

The recommendations were published in the March 2018 issue of the *Journal of the American College of Radiology*. Read ["Breast Cancer Screening in Women at Higher-Than-Average Risk: Recommendations from the ACR."](#)

Other women considered at high risk for breast cancer are:

- women with a gene mutation, such as a *BRCA1* or *BRCA2* mutation, linked to breast cancer
- women who previously had radiation to the chest or face
- women of Ashkenazi Jewish descent
- women with a strong family history of breast cancer, especially if a parent or sibling has been diagnosed
- women with a personal history of breast cancer
- women with dense breasts
- women with certain benign breast conditions

The organizations recommend that all women have a breast cancer risk assessment at age 30 to figure out if regular screening mammograms should start at age 40 -- for women at average risk of breast cancer -- or at a younger age for women deemed to be at high risk for the disease.

The guideline also recommends that women at high risk for breast cancer have screening more frequently, and with a different screening method, such as MRI or ultrasound. So, a woman at high risk might have a mammogram at the beginning of the year and then have an MRI 6 months later.

"All women, especially black women and those of Ashkenazi Jewish descent, should be evaluated for breast cancer risk no later than age 30, so that those at higher risk can be identified and can benefit from supplemental screening," the experts wrote.

Women of all ethnicities can take steps to keep their risk of breast cancer as low as it can be. If you're a black woman, you may want to talk to your doctor about your risk of breast cancer, as well as about lifestyle choices you can make to lower that risk, including:

- maintaining a healthy weight
- exercising every day
- limiting or avoiding alcohol
- not smoking
- eating a healthy diet that's low in processed foods, sugar, and trans fats

To learn more about breast cancer risk and other options to keep your risk as low as it can be, visit the [Breastcancer.org Lower Your Risk](#) section.

The Road to 1.5 Trillion Black Buying Power

Black Buying power currently stands at over \$1.1 trillion and is on the road to hit about \$1.5 trillion by 2021. This collective buying power means that nearly \$2 trillion will be flowing through black America annually very soon, making us the centerpiece for various researchers, marketers, advertisers, and other campaigns designed to influence black spending patterns.

But the question is, with so much buying power, can we as African Americans influence and direct said spending ourselves? Do we have the power directly, indirectly, and strategically to determine where that money flows and if so, could directing that flow help rebuild the black community?

ROAD TO MORE BUYING POWER AND INFLUENCE

The data comes from a recent Nielsen study that also reports that African American households earning \$75,000 or more per year are a fast-growing segment that will have more influence going forward than ever before.

Within the next 45 years, by around 2060, black America might be represented by 75 million in the U.S., holding about 20% of the U.S. population. In terms of black-owned businesses, that number sits anywhere from 2.5 million to 3 million enterprises and is projected to grow in larger numbers going forward.

All this data points to the trend that African Americans will be very important contributors to the U.S. Gross Domestic Product (GDP) along with the creation and sustainability of U.S. jobs.

THE MYTH OF THE "SIX-HOUR BLACK DOLLAR"

While black spending power increases, how that money is best used to rebuild the black community is always in question. For example, there has been a lot of informal discussion about how long a dollar remains in the black community. Some claims have been a dollar lasts no longer from one to six hours before it leaves.

While such information has been widely circulated, analyzed, and discussed, researchers from Howard University have looked into the claims and could not properly substantiate the statistics. Howard University analyzed credible data and research tracking sources, such as The Federal Reserve, Bureau of Labor Statistics, SBA, and even other reports from Nielsen, and none of these sources track how often money circulates within a community.

There are suggestions that the rumors of the quickly-circulating black dollar originated in the book, *Talking Dollars and Making Sense: A Wealth Building Guide for African-Americans*. Howard University reports that they reached out to the book's author, Brooke Stephens, for further comment and she was unable to provide where she obtained her information other than citing a six-month study of which she could not actually provide.

Yet, there is hard research being done on the issue of how the vast spending power of African Americans can be used to help communities of color. The Empowerment Experiment was conducted as a research project via a foundation set up by a black, middle-class Chicago couple, who partnered with Northwestern University's Kellogg Graduate School of Management's Levy Entrepreneurship Center for the study.

The Empowerment Experiment shed great insight into economic trends of black people. For example, it showed that less than around 3% of the current black buying power is spent in black-owned enterprises and if black America were to redirect just about 10% of total black spending to black-owned enterprises, that could translate into the creation of about 1 million jobs centered around communities of color. Article courtesy of John Tucker from Black Enterprise Magazine



Picture courtesy of thyblack.com



WE SAY YES TO MICHIGAN

FOX47news.com

Would you like the option to vote from home?

By Lansing City Clerk Chris Swope

If you are at least 60 years of age, are physically unable to attend the polls without the assistance of another or meet one of the other requirements under state law, you are entitled to vote by absentee ballot.

Thousands of voters in the City of Lansing vote by an absentee ballot. Absentee ballots can be mailed, dropped off or even completed in person. You can mail or drop off your absentee ballot or application at the South Washington Office Complex, located at 2500 S. Washington, or at City Hall 24 hours a day in our secure drop boxes.

Walk-in absentee voting will be available at the South Washington Office Complex until November 5th at the following times:

Mon, Tues, Thurs & Fri 8 a.m. – 5 p.m.
Wednesdays 8 a.m. – 7 p.m.

In addition to regular hours, the Elections Unit will be open the following weekend days:

Sunday, October 28 Noon – 4:00 p.m.
Saturday, November 3 8:00 a.m. – 2:00 p.m.

On Monday, November 4, absentee ballots are only available until 4 p.m.

Absentee ballots are counted the same way as other ballots. I encourage voters to use the absentee ballot option if they are eligible. I have heard out in the community that some people believe that absentee ballots are not counted. This is not true. Every ballot is counted on Election Day.

Voters on the *Permanent Absentee Application List* automatically receive an absent voter *application* for every election, not just the General Election. If you choose to return that application, we will send you a ballot as soon as it arrives in our office. No phone calls, no time crunch, no lines, no hassle.

If this appeals to you and you live in the City of Lansing, please call the Lansing City Clerk's Office at (517) 483-4133 and request to be placed on the Absentee Application List. If you want to vote by absentee just for the General Election, we can send you the application or you can print the form off my web page at lansingmi.gov/clerk. For those who do not live in the City of Lansing, you will need to contact your local municipal clerk.

Voting Options for Military and Overseas Citizens

Those in the military and citizens living outside of the United States have more options available to receive an absentee ballot. Military Service members, their eligible family members and citizens living abroad; such as university students studying overseas, can request absentee ballots that may be faxed or emailed to them. There is a special application available at lansingmi.gov/clerk. This Federal Post Card Application is both a voter registration form and an absentee ballot request application.

If you have a family member or friend who is in the military or out of the country, please encourage them to visit FVAP.gov to submit the Federal Post Card Application. The process is very easy for those who are serving our country or studying or researching abroad to still be part of our community by voting.

Chris Swope has served as the Lansing City Clerk since 2006. A Certified Michigan Municipal Clerk and a Master Municipal Clerk, he was elected as President of the Michigan Association of Municipal Clerks and is a member of the Tri-County Regional Planning Commission, Community Mental Health Authority, and the Tri-County Office on Aging Consortium Board.

UPLIFT OUR YOUTH FOUNDATION'S

16th Annual Grants Awards and Fund Raising Dinner October 11, 2018




It's A Denim Bling & Fling
Sexy Like Never Before

SATURDAY, October 27, 2018
UA Local 333 Plumber's Hall
5405 South Martin Luther King Blvd.,
Lansing, MI 48911

For Ticket Information
(904) 349-5306 - Yvonne Bates
(517) 402-6722 - Sandra Butler
Or any Bling Sistas or Bling Brother


Time: 7:00pm-1:00a.m.
Tickets \$25
Buffet served • BYOB
Dress Attire: Denim & Bling

Musical Host DJ Dre



General Election

Tuesday, November 6
Prepare Your Vote!



Lansing City Clerk
Chris Swope

Would you like to vote from home?

Absentee Ballot Applications are available for City of Lansing residents:


- On the web at www.lansingmi.gov/clerk
- By calling 517-483-4133
- By email city.clerk@lansingmi.gov
- Visit us at Lansing City Hall – 124 W. Michigan, 9th Floor
- Visit us starting on October 8 at the South Washington Election Unit 2500 S. Washington (Back of Building)

www.lansingmi.gov/clerk - Office (517) 483-4133 - city.clerk@lansingmi.gov

BWL 23rd ANNUAL CHILI COOK-OFF October 12, 2018



SOUL FIBER: RE-CONNECTING SOUL II SOUL – Detach from Chaos
Ministry of Presence With



Chaplain Pamela June (PJ) Anderson, DMin.
Lt. Commander (RET) USN Chaplain Corps
Certified Peer Support Specialist

NOW, TODAY, IS THE DAY OF HOLY SPIRIT GRACE, PRESENCE, AND AWARENESS. BE STILL AND LISTEN TO HEAR HER VOICE

7-8 Don't be misled: No one makes a fool of God. What a person plants, he will harvest. The person who plants selfishness, ignoring the needs of others—ignoring God!—harvests a crop of weeds. All he'll have to show for his life is weeds! But the one who plants in response to God, letting God's Spirit do the growth work in him, harvests a crop of real life, eternal life. Galatians 6:6-8 The Message (MSG)

Daily Divine: How can we detach from chaos? 09 Oct 06:00 AM
There is a lot of chaos swirling around us.
But that doesn't mean we have to connect to it.

If you don't know what to do, do nothing.
If you don't know what to think, think nothing.
If the uproar is too much for you, detach.
If you are feel overwhelmed, relax.

One thing that is good to remember: all of us have done this dance many times before.
We've seen this cycle of chaos in many past lives.
We've worked through karma then.
And we'll work through karma now.

If you are feeling angry, depressed, numbed or anxious, now is an excellent time to detach from chaos by doubling down on your spiritual practice:

*** Meditate* Pray* Journal* Walk* Workout* Sleep* Bathe* Love**

If you don't know what to do or think, just breathe in through the nose and out through the mouth. Ten times.

Remember yourself as soul.

From SARAWISEMAN.COM

Suggested prayer: Dear God, make life plain so as not to BE among those who mock Truth with fake news or NOW faith for blind faith. Empress upon our Soul to turn on the Light within so as not to curse the darkness.

Jitney a play by **AUGUST WILSON**
Riverwalk Theatre
Oct. 18-28, 2018



Directed by Vanessa Cunningham Sanders

For tickets: www.RiverwalkTheatre.com or 517-482-5700

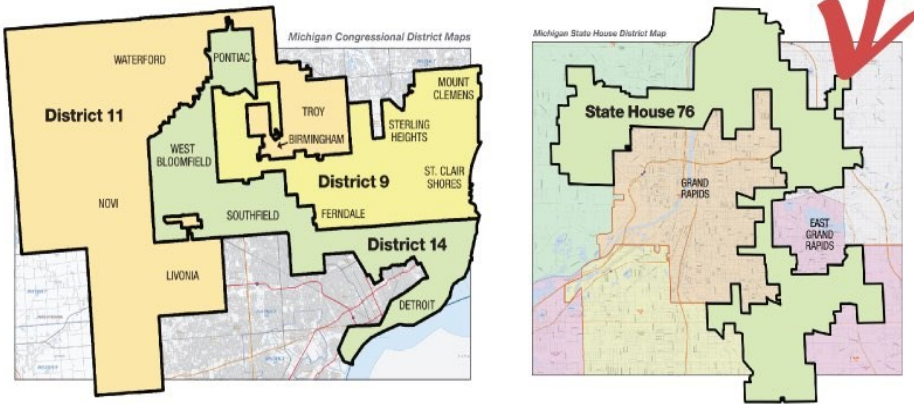
"August Wilson's Jitney" is presented by special arrangement with SAMUEL FRENCH, INC

MICHIGAN

is one of the
most
gerrymandered
states

YES ON 2

in the country.



The current system is

rigged in favor of special interests and lobbyists.

Proposal 2 ends partisan redistricting, also known as **gerrymandering**: the corrupt practice where politicians and lobbyists draw their own voting districts, like the ones below, to ensure they win and we lose.

Proposal 2 will take power away from lobbyists and special interests and give it to the voters so that **your voice is heard** and our communities are protected:

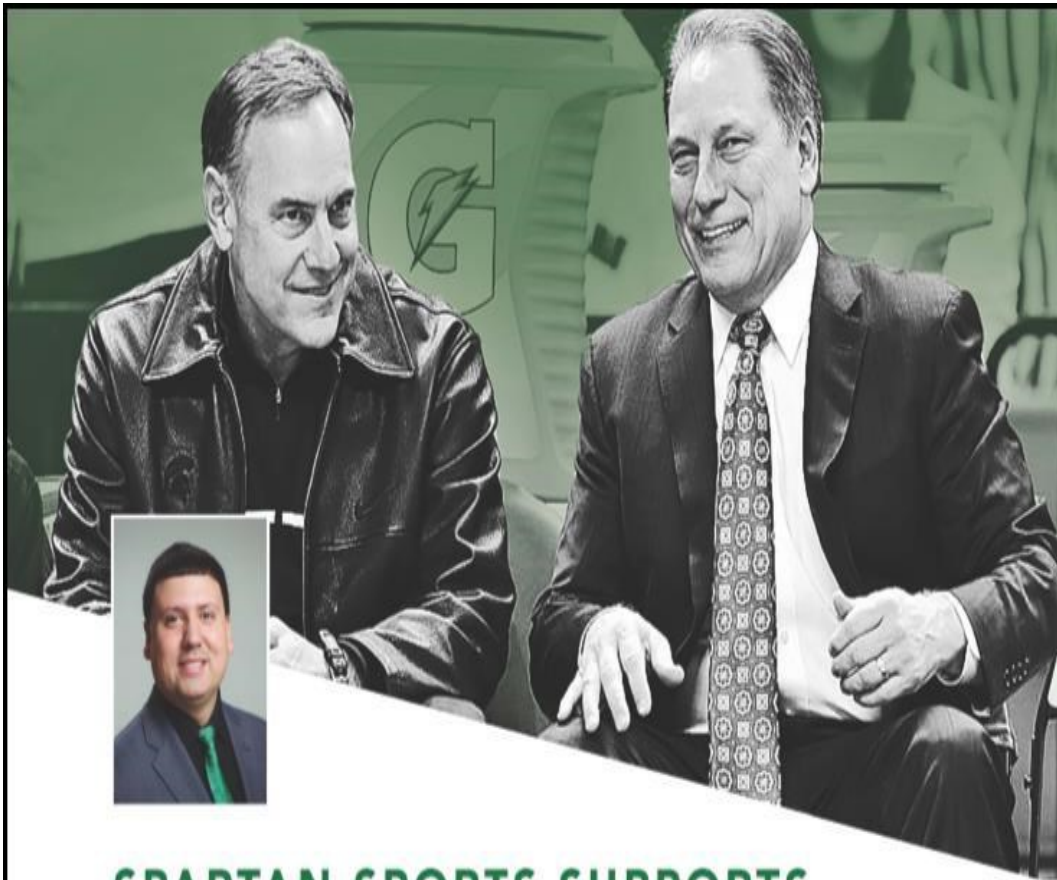
- ✓ Uses the **Voting Rights Act**
- ✓ Ensures everyone has a voice through **public hearings**
- ✓ **Bans politicians and lobbyists** from drawing their own election district maps
- ✓ **Eliminates** any advantage to a political party, candidate, or incumbent
- ✓ Restores **fairness** in the redistricting process



Vote **YES** on **Proposal 2** on November 6!

To learn more visit: yeson2.com





SPARTAN SPORTS SUPPORTS XAVIER DEGROAT & THE AUTISM FOUNDATION

THURSDAY - OCTOBER 25TH
11:30 A.M. - 1:00 P.M.

Breslin Center, Michigan State University
Hall of History...use Gilbert entrance

General admission...\$50.00
Includes lunch and meet and greet.

VIP admission...\$100.00
Includes personalized picture with
Coach Izzo and Coach Dantonio

TICKET INFORMATION:

Call Xavier DeGroat at 517-242-6632
Seating is limited, order soon



AT THE END OF THE DAY, WE DON'T DREAM
OUR LIVES, "WE LIVE THEM"

-Anthony Janni

Salute to Vets

Honoring Sisters Who Served

THURSDAY NOV. 1ST
AT 8:00 pm
Doors open at 6:00pm
TEQUILA COWBOY
IN THE LANSING MALL

FEATURING PERFORMANCES BY
Larry McCray Band
w/ special guest Tony Purifoy

Tell Yo Mama

TICKETS - [HTTPS://SALUTETOVETS.BPT.ME](https://salutetovets.bpt.me)
\$10 - VETERANS & STUDENTS
\$15 - ADV | \$20 - AT THE DOOR
Welcome Home!

Delta Township's Newest Trustee



The Delta Township Board is pleased to announce Fonda Brewer Rt. Has been selected to fill the vacant Trustee position on Wednesday's October 17, 2018 special Board meeting. New Trustee Board Member Brewer has served on the Waverly Schools Board of education worked at Michigan Education Special Services (MESSA) until 2015. Fonda Brewer was sworn in by Mary Clark, Delta Township Clerk Lt.

ON NOVEMBER 6, VOTE

AYANNA NEAL

FOR 54-A LANSING DISTRICT JUDGE

EXPERIENCE MATTERS
Integrity • Compassion • Justice

Paid for by the Committee to Elect Ayanna Neal Judge P.O. Box 16215 Lansing, MI 48901

THE EXPERIENCE WE NEED

- 16 Years Experience As A Practicing Attorney
- 14 Years Experience As An Assistant Prosecutor For Ingham County
- Born And Raised In Lansing, Michigan, Returned To Raise A Family And Serve The Community
- Graduate Of: J.W. Sexton High School, University Of Michigan, And Thomas Cooley Law School
- Has Served As Special Prosecutor For Welfare Fraud, Arson, Child Sexual Assault Crimes, Domestic Violence, Major Drug, And Civil Forfeiture Cases
- Represented Victims Under The Michigan Crime Victims Rights Act
- Handled Thousands Of Cases In All Of Ingham County Circuit, District, And Family Courts
- Experienced Trial Attorney with Fair, Compassionate, And Sound Moral Character
- When Elected, Will Create A Drug Speciality Court To Better Serve Those Who Need Drug Addiction Treatment

AyannaNealforLansing.com

