

Vol XXIX 13

## BREAST CANCER AWARENESS MONTH

OCT 16-31, 2023

### THE 411

#### WHAT'S INSIDE



Breast Cancer AWARENESS MONTH

OCTOBER 18, 2023

**"When you Wish Upon a Star" A Jazz Tribute to 100 Years of Disney, Pasant Theatre** for times and ticket information call 1-800-WHARTON

OCTOBER 20, 2023

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**Dr. Lee E. Wilson**  
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Viewing: Thursday, October 26, 2023 5:30 p.m. - 7:30 p.m.  
Visitation: Friday, October 27, 2023 10:00 a.m. - 10:00 p.m.  
Service: Friday, October 27, 2023 10:30 a.m. - 1:00 p.m.

In lieu of flowers, please send all donations to the Power Letter in Man PLM, Inc. [www.powerletterinc.com](http://www.powerletterinc.com) in memory of Dr. Lee Wilson



TIME TO VOTE: MESSAGE FROM CHRIS SWOPE

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Marcus Jefferson, CEO



### Breast Cancer Awareness Month 2023 : What Is Breast Cancer? Know Its Signs, Symptoms, Treatment, Risk Factors And Prevention

Every year, the month of October is marked as Breast Cancer Awareness Month. Breast cancer is a prevalent and serious health concern affecting millions of women worldwide. While it remains a significant challenge, recent medical advancements have brought new hope in the realms of treatment and prevention. According to Dr. Rajashekar C Jaka, who is a Consultant in Surgical Oncology and Robotic Surgery, at Manipal Hospital, Whitefield, Bangalore, "Breast cancer ranks as the prevailing form of malignant growth in women, not only in India but across the world. About 25.8 per 1,00,000 women are diagnosed with carcinoma of the breast against the mortality rate of 12.7 in 1,00,000 women." What Is Breast Cancer? Dr. Mala Mathur Sharma, who is a Clinical Professor, at Amrita Hospital, Kochi, (Speciality: General Surgery, Breast Diseases Division) said, "It is characterized by abnormal and uncontrolled cell growth within the breast glands and milk ducts. Initially, these cells remain within the ducts, where they are referred to as carcinoma in situ, or stage 0. As the condition progresses, these cells breach the duct lining and begin to invade the breast tissue, transitioning to invasive cancer. In later stages, usually stages 1 and 2, they can migrate to the lymph glands in the axilla. Once they cross the lymphatic barrier, the cancer cells can enter the bloodstream and affect distant organs such as the brain, bone, liver, ovaries, and lungs, indicating stage 4, which is beyond cure. Therefore, early medical attention is critical to ensure timely treatment for breast cancer." "A breast cancer diagnosis is a life-altering event for a woman, impacting her career, and family commitments, and introducing the stigma associated with the disease. The looming prospect of chemotherapy and the potential loss of a breast create a myriad of emotions. Additionally, various prevalent myths



and misconceptions about breast cancer compound a woman's mental distress. It's crucial to dispel unfounded fears about this disease because raising awareness among women can encourage early detection and foster a more positive attitude toward a disease that is fully treatable when identified promptly," she added. "Firstly, it's essential to understand that not all breast-related issues are indicative of breast cancer. In fact, more than half of breast-related medical concerns are benign and require straightforward treatment and follow-up, though the anxiety they evoke in patients can be significant," she said. Risk Factors Of Breast Cancer: In this regard, Dr Rajashekar C Jaka said the following: 1. Age: Age is the single most significant non-modifiable risk factor of breast cancer. Breast cancer deaths are common among women between the ages of 55 and 64 years. However, it is worth mentioning that it has become a growing concern among younger females as the current trend sees women between the age group of 40-50 years getting affected by breast cancer. Younger women are found to be diagnosed with a more aggressive form of breast cancer with lower survival rates compared to women who are diagnosed in later life. 2. Family History: Family history and/or personal history of cancer and genetic mutation, such as BRCA1 and BRCA2, are other risk factors for breast cancer that are non-modifiable. The menstrual cycle and reproductive health also play a part in the development of breast cancer. It is being said that women who had their first menstrual period before the age of 12 years, never had children (nulliparity), had late pregnancy (after 30 years of age), didn't breastfeed their babies, and went through menopause after 55 years are

at a greater risk. 3. Lifestyle Changes: If we talk about modifiable factors, changes in lifestyle remain a major cause of the increasing rate of all cancer cases. Poor dietary habits leading to obesity, alcohol and tobacco consumption, hormone replacement therapy, stress, and radiation exposure – are all risk factors for breast carcinoma. Causes Of Breast Cancer: Dr. Sonal Singhal, a Consultant who is an Obstetrician and gynecologist, at Motherhood Hospital, Gurgaon said, "The primary cause of breast cancer is still not fully understood, but we do know that a combination of genetic, hormonal, and lifestyle factors can contribute to its development. Genetics plays a significant role, with a family history of breast cancer increasing one's risk. Hormonal factors, such as early menstruation, late menopause, or hormone replacement therapy, can also elevate the risk." Lifestyle choices matter greatly. Obesity, excessive alcohol consumption, and a sedentary lifestyle are risk factors that can be modified through healthier choices. Moreover, a diet rich in fruits and vegetables can have a protective effect." Symptoms That May Indicate Breast Cancer: Dr Vinay Bhatia, who is the Head of Molecular Biology National Reference Lab, at Oncquest Laboratories Limited, Gurugram said, "Though it can vary significantly from person to person, breast cancer often presents several common signs and symptoms. The most prominent of these is the presence of a breast lump. It is advised to do a self-breast examination regularly, once a month. Breasts change at different times of the month, the ideal time to check is just after the period. For menopausal women, checking once a month at any time is fine. This lump can be situated anywhere along the chest wall, extending from the breast to under the armpit.

However, breast cancer doesn't always follow this textbook definition." In addition to that, Dr. Sushruta Mysore Shankar, who is a Consultant, Breast Surgery and Surgical Oncology, at SPARSH Hospital, Bangalore also mentioned the following symptoms: Persistent or unusual pain in the breast or nipple, nipple changes such as discharge or inversion Skin changes like redness, dimpling, puckering, or scaling. -Decreased appetite. Unintentional weight loss. Pain in the back or abdominal bloating Additionally, the prominence of veins on one breast should not be overlooked. Lastly, the development of a persistent rash around the nipple or areola warrants evaluation by a Breast Surgeon. Monitoring for these signs and seeking prompt medical attention when they arise is essential for maintaining breast health. Breast Cancer Screenings: Dr. Mala Mathur Sharma said, "It's advisable for all women, regardless of age, to perform monthly self-breast examinations, preferably after their periods, and to seek medical help if they notice recent changes in breast texture or shape. Women with a family history of breast cancer, such as a mother, sister, or aunt, should consider early breast cancer screening." "Breast cancer screenings involve tests conducted to detect breast cancer in its early stages before it becomes palpable. The most common method is a mammogram, which utilizes X-rays to identify abnormalities in breast tissue. This is often complemented by a breast ultrasound, which allows for visualization and biopsy of lesions under ultrasound guidance, reducing the need for unnecessary surgeries. It is generally recommended for all women to begin mam-

mogram screenings at or after the age of 40, or at least have an initial mammogram as a baseline," she continued to say. "In the case of young women and those with a strong family history of breast cancer, screenings may commence earlier. Given that mammograms might not provide a clear picture in such cases due to glandular breast tissue and hormonal fluctuations, an MRI or contrast-enhanced mammogram is recommended," she added. Treatment Break-throughs: Dr. Jayati Gupta Rakhit, MD, FACC, Co-Founder and Clinical Director at Ohio Hospital in Newtown, Kolkata, will explore some of the latest developments in breast cancer management and strategies for prevention. 1. Targeted Therapies: One notable advancement in breast cancer treatment is the emergence of targeted therapies. These drugs are designed to target specific molecules or proteins involved in the growth and spread of cancer cells. By pinpointing these key factors, targeted therapies can be more effective while causing fewer side effects compared to traditional chemotherapy. 2. Immunotherapy: Immunotherapy, a groundbreaking approach to cancer treatment, has shown promise in breast cancer as well. It utilizes the body's immune system to recognize and attack cancer cells. Immunotherapy drugs called immune checkpoint inhibitors can help strengthen the immune response against breast cancer, particularly in cases where traditional treatments may not be as effective. 3. Personalized Medicine: The concept of personalized medicine has gained prominence in breast cancer treatment. Genetic testing and genomic profiling allow oncologists to tailor treatment plans to an individual's unique

genetic makeup. This personalized approach helps identify the most suitable therapies and improves treatment outcomes. Prevention Strategies: 1. Lifestyle Modifications: According to Arpita Bose, who is a Dietician at Ohio Hospital, "Prevention begins with a healthy lifestyle. Several factors have been linked to an increased risk of breast cancer, including obesity, alcohol consumption, and lack of physical activity. Making healthier choices such as maintaining a balanced diet, engaging in regular exercise, and limiting alcohol intake can reduce the risk of breast cancer." 2. Mammography and Early Detection: Mitali Rakhit, who is an MPH, and Vice Chairman at Ohio Hospital said, "From a public health and population level perspective, early detection remains a key element in breast cancer prevention. Regular mammography screenings are vital for detecting breast cancer in its early, more treatable stages. Women are advised to discuss their individual screening schedules with healthcare providers based on their age and risk factors." 4. Genetic Counseling: Individuals with a family history of breast cancer or specific genetic mutations associated with the disease, such as BRCA1 or BRCA2, can benefit from genetic counselling. Genetic counsellors can assess an individual's risk and provide guidance on preventive measures and surveillance plans. 5. HPV Vaccination: The human papillomavirus (HPV) has been linked to an increased risk of breast cancer. Vaccination against HPV is not only effective in preventing cervical cancer but can also reduce the risk of breast cancer. HPV vaccination is recommended as a preventive measure, particularly for young individuals. [Disclaimer: The information provided in the article, including treatment suggestions shared by doctors, is intended for general informational purposes only. It is not a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition.]



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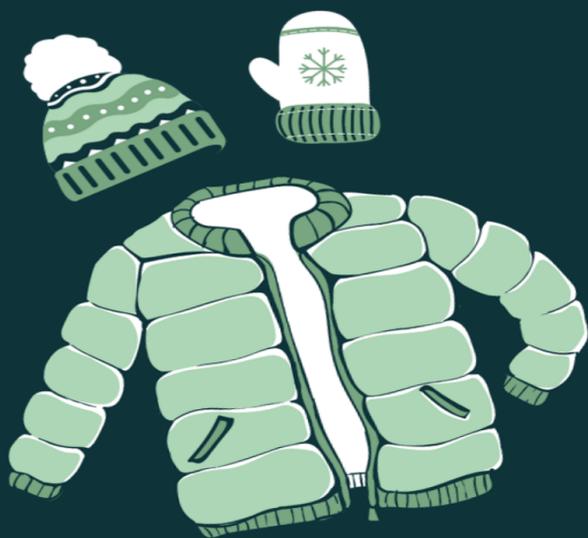
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CITY OF LANSING

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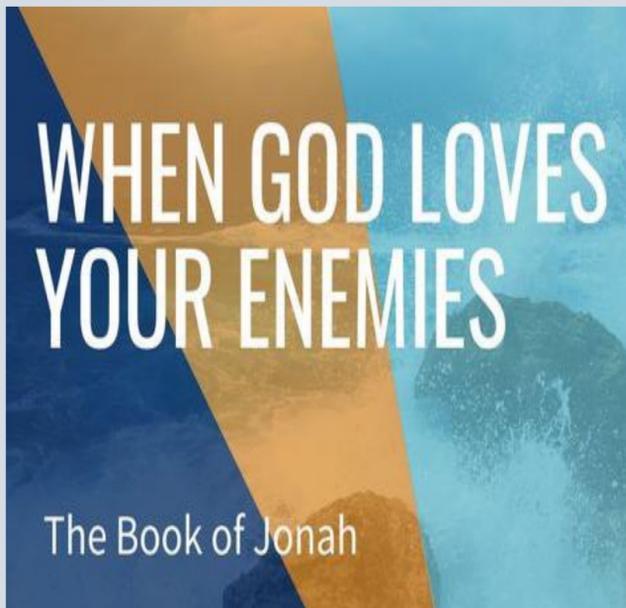
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**The Radically Inclusive Veteran Chaplain**  
**LCR (RET) US Navy Chaplain Corps**  
[drpjanderson@spaceforgrace.org](mailto:drpjanderson@spaceforgrace.org)



**BE STILL, AND YOUR SOUL WILL SPEAK**

**27 "If you're listening, here's My message: Keep loving your enemies no matter what they do. Keep doing good to those who hate you. 28 Keep speaking blessings on those who curse you. Keep praying for those who mistreat you. Luke 6: 27-28 The Voice Translation**



Dear Lord Jesus and eternal Friend, my fellow Veterans and I are often viewed as the enemy by the opposition when on active duty, and we have been treated as the enemy by commanders who don't want us among them anyway.

Regarding promotions, most white supremacists and a few supremacists of color practice bigotry toward service members of color, especially Black service members. Even as Officers, we

are often treated poorly and passed over for opportunities, raises, and special services.

Serving as a Chaplain, I did my best to remember to love my seniors and respect my juniors and enlisted sailors. The better and more efficient I became at fulfilling my duties and honoring everyone equally, the more I was harassed about servicing LGBT sailors.

I often speculate about false prophets, then and now. Only to discover that false prophets are aware of their intent to be deceitful. And the only way to Be informed of who they are is to be well-versed about who Jesus is and follow in His footsteps. To acknowledge Him as the only begotten Son of God who died on Calvary's cross, was buried in a borrowed tomb, and rose again on the third day. Who else shows us godly love?

Because Jesus kept His promise to send us God's Holy Spirit, we are to be Holy Spirit-filled to distinguish between His Truth and false prophets and have His Power to love as He loves, especially our enemies.

Next, let's look at "Who is the Holy Spirit?" to be learned and experienced.

Please purchase my anointed book HEALING MY SOUL ON PURPOSE: A Veterans Guide to Suicide Intervention at [SALUTEYOURSOUL.COM](http://SALUTEYOURSOUL.COM).



### Celebration

### Announcements

Mr. Party, The Ambassador of Celebration

### Birthdays in OCTOBER 2023

Ms. Diana Gomez celebrates her birth on October 1st.

Ms. Souci Chappell celebrates her 34th birthday on October 1st, saying "Happy birthday to me! Glad to make to my 34th birthday, because someone else did not."

Mr. Robert Lopez enjoys his 21ST birthday on October 2nd, with family and friends. "Much Love" Dad

Ms. Marcella Rosario had celebrates her birth on October 2nd, with family and friends.

Ms. Tracy Skinner celebrates her birthday on October 2nd, with family and friends. She says "I'm loving life, one day at a time"

Ms. Jennifer Johnson celebrates her birthday on October 4th, with family and friends.

Ms. Keanna Adams enjoys her 33rd birthday on October 5th, with family and friends.

Ms. Darrilyn Moore celebrates her 41st birthday on October 5th, with family and friends.

Rev. Dr. Kay "Little Kay" Porter celebrates her 66th birthday on October 6th with Family and friends, enjoys sharing "new and old friendships"

Ms. Donna Haynie celebrates her birthday on October 6th.

Ms. Rhonda Christian celebrates her birthday on October 6th, with family and friends.

Ms. Katie Phraxayavong celebrates her birthday on October 8th, with Abby.

Ms. Gloria Bermudez celebrated her birthday on October 8th, just chilling, loving life.

Master Lavell Goins enjoys his 8th birthday on October 8th, with family and friends. "Happy Birthday to mommy's little handsome man. So glad to watch you grow and become independent!" Love mommy

Ms. Phyllis Bartlett celebrates her birthday on October 9th, with family and friends.

Ms. Jessica Malcolm celebrates her 46th birthday on October 9th.

Ms. Enisa Nevaeh (Brown) Thomas enjoyed her 16th birthday on October 10th, celebrating with her mother Donecia, her uncle LaMonti and friends. "We love each other forever!!!"

Ms. Amy White celebrates her 47th birthday on October 10th, with family and friends.

Mr. Lawrence Hodge celebrates his 54th birthday on October 11th, at Gregory's Ice & Smoke.

Mr. Kion Bates celebrates his 41st birthday on October 11th, with family and friends, "Thank you Mr. B"

Mr. Jacob McKenney celebrates his birth on October 11th, with family and friends. "Much love" Mom

Ms. Cheyanne Nichole Garvie enjoys her 15th birthday on October 12th, with family and friends. Aunt TT loves you my beautiful big girl!!!

Ms. Amanda Smith celebrates her 33rd birthday on October 12th, with family and friends. "I am blessed to see another year with my family and friends!"

Mr. Quincy Johnson celebrates his 41st birthday on October 12th, with family and friends.

Ms. Michelle Johnson Beard celebrates her birthday on October 14th.

Ms. Marilyn Plummer celebrates her birthday October 17th, with family and friends.

Ms. Sarae Coddington celebrates her 34th birthday on October 17th, with family and friends.

Ms. Kathy Fair celebrates her birthday on October 17th with family and friends.

Ms. Geraldine Rush enjoys her 69th birthday on October 17th, with family and friends.

Ms. Tanisha Jefferson celebrates her 34th birthday on October 18th, with family and friends.

Ms. Meredith Mertz enjoys her 31st birthday on October 18th, celebrating with family and her boyfriend, Bryan Arlen. She says, "I love Life, for it's so

amazing!"

Mr. "Big" John Crosley celebrates his birthday on October 18th, with family and friends.

Ms. Kim Walker celebrates her birthday on October 18th.

Ms. Liza Leal celebrates her birthday on October 18th.

Mr. Eugene Allen celebrates his birthday on October 19th, with family and friends.

Ms. Mya Douse enjoys her birthday on October 19th, with family and friends.

Ms. Corrin O. celebrates her birthday on October 20th with family and friends.

Ms. Brooke Hening celebrates her birthday on October 21st.

Mr. Eric Buckner celebrates his birthday on October 23rd.

Mr. Steven Smith enjoys his birthday October 24th. "Thank you to all my family and friends!"

Mr. Zechariah Turner celebrates his 9th birthday on October 24th.

Mr. Eric McClinton celebrates his birthday on October 24th with family and friends.

Ms. Tamese Vinsom celebrates her birthday on October 25th, with family and friends.

Ms. Alena Rush-Bowers will celebrate her birth on October 25th, with her grandparents, family and friends.

Ms. Kelly Hampton celebrates her birthday on October 26th.

Ms. Mollie Demond had the pleasure of celebrating her 61st birthday on October 26th.

Ms. Melissa Robinson celebrates her birthday on October 26th.

Ms. Jonna David enjoys her birthday on October 27th, with family and friends.

Mr. Karlton Gilmore enjoys his birthday on October 27th.

Ms. Renita McAbee celebrates her birthday on October 28th.

Ms. Kelly Glynn celebrates her birthday on October 28th, with family and friends.

Ms. Doris Redmond celebrates her birthday on October 28th, she says; "Thank You, Jesus for one more year!"

Ms. Angela Pruitt celebrates her birthday on October 28th -

Ms. Lori Wright celebrates her birthday on October 29th.

Mr. Sovran Brown celebrates his birthday on October 29th with family and friends.

Sir Paris Leek enjoys his birthday on October 30th, with family and friends.

Mr. Robert Walter, who was born on October 30th, 1981, will be celebrating that event by hanging out with his family and friends.

Ms. Sheka Green celebrates her birthday on October 31st.

Ms. Whitney Stowell celebrates her birthday on October 31st. "Happy Birthday Baby Girl!" Love Mom

Ms. Maryann Smrek celebrated her birthday on October 31st. She said "I am truly grateful to God for giving me the best parents in the world: thank you, Mom for your unconditional love! Maryann. Happy 57th to my mom Simona Barber, I love you; wish you a happy birthday and many more to come. Love always, Souci Chappell

### \*Anniversaries

Mr. Ray and Mrs. Melody Kurtis blissfully celebrated their wedding anniversary on September 28th, loving life!!!

### \*Announcements

Please let us know if you have any names to be removed...

• Mr. Party Website: [www.mrpartycelebrationservice.com](http://www.mrpartycelebrationservice.com)

• Facebook Page: [facebook.com/mrparty1985](https://facebook.com/mrparty1985)

• Sportron: [www.sportron.com/mrparty](http://www.sportron.com/mrparty)

• Celebration Gram - A Class Act: Have your special message delivered by Mr. Party for that special someone or special occasion! Call 517-391-4849 or email: [mrparty@aol.com](mailto:mrparty@aol.com) Please send the information about you, your family or friends celebrating the Events of Life: Celebration Announcements

## Chris Swope

Lansing City Clerk



For Immediate Release  
Media Contact:

September 26, 2023

Chris Swope (517) 230-566

### New Permanent Ballot List is Very Popular as Thousands of Lansing City Ballots will be Mailed on Sept. 28

Lansing - Over 14,000 absentee ballots are being prepared to be mailed on Thursday, September 28, for the Lansing City General Election so voters can vote from their home or temporary residence.

"We are seeing the vast majority of these voters taking advantage of joining the new Permanent Mail Ballot list," said Lansing City Clerk Chris Swope "and will never miss an election again because they will automatically be mailed a ballot, as long as they are registered to vote in Michigan."

Just over 12,000 of the 14,000 plus ballots to be mailed on September 28 are from voters who choose to be on the permanent ballot list. Voters still have until Nov. 3 to request a ballot to be mailed at [www.LansingVotes.gov](http://www.LansingVotes.gov).

At the same website, voters can find the closest drop box, check on the status of their absentee application, view the list of candidates, and so much more. Voters must return their ballot by 8pm on Election Day to be counted. 24-hour, secure ballot drop boxes are

located within 1.5 miles of any Lansing resident or voters can return their ballot via mail with postage paid.

Lansing City Voters can also come to the South Washington Office Complex, 2500 S. Washington Ave., or Lansing City Hall, 124 West Michigan Ave., to pick up an absentee ballot in-person.

For more information, visit [www.LansingVotes.gov](http://www.LansingVotes.gov) or call (517) 483-4131.

# MAKE A PLAN TO VOTE

- ✓ **Vote at Home**
  - Use one of our 14 Drop Boxes for fastest Ballot Return!
  - US Post Office does not Recommend Returning your Ballot by Mail after Oct 28
- ✓ **Vote Early or**
  - Clerk's Election Unit - 2500 S Washington Ave.
    - Monday, October 30 to Friday Nov. 3 9 am to 4:30 pm
    - Open Late Wednesday, Nov. 1 9 am to 6:30 pm
    - Saturday, Nov. 4 & Sunday Nov. 5 11 am to 4:30 pm
- ✓ **Vote Nov 7**
  - Polls Open 7 am - 8 pm. Visit [LansingVotes.gov](http://LansingVotes.gov) to find your polling location.

**CHRIS SWOPE** LANSING CITY CLERK

[LansingVotes.gov](http://LansingVotes.gov) (517) 483-4131



# MICHIGAN STATE VERSUS MICHIGAN ANALYSIS

EAST LANSING - Pay attention to details and protect the ball. Those are the watchwords for the Michigan State University football team as it prepares to host number two ranked Michigan in a night contest Saturday, October 21. They have been the points of emphasis all season, but a 27-24 loss to Rutgers in a contest the Spartans gave away a 24-6 lead in the fourth quarter made MSU painfully aware of the need. The Spartans had shown



improvement each week since Harlon Barnett took over as acting head coach replacing the fired Mel Tucker September 10, then they fell apart at Rutgers. They started as though they were a cinch to put an end to the losing streak at three. Katin Houser re-

placed Noah Kim as starting quarterback and passed for a touchdown and scored on a 12-yard run leading MSU to a 24-6 lead early in the final period. The bottom fell out during a five-minute section of that final period as Rutgers capitalized on Spar-

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tan errors to score three touchdowns, and a two point conversion to steal the victory. It started when Michael O'Shaughnessy fumbled the snap on a punt and Erin Young recovered it in the end zone for a Rutgers touchdown. Gavin Wimsatt hit Isaiah Washington with a 4-yard scoring toss and added a two point pass to Matt Dremel to make the score, 24-21, with a little more than 8 minutes left. Tyrell Henry allowed the Rutgers kick-off to hit the ground, and Thomas Amankwaa picked it up giving the Scarlet Knights the ball on the MSU 21. Kyle Monagia, who rushed for more than 100 yards in the second half, raced 21 yards on the next

play to score the winning points. The Spartans are 2-4 on the season, 0-3 in the Big 10. Michigan's second ranked Wolverines come to town undefeated, 7-0 Saturday. MSU could save its season with an upset victory. Barnett's boys will have to play mistake free ball to have even a slight chance. Michigan is locked in the fight to qualify to compete for the national title. The Wolverines trail only Georgia in the rankings, and have third ranked Ohio State and seven ranked Penn State on their regular season slate. To make it to the final play off, Michigan must win the Big 10 title. A loss to MSU would be devastating.

Michigan's defense is among the best in the country. The Wolverines are number one in the nation in scoring defense allowing 6.7 points per game, and second in the nation in total defense allowing 233.1 yards per game. The Wolverine's offense is also among the nation's best. Michigan outscored its last two foes 104-17, and 180-31 in Big 10 play. Veteran quarterback, J.J. McCarthy is posting Heisman Trophy candidate numbers passing, and top running back, Blake Corum, leads the nation with 12 rushing touchdowns. It will be the first time the two teams play under the lights at Spartan Stadium.

## Gov. Whitmer Announces Historic Infrastructure Repairs for Highland Park, Lowering Costs for Residents and Ending 10-Year Dispute with GLWA

LANSING, Mich. — Today, the Whitmer-Gilchrist Administration helped broker a tentative deal between the Great Lakes Water Authority (GLWA) and Highland Park to end a 10-year dispute over unpaid water bills. Under the tentative agreement,

the State of Michigan has committed to funding historic infrastructure repairs in Highland Park and within the GLWA service area. The city and water authority are also responsible for additional commitments under their side of the tentative agreement if approved by all parties.

"Every Michigander should be able to live in a community that can deliver safe, affordable, and accessible water," said Governor Whitmer. "I'm proud that GLWA and Highland Park are one step closer to an agreement to ensure that we can protect access to drinking water for every family in the community. An agreement will help move this community forward, lower costs, and implement a fairer system for surrounding communities. Since I took office, we've made

record investments in water infrastructure and affordability. I'll continue working with local partners to offset costs, keep water rates affordable, and, most importantly, keep safe water flowing to homes in the region."

The water infrastructure in Highland Park is nearly 120 years old and utilizes antiquated or obsolete water mains to deliver water throughout the city. It is estimated that the city loses about 70% of its water due to inadequate infrastructure.

Under the tentative agreement, which was unanimously approved at a city council meeting this evening by Highland Park but must still be approved by the GLWA board, the State of Michigan has committed to: Fund installation of master

water and temporary sewer meters in Highland Park. Fund water main and service line replacement efforts within Highland Park. Release a \$25 million sewer infrastructure grant for GLWA that was previously appropriated. Fund a \$5 million grant for GLWA for drinking water infrastructure. Revise the administrative consent order to include settlement terms under EGLE.

"Our goal has always been to resolve the situation in a way that one, doesn't put this large financial judgment on the backs of Highland Park residents, and two, addresses long-term water infrastructure needs of Highland Park," said state Senator Stephanie Chang (D-Detroit). "The agreement that was reached today does both and puts

to rest an issue that has plagued this community for a decade. I'm grateful that Governor Whitmer joined us in bringing the two sides together to find a solution. We've shown that this legislature can solve our state's biggest problems in a way that puts residents first."

"We've heard from Highland Park leaders and residents about their concern regarding the city's outstanding water debt," said state Representative Mike McFall (D-Hazel Park). "This complicated issue has years of history, and while we acknowledge the city is in better financial shape than in years past, Highland Park residents, many of whom are seniors on a fixed income, in poverty, or low-income households, simply do not have the financial ability to take on this judgment without

devastating consequences. The agreement that was approved by the city today is a win for Highland Park and the surrounding communities, who will see major savings and record infrastructure upgrades in their neighborhoods. I want to thank the Whitmer Administration for working with us as we found a solution to this decade-long issue."

By replacing the water mains and service lines, the city can contain the water within the system, which will lower the cost for residents, and prevent any leaks into the sewage system.

The State of Michigan also agree to install water master meters on water lines and sufficient temporary meters to estimate the sewage flow produced by Highland Park. By doing

this, the city and GLWA will have an accurate accounting of residents' water and sewage usage, which should prevent future disputes over water and sewer bills. The new system will ensure full accountability and sustainability going forward.

Finally, the state has committed to offsetting costs for residents in the GLWA service area by providing \$30 million for infrastructure upgrades within the regional water system.

Currently, Highland Park and GLWA are engaged in litigation related to approximately \$55 million total in disputed water bills. Under the agreement, if approved by all parties, the ongoing lawsuits will be dismissed, including the nearly \$24 million judgement against Highland Park.

City-Wide Events Presents  
**A City-Wide High School Reunion**  
Hosted by Committee Members Evelyn Johnson and Bryan Leek

Everett Eastern  
Harry Hill Sexton

Classes of 76', 77', 78', 79'

Save the date August 16-17, 2024  
Additional information forthcoming.

Let's go, Lansing Michigan! See you in August.

ALPHA KAPPA ALPHA SORORITY, INCORPORATED®  
DELTA TAU OMEGA CHAPTER  
IN PARTNERSHIP WITH THE PEARLS OF EXCELLENCE FOUNDATION, INC.  
PRESENT

"A Gourmet Affair with a Mardi Gras Flair"

Save the Date  
SUNDAY, OCTOBER 29, 2023  
KELLOGG HOTEL AND CONFERENCE CENTER  
3:00 p.m. - 6:00 p.m.



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LANSING'S PREMIER PERFORMANCE SPACE  
BAR • RESTAURANT • EVENTS

# NOVEMBER EVENTS



**01** WED  
OPEN MIC NIGHT WITH RICK HANSEL



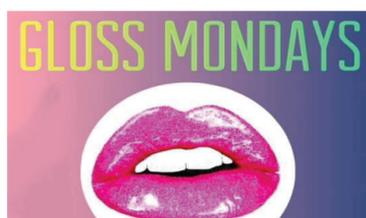
**02** THU  
UPBEAT THURSDAYS DINNER AND A SHOW



**03** FRI  
DAVE SHARP WORLDS QUARTET W/ BELLYDANCE ARTIST GEMHARA ALMAZ AND GUEST BELLY-DANCE ARTISTS



**04** SAT  
DJ WHITNEY WHO



**06** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



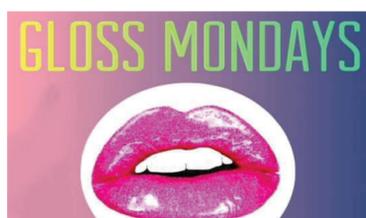
**08** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**10** FRI  
Z COLLECTIVE MOTOWN SHOW



**11** SAT  
KELLER/KOCHER & CO



**13** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**14** TUE  
ABSOLUTE MUSIC: CLASSICAL MUSIC SERIES



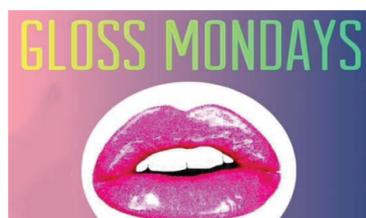
**15** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**16** THU  
DIXON'S VIOLIN



**17** FRI  
MR MIDNIGHT WITH TWYLA BIRDSONG



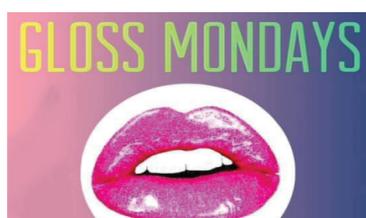
**20** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**22** WED  
OPEN MIC NIGHT WITH RICK HANSEL



**25** SAT  
POWERLIGHT BAND



**27** MON  
GLOSS MONDAYS DRAG SHOW - OPEN FLOOR



**29** WED  
OPEN MIC NIGHT WITH RICK HANSEL

**BUY TICKETS**





## SMOKE DETECTORS SAVES LIVES AND PROPERTY

Get your **FREE** smoke detector to assist us with protecting your family and property from home fires. Last year, we experienced over 100 home fires that resulted in property damage as well as injuries.

To help reduce home fires the Lansing Fire Department is launching the Smoke Detector Program. We will come and install the smoke detectors in your home for **FREE**.



**CALL 3-1-1**  
or **517-483-5087**  
TO SCHEDULE YOUR  
**INSTALLATION**

### SMOKE DETECTOR PROGRAM

#### TO RECEIVE A SMOKE DETECTOR THE RESIDENTS MUST:

- ✓ Call Lansing's **3-1-1** to set up an appointment
- ✓ Or call the main office at **517-483-5087** to set up an appointment
- ✓ Smoke detectors cannot be requested through Facebook

#### TO QUALIFY FOR THE PROGRAM:

- ✓ Must be a Lansing resident
- ✓ Must be a current homeowner
- ✓ Homeowner must be present during the scheduled installation service



## COOKING AND ELECTRICAL COOKING APPLIANCE SAFETY

The leading cause of fire in the home is cooking fires, and the most significant cause is unattended cooking. Please be mindful of the following tips when you are cooking:

- ✓ Be alert. If you are sleepy or have consumed alcohol do not use the stove or stovetop.
- ✓ Stay in the kitchen while you are cooking. If you do decide to leave the kitchen during the process of cooking something, turn off the stove or stovetop.
- ✓ Use a timer to remind you that you are cooking.
- ✓ Keep anything that can catch fire away from the stovetop. For example, items such as oven mitts, food packaging, paper towels, or clothing, should never be near your stovetop.
- ✓ Do not keep anything on your stovetop!

Please be aware of the following recommendations when you are utilizing an electrical cooking appliance:

- ✓ When using electrical cooking appliances follow the manufacturer's instructions on where to place the appliance and how to use it.
- ✓ Unplug the appliance when it is not in use.
- ✓ Check the cords on a regular basis for any damages. If the cord is damaged, do not use the appliance.