



**KEN MARTZ, PSY.D.**

**Psychologist**

#### PROFILE

International Bestselling Author  
Psychologist  
Keynote Speaker  
Business Mentor

#### CONTACT

PHONE:  
484-704-0003

WEBSITE:  
[www.DrKenMartz.com](http://www.DrKenMartz.com)

EMAIL:  
[Dr.KenMartz@gmail.com](mailto:Dr.KenMartz@gmail.com)

## Signature Trainings

### Counselors

- Through Fear to Recovery

### Leadership

- Three Leadership Mistakes and How I Overcame Them

### General Public

- Stress and Anxiety Management

## Other Training Available (Sample)

### Counselors

- Through Fear to Recovery
- From Rage to Renewal: Reshaping Recovery
- From Shadows to Sunshine: Rediscovering Hope and Happiness
- From Emptiness to Empowerment: Grief as a Catalyst for Change
- Power of Plasticity: Paving New Neural Pathways for Recovery
- Healing Hearts, Calming Minds: Harnessing Meditation for Addiction Recovery
- Transforming Counseling Skills from Good to Great
- Treating the Heart of Addiction
- Breaking the Cycle: A Journey from Gambling Disorder to Lasting Recovery
- Double Trouble: Trauma and Addiction

### Leadership

- Three Leadership Mistakes and How I Overcame Them
- Leading with Integrity: Ethical Leadership Skills for Program Owners and Counselors

### General Public

- Stress and Anxiety Management

## What They Are Saying

Excellent Use of Humor and Knowledge  
Very thorough, I learned a lot! Informative, Inspiring, and Charismatic  
Excellent Class Management. Very good use of exercises  
Exceptional- You are a wealth of knowledge  
My first of what I hope will be many wonderful learning experiences  
This was one of the best presentations yet!  
Dr. Ken's enthusiasm! He was even excited to answer questions from the crowd.  
Dr. Ken seems to have a lot of knowledge & he did a great job of using terms everyone in the crowd understood, despite their education level & experience.  
He was an animated and engaging presenter, which made the whole presentation interesting.  
Dr. Ken is always a great trainer and keeps the room engaged (especially after lunch!)