



KEN MARTZ, PSY.D.

Psychologist

PROFILE

International Bestselling Author
Psychologist
Keynote Speaker
Business Mentor

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Signature Trainings

Emotional Management

- Fostering Emotional Intelligence in the Workplace

Stress Management

- Managing Stress and Preventing Burnout

Substance Use

- Substance Use and Workplace Safety

Virtual Environments

- Managing Teams in Virtual Environments

Other Training Available (Sample)

Staffing Issues

- Constructive Communication in Challenging Situations
- Navigating Workplace Relationships
- Promoting Inclusion Through Cultural Humility
- Conflict Resolution
- Building Relationships in a Digital Workplace
- Effective Communication in Online Meetings
- Mastering Time Management and Competing Priorities

Leadership

- Three Leadership Mistakes and How to Overcome Them

What They Are Saying

Excellent Use of Humor and Knowledge

Very thorough, I learned a lot! Informative, Inspiring, and Charismatic

Excellent Class Management. Very good use of exercises

Exceptional- You are a wealth of knowledge

My first of what I hope will be many wonderful learning experiences

This was one of the best presentations yet!

Dr. Ken's enthusiasm! He was even excited to answer questions from the crowd.

Dr. Ken seems to have a lot of knowledge & he did a great job of using terms

everyone in the crowd understood, despite their education level & experience.

He was an animated and engaging presenter, which made the whole presentation interesting.

Dr. Ken is always a great trainer and keeps the room engaged (especially after lunch!)