QUESTIONS TO CONSIDER AS AN EXPECTANT CAREGIVER

Now is a good time to speak with an eldercare attorney, financial planner, and to find community services.

1. What are your pressing concerns?

2. Do you have a durable POA (Power of Attorney)?

3. What do you know about your caree’s financial situation?

4. Which community options are you aware of?

5. Who are the current health care providers?

6. What is the reality of the situation?

7. What is your current support system?

8. How can you document your caree’s life story?

We all deserve care.

"Expectant Caregiver" questions source: Denise M. Brown, Author of "The Caregiving Years"