

## DISCHARGE CHECKLIST for FAMILY CAREGIVERS

- Be present, take notes** when possible. **Make a list** of family/friends who can help:
- Discuss physical condition, post-discharge care, and prognosis** with patient and/or appropriate family members.
- Consider your needs**, including what kind of help is needed to meet changing care needs (see [Caregiving Notification Form](#)).
- Request referrals** to a home health/care agency, other health provider(s), and other appropriate care support organizations.
- Confirm details for follow-up appointments**, lab work, and/or tests.
- Confirm medical staff has sent an electronic record of discharge instructions** and medications to PCP and other appropriate medical providers.
- Fill all new/updated medication orders** prior to discharge if possible. Communicate changes to medications with your loved one's pharmacist(s) (see [Medications List](#)).
- Ask for staff contact names and phone numbers** for post-discharge questions and/or follow up.
- Ask what symptoms/side effects** should prompt an immediate follow up call to the physician.

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