

WILD QUARTZ WELLNESS
massage therapy & holistic healing

NEW CLIENT INTAKE

Name _____ D.O.B. _____ Today's Date _____

Address _____ City _____ State _____ Zip _____

Cell phone _____ Email _____

Occupation _____ Employer _____

Emergency contact name _____ Relationship _____

Emergency contact phone _____ Referred by _____

Insurance Information

If you'd like to use your insurance or see if you have coverage for services with me, I'm happy to check for you! I'll just need your driver's license and insurance card. If you're not using insurance, just skip on down to the next section.

If you're filling this out prior to your appointment, you can email these to me at nikky@wildquartzwellness.com

What Brings You In?

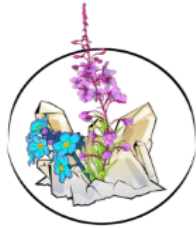
Circle all that apply: Mental Relaxation | Tight Muscles | Injury Recovery | Wellness | Other

Please list any areas of concern _____

Date of injury (If applicable) _____

Health History

Current Medications/Supplements and what are they taken for:



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List All Major Injuries (including broken bones/sprains/strains), Illnesses, Surgeries and Dates:

List any Accidents and Dates of Occurrence: (Were you injured? Did you see a doctor?)

Do you have sensitive skin? _____ Do you have any allergies to oils, lotions or ointments? _____

List any known allergies _____

Circle Any of the Following Conditions that Apply

Musculoskeletal

Bone or Joint Disease | Tendonitis | Bursitis | Arthritis | Gout | Jaw Pain (TMJ) | Lupus | Spinal Problems
Migraines | Headaches | Osteoporosis | Scoliosis

Circulatory

Heart Condition | Phlebitis | Varicose Veins | Blood Clots | High Blood Pressure | Low Blood Pressure
Lymphedema | Thrombosis/Embolism

Respiratory

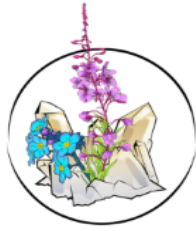
Breathing Difficulty | Asthma | Emphysema | Sinus Problems

Nervous System

Shingles | Numbness | Tingling | Pinched Nerve | Chronic Pain | Paralysis
Multiple Sclerosis | Parkinson's Disease

Reproductive

Pregnant, due date _____ Ovarian | Menstrual Problems | Prostate



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Skin

Rashes | Eczema | Cosmetic Surgery | Athlete's Foot | Herpes | Cold Sores | Open Sores

Digestive

Irritable Bowel Syndrome | Bladder Infection | Kidney Problems | Colitis | Crohn's Disease | Ulcers

Psychological

Anxiety | Stress Syndrome | Depression | Mood Swings | OCD | Cold Sweats

Other

Diabetes | Cancer/Tumors - If yes, Location _____

Contact Lenses | Dentures | Hearing Aids

Any other medical condition(s) not listed: _____

Disclaimer: If you've listed certain medical conditions or specific symptoms, massage may be contraindicated. In some cases, massage may be able to be resumed with a doctor's note of approval. If using insurance, a referral from your primary care provider may be required prior to service.

Previous Experience

Have you received a professional massage before? _____

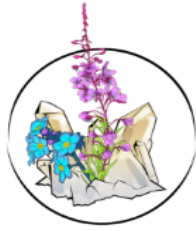
If yes, how frequently? _____

If yes, when was your last massage? _____

Do you have any goals in mind with your massage session?

What is your favorite part of a massage?

7801 Schoon St, Ste B Anchorage, AK 99518
PH: 760.523.8500



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What kind of pressure do you prefer? (circle) Light | Moderate | Firm

Client Agreement

I understand that the massage I receive is provided for relaxation and pain management. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure can be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination or diagnosis and that I should see a qualified medical specialist. Massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so. I understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and I will be liable for payment of the scheduled appointment. It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage.

Privacy Notice: No information about any client will be discussed or shared with any third party without written consent of the client or parent/guardian if the client is under 18.

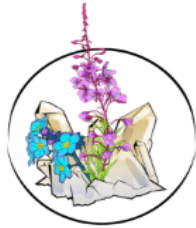
Print name _____ D.O.B. _____

Signature _____ Date _____

Consent to Treat a Minor

Parent/Guardian Name _____ Relationship: _____

Parent/Guardian Signature _____ Date _____



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Cancellation Policy

Due to the scheduling demands of my office, I require a 48-hour notice of cancellation for your scheduled massage or holistic healing service. I understand that things come up, however if you are unable to make your scheduled appointment, please notify me as quickly as possible.

If you aren't able to make your appointment, you are always welcome to send someone in your place, and as long as they make the appointment, you will not be assessed any fees. If they don't make the appointment, you will still be responsible for any fees, as it was your original appointment.

_____ (initial) **If you provide notice with at least 48 hours, you will not be assessed a late cancellation fee. If you provide less than 48 hours notice, but more than 24 hours notice, you are subject to a \$70 late cancellation fee.** (Times will be based on the timestamp from when your communication was sent – whether through email, text, or phone call)

_____ (initial) **Cancellations with less than 24 hours notice, including same day cancellations, will be responsible for 100% of the missed service.**

No Show Policy

If 15 minutes has passed since your appointment start time, you will be considered a no-show. I send out a courtesy text after 10 minutes to see if you are on your way. If you're running late and still want to receive the remainder of your appointment at full cost, you are welcome to do so. A discount will not be provided for those who are running late. If I don't hear from you, you will be considered a no-show and will be responsible for 100% of the appointment. _____ (initial) **I read and agree to the No-Show Policy.**

The late cancellation fee and fee for a missed scheduled service cannot be billed to insurance companies and must be paid by you personally.

I understand and hereby agree to abide to this policy.

Name: _____

Signature: _____ Date: _____