

# WILD QUARTZ WELLNESS

massage therapy & holistic healing

## NEW CLIENT INTAKE

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Today's Date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_  
Email \_\_\_\_\_ Occupation \_\_\_\_\_  
Employer \_\_\_\_\_ Referred by \_\_\_\_\_  
Emergency contact name \_\_\_\_\_ Relationship \_\_\_\_\_  
Emergency contact phone \_\_\_\_\_

## Insurance Information

Full Name \_\_\_\_\_ D.O.B. \_\_\_\_\_  
Insurance Provider \_\_\_\_\_ Insurance ID # \_\_\_\_\_  
Billing address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_  
Client's relation to insured (*circle*) Self | Spouse/Partner | Child

## What Brings You In?

*Circle all that apply:* Mental Relaxation | Tight Muscles | Injury Recovery | Wellness | Other

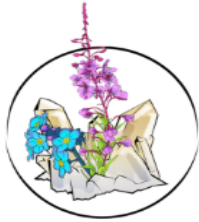
Please list any areas of concern \_\_\_\_\_  
\_\_\_\_\_

Date of injury (*If applicable*) \_\_\_\_\_

## Health History

Current Medications/Supplements and what are they taken for:

\_\_\_\_\_  
\_\_\_\_\_



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List All Major Injuries (including broken bones/sprains/strains), Illnesses, Surgeries and Dates:

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List any Accidents and Dates of Occurrence: (Were you injured? Did you see a doctor?)

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Do you have sensitive skin? \_\_\_\_\_ Do you have any allergies to oils, lotions or ointments? \_\_\_\_\_

List any known allergies \_\_\_\_\_

*Circle Any of the Following Conditions that Apply*

## **Musculoskeletal**

Bone or Joint Disease | Tendonitis | Bursitis | Arthritis | Gout | Jaw Pain (TMJ) | Lupus | Spinal Problems  
Migraines | Headaches | Osteoporosis

## **Circulatory**

Heart Condition | Phlebitis | Varicose Veins | Blood Clots | High Blood Pressure | Low Blood Pressure  
Lymphedema | Thrombosis/Embolism

## **Respiratory**

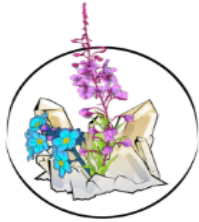
Breathing Difficulty | Asthma | Emphysema | Sinus Problems

## **Nervous System**

Shingles | Numbness | Tingling | Pinched Nerve | Chronic Pain | Paralysis  
Multiple Sclerosis | Parkinson's Disease

## **Reproductive**

Pregnant, due date \_\_\_\_\_ Ovarian | Menstrual Problems | Prostate



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## Skin

Rashes | Cosmetic Surgery | Athlete's Foot | Herpes | Cold Sores | Open Sores

## Digestive

Irritable Bowel Syndrome | Bladder Infection | Kidney Problems | Colitis | Crohn's Disease | Ulcers

## Psychological

Anxiety | Stress Syndrome | Depression | Mood Swings | OCD | Cold Sweats

## Other

Diabetes | Cancer/Tumors - If yes, Location \_\_\_\_\_

Contact Lenses | Dentures | Hearing Aids

Any other medical condition(s) not listed: \_\_\_\_\_

*Disclaimer:* If you've listed certain medical conditions or specific symptoms, massage may be contraindicated. In some cases, massage may be able to be resumed with a doctor's note of approval. If using insurance, a referral from your primary care provider may be required prior to service.

## Previous Experience

Have you received a professional massage before? \_\_\_\_\_

If yes, how frequently? \_\_\_\_\_

If yes, when was your last massage? \_\_\_\_\_

Do you have any goals in mind with your massage session?

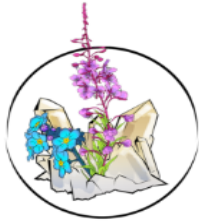
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What is your favorite part of a massage?

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What kind of pressure do you prefer? (*circle*) Light | Moderate | Firm

## Client Agreement

I understand that the massage I receive is provided for relaxation and pain management. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure can be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination or diagnosis and that I should see a qualified medical specialist. Massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so. I understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and I will be liable for payment of the scheduled appointment. It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage.

Print name \_\_\_\_\_ D.O.B. \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

*If Under 18 Years Old:*

Parent/Guardian Name \_\_\_\_\_ Relationship: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_