

# NEWSLETTER

WWW.ABLEDINC.COM

## ABLED

PHILIPPIANS 4:13 +



### Ten Year Legacy

ABLED is excited to celebrate four people who were part of our inception and have allowed us to journey through life together for the last ten years. They are truly special people who have touched our hearts and taught us so much!

**Jaymee:** Family is a cornerstone of Jaymee's life. We are truly fortunate to have sister, Ann, as her SLP. Her dedication to volunteerism and her impactful role as a Director on ABLED's Board of Directors is greatly appreciated!

**Chris I:** Chris is a dedicated worker with a diverse background, having worked at restaurants and volunteered at the Help Center, Meals on Wheels, and Tabitha. He even mowed ABLED's lawn for several years. His willingness to help others, whether it's shoveling snow or other tasks, is truly commendable!

**Chris O:** Chris's hard work is evident in his enjoyment of his job at Foot Locker and his previous experience at Hy-Vee. His athletic prowess in flag football, basketball, and Special Olympics is impressive and inspiring!

**Shawn:** Family and Deanna hold a special place in Shawn's heart. He is blessed to have his sister, Sherri, as his staff, which allows him to spend quality time with Deanna and her. His enthusiasm for dining out and his excellent suggestions for events and new restaurants are always appreciated!

"Serving Jesus Christ by enabling people with developmental disabilities to creatively explore and live full meaningful lives in their communities"

*Thank You* for joining us in our mission!

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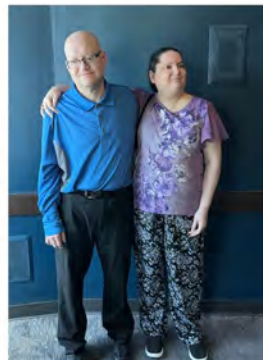
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# TEN YEAR LEGACY

Starting ABLED was a journey filled with preparation and perseverance. We incorporated on February 14, 2014, and after three rejections, DHHS finally certified ABLED on February 5, 2015. ABLED truly began on May 1, 2015. We pray daily that ABLED will make a difference in the lives of our participants in this world and the world to come!



"I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME."

**Philippians 4:13**

## FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website.

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## JOIN US AT ABLED EVENTS!

### 2025 Free Passes

Scatter Joy Acres • Bee Me Sensory • Nebraska History Museum  
Air & Space Museum • Hickman Community Center • ABLED Barn

#### Pioneers Park Picnic

May 16, Friday  
3201 Coddington, Lincoln, NE  
12:00 pm



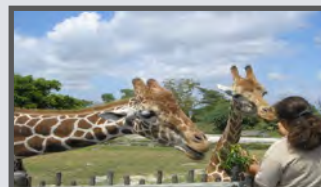
#### Canoyer Garden Center

May 19, Monday  
2601 Long Pine Rd, Lincoln NE  
1:00 pm



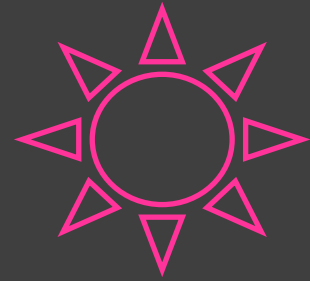
#### Lincoln Children's Zoo

May 21, Wednesday  
1222 S 27th St, Lincoln NE  
Tickets 11:00-11:30 am





SCHRAMM  
EDUCATION CENTER  
APRIL 14TH





**ABLED STAFF  
YOU ROCK!**

ABLED staff are A-mazing!

Jafar, CJ, and Joe purchased a PS5 for the youth at the F St Rec Center.

We are so honored to have generous staff who think of others!



# NEBRASKA HISTORY MUSEUM APR 24TH



## JAFAR'S CORNER →→→→→







a little history  
a little adventure  
a little advocacy





# CHECK OUT WHAT WE DID THIS MONTH





# MOVIES • CONCERTS • PARKS • SLUSHIES



## Walk in Love Ephesians 5:1-2

Do we fully understand what it means to be loved by God? In Ephesians 5, Paul says that we are "dearly loved" children of God (v. 1)!



**"Follow God's example, therefore, as dearly loved children ."**

The fact that Christ loved us and "gave himself up for us" is so impactful that Paul prayed for the Ephesians to understand it fully. In chapter 3:17-19, he asks that they be "rooted and established in love" so they "may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge."

In chapter 5, Paul challenges the church at Ephesus to "walk in the way of love, just as Christ loved us and gave Himself up for us as a fragrant offering and sacrifice to God" (v. 2).

**"And walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."**

This statement raises the standard of love back to its rightful place: "Greater love has no one than this: to lay down one's life for one's friends" (John 15:13). It is Christ's example of sacrifice that we must follow as God's dearly loved children.

Jesus called us to this same standard of love in the Gospel of John 13:34: "A new command I give you: Love one another. As I have loved you, you must love one another." As recipients of this sacrificial love, we are called to love others. This is no ordinary love. This love requires living and loving in a way that sets us apart as children of God: "By this everyone will know that you are my disciples, if you love one another" (John 13:35).

**Go Deeper: Do you fully understand Christ's love for you?**