



## Guardian's Newsletter

The true meaning of Christmas is love. John 3:16-17 says, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

For God did not send his Son into the world to condemn the world, but to save the world through him." The true meaning of Christmas is the celebration of this incredible act of love.



The real Christmas story is the story of God's becoming a human being in the Person of Jesus Christ. Why did God do such a thing? Because He loves us! Why was Christmas necessary? Because we needed a Savior! Why does God love us so much? Because He is love itself (1 John 4:8). Why do we celebrate Christmas each year? Out of gratitude for what God did for us, we remember His birth by giving each other gifts, worshiping Him, and being especially conscious of the poor and less fortunate.

The true meaning of Christmas is love. God loved His own and provided a way—the only Way—for us to spend eternity with Him. He gave His only Son to take our punishment for our sins. He paid the price in full, and we are free from condemnation when we accept that free gift of love. "But God demonstrated His own love for us in this: while we were still sinners, Christ died for us" (Romans 5:8).

*We Wish You a Merry Christmas from all of us at ABLED!*

### ABLED's MISSION

"Serving Jesus Christ by enabling developmentally disabled individuals to creatively explore and live full meaningful lives in their communities.

*Thank You for joining us in our mission!*

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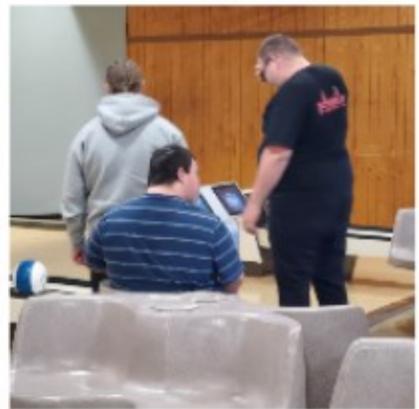
**MAKAELA URBANOVSKY**  
Program Coordinator

**ADAM TAGART**  
Administrative Assistant

### FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website at [www.abledinc.com](http://www.abledinc.com).



## HOLIDAY BOWLING

On Thursday December 2, 9 and 16, ABLED invited bowlers to socialize, bowl for free and have a little fun together.

Coming soon. Stay tuned for our invitation to catch a movie in January.





Be Confident. Learn Skills . Have Fun.



ABLED hosted a community event at Calvert Rec Center on Nov 19th. We made bird feeders from pine cones, had lunch and socialized.





### AIR PARK

3720 NW 46th St., Lincoln 68524  
402-441-7876  
Mon-Fri 11:30 am—8:00 pm  
Sat 10:30 am—2:00 pm



### BELMONT

1234 Judson St., Lincoln 68521  
402-441-6789  
Mon-Thur 9 am-6:50 pm  
Fri 9:00 am—5:20 pm



### CALVERT

4500 Stockwell St., Lincoln 68506  
402-441-8480  
Mon-Thur 7:00 am—7:00 pm  
Fri 7:00 am—5:30 pm

## Lincoln Recreation Centers

A great place for community inclusion activities on a cold or warm day.  
Stop by each location to find safe, fun, recreation-based environments.



### EASTERDAY

6130 Adams St., Lincoln 68507  
402-441-7901  
402-441-7877  
Mon-Fri 1:00 pm—4:30 pm



### F St

1225 F St., Lincoln 68508  
402-441-7951  
Mon-Fri 8:00 am—8:00 pm  
Sat 10:00 am—5:00 pm  
Sun 1:00 pm—5:00 pm

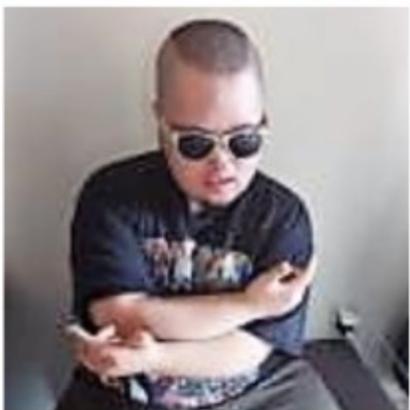


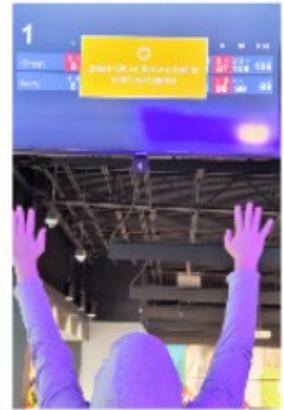
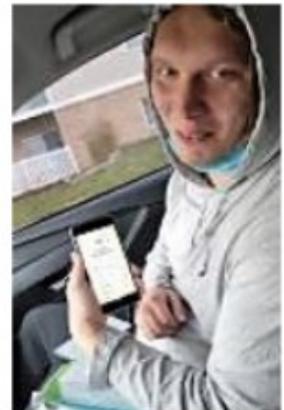
### IRVING

2010 Van Dorn St., Lincoln 68502  
402-441-7954  
Mon-Thur 9:00 am—7:00 pm  
Fri 9:00 am—6:00 pm



Congratulations to our DSP Brent Welch who ran the NYC Marathon in November for the ALS Association Greater New York Chapter and his friend who is living with ALS raising \$5,315 for the charity.





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