

Mar 2023



Developmental Disabilities Awareness Month

March is Developmental Disabilities Awareness Month. The purpose of awareness is to educate and encourage Nebraskans to provide individuals with intellectual and developmental disabilities (IDD) the encouragement and opportunities they need to lead fulfilling and productive lives and achieve their full potential, goals and dreams.

Orange is the official color of Developmental Disabilities Awareness Month. The color symbolizes energy and positivity.



The DHHS Division of Developmental Disabilities reports that over 5,000 Nebraska residents are supported through their department.

Much progress has been made since the Olmstead Case in 1999 where the Supreme Court ruled people with disabilities have a right to live safely and be supported in the community.

ABLED exists because of Andrew who was a participant in services here in Nebraska who passed away in 2012 at the age of 25. ABLED is dedicated to his memory and his love for the Lord. He loved hats, pens, church, and Husker sports. On his birthday on March 13th at 1pm, ABLED will be gathering to have Yogurtini.

Join us for a special treat and to create awareness by wearing orange or your ABLED apparel. We hope everyone can make it!

Thank You for joining us in our mission!

“Serving Jesus Christ by enabling people with developmental disabilities to creatively explore and live full meaningful lives in their communities”

ABLED, INC.
7562 UPTON GREY LN
LINCOLN NE 68516
402-904-7433
WWW.ABLEDINC.COM

DAVID D. TAGART
President, CEO
402-202-2284
dtagart@gmail.com

LINDA TAGART
EVP Administration
402-202-6768
ltagart62@gmail.com

PIERRE ALLEN
EVP Operations
402-417-2613
pierrealensr@gmail.com

CORALIE LANG
EVP Compliance
402-310-8907
coralielang71@gmail.com

CHERYL LITTLE
Payroll & Benefits Manager
402-450-7959
clittle091@gmail.com

MAKAELA URBANOVSKY
Program Coordinator

ADAM TAGART
Administrative Assistant

PAIGE STYSKAL
Administrative Assistant

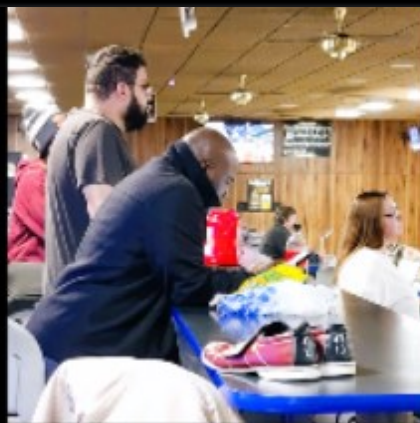
FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website at www.abledinc.com.



ABLED
EVENT at
Hollywood
Bowl



SPECIAL OLYMPICS VOLLEYBALL



Volleyball starts in March and will practice for 8 weeks leading up to competition and ending in May.

To play volleyball, players need to acquire a few basic skills and learn a few rules. The aim of the sport is to score more points by hitting the ball with the hands and sending it over the net to the opponent's court.

If you know someone who would like to join a team, please call Coach Diane at 531-289-4571. Both men and women are invited!



SUN VALLEY
LANES & GAMES

UPCOMING ABLED EVENTS

Movie Ticket Pick up

Tuesday, March 21st

Barnes & Noble, SouthPointel: 2910 Pine Lake Rd, Lincoln
10am-10:30am

Lincoln Children's Zoo

Wednesday, March 29

Lincoln Children's Zoo : 1222 S 27th St, Lincoln
11:30 am





Jaymee's family dog had a litter of puppies.

SO CUTE!

She participated in their birth, is helping care for the newborn puppies and creating keepsake albums for the new owners.

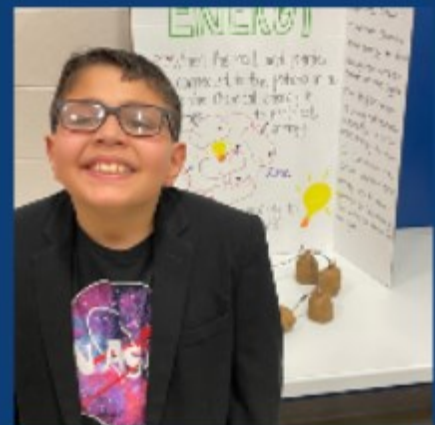
Who's wondering if she'll get to keep one? 😊



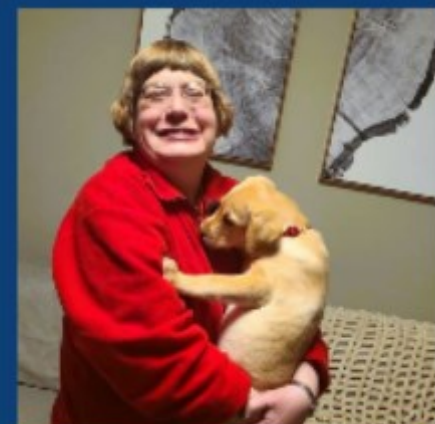
Last month's drawing winners each received a \$10 gift card to Scooters.



Elijah had a basketball tournament and won 2nd Place. Congrats!! He also invited his mom and SLP to a science fair at school.



Tracy's having fun with her new puppy, Jojo the yellow lab, who quickly filled their house with puppy kisses and smiles!



CMS HCBS Final Rule: What To Know about State Transition Plans (STPs)

#1

Federal Requirement #1: The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

#2

Federal Requirement #2: The setting is selected by the individual from among setting options including non-disability specific settings. The settings options are identified and documented in the person-centered plan and are based on the individual's needs, preferences, and resources.

#3

Federal Requirement #3: The setting ensures an individual's rights of privacy, dignity, and respect, and freedom from coercion and restraint.

#4

Federal Requirement #4: The setting optimizes, but does not regiment, individual initiative, autonomy, and independence in making life choices including but not limited to daily activities, physical environment, and with whom to interact.

#5

Federal Requirement #5: The setting facilitates individual choice regarding services and supports, and who provides them.

#6

***Federal Requirement #6:** The setting provides for a legally enforceable agreement between the provider and the consumer that allows the consumer to own, rent, or occupy, the residence and provides protection against eviction.

#7

***Federal Requirement #7:** The setting provides for privacy in units including lockable doors, choice of roommates/housemates, and freedom to furnish and decorate the sleeping or living units within the lease or other agreement.

#8

***Federal Requirement #8:** The setting provides options for individuals to control their own schedules including access to food at any time.

#9

***Federal Requirement #9:** The setting provides individuals the freedom to have visitors at any time.

#10

***Federal Requirement #10:** The setting is physically accessible.

Effective 3-17-23
- For All States -
COMING SOON:
CMS will begin on
site reviews.

*Applies only to residential settings

WHY DOES GOD LOVE US?

This short question is among the most profound questions ever asked. And no human would ever be able to answer it sufficiently. One thing is certain, however. God does not love us because we are lovable or because we deserve His love. If anything, the opposite is true. The state of mankind since the fall is one of rebellion and disobedience. Jeremiah 17:9 describes man's inner condition: "The heart is deceitful and desperately wicked. Who can know it?" Our innermost beings are so corrupted by sin that even we don't realize the extent to which sin has tainted us.

In our natural state, we do not seek God; we do not love God; we do not desire God. Romans 3:10-12 clearly presents the state of the natural, unregenerate person: "There is none righteous, no, not one; There is none who understands; There is none who seeks after God. They have all turned aside; They have together become unprofitable; There is none who does good, no, not one." How then is it possible for a holy, righteous, and perfect God to love such creatures? To understand this we must understand something of the nature and character of God.

First John 4:8 and 16 tell us that "God is love." Never was a more important declaration made than this—God is love. This is a profound statement. God doesn't just love; He is love. His nature and essence are love. Love permeates His very being and infuses all His other attributes, even His wrath and anger. Because God's very nature is love, He must demonstrate love, just as He must demonstrate all His attributes because doing so glorifies Him. Glorifying God is the highest, the best, and the most noble of all acts, so, naturally, glorifying Himself is what He must do, because He is the highest and the best, and He deserves all glory.

Since it is God's essential nature to love, He demonstrates His love by lavishing it on undeserving people who are in rebellion against Him. God's love is not a sappy, sentimental, romantic feeling. Rather, it is agape love, the love of self-sacrifice. He demonstrates this sacrificial love by sending His Son to the cross to pay the penalty for our sin (1 John 4:10), by drawing us to Himself (John 6:44), by forgiving us of our rebellion against Him, and by sending His Holy Spirit to dwell within us, thereby enabling us to love as He loves. He did this in spite of the fact that we did not deserve it. "But God demonstrates His own love for us in this: While we were still sinners, Christ died for us" (Romans 5:8).

God's love is personal. He knows each of us individually and loves us personally. His is a mighty love that has no beginning and no end. It is this experiencing of God's love that distinguishes Christianity from all other religions. Why does God love us? It is because of who He is: "God is love."



Check out www.gotquestions.com for more information.