



2022 DHHS Waiver Changes Effective 03/01/2022

Renamed & Modified Services:

Community Integration

- OLD - Community Inclusion service codes #6845 & #7978
- NEW - Community Integration, service codes #9845 and #5913

Day Supports (DOES NOT APPLY TO ABLED)

- OLD - Habilitative Workshop, service codes #5416 & #8574
- NEW - Day Supports, service codes #8652 and #9828.
- Includes language to state the purpose/intent is for skill development versus payment for services or producing goods.

Small-Group Vocational Support (DOES NOT APPLY TO ABLED)

- OLD - Enclave, service code #8264
- NEW - Small-Group Vocational Support, service code #8338.
- A referral to Vocational Rehabilitation, with an ineligible determination, is required.

Service Delivery at an In-Patient or Acute Care Hospital:

The following services were added as being able to be delivered at in-patient or acute care hospitals in addition to Residential Habilitation:

- Adult Day
- Day Support
- Community Integration
- Medical In-Home

The following statement was added to these services: "This service is provided to meet needs of the participant that are not met through the provision of acute care hospital services. This service is in addition to, and may not substitute for and are not duplicative of, the services the acute care hospital is obligated to provide. This service will be used to ensure a smooth transition between acute care settings and community-based settings and to preserve the participant's functional abilities. When authorized this service must be identified in the participant's person-centered plan".

Thank You for joining us in our mission!

"Serving Jesus Christ by enabling people with developmental disabilities to creatively explore and live full meaningful lives in their communities"

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FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website at www.abledinc.com.



VOLUNTEERING IS A LEARNING EXPERIENCE

Developing new skills, discovering new passions, gaining new insights about yourself and the world around you - volunteering covers it all.

The Bay – 2005 Y Street - <https://www.thebay.org/lincoln/>

About The Bay: The Bay is a skate park, coffee shop, and a place for community and mentoring for children and young adults in the community.

Volunteering opportunities: Cleaning the coffee shop, helping with food distribution on Saturdays, mentoring, and participating in Skate for Change which uses skateboards to distribute supplies to homeless people in the downtown area.

The Bike Kitchen - 1635 S. 1st Street - <http://www.lincolnbikekitchen.org/>

About The Bike Kitchen: The Bike Kitchen repairs bikes to give away free to the community.

Volunteering opportunities: The Bike Kitchen needs help with scraping, repairing, and giving away bikes. They are open to volunteer Mondays 5:00 pm – 8:00 pm and Sundays 12:00 pm – 3:00 pm.

Community Crops – 1301 S. 11th St. - <https://communitycrops.org/>

About Community Crops: Community Crops provides small plots of land for gardens (for a small fee) along with seeds, tools, water, and education programs to grow healthy, local food.

Volunteering Opportunities: Opportunities include fall and spring plant bed clean up, assisting with gardens, planting, and irrigation systems. They also need help sorting seeds and administrative tasks in the office.

Lincoln Children's Museum – 1420 P St.- <http://www.lincolnchildrensmuseum.org/>

About Lincoln Children's Museum: From their website "Lincoln Children's Museum invites children to create, discover and learn through the power of play".

Volunteering opportunities: Volunteering primarily involves acting as a "playologist" and interacting with children visiting the museum. Help is also needed birthday parties and tearing down and setting up for special events.

Matt Talbot Kitchen and Outreach – 2121 N. 27th St. - <http://www.mtko.org/>

About Matt Talbot: From their website "Everyone is welcome to walk through our open doors and get a hot meal two times a day. Nevertheless, Matt Talbot is about much more than food".

Volunteering opportunities: Small serving opportunities available at lunch and dinner for small groups. They also need assistance with maintenance and landscaping around the building and administrative assistance. There are also opportunities to read to children or provide entertainment during meals.

Habitat for Humanity – 4615 Orchard St. - <http://lincolnhabitat.org/>

About Habitat for Humanity: Habitat for Humanity builds affordable housing for the Lincoln community.

Volunteering opportunities: Opportunities include interior and exterior painting, installing drywall and siding and raising walls. No experience required.

VIRTUAL WORKSHOHP

March 9, 2022 from 9:00 AM – 12:00 PM

- Introduce the Charting the LifeCourse framework as a foundation for working with people and helping them plan for their “good life.”
- Highlight the significant role families play in a person’s life across their lifespan.
- Provide real life examples and strategies that can be used to develop a plan towards the “good life.”
- Opportunity for reflection on how this framework can be used for person-centered planning.
- Register now at: <https://forms.office.com/g/1j3Pnz0fJ4>

PERSON CENTERED

Build Your Circle of Support

- Wk 1 3/3: Gather Your Circle
- Wk 2 3/10: Set a Good Direction
- Wk 3 3/17: Take the Helm
- Wk 4 3/24: Sustaining Commitments

Introductory Training (6:30-8:30pm)

- Wk 1 3/31: Person Centered Planning
- Wk 2 4/7: Building a Lasting Support Circle
- Wk 3 4/14: Employment and Volunteering
- Wk 4 4/21: Reaching Your Dreams & Vision

Register at: <http://dhhs.ne.gov/Pages/DD-Person-Centered-Planning.aspx>

FREE COVID TESTING

Two options for free COVID testing.

1. Notify ABLED if you are in need of free at home COVID test kits. The Lincoln-Lancaster County Health Department (LLCHD) has eMed COVID Test Kits available at no cost. ABLED can request test kits to be used for distribution to staff, clients and their families.
2. Go to the government website to get free at- home COVID- 19 tests sent directly to your home. Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. If you haven’t already, order yours today. <https://www.covidtests.gov/>

COMMUNITY EVENTS

Participants and staff received free movie tickets to join us at Marcus Theaters.

Dog

South Pointe Cinema
Tuesday, Feb 22

The Batman

South Pointe Cinema
Tuesday, Mar 8

Check your Therap Dashboard and Scomms to watch for our next event.
We hope to see you there!



**Living
Learning &
Exploring**



WHAT IS THE INDWELLING OF THE HOLY SPIRIT?

The indwelling of the Holy Spirit is the action by which God takes up permanent residence in the body of a believer in Jesus Christ. In the Old Testament, the Spirit would come and go from the saints, empowering them for service but not necessarily remaining with them. God's presence would also appear in a cloud and meet the high priest, who came once a year into the Holy of Holies.

Today, there is no Jewish temple in Jerusalem, and the animal sacrifices have ceased. The believer in Christ has become the inner sanctum of God the Holy Spirit, as the believer has been sanctified and forgiven by the blood of Jesus Christ. The believer in Christ becomes the habitation of the Holy Spirit of God.

As the Holy Spirit lives in the believer, He brings about some life-changing results:

- 1) The indwelling Spirit **comes to a soul dead in sin and creates new life** (Titus 3:5). This is the new birth Jesus spoke of in John 3:1–8.
- 2) The indwelling Spirit **confirms to the believer that he belongs to the Lord** and is an heir of God and fellow-heir with Christ (Romans 8:15–17).
- 3) The indwelling Spirit **installs the new believer as a member of Christ's universal church**. This is the baptism of the Spirit, according to 1 Corinthians 12:13.
- 4) The indwelling Spirit **gives spiritual gifts (God-given abilities for service) to the believer** to edify the church and serve the Lord effectively for His glory (1 Corinthians 12:11).
- 5) The indwelling Spirit **helps the believer understand and apply the Scripture to his daily life** (1 Corinthians 2:12).
- 6) The indwelling Spirit **enriches the believer's prayer life and intercedes for him in prayer** (Romans 8:26–27).
- 7) The indwelling Holy Spirit **empowers the yielded believer to live for Christ to do His will** (Galatians 5:16). The Spirit leads the believer in paths of righteousness (Romans 8:14).
- 8) The indwelling Spirit **gives evidence of new life by producing the fruit of the Spirit** in the believer's life (Galatians 5:22–23).
- 9) The indwelling Spirit **is grieved when the believer sins** (Ephesians 4:30), and He **convicts the believer to confess** his sin to the Lord so that fellowship is restored (1 John 1:9).
- 10) The indwelling Spirit **seals the believer unto the day of redemption** so that the believer's arrival in the Lord's presence is guaranteed after this life (Ephesians 1:13–14).

When you accept Christ as your Savior the Holy Spirit takes up residence in your heart, bringing with Him an entirely new life of love, relationship, and service to the Lord.

