



GRATEFULNESS—During this season of giving thanks, we would like to give thanks to God for the opportunity to serve others, for good relationships and for everyone who is a part of our mission.

How amazing is it that the people we are entrusted to care for teach us as much about life as we teach them. What a blessing they are in each of our lives!

Guardians play such a vital role in advocating for the best interest of our vulnerable community. They place an immeasurable amount of trust and faith in us and our staff. What a privilege they have given us!

Our direct care staff, often put their own life on pause while they manage the daily activities of someone else. Each of them strive to meet the physical, mental, spiritual and emotional needs of those whom they care for. They are an integral network and make a profound impact at ABLED and in our community!

We want you to know that you are all truly appreciated and make an incredible difference every day. We value each of you and are so grateful to call you our ABLED family. May God continue to provide for all your needs and richly bless you!

Happy Thanksgiving,
The ABLED Executive Team

Thank You for joining us in our mission!

“Serving Jesus Christ by enabling people with developmental disabilities to creatively explore and live full meaningful lives in their communities”

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FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website at www.abledinc.com.

ABLED EVENTS

WE HOPE FOR A GREAT TURNOUT AT OUR NOVEMBER EVENTS SO PARTICIPANTS AND STAFF CAN MEET AND GET TO KNOW ONE ANOTHER!

Tuesday, November 14

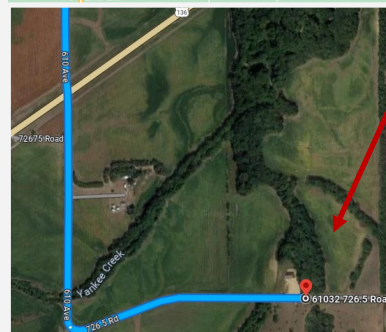
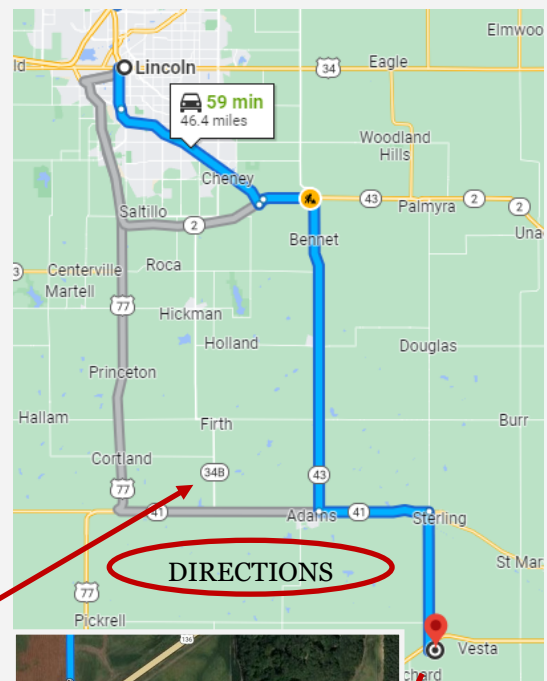
Barnes & Noble
Movie Ticket Pickup
2910 Pine Lake Rd, Lincoln NE
Time: 2-2:30 pm

Monday, November 20

Mana Games
Game Night
701 P St, Ste 102, Lincoln NE
Time: 5-9:00 pm

Monday, November 27

Tagart Family Barn
Holiday Lunch & Craft
61032 726.5 Road, Crab Orchard NE
Time: 11:30am-2pm
(Some search engines find 72650 easier) ▲



PUMPKIN DECORATING OCT 13



Lunch, Painting & Bingo with Prizes! Join us again on Nov 27.



MEMORIES

Elijah and his SLP family packed up their suitcases and headed to Chicago for a weekend getaway.

They took a little road trip, met up with friends, dined out, stayed in a hotel, went swimming in the pool, attended the Raider's game and visited Shedd Aquarium!

He also went home for a family visit and attended a Husker football game!

LIFE IS GOOD ELIJAH!

ACCOMPLISHMENTS

On October 20th, Gov. Pillen proclaimed the month of October as Developmental Disabilities Employment Awareness Month and encouraged businesses to hire people with disabilities by highlighting their contributions.

One of our very own was a speaker at the event.

CONGRATULATIONS DESI!





GOOFY & SPOOKY | VALAS PUMPKIN PATCH



Heritage Health Open enrollment

Participants may change their health plan every year during open enrollment from November 1 to December 15 every year. Login to the member portal or call 1-888-255-2605.

Find out which health plans offer services that are important to you and your family. You are welcome to call each Health Plan's member services number or visit their web site to find more information about what each Health Plan offers.

Healthy Blue
Nebraska Total Care
United Healthcare

DHHS Stakeholder Feedback Session

Join DHHS and Liberty as they prepare for an epic journey toward person-centric services and supports for HCBS Waiver Participants.

This stakeholder session will be held December 6 from 2-5 p.m.

Register online at:

<https://dhhs.ne.gov/Pages/Developmental-Disabilities.aspx>



Charting the LifeCourse

DHHS has a monthly discussion on the first Tuesday of each month via Zoom at 3:00 PM, led by Amy Callendar-Taft, a Service Coordinator and CTLC Ambassador.

Sessions are open discussions about how CtLC tools work and any problems people have. Anyone can attend, whether you struggle with CTLC or use the tools regularly.

Zoom link at:

<https://dhhs.ne.gov/Pages/DD-Person-Centered-Planning.aspx>

DHHS SLP CHANGES

In January 2024, DDD plans to change policies regarding Shared Living Providers. The draft text of both the Policy Manual guidance for Shared Living Providers and a Home Study Survey are attached to Provider Bulletin 23-01.

The primary changes affecting ABLED are Home Studies will be required for new SLPs and SLPs or adults living in the home will not be able to be day staff for the person living in their home.

More info at:

<https://dhhs.ne.gov/Pages/DD-Providers.aspx>

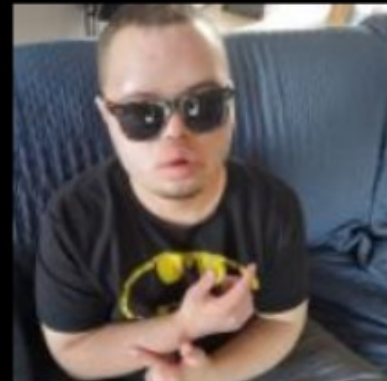
SMILE, IT'S CONTAGIOUS! 😊



**HAVING
FUN!**



**LOOKING
GOOD!**



**GETTING
EXERCISE!**



**IMPROVING
SKILLS!**



Amazing Ways that God Provides for Us

and my
God will
meet all
your
needs.

There are many verses in the Bible that refer to the ways God provides for us. Philippians 4:19 puts it simply: "My God will supply all your needs according to His riches in glory in Christ Jesus." While prosperity seekers might always be looking for money or possessions to miraculously arrive, we should take a closer look at what God desires to provide for us.

God differentiates between our needs and our wants because He knows that where our treasure is, so our heart is also. He wants to be spiritually minded and shift our focus to eternal life. His intent is to help us develop Christlikeness so that we become salt and light in the world. God does not want us to see Him as a heavenly source of material possessions.

God is concerned with every part of our being: spirit, soul, and body. As the facets of His character are infinite, so the ways God provides for us are beyond anything we can ask or imagine. We can trust His goodness, guidance, and shepherding care to do more for us than we could ever achieve on our own.

God provides a way for us to develop an intimate, conversational, obedient relationship with Him so that we can lead ourselves and others into a "Psalm 23" quality of life. Those whose shepherd is the Lord can say, "I lack nothing".

God provides truth through His Word.

God provides eternal life through His Son.

God provides love, comfort, joy, peace and rest.

God provides life, creation and all that is in the world.

God provides grace, mercy, and forgiveness of our sins.

God provides direction and gave us an advocate, the Holy Spirit.

God provides for our basic needs and sometimes our heart's desires.

God provides opportunities to build our character and face temptation.

God provides an ongoing relationship to creation, which depends on Him.