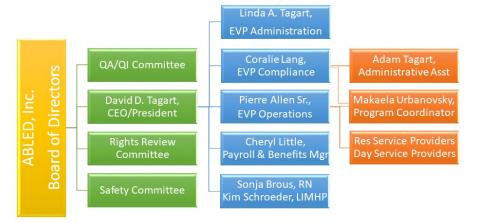


Hello, my name is Makaela Urbanovsky and I am excited to be a part of ABLED and excited to build new relationships. In my spare time, I enjoy spending time outdoors going hiking, kayaking, and tubing. My husband and I are owners of a very spoiled pup, Koda, who strives to be a part of every adventure. My favorite food is mashed potatoes and favorite season is fall!

Please join us in welcoming Makaela who will be completing home visits, training, ensuring documentation is complete, analyzing program data, updating and/or writing programs, filling in at ISP meetings and various other tasks as assigned by Pierre and/or Coralie. Below is our Organizational Chart which is also available on our website and identifies everyone's duties.



ABLED's MISSION

"Serving Jesus Christ by enabling developmentally disabled individuals to creatively explore and live full meaningful lives in their communities.

Thank You for joining us in our mission!

ABLED, INC. 7562 UPTON GREY LN LINCOLN NE 68516 402-904-7433 WWW.ABLEDINC.COM

DAVID D. TAGART

President, CEO 402-202-2284 dtagart@gmail.com

LINDA TAGART

EVP Administration 402-202-6768 Itagart62@gmail.com

PIERRE ALLEN

EVP Operations 402-417-2613 pierreallensr@gmail.com

CORALIE LANG

EVP Compliance 402-310-8907 coralielang71@gmail.com

CHERYL LITTLE

Payroll & Benefits Manager 402-450-7959 clittle091@gmail.com

MAKAELA URBANOVSKY Program Coordinator

ADAM TAGART Administrative Assistant

FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website at www.abledinc.com.



























COVID BOOSTER SHOTS

IF YOU RECEIVED Pfizer-BioNTech or Moderna

You are eligible for a booster if you are:

- <u>65 years or older</u>
- Age 18+ who live in <u>long-term care settings</u>
- Age 18+ who have <u>underlying medical</u> <u>conditions</u>
- Age 18+ who work or live in <u>high-risk settings</u>

When to get a booster:

At least 6 months after your second shot

Which booster should you get?

<u>Any of the COVID-19 vaccines</u> authorized in the United States

IF YOU RECEIVED Johnson & Johnson's Janssen

You are eligible for a booster if you are: <u>18 years or older</u>

When to get a booster: At least 2 months after your shot

Which booster should you get? Any of the COVID-19 vaccines authorized in the United States

All ABLED staff and participants qualify for the booster shot if they are fully vaccinated due to our high risk settings.

Please send a copy of vaccination records to ABLED.

FLU VACCINE

Have you asked your doctor about getting the flu vaccine? Flu vaccines are also available and free at most pharmacies including CVS, Walgreens and Neighborhood Pharmacy who all welcome walk-ins.

Why get a flu vaccine?



- Flu vaccination can keep you from getting sick with flu.
- Flu vaccination has been shown in several studies to reduce se verity of illness in people who get vaccinated but still get sick.
- Flu vaccination can reduce the risk of flu-associated hospitalization.
- Flu vaccination is an important preventive tool for people with certain chronic health conditions.
- Getting vaccinated yourself may also protect people around you.



























THE DEFENSE RESTS

Every human being has an appointed time in which they will leave their body and journey on to a new reality. This new reality will make the one we are now experiencing seem like a mere dream. As we draw closer and closer to the presence of the very God who is life and existence in its fullest, we will become more awake than we ever have been. The gravity of our new situation will be added to when we realize that this summoning is for us to stand trial before the king of the universe. This trial has the sole purpose of examining our worthiness to continue on either in eternal life or in eternal separation from the source of all things good. We will be weighed and measured not by any human laws but by God's perfection, and if we have been found wanting of this perfection, we will stand condemned.

It is revealed in scripture that a being will be present at our judgement who will act as our prosecutor he is the Satan, or in English, the Accuser. His mission is not to uphold God's justice but to abuse the truth and treat it as a mere means to serve his own malicious ends. He will bring a case against us that will overwhelmingly tip the scales in favor of his desire to lock us up under the imperfection of our sin forever. He will make it painfully clear that we fall short of God's perfection, any good deeds considered as nothing because of the stains that our sin has put on our record. However, as is in the habit of the Accuser, he will tell only half-truths in order to conceal the full truth.

It is true that when we are examined and compared to the perfection of God, we will be determined to be unworthy of eternal life. This is a truth that even now Satan is determined to ensnare our complete focus in. He is determined to do this because to know and believe the full truth is to render his arguments defeated and to set us free from condemnation. This full truth is our one and only defense to prevail against any accusation formed against us. It is a defense that has nothing to do with our own efforts but is freely given to those who are desperate and broken enough to realize they are in need of it. It is the defense of Jesus.

Jesus is the only human being who has embodied a perfect life of love. Part of this perfect life of love is his willingness to stand in our place for the punishment we deserve and to freely impute his own perfection to all of those who have been humbled enough to ask for it. It is when we claim Jesus' worthiness as our own that we may in full confidence rest our case before the high courts of heaven.

As with any relationship, it takes two to make a thing go right, and often the simplicity of this gift confounds the pride of humanity. To simply reply to our accusers, "I trust in the perfection of Jesus" goes against our desire to have control of our own salvation, to be in control our own defense against judgement; we desire religious works to forge our own sense of eternal security. It's only those who have come to the end of themselves, who put no confidence in their own striving, who can accept something so simple and pure.

These accusations aren't something we will only experience in the future but something we must wrestle with in the here and now. In this world we will have trouble, accusations from within and without that aim to distract us from focusing on the redeeming work of Jesus and focus on our own futile attempts at perfection. But his peace he gives to us and his perfection he clothes our shame in. Let us remind ourselves that all people are offered the free gift of Jesus' defense so that we can silence the voices that seek to drag us down and prevent us from mounting up on wings like eagles towards the upward call of Christ Jesus.

By Adam Tagart