

ABLED Inc

NEWSLETTER



ABLED is excited to use this month's newsletter to recognize another one of our amazing Direct Support Professionals! Joanie McFarland is one of our DSPs. She lives in Hubbard, NE and takes care of one of our participants who lives in Dixon, NE.

Joanie has been a caretaker for over 24 years and was an EMT back in 2014. Working at ABLED has been the first time Joanie has worked with the developmentally disabled community, but she really enjoys it! Her and her participant, Jacque, have been working together for almost a year. Joanie was backup staff for Jacque prior to the new DHHS regulations that went into effect on January 1st. When the regulations went into effect Joanie became Jacque's full time DSP!

Joanie and Jacque must overcome finding ways to be out in the community in a small town which can be challenging at times, but they have come up with things they love to do and make the most of every day!

Joanie and Jacque love to spend their days going for walks around the town. They like to go visit the post office and go and visit the cows. They also spend their days taking care of Jacque's chickens which includes getting them up and out for the day, retrieving their eggs and then putting them to bed in the evening.

Joanie and Jacque also enjoy going for drives. They drive through state parks and love to see the scenic views. One of Joanie's favorite memories since working with Jacque as a DSP was when they went and drove around and looked at Christmas lights. Joanie states that Jacque loves the Christmas lights, and you can see the joy in her eyes and she laughs hysterically! Joanie hopes to make it out again this year to see all the lights!

We want to thank Joanie for being a part of ABLED and taking great care of Jacque. ABLED is truly blessed to have such outstanding DSPs on our team. Joanie is a prime example, and we are so thankful to have her!

THANK YOU, JOANIE!

"Serving Jesus Christ by enabling people with developmental disabilities to creatively explore and live full meaningful lives in their communities"

Thank You for joining us in our mission!

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FEEDBACK

We want to make ABLED the best agency. Please use the link at the top of this email to let us know how we're doing and provide suggestions. Your survey comments are anonymous, unless you choose to submit your name.

You may also contact us by phone, email, mail or on our website.

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JOIN US AT ABLED EVENTS!

Pearson Pumpkin Patch

Oct 9, Wednesday
1357 N 6th Rd, Eagle
10:00 am



Halloween Costume Party (Barn)

Oct 24, Thursday
61032 726.5 Rd Crab Orchard
11:00 am - 2:00 pm



Roca Berry Farm

Oct 28, Monday
16531 S 38th St, Roca
11:00 am



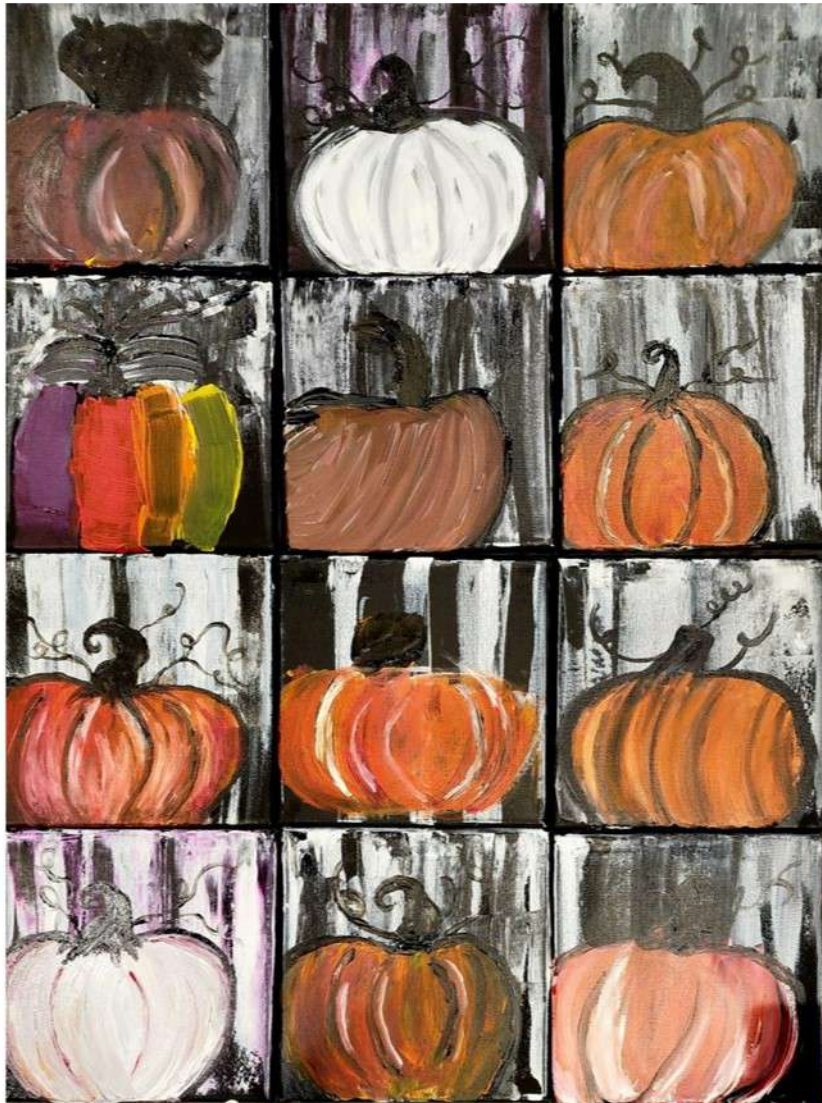
- - Free Activities for Staff and Participants - -



**ABLED EVENT
STORM CHASERS
BASEBALL GAME
SEP 10**



**ABLED EVENT—SEP 19
PUMPKIN PAINTING**





MEETING LOCAL POLICE OFFICERS



**ABLED EVENT
TRAIL OF
TREASURES
OCT 4TH**

**RAISING
AWARENESS &
CELEBRATING
INCLUSION!**



CELEBRATE INCLUSION



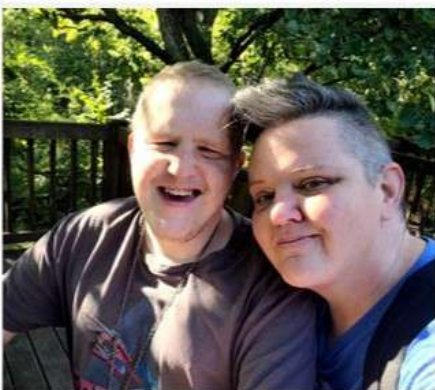
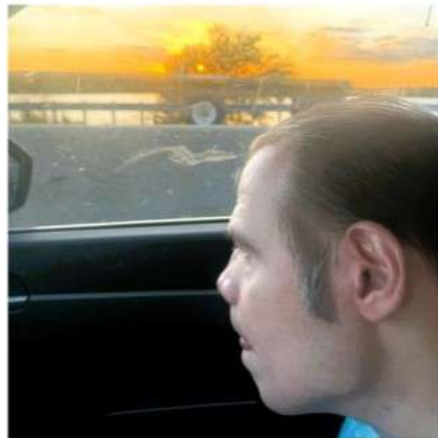
BEETLEJUICE!



HALLOWEEN!



VACATION!



LOVE DSPS!





FRIENDS!



SHOPPING!



LOOK AT ME!



BOWLING!



CELEBRATE INCLUSION

Are You Weary & Burdened?

If so, you can find relief! Matthew 11:28 is one of the most comforting verses in the Gospels. There, Jesus says, **"Come to me, all you who are weary and burdened, and I will give you rest."** This is an open invitation, extended to those who are willing to come.



The entire chapter is set in the time after Jesus sent the disciples out on a mission. He first had an interaction with John the Baptist's disciples. Apparently, John was having doubts, which Jesus provided reassurance. Jesus then addressed the crowd regarding John, who was the messenger sent to prepare the way for the Messiah (verse 10).

Tragically, many in that generation rejected both John and Jesus. They called John demon-possessed and Jesus a drunkard. As a result of this rejection, Jesus pronounces judgment on some towns that had witnessed divine miracles. Next, He affirms His oneness with the Father, stating clearly that no one can know God except through Him. Finally, He offers an invitation to the weary and burdened. Those willing to come to Him have this promise: **"I will give you rest."**

Jesus is eager to reveal the Father to those who are willing. The *"weariness"* of those who needed to come was likely a result of futile, man-made efforts to reach the Father. Elsewhere, Jesus denounced the religious leaders of His day for placing unnecessary burdens on people. In addition to strict adherence to the law, the religious leaders added various traditions of their own. Jesus presents a better way. His yoke is easy and His burden is light, unlike that of the Pharisees.

In ancient times, a yoke was placed on the neck of two animals working together in a field. Taking Jesus' yoke is coming into union with Him. This opens up a life of discipleship where the willing learn from Christ and are guided by His humble and gentle self. The humility of Christ is unlike the self-righteousness of the religious leaders.

The *"burden"* Jesus speaks of refers to what Jesus expects of His followers. He has teachings and commandments, but, unlike the onerous requirements of the Pharisees, Jesus' burden is light. John affirms this in, "Loving God means keeping his commandments, and his commandments are not burdensome". Even better, God works in the believer to bring about obedience.

In light of Scripture's teaching, the *"rest"* Jesus gives also entails being free from the burden of sin. Sin is a brutal slave-master, and its slavery leads to death, while obeying God leads to freedom and righteous living. Christ's redemptive work on the cross saved us from the penalty of sin *and* broke its power in our lives.

Another passage dealing with Jesus' rest is Hebrews 4. The epistle of Hebrews was written to distraught Christians who were tempted to revert to the old Jewish system, and the writer emphasizes the superiority of the New Covenant over the Old. In this context, we find that God's rest is associated with trusting in Christ.

Thank God for His grace! Everyone burdened by sin and striving to earn salvation through works should heed Christ's invitation and accept His rest, breaking free from sin and placing all hope in His death and resurrection.