Worthy Aesthetics

CLINICAL PATIENT EDUCATION GUIDE

Treatment: Evolysse™ Collection
Manufacturer: Evolus Aesthetics
Practice: worthyaestheticsnc.com

Next-Generation Hyaluronic Acid Rejuvenation

At Worthy Aesthetics, our treatment philosophy centers on enhancing your intrinsic facial architecture while preserving natural, fluid facial animation. We proudly offer **Evolysse™** by Evolus—a state-of-the-art collection of hyaluronic acid (HA) dermal fillers engineered to smooth dynamic lines, re-establish balanced volume, and integrate seamlessly into dynamic facial tissues.

THE COLD-X™ TECHNOLOGY ADVANTAGE

Conventional HA manufacturing relies on intense heat crosslinking that can degrade delicate polymer chains. Evolysse is synthesized using proprietary **Cold-X™ Technology** at near-freezing temperatures. By maintaining structural molecular integrity, the gel achieves exceptional adaptability, resisting fragmentation while allowing effortless facial expression when smiling, laughing, and speaking.

The Evolysse™ Treatment Collection

FLEXIBLE SOFT TISSUE ADAPTATION

Evolysse™ Smooth

Formulated for superficial-to-mid dermal correction. Ideal for softening moderate nasolabial smile folds, perioral lines, and subtle volume deficits while retaining full dynamic range without rigidity.

TARGETED STRUCTURAL SCAFFOLDING

Evolysse™ Form

Engineered with elevated lift capacity and cohesive elasticity for mid-to-deep placement. Restores midface framework, deep contour depression, and structural support where pronounced rejuvenation is required.

Pre-Treatment Optimization Protocol

To minimize localized bruising, swelling, and unnecessary recovery downtime, please follow these clinical recommendations prior to your appointment:

Timeframe	Preparation Instruction
7 Days Prior	With medical clearance, pause unnecessary blood-thinning agents: aspirin, ibuprofen (Advil/Motrin), naproxen, high-dose Vitamin E, fish oil, and Ginkgo Biloba.
48 Hours Prior	Avoid alcohol and dehydrating strenuous exercise. Notify your provider if you have a history of facial cold sores for prophylactic antiviral management.
Day of Appointment	Arrive with cleansed skin free of foundation or cosmetics. Ensure you have eaten a light meal and are well hydrated before treatment.

Expected Healing & Integration Timeline

Phase	Clinical Presentation & Tissue Response
Day 1 (Immediate)	Volume restoration is visible right away. Mild localized edema, erythema (redness), needle marks, and temporary numbness from built-in 0.3% lidocaine are completely standard.
Days 2 – 4	Post-procedure swelling reaches its peak before progressively softening. Mild pinpoint bruising or palpable firmness under the skin may be observed.
Weeks 2 – 3	The hydrophilic HA matrix fully integrates into surrounding facial planes. Residual fluid retention settles, establishing your refined, balanced outcome.
Clinical Longevity	Cold-X formulation delivers durable structural results clinically proven to sustain correction for **up to 9 to 12 months** in most individuals.

Post-Treatment Care Instructions

IMMEDIATE 24–48 HOURS

- **Cold Compress:** Apply a wrapped ice pack 10 minutes on, 10 minutes off to manage early swelling.
- **Sleep Elevation:** Keep head elevated on two pillows the first evening to support lymphatic drainage.
- **Gentle Touch:** Avoid touching or applying makeup to entry points for at least 12 hours.
- **Rest:** Avoid intense cardio workouts and high heat environments.

FIRST 14 DAYS

- **No Deep Pressure:** Do not massage, squeeze, or undergo deep facial manipulation.
- **Thermal Extremes:** Postpone saunas, steam rooms, tanning beds, and cryotherapy.
- **Aesthetic Treatments:** Delay chemical peels, microneedling, laser resurfacing, and neurotoxin touch-ups.
- **Dental Procedures:** Avoid non-urgent routine dental cleanings or surgery for 2 weeks.

⚠️ URGENT CLINICAL SIGNS — CONTACT PROVIDER PROMPTLY

Serious adverse events such as vascular compromise or infection are exceptionally rare, but early recognition is vital. Please call our clinic immediately if you experience any of the following:

- **Vascular Blanching:** Skin turning stark white, blotchy, mottled, or dusky purple near or distant from the injection sites.
- **Disproportionate Pain:** Severe, throbbing, or escalating pain that intensifies hours after treatment.
- **Visual Disturbance:** Any blurriness, double vision, ocular discomfort, or visual field loss.
- **Infection Indicators:** Increasing warmth, redness expanding beyond puncture zones, or fever.

Worthy Aesthetics • Makenzie, Aesthetic Injector
Online Patient Portal & Scheduling:
worthyaestheticsnc.janeapp.com

Follow-Up Inquiries
Routine evaluations scheduled at 2–3 weeks post-treatment