

Selichot *by Rabbi Marc Philippe*



The High Holy Days will take place in October this year, but the kick start will be on Saturday, September 28 with the beautiful and heimish service called "Selichot". In Hebrew, when we say "selicha," it means "sorry", therefore, the Selichot service is a series of penitential prayers. In the *Mahzor*

the Torah enumerates 13 attributes of mercy. The Hebrew word "ahavah," meaning "love," has precisely the numerical value of 13. How exceptional, by reciting these attributes, we invoke Divine love into our life and the community. Our petitions are suffused with extraordinary energy if we are aware of this fact.

The word "echad," meaning "one" also has the value of 13. This is connected to the Shema, signifying G!d's oneness in the world, the interconnection of all creation and how G!d is beyond any limitations. All is possible. Our prayers of hope for peace and healing can be fulfilled!

I hope you will contribute to the prayers that night, joining your voice with the entire community across the world. As you do so, you will contribute to manifesting peace while expanding your heart and soul, connecting with G!d.

I also hope that by understanding these 13 attributes, your prayer experience will be enhanced, propelling you into exalting High Holy Days.

Vity, an 11th-century work describing the yearly cycle of observances and prayers, it is written that "it is a custom to begin on the Saturday night before Rosh Hashanah to rise early to the synagogue, before the sun rises, and beg for mercy."

At Temple Israel, we will meet at 7:30 PM on Saturday night starting with Havdalah and beautiful Jewish melodies to usher in the High Holy Day atmosphere. The Torah mantles will be changed to the white ones and will be reverently processed in the Sanctuary, further contributing to creating the particular aura of the Days of Awe. Traditionally, Selichot prayers continue to be recited before Shacharit every day until Rosh Hashanah. At Temple Israel, inspirational daily emails, based on these prayers subsequent to our Selichot service, will be sent in order to take advantage of the wisdom of our tradition and to enrich our High Holy Days experience.

The special atmosphere in the synagogue on that Saturday night will be enhanced with candles and musical instruments. Our mere gathering on that night will have a moving effect, not only preparing us for Rosh Hashanah, but also propelling our souls to manifest HOPE. Hope for peace in Israel and in our community, hope for healing our collective trauma since October 7, hope for love to prevail, hope for a fulfilling and exalting year...

On Selichot night, the central prayer of the liturgy is the chanting of the 13 attributes of mercy. This year, however, this chanting will take on a special meaning. The mercy we will be praying for is related to G!d's forgiveness of course, but this season, as we chant these 13 attributes, the petition will be for our hope, and hope we can have, because the number thirteen in Judaism is filled with beautiful and inspiring mystical meaning. As we know, In Hebrew, each letter has a numerical value.

For example, the value of aleph (the first letter) is one, bet (the second letter) is two... this means that every Hebrew word has a special number and if we search which words have a numerical value of thirteen, we realize how significant it is that

1. י-ה-ו-ה / Hashem — compassion before a person misses the mark;
2. י-ה-ו-ה / Hashem — compassion after a person has missed the mark;
3. א-ל / G-d — mighty in compassion, to give all creatures according to their need;
4. רחום / *rachum* — merciful, that humankind may not be distressed;
5. וְחַנּוּן / *ve'chanun* — and gracious if humankind is already in distress;
6. אֶרֶךְ אַפַּיִם / *erech apayim* — slow to anger;
7. וְרַב חֶסֶד / *ve'rav chesed* — and plenteous in kindness;
8. וְאֱמֶת / *ve'emet* — and truth;
9. נֹצֵר חֶסֶד לְאֲלָפִים / *notzer chesed laalafim* — keeping kindness unto thousands;
10. נוֹשֵׂא עוֹן / *noseh avon* — forgiving iniquity;
11. וּפְשָׁע / *vafeshah* — and transgression;
12. וְחַטָּאָה / *VeChata'ah* — and sin;
13. וְנִקְיָה / *VeNakeh* — and pardoning.

I wish you blessings for a life changing preparation of High Holy Days! *Rabbi Marc Philippe*

thank you
todah raba
thank you
todah raba
thank you
todah raba

- Liz and Larry Eckman for our kitchen and bathroom supplies
- Stephen Singer & Jeff Klein for organizing Wednesday morning minyans
- Ken Cohn, Jeff Klein, Josh Nathan and David Winthrop for help with the yahrzeit boards
- John Weber for working on our security grant, fencing and exterior lighting
- Mitchell Weinberg for overseeing our cemetery
- Carol Sternberg, Chairperson of the Gift Shop & Kiddush Krew
- Kiddush Krew - Merle Paltrow, Ken Cohn, Carol Pressman & Roberta Pavoll
- Ruth Chevion for her stories of her family's escape from the Holocaust
- Temple Israel Book Club - Ken Cohn, Aida Koocher and Benay Birch
- Steve Saulten & Leigh Musicof for taking care of our security services
- Michelle Rosenthal for proofreading this newsletter

Tzedaka

Ruth Chevion in memory of Evelyn Leibowitz
Debbie Manning in memory of Sara Hirsch
Debbie Manning in memory of Harry Goldberg
Jacob Silberberg and Rebecca Berne in memory of Jack Silberberg
Carol & Bob Sternberg in memory of Gerry Kaplan

Other

Charlotte Gross for the Trust Loan Repayment Fund
Anita & Morton Fleischner for the Rabbi Discretionary Fund
Morgan & Peter Hallock to the General Donation Fund
Molly & Rick Notkin for the July 19 dinner
Sydell Rosen for her generous donation
Harry & Barbara Shepler for Kiddush
Jeffrey & Rebecca Singer for the Cemetery Trust Fund
Stewart & Wendy Singer for the Cemetery Trust Fund
Joy & Michael Sydney for the Trust Loan Repayment Fund
The Singer and Sydney Families for the Cemetery Trust Fund
Dina & John Weber for the Trust Loan Repayment Fund
Dina & John Weber in memory of Karen Eva Kilara
Dina & John Weber in memory of Robert Lucas

Gifts for the Family!

Tzedaka Boxes for the little one
Shabbat Candlesticks for the Bat Mitzvah
Kiddush Cups for the Bar Mitzvah
Candles for the Shabbat Table



Want to commemorate a birthday, anniversary, yahrzeit or special event in your family?

Why not sponsor a Saturday morning Kiddush?



Email Aida at akoocher@comcast.net to explore options.

Midnight Rides to Deliver Coal by Ruth Chevion

Before the war, my Dad's father, Elchanan Fessel, would take my Dad along with him on midnight rides through the back streets of Tarnow to deliver coal. There were Jews in the city too poor to heat their homes in the winter. Of course, my Dad, Pelek, loved these outings. He would sit next to his Dad on the box seat as horses pulled the coal-filled wagon.

Elchanan kept records of who needed the coal. His file box was color coded. The people who regularly received coal deliveries were coded green. These people knew they would get free coal. Their deliveries could be made in daylight. But the people whose paperwork was coded red might be ashamed to have free coal delivered to their homes. They might be new to poverty. Their coal had to be delivered secretly, during the night.

Grandfather's coal deliveries were not a personal project. He was doing his part as a member of the Kehila (Kuh-Hee-luh). The word "Kehila" literally means "congregation," but back then it was not a religious organization. It was not a temple. It was a decision-making body for the Jewish community. In Tarnow, The Kehila had maybe 30 members - influential worldly people elected by popular vote of local Jews. It provided a safety net for Jews. The Kehila gave Elchanan the names for free coal.

But providing a safety net was only a small part of what The Kehila did. It was The Kehila who decided which schools and which libraries needed funding, which synagogues needed repair, where to hold Yiddish theatre, which writers to bring in for lectures, which musical performances to support, etc. The Kehila was so busy in Tarnow that they even had their own multistory building in which to conduct business.

Elchanan was an active member of the Tarnow Kehila. His main project was Jewish education. He was a leader in the establishment of Yavneh, which was elementary school education for Jews. And he was a staunch supporter of Safa Berura, the Jewish gymnasium (secondary school) where subjects were taught in both Polish and modern Hebrew. (Safa Berura means "clear language" in Hebrew.) An additional personal motivation for Elchanan was that he had three teenage children in school. Pelek and Alex were already enrolled in Safa Berura; Chava would enter there when she was old enough. Elchanan was an ardent Zionist. He advocated educating young people for a future in the land of Israel.

I'm sure you can detect dear reader, that I am proud of my Grandfather Elchanan and all his accomplishments, but when the Germans came into Tarnow, on September 8, 1939, one week into the invasion of Poland, all Grandfather's accomplishments were black marks against him. Along with the other members of The Kehila, he was targeted as a leader in the Jewish community. Hitler had standing orders that when his army entered a place, the first order of business was to kill the leaders. Execution style, shooting on the spot with bullets. This applied to Jews and non-Jews alike.

Sure enough, within days of entering Tarnow, German soldiers burst into the family apartment on Olearska Street. They ransacked the place. They ran from room to room opening every closet, looking behind every curtain to find my Grandfather. They knocked over plants in the greenhouse, searched the pantry, looked under everything, behind everything, beds, tables, the maid's room, the bathtub. They ran upstairs to the laundry room. They crawled under the big vats there, searching behind the wringer and the drying racks, shouting angrily about what they would do to when they found him.

But Grandfather was not there. Neither was my Dad nor my Uncle. In the weeks before the invasion of Poland, Grandfather had organized a group of Kehila members, and they had collectively bought a bus. By the time the German soldiers were ransacking the home on Olearska Street, Elchanan Fessel and his two teenage sons were long gone, on a bus, on their way eastward toward Russia, as far away from invading Germans as possible.

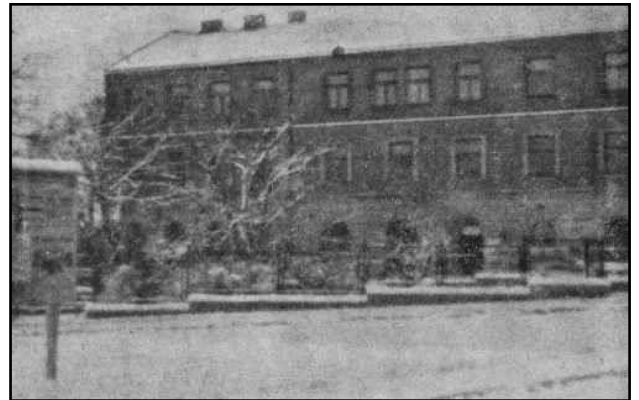


Photo of Safa Berura, my dad's high school on St. Anne Street in Tarnow



Please join us on ZOOM at 4:30pm on September 4th. Beth Fraum will moderate our review of Erik Larson's "In the Garden of Beasts"

Set in 1933 Berlin, William E. Dodd becomes America's first ambassador to Hitler's Germany in a year that proved to be a turning point in history.

A mild-mannered professor from Chicago, Dodd brings along his wife, son, and flamboyant daughter, Martha. At first, Martha is entranced by the parties and pomp, and the handsome young men of the Third Reich with their infectious enthusiasm for restoring Germany to a position of world prominence.

Available for purchase in both audio and hard copy at Amazon.com and other booksellers. Contact Ken Cohn at newbegin04@yahoo.com for ZOOM link.



Congratulations to Carol Pressman Temple Israel's 2024 Shem Tov!

We are very happy to acknowledge Carol Pressman as our 2024 Shem Tov. An exemplary member, Carol always goes out of her way to help others and to participate in activities that enhance Jewish life here in Southern New Hampshire, generously lending her time and energy to support our community.

In addition to being part of the Temple Israel Kitchen Committee, Carol serves on the Board of the Jewish Federation of New Hampshire and volunteers each year for the Gail Singer Memorial Blood Drive.

We are fortunate to have Carol Pressman as a longtime, dedicated presence in our congregation, bringing her wit and charm to all Temple Israel events.

Submitted by Carol Sternberg

TI's Harry Shepler is JFNH's 2024 Shem Tov

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The Jewish Federation of New Hampshire was thrilled to be able to honor Harry Shepler with a Shem Tov Award at our Annual Meeting on Sunday. The Jewish Federation of New Hampshire created the "Shem Tov" (good name) Award to acknowledge the profound value our community places on volunteerism. Here are a few reasons Harry was so deserving of this honor.

- ❖ Harry has been a JFNH board member and the Treasurer for 5 years and has ensured a balanced budget each year.
- ❖ He gives many hours of his personal time to help with multiple tasks needed to keep JFNH running.
- ❖ His support and dedication to the mission of JFNH allows him to speak on our work to the NH community which has helped grow our annual campaign.
- ❖ Harry's problem-solving skills have pushed the staff and board to look at problems with fresh outlooks.
- ❖ Harry's leadership skills have made him a go-to for both board and staff when in need of support, fresh ideas, or just a friendly ear to listen.

Mazel Tov Harry and thank you for all you do!



Spotlight on TI Member David Sky Treasurer



David Sky grew up in Altoona, PA. His family was affiliated with synagogue Agudath Achim. Coincidentally, our former TI rabbi Gary Atkins had served there, although not while David was there. David was active in AZA and BBYO and did a stint as a regional VP. David attended Camp Ramah in Uttersen, Ontario. He received his undergraduate degree from Bucknell University and his master's degree from Penn State.

David and his wife Rebecca have two adult sons, Jed and Ben, both of whom live in the West and are accomplished athletes. Jed is a national snowboarding champion and Ben is a national gymnast champion, specializing in the rings. WOW!

David retired a couple of years ago after a lengthy career with the New Hampshire Insurance Department as a Life, Accident and Health Actuary. In retirement now, David feels, in some ways, that he's "busier than ever!" David is working part-time as a bookkeeper for the Parent Information Center. He is a volunteer for CASA - representing abused and neglected children in family court and also a professional guardian appointed by the probate court for individuals no longer capable of making decisions for themselves.

He enjoys riding his bicycle for both pleasure and transportation. He also enjoys being in the kitchen and bakes a LOT of sourdough bread.

David, Rebecca and their two sons are not new to Temple Israel. When they first moved to New Hampshire in 1994, they were living in Manchester and affiliated with Temple Israel. Later they moved to Concord, and once their oldest reached school age, David states "the logistics of getting our kids to Temple Israel vis-a-vis the Concord schedule proved too challenging for us. So, we reaffiliated with the Concord temple. That was probably around 2002. We rejoined Temple Israel earlier this year where we were welcomed back with open arms. We're happy to be back."

When asked about his vision for our synagogue, David mentions the Hebrew word "Bet K'nesset" - House of Worship - and this aligns with his vision that TI feels like home. David lives by author E.B. White's quote: "I wake up every day both wanting to change the world and have one heck of a good time. Sometimes this makes planning the day difficult."



September Yearzeits



Sep 1	Horenstein, Sarah Koupchik, Ann Levin, Hyman Milden, David	Sep 10	Seltzer, Joseph Silberberg, Jacob	Sep 21	Caplan, David Goldberg, Harriet
Sep 2	Richmond, Michele Shamash, Rebecca	Sep 11	Berger, Abraham Schadick, Golda	Sep 22	Atkins, Louis Levine, Moe Preis, Avigdor Seltzer, Mae Zeive, Leonard
Sep 3	Caplan, Louis Cohen, Gerald Tjaden, Ari	Sep 12	Foster, Annie Gilman, William Kurtz, Rose Wishkin, Rosalie	Sep 23	Itzkowitz, Sally
Sep 4	Bialogowski, Fraydel Ita Bradbard, Israel Gasser, Toni Beth Hodack, Ashney Hodack, Charna Mandel, Rose Oppenheim, Benjamin Seltzer, Abraham Silberberg, Abraham Silberberg, Faiga Silberberg, Joseph Harry Silberberg, Rebekah	Sep 13	Heifetz, Rebecca Solomon, Philip	Sep 24	Friedman, Kathy Zax, Sarah
Sep 5	Borofsky, Marion	Sep 14	Leibowitz, Evelyn	Sep 26	Michaelson, Paul
Sep 6	Givon, Lenore	Sep 15	Richmond, Eve Rovner, Max	Sep 27	Goldberg, Elizabeth Kravit, Clara (Hoffman) Weinberg, William
Sep 7	Litvinchuck, Sonya	Sep 16	Citron, Harvey Kabatnick, Max Silverberg, Louis Weis, Hannah Cling	Sep 28	DePasse, George Ekman, Neale Golod, Sarah Klein, Barney Zinser, Minna
Sep 9	Brown, Morris Winneg, Harvey	Sep 17	Feurstein, Rose Kamenker, Sonia Miller, Arthur Sacks, Rose Straton, Israel	Sep 29	Bronstein, Dina
Sep 10	Kavesch, Max	Sep 18	Gottschalk, Nathan Kaplan, Gerry Press, Newton	Sep 30	Hoffman, Hyman Levy, Minnie Litvinchuck, Joseph Resnick, Isaac Zlotowicz, Lazer
		Sep 20	Feldman, Marian Gordon Kine, Jacob		

Hevra Kadisha of Central New Hampshire

Our Hevra Kadisha is ready to help you in your hour of need to perform the ritual preparation of a deceased for burial in accordance with Jewish tradition. Do not hesitate to call us when needed. We are here for you!

Please call 603.746.5218 to initiate the process or for more information.

Jewish Burial Plots Available
For Temple Israel Manchester Members

Email: office@templeisraelmht.org
or
Call: 603.622.6171



RABBI MARC PHILIPPE
is available for rabbinic counseling.
You may reach him
at rabbimarc@kodeshhouse.org



JLE,
where jewish learning
is fun!



**Watch your mail
For tickets and info**

Shabbat Dinner

Friday, September 13th

Immediately Following 6pm services

In honor of all our amazing B'nai Mitzvah
students from this past and current year!



Please join us for Shabbat dinner after Friday night
services to honor our B'nai Mitzvah students
Judah, Stella, Poppy, Cleo, & Carl

Complementary dinner sponsored by Temple Israel's Care Committee
RSVP Required

Notice

The membership contribution letters
included an incorrect telephone
number for questions.

President Jeff Klein can be reached
on this cell phone at 248.321.4949



TEMPLE ISRAEL'S CARE COMMITTEE CARE CORNER INAUGURAL UPDATE

This past week marked an important milestone for our committee - we embarked on our first outreach visit! Our initial stop over was with a member of our community who has been on our minds since we began this journey. We spent a lovely afternoon catching up, sharing stories, enjoying pictures, and noshing on savory snacks. Time escaped us as we were all so immersed in the moment.

In addition to our initial visit, the committee has decided to sponsor an upcoming Friday night Shabbat dinner (September 13th!) in honor of our remarkable B'nai Mitzvah students and all their accomplishments.

Despite our short tenure, our dedicated team has begun to assemble the infrastructure to sustain the long-term growth and success of such a noble cause. Stay tuned for more updates as well as opportunities to partake in a mitzvah!

**Do you have a Care Request?
Interested in joining
the committee?**

**If you are interested in
volunteering or
are in need of assistance,
please contact
Linda Sinkow
lindasinkow@gmail.com
or
508-561-3740**

September - Av 28 to Elul 26

Sep 1 - Stephen Saulten
Sep 5 - Ken Cohn
Sep 5 - Cleo Warner
Sep 7 - David Sky
Sep 10 - Jay Zax
Sep 12 - Abigail Jane Bednowitz
Sep 12 - Morton Fleischer
Sep 13 - Morris Steinbock
Sep 15 - Denise Rudman



Sep 18 - Aaron Sommers
Sep 21 - Danny Geller
Sep 21 - Laurel Geller
Sep 21 - Helena Guttman
Sep 22 - Brian Zinn
Sep 24 - Ido Preis
Sep 24 - Danica Sinkow
Sep 27 - Ron Deeter

Daniel & Tiffany Cohen
Sep 5 - 24 years

Michael & Catherine Davidow
Sep 6 - 16 years



John & Dina Weber
Sep 9 - 51 years

Peter & Morgan Hallock
Sep 27 - 15 years

September Calendar at a Glance

Every Wednesday – 7:00am Morning Minyan & 6:30pm Torah Study on Zoom. [Click here for ZOOM link](#)

- **Sep 4 – 4:30pm – TI Jewish Book Club facilitated by Beth Fraum [Click here to RSVP](#)**
- **Sep 7 – 9:45am – Cleo Warner's Bat Mitzvah**
- **Sep 13 – 6:00pm – Kabbalat Shabbat & Dinner. RSVP required by Sep 3. [Click here to RSVP](#)**
- **Sep 21 – 9:45am – Shabbat Service and Kiddush sponsored by Ruth Chevion. No RSVP needed.**
- **Sep 28 – 7:30pm – Selichot Service at Temple Israel with Temple Adath Yeshurun members. No RSVP needed.**

Useful Links

Our Rabbi: rabbi.marc@yahoo.com

Our President: president@templeisraelmht.org or call 248-321-4949

Our Vice President & Membership Director: lindasinkow@gmail.com

Our Office: office@templeisraelmht.org or 603.622.6171e

Our Website: <https://templeisraelmht.org>

Our Service & Events Page: <https://templeisraelmht.org/services-and-events>

Support Temple Israel: <https://templeisraelmht.org/support-us>