

## Books

Hope Heals- Katherine & Jay Wolf

Evidence Not Seen- Darlene Deibler Rose

Sex and the Single Girl- Dr. Juli Slattery

Hit Hard- Pat McLeod

The Beck Diet Solution

Skin Picking- The Freedom to Finally Stop- (self injurious behaviors)

## Articles

When Your Worst Storm Comes

<https://www.desiringgod.org/articles/when-your-worst-storm-comes>

3 WAYS YOU CAN BE SINGLE AND SEXUAL

<http://purecommunity.org/Community-Voices/3-ways-you-can-be-single-and-sexual>

If A Tree Falls

<https://rabbitroom.com/2019/06/if-a-tree-falls-in-the-forest/>

Are You Suffering from Compassion Fatigue?

<https://www.psychologytoday.com/us/blog/high-octane-women/201407/are-you-suffering-compassion-fatigue>