

## TRADITIONAL SOUPS

(comes with choice of meat or fish and a swallow)
(All proteins are steamed or fried upon request)
SWALLOW CHOICES

• Pounded Yam • Oatmeals • Eba • Amala

**EGUSI** (Ground melon seeds cooked in a delicious sauce)

**EFO RIRO** (West African style leafy vegetable spiced stew with Iru beans)

**OKRA** (Chopped okra boiled and seasoned)

**BANGA SOUP** (A palm nut soup made with stock fish, dry fish and crayfish)

**AFANG SOUP** (A traditional soup made with okazi leaves, stock fish, dry fish, and crayfish)

OGBONO (Ground mango seed prepared with rich authentic seasoning)

**BITTER LEAF** (Soup made from bitter leaf vegetables)

**OHA** (A south eastern Igbo style seasonal soup made with Oha leaves with a mild bitter taste)

**EWEDU** (a Yoruba tribe delicacy made from Jute leaves and other Nigerian ingredients)

GBEGIRI (Yoruba soup made from honey beans)

#### Above with each meat and fish option

w/Chicken /\$18.99 w/Beef /\$19.99 w/Goat or Oxtail /\$24.99 w/Assorted Meats /\$20.99 w/Cat Fish /\$21.99 w/Tilapia Fish or Mackerel Fish /\$20.99 w/Stock Fish /\$21.99 w/Dry Fish /\$21.99 w/Croaker(Big) /\$21.99 w/Croaker(Small) /\$19.99

### PLATES

(comes with 2 pieces of meat or 1 fish)
(Spicy or Non-spicy option)
(All proteins are steamed or fried upon request)

#### WHITE RICE

(Steamed rice comes with plantain, garnishing and beans)

## JOLLOF RICE or COCONUT RICE or FRIED RICE

(Rice comes with plantain and garnishing)

#### BEANS AND PLANTAIN OR EWA AGOYIN BEANS

(Bean plates comes with plantain & Agege Bread or Ijebu Garri)

#### YAM PORRIDGE

(African Yam mashed with red stew sauce)

#### **BOILED OR FRIED YAM AND EGGS**

#### Above with each meat and fish option

w/Chicken /\$18.99 w/Beef /\$19.99

w/Goat or Oxtail /\$24.99 w/Assorted Meats /\$20.99 w/Cat Fish /\$21.99 w/Tilapia Fish or Mackerel Fish /\$20.99 w/Stock Fish /\$21.99 w/Dry Fish /\$21.99 w/Croaker(Big) /\$21.99 w/Croaker(Small) /\$19.99

ABACHA (African salad made with dried cassava. Ugba, onions and mackerel fish) /\$18.99

#### **DESIGNER RICE AND STEW**

(Spiced sauce made with green bell, habanero, and onions) /\$19.99

#### OFADA RICE PLATE

(Spiced sauce made with red bell, habanero, and onions) /\$21.99

#### SIDES

Jollof Rice /\$14
Fried Rice /14
Coconut Rice /\$14
White Rice (with Stew) /\$14
Ofada /\$15
Plantain (with Stew) /\$10
Stew (Small) / \$5
Garri /\$4

#### SIDES OF SOUPS

Egusi /\$14
Efo Riro reg/\$14
Ogbono /\$14
Okra /\$14
Afang /\$15
OHA /\$15
Bitter Leaf /\$15

# SIDES OF MEATS SIDES OF FISH Goat /\$17 Catfish /\$16

#### SIDES OF SWALLOWS

Pounded Yam /\$4 Oatmeal /\$3.25 EBA /\$3.25 Amala /\$3.25

## QUALITY FOOD FOR QUALITY PEOPLE...BETTER, FRESH & TASTIER!

