

# **Smoking & Drinking Amongst Young People in West Berkshire and Wokingham**

**13 January 2020 – 24 March 2020**

## **Findings Report**

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## INTRODUCTION

1. This paper sets out the findings of a survey conducted in early 2020 to look at the consumption of cigarettes and alcohol amongst young people, of school age, in West Berkshire and Wokingham.

## APPROACH

2. The aim of the survey was to understand young people's habits, behaviours and attitudes towards smoking cigarettes and/or e-cigarettes, and drinking alcohol.
3. The first section posed questions about smoking habits. It asked the young people whether they have ever smoked, and if so, how often they smoked, whether they have smoked in the last month and in the last seven days. It also asked what their main source of cigarettes was, what their families thought of their smoking, whether they have considered stopping and what assistance might be welcomed. The final questions of this section were about the use of e-cigarettes/e-shisha.
4. The second section posed questions about drinking alcohol. It asked if young people have ever drunk alcohol, and if so, how often they drink alcohol, whether they have drunk alcohol in the last month and in the last seven days, what their main source of alcohol is and where they usually drink it. It also asked questions to find out what their families thought of their drinking, what they've experienced whilst drinking alcohol and why they think young people drink.
5. The questionnaire was created online using Survey Monkey and the website link circulated to schools for their pupils to complete.
6. Five schools participated in the survey, which ran from 13 January to 24 March 2020. The schools included:

<u>West Berkshire</u>	<u>Wokingham</u>
<ul style="list-style-type: none"><li>• John O'Gaunt</li><li>• Park House School</li></ul>	<ul style="list-style-type: none"><li>• Maiden Erlegh</li><li>• St Crispins</li><li>• The Holt</li></ul>
7. Pupils from all year groups were asked to complete the survey, but to focus the report on underage drinking and smoking, responses from 18 years old have been excluded.

## NUMBER AND BREAKDOWN OF RESPONSES

8. In total, 1746 completed questionnaires from pupils aged 11-17 years were received. The tables below shows the proportion of returns for each age group, gender and school.

Which gender do you identify with?	Frequency	Percent
Male	617	35.3
Female	1123	64.3
Not answered	6	0.3
<b>Total</b>	<b>1746</b>	<b>100</b>

How old are you?	Frequency	Percent
11	207	11.9
12	373	21.4
13	333	19.1
14	290	16.6
15	309	17.7
16	177	10.1
17	57	3.3
<b>Total</b>	<b>1746</b>	<b>100</b>

Which school do you go to?	Frequency	Percent
John O'Gaunt	59	3.4
Maiden Erlegh	42	2.4
Park House	493	28.2
St Crispins	544	31.2
The Holt	608	34.8
<b>Total</b>	<b>1746</b>	<b>100</b>

## MAIN FINDINGS

### Smoking Questions

9. Of the 1746 pupils surveyed, 7.4% said they had attended a 'Meet the Stinkers' performance in primary school.
10. 7.9% (138 out of 1746) of all pupils surveyed answered yes to 'Have you ever smoked a cigarette?' Broken down by gender this equates to 9.6% of males and 7.0% of females.
11. Of the 138 pupils who have 'ever smoked a cigarette', 58.7% said when asked 'How often they usually smoke' either 'I have only tried smoking' (34.1%) or 'I never smoke now' (24.6%), and 8% answered 'Only a few times a year'. 18.8% said they smoked 'everyday / almost every day'.
12. Looking at this another way, in terms of all pupils surveyed, 4.6% said 'I have only tried smoking' (2.7%) or 'I never smoke now' (1.9%), and 0.6% answered 'Only a few times a year'. 1.5% said they smoked 'every day / almost every day'.
13. 63 out of the 138 (45.7%) pupils who have 'ever smoked a cigarette' answered yes to 'Have you smoked a cigarette in the last month?' This reduces to 38 out of 138 (27.6%) for the 'Have you smoked in the last 7 days?' question.
14. Looking at this another way, in terms of all pupils surveyed, only 3.6% have smoked in the last month, and 2.2% in the last 7 days.

15. The most frequent responses from pupils who have 'ever smoked a cigarette' to the question 'Where do you usually get your cigarettes from?' are 'Given them by friends / family' (47.1%), 'Older friends / family usually buy them for me' (23.9%), and 'Friends / family my own age usually buy them for me' (15.2%). Approximately 12% said they 'Buy them myself'.
16. 71 out of 138 (51.4%) of pupils who have 'ever smoked a cigarette' said that their family didn't know they smoked and 15.9% said their family tried to persuade them to stop smoking. Only 8% said their families didn't mind them smoking.
17. When asked 'Have you ever considered stopping?' 62.3% of pupils who have 'ever smoked a cigarette' answered 'Don't smoke regularly enough'. 18.8% answered positively (26 out of 138). The remaining 18.8% were split evenly between 'No' and 'Not answered'.
18. Of the pupils who answered positively to 'Have you ever considered stopping?' 42.3% would prefer help and advice from a 'Family member or friend', 26.9% from 'Another pupil' and 26.9% from 'A stop smoking service'. Only 7.7% would prefer help from 'A teacher'.
19. 12.3% (17 out of 138) of pupils who have 'ever smoked a cigarette' said they have been provided with stop smoking advice from a peer mentor.
20. Of all pupils surveyed (1746), 94.1% answered 'I don't use e-cigarettes / e-shisha'. 3.7% said that they used e-cigarettes / e-shisha; 1.2% of which smoked cigarettes as well. The remaining 2.2% didn't answer the question.
21. Slightly more males than females said they used e-cigarettes / e-shisha; 5.3% compared to 2.8%.
22. Of the 64 pupils that said they used e-cigarettes / e-shisha, 26.6% said they used them 'Every day / almost every day'. 15.6% also said 'I used to use e-cigarettes/e-shisha but don't now'
23. The most frequent responses from pupils who have used e-cigarettes / e-shisha to the question 'Where do you usually get your e-cigarettes / e-shisha from?' are 'Given them by friends / family' (45.3%), 'Older friends / family usually buy them for me' (20.3%), 'Buy them myself from a newsagent / corner shop' (17.2%) and 'Friends / family my own age usually buy them for me' (17.2%).

### Drinking Questions

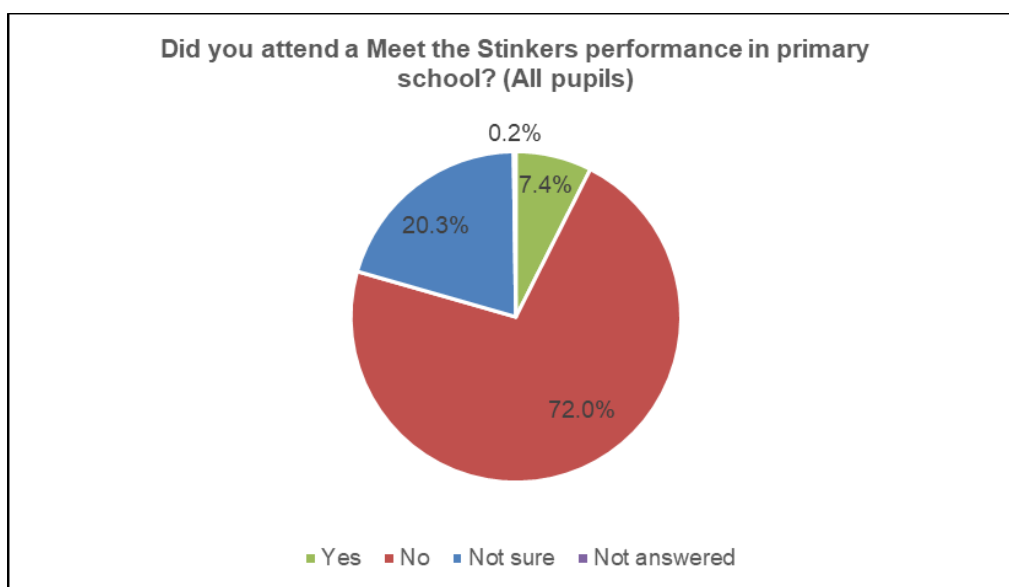
24. 48.3% (843 out of 1746) of all pupils surveyed answered yes to 'Have you ever drunk alcohol?' Broken down by gender this equates to 57.7% of males and 42.9% of females.
25. Of the 843 pupils who have 'ever drunk alcohol, 56.2% said when asked 'How often do you usually have an alcoholic drink' either 'Only few times a year' (34.8%) or 'I have only tried alcohol' (21.5%). 17% answered 'About once a month'. Only 1.4% said they drank alcohol 'everyday / almost every day'.
26. Looking at this another way, in terms of all pupils surveyed, 27.1% said either 'Only few times a year' (16.8%) or 'I have only tried alcohol' (10.4%). 8.2% answered 'About once a month'. Only 0.7% said they drank alcohol 'everyday / almost every day'.
27. 551 out of the 843 (65.4%) pupils who have 'ever drunk alcohol' answered yes to 'Have you drunk any alcohol in the last month?' This reduces to 160 out of 843 (19%) for the 'Have you drunk any alcohol in the last 7 days?' question.

28. Looking at this another way, in terms of all pupils surveyed, 31.6% have drunk alcohol in the last month, and 9.2% in the last 7 days.
29. The most frequent responses from pupils who have 'ever drunk alcohol' to the question 'Where do you usually get your alcohol from?' are 'My parents usually give it to me' (80.1%) and 'Older friends / family usually buy it for me' (17.1%). Less than 1.5% of pupils said 'Buy it myself'.
30. 574 of the 843 (68.1%) pupils who have 'ever drunk alcohol' answered 'At home, with family' when asked 'Where do you usually drink alcohol?'. The next two most popular responses were 'At family occasions' (47%) and 'at a friend's house e.g. at a party' (38.7%). Only 2.5% said 'In a pub or club'.
31. When asked 'Have any of the following happened to you when you've drunk alcohol?', the majority of the pupils that have 'ever drunk alcohol' responded 'None of the above' (69.9%). Approximately 1 in 7 answered 'I vomited' (13.5%) and 1 in 11 said 'I got into an argument' (9.1%). 4.5% answered 'I did something that put me in a risky situation' and 3.2% said 'I engaged in sexual activity that I regretted the next day'.
32. The top four responses to 'How do your family feel about you drinking alcohol?' were 'They don't mind as long as I don't drink too much / more than an agreed amount' (48%), 'They don't mind as long as I only drink with friends / family at special occasions' (27%), 'They don't mind as long as I only drink with family / a trusted adult' (21.2%) and 'They don't mind as long as I tell them where I am' (17.8%). Only 3.6% responded 'They don't like me drinking alcohol at all', and 2.7% said 'They don't know I drink alcohol'.
33. Approximately half of all pupils surveyed agreed with the following statements when asked 'People of my age drink alcohol because ...', 'It gives them a buzz' (48.9%), 'It helps them enjoy a party' (46.9%), 'They like the feeling' (46.8%), 'It makes social gatherings more fun' (46.7%), and 'It helps them to forget their problems' (44%). The most disagreed with statement was 'It makes them feel liked' (56.7%), followed by 'It helps them fit in with a group they like' (50.2%) and 'It cheers them up when they are in a bad mood' (50.1%).

## TABLES AND GRAPHS

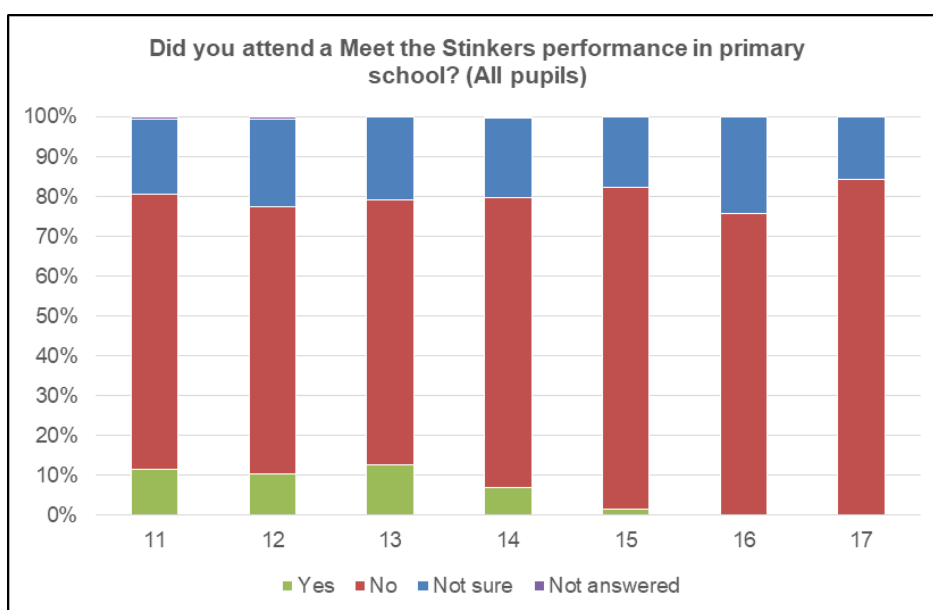
Did you attend a Meet the Stinkers performance in primary school?

Did you attend a Meet the Stinkers performance in primary school?	Frequency	Percent
Yes	130	7.4
No	1257	72.0
Not sure	355	20.3
Not answered	4	0.2
<b>Total</b>	<b>1746</b>	<b>100</b>



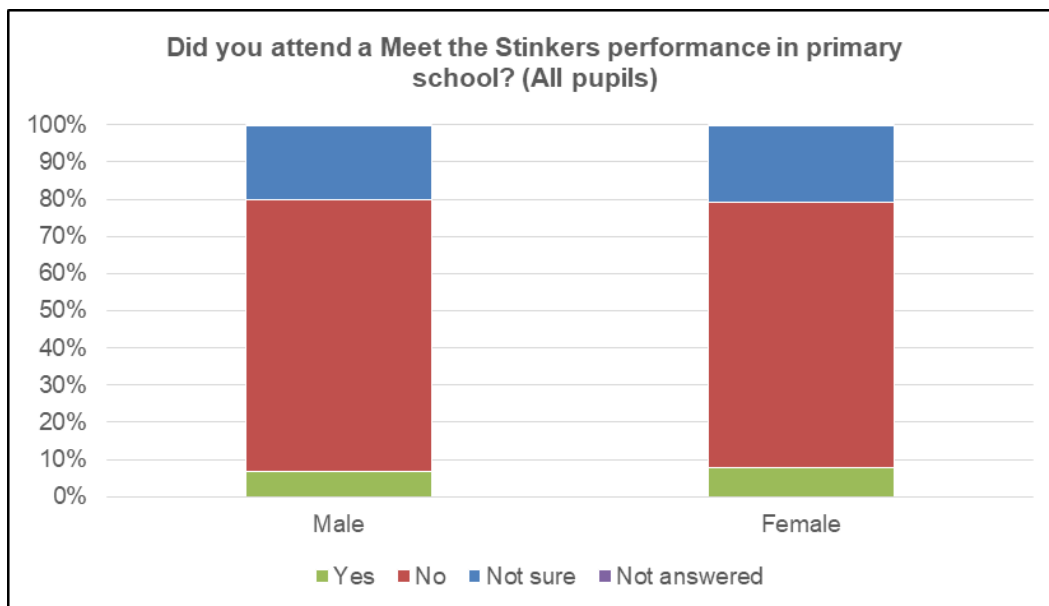
*By Age*

Did you attend a Meet the Stinkers performance in primary school?	11	12	13	14	15	16	17
Yes	11.6%	10.5%	12.6%	6.9%	1.6%	0.0%	0.0%
No	69.1%	67.0%	66.7%	72.8%	80.6%	75.7%	84.2%
Not sure	18.8%	22.0%	20.7%	20.0%	17.8%	24.3%	15.8%
Not answered	0.5%	0.5%	0.0%	0.3%	0.0%	0.0%	0.0%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



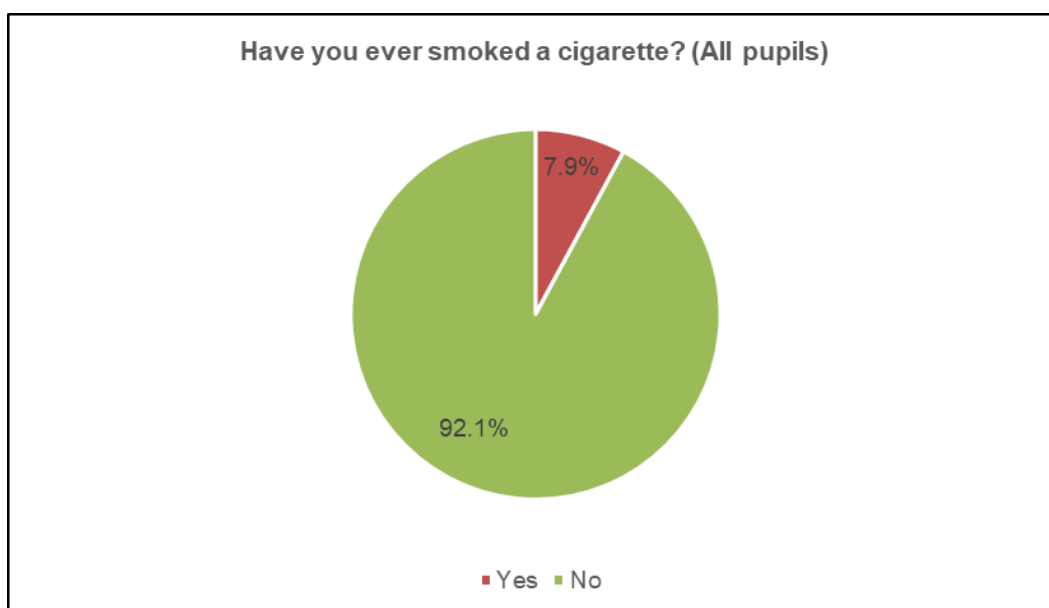
By Gender

Did you attend a Meet the Stinkers performance in primary school?	Male	Female
Yes	6.6%	7.9%
No	73.3%	71.2%
Not sure	19.8%	20.7%
Not answered	0.3%	0.2%
<b>Number</b>	<b>617</b>	<b>1123</b>



Have you ever smoked a cigarette?

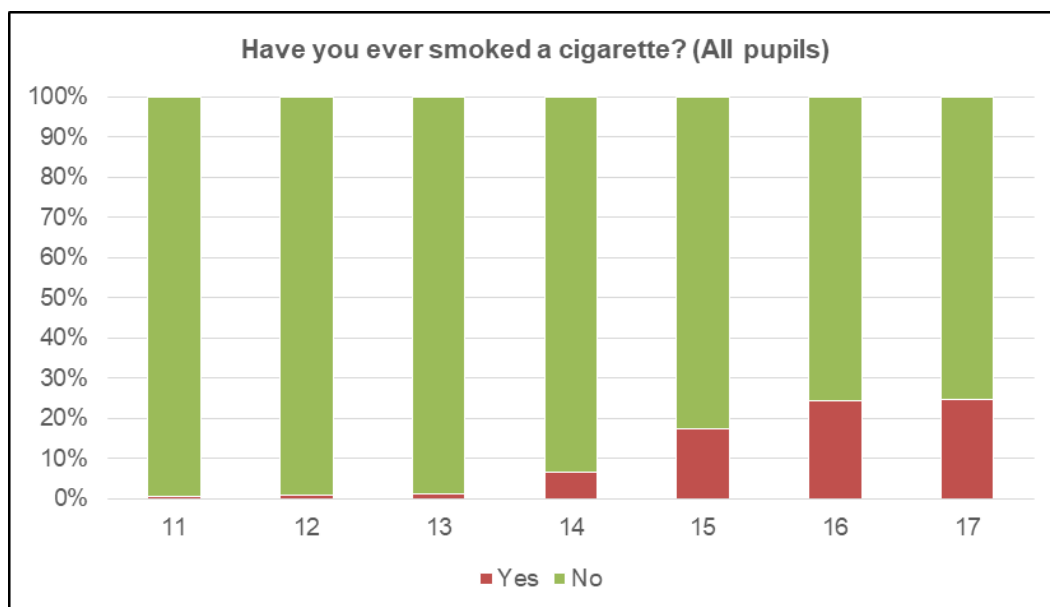
Have you ever smoked a cigarette?	Frequency	Percent
Yes	138	7.9
No	1608	92.1
<b>Total</b>	<b>1746</b>	<b>100</b>





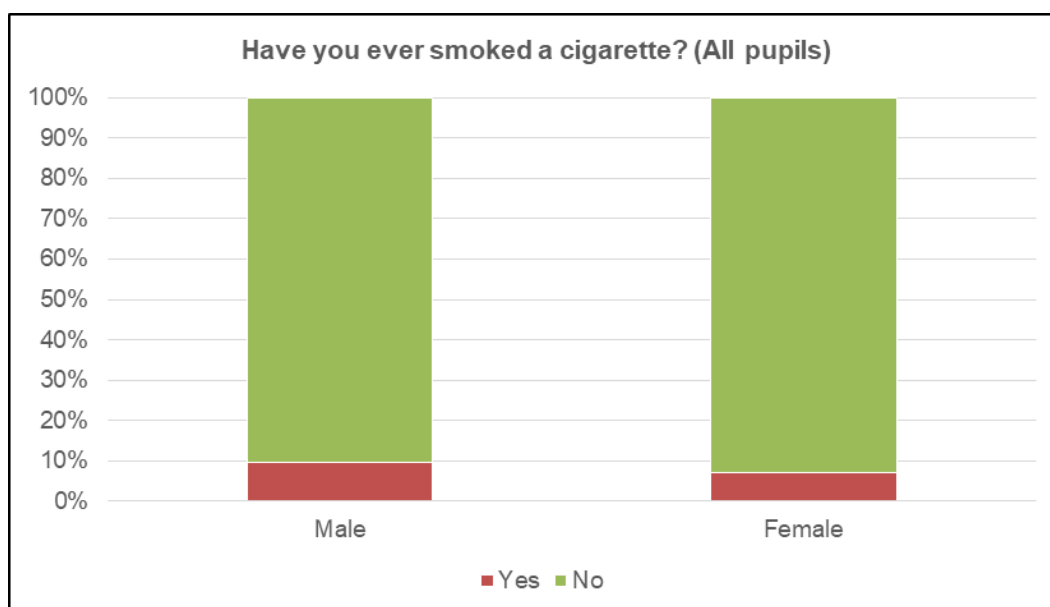
### By Age

Have you ever smoked a cigarette?	11	12	13	14	15	16	17
Yes	0.5%	0.8%	1.2%	6.6%	17.5%	24.3%	24.6%
No	99.5%	99.2%	98.8%	93.4%	82.5%	75.7%	75.4%
Number	207	373	333	290	309	177	57



### By Gender

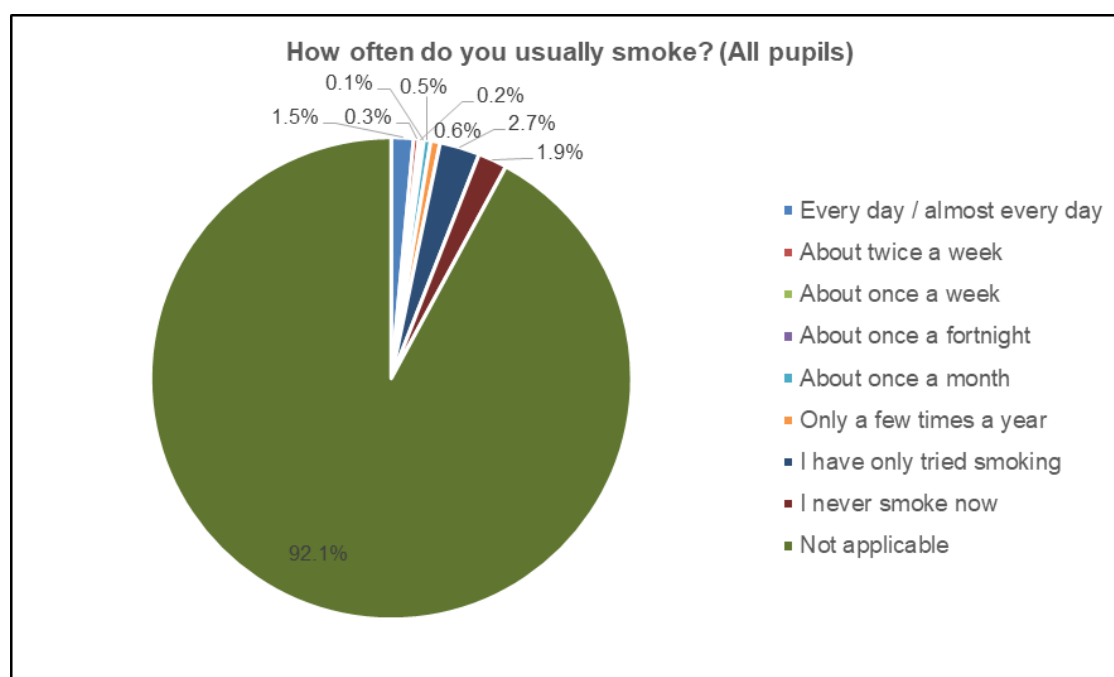
Have you ever smoked a cigarette?	Male	Female
Yes	9.6%	7.0%
No	90.4%	93.0%
Number	617	1123



## How often do you usually smoke?

All Pupils

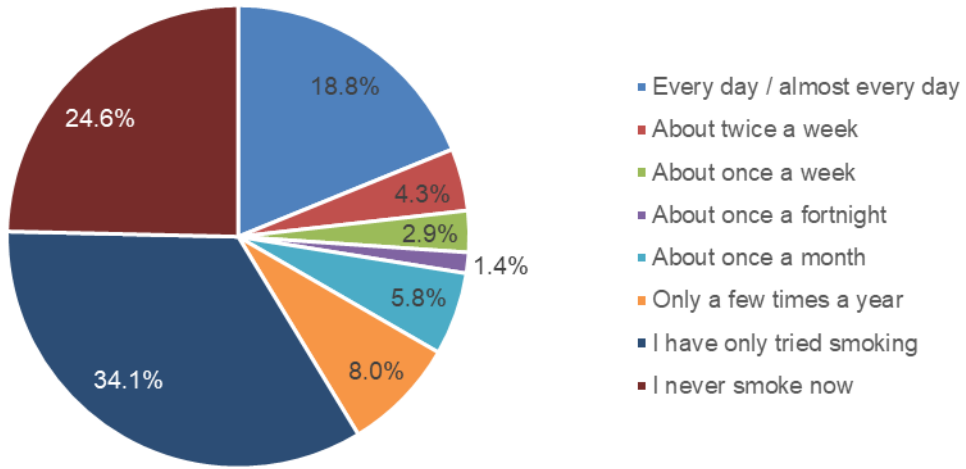
How often do you usually smoke?	Frequency	Percent
Every day / almost every day	26	1.5
About twice a week	6	0.3
About once a week	4	0.2
About once a fortnight	2	0.1
About once a month	8	0.5
Only a few times a year	11	0.6
I have only tried smoking	47	2.7
I never smoke now	34	1.9
Not applicable	1608	92.1
<b>Total</b>	<b>1746</b>	<b>100</b>



Pupils that have 'ever smoked a cigarette'

How often do you usually smoke?	Frequency	Percent
Every day / almost every day	26	18.8
About twice a week	6	4.3
About once a week	4	2.9
About once a fortnight	2	1.4
About once a month	8	5.8
Only a few times a year	11	8.0
I have only tried smoking	47	34.1
I never smoke now	34	24.6
<b>Total</b>	<b>138</b>	<b>100</b>

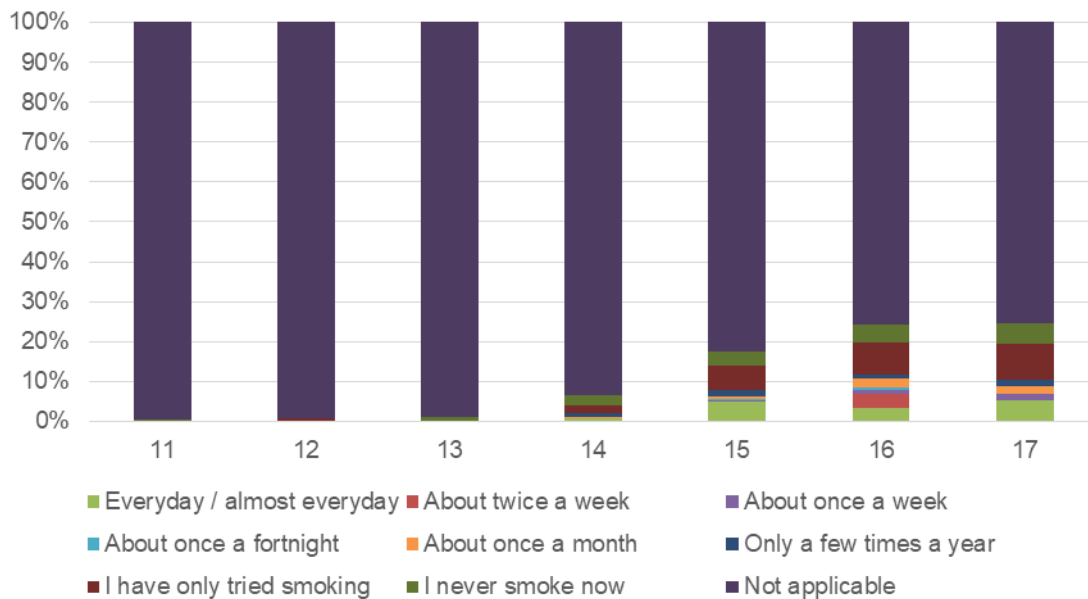
How often do you usually smoke? (Pupils that have 'ever smoked a cigarette')



All Pupils – By Age

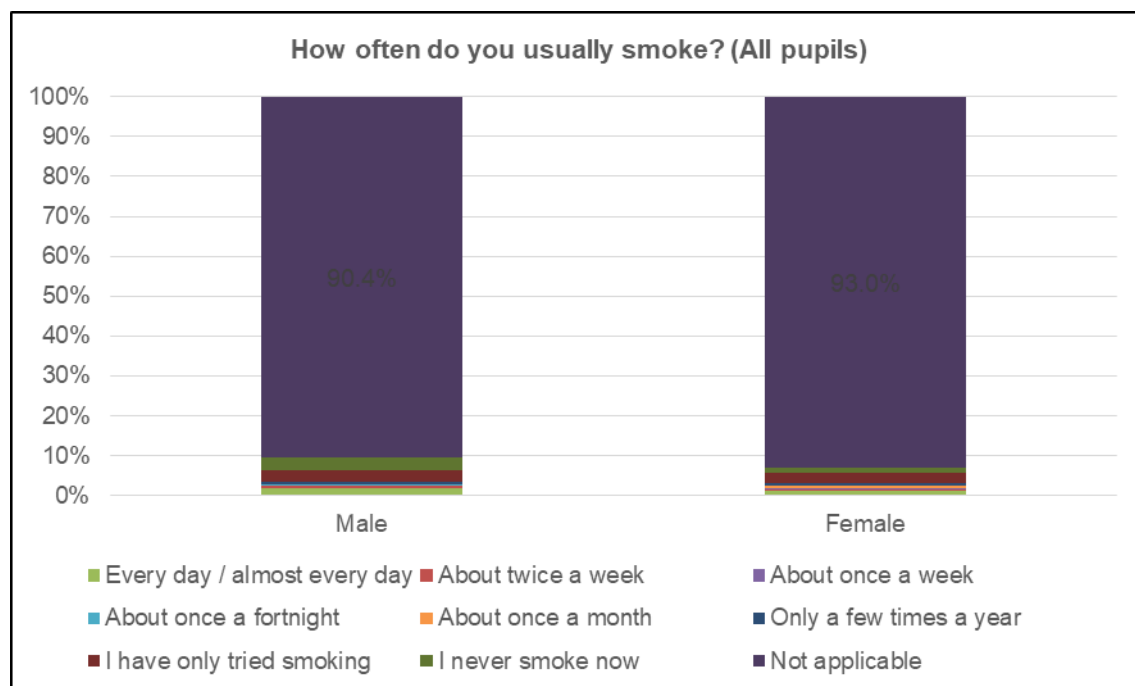
How often do you usually smoke?	11	12	13	14	15	16	17
Every day / almost every day	0.0%	0.0%	0.0%	0.7%	4.9%	3.4%	5.3%
About twice a week	0.0%	0.0%	0.0%	0.0%	0.0%	3.4%	0.0%
About once a week	0.0%	0.0%	0.0%	0.0%	0.3%	1.1%	1.8%
About once a fortnight	0.0%	0.0%	0.0%	0.0%	0.3%	0.6%	0.0%
About once a month	0.0%	0.0%	0.0%	0.3%	0.6%	2.3%	1.8%
Only a few times a year	0.0%	0.0%	0.0%	1.0%	1.6%	1.1%	1.8%
I have only tried smoking	0.0%	0.8%	0.0%	2.1%	6.1%	7.9%	8.8%
I never smoke now	0.5%	0.0%	1.2%	2.4%	3.6%	4.5%	5.3%
Not applicable	99.5%	99.2%	98.8%	93.4%	82.5%	75.7%	75.4%
<b>Total</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>

How often do you usually smoke? (All pupils)



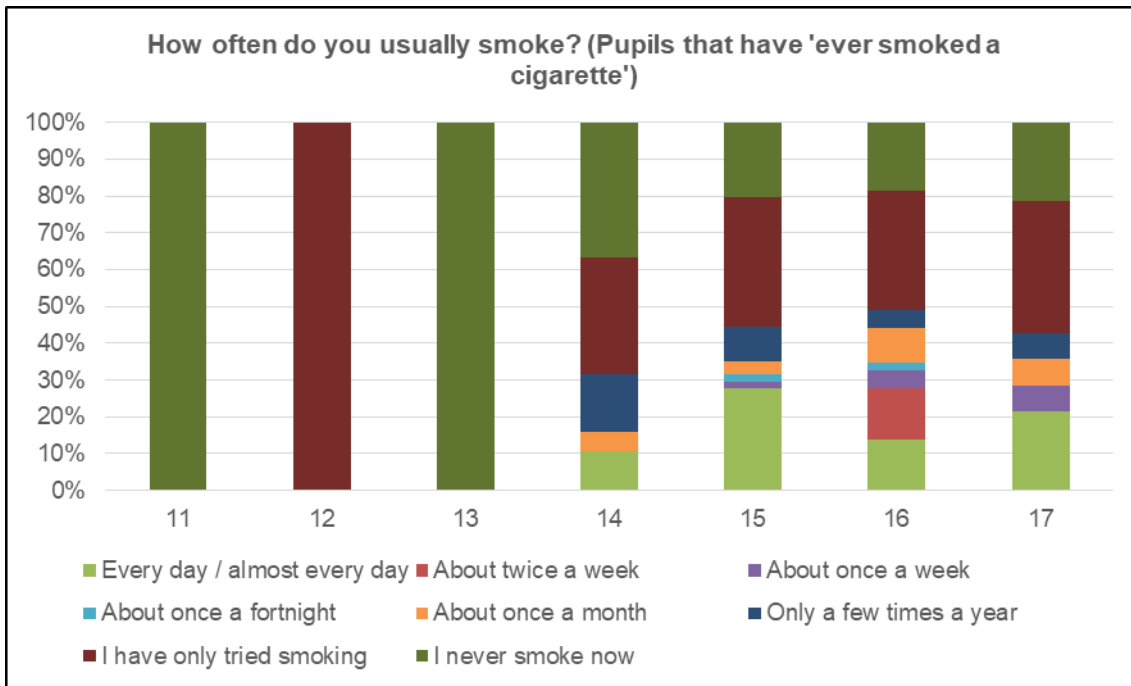
## All Pupils – By Gender

How often do you usually smoke?	Male	Female
Every day / almost every day	1.8%	1.3%
About twice a week	0.6%	0.2%
About once a week	0.0%	0.4%
About once a fortnight	0.3%	0.0%
About once a month	0.0%	0.7%
Only a few times a year	0.6%	0.6%
I have only tried smoking	3.1%	2.5%
I never smoke now	3.1%	1.3%
Not applicable	90.4%	93.0%
<b>Number</b>	<b>617</b>	<b>1123</b>



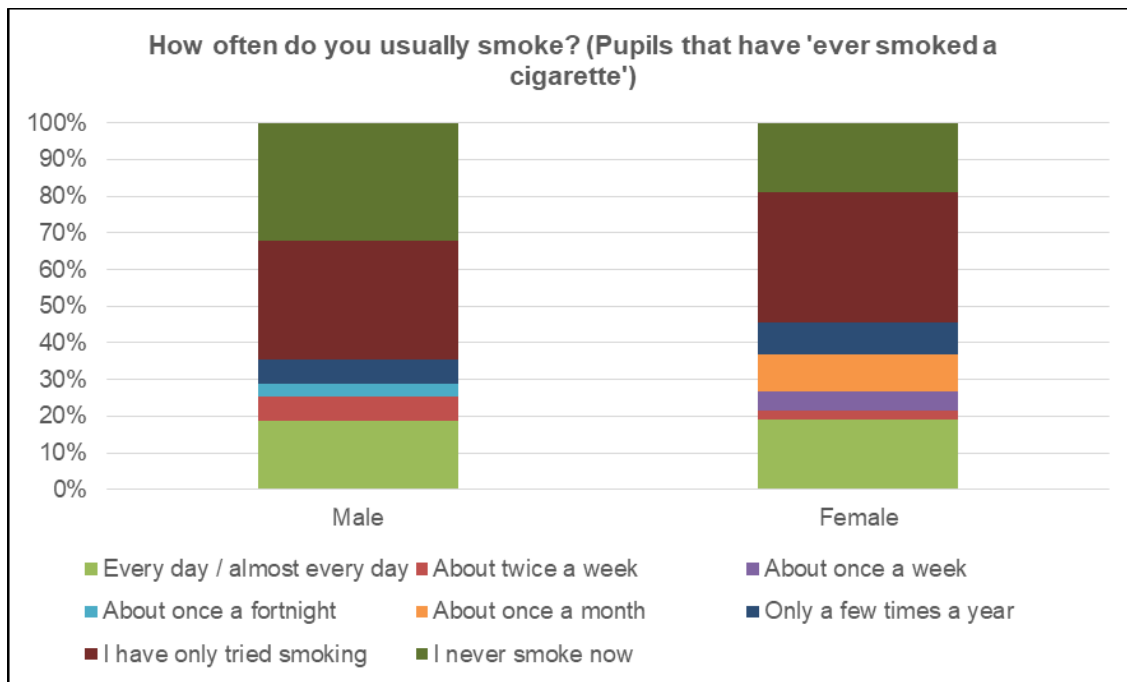
## Pupils that have 'ever smoked a cigarette' – By Age

How often do you usually smoke?	11	12	13	14	15	16	17
Every day / almost every day	0.0%	0.0%	0.0%	10.5%	27.8%	14.0%	21.4%
About twice a week	0.0%	0.0%	0.0%	0.0%	0.0%	14.0%	0.0%
About once a week	0.0%	0.0%	0.0%	0.0%	1.9%	4.7%	7.1%
About once a fortnight	0.0%	0.0%	0.0%	0.0%	1.9%	2.3%	0.0%
About once a month	0.0%	0.0%	0.0%	5.3%	3.7%	9.3%	7.1%
Only a few times a year	0.0%	0.0%	0.0%	15.8%	9.3%	4.7%	7.1%
I have only tried smoking	0.0%	100.0%	0.0%	31.6%	35.2%	32.6%	35.7%
I never smoke now	100.0%	0.0%	100.0%	36.8%	20.4%	18.6%	21.4%
<b>Number</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>19</b>	<b>54</b>	<b>43</b>	<b>14</b>



*Pupils that have 'ever smoked a cigarette' – By Gender*

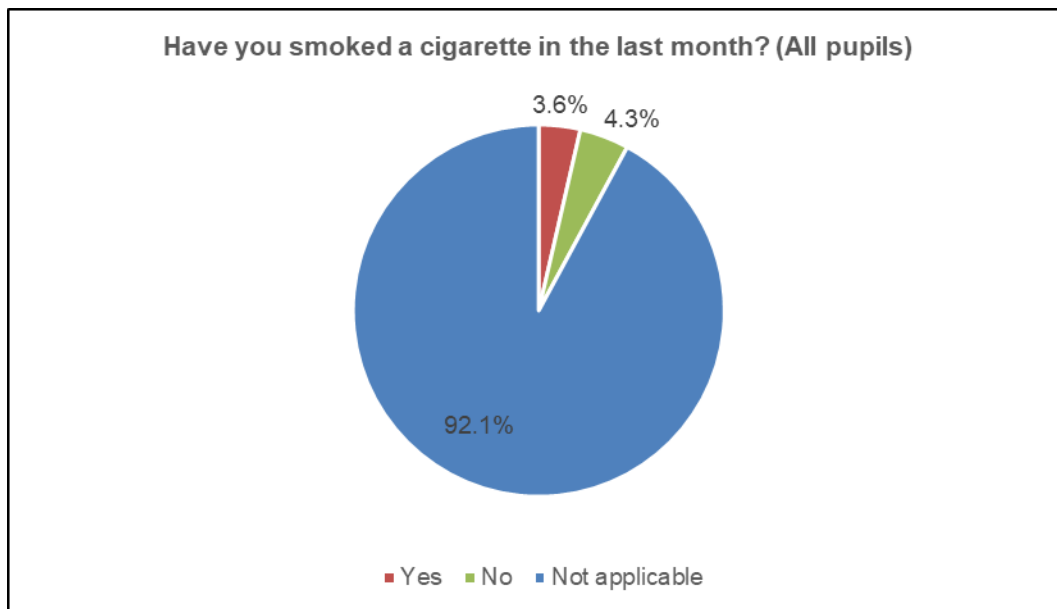
How often do you usually smoke?	Male	Female
Every day / almost every day	18.6%	19.0%
About twice a week	6.8%	2.5%
About once a week	0.0%	5.1%
About once a fortnight	3.4%	0.0%
About once a month	0.0%	10.1%
Only a few times a year	6.8%	8.9%
I have only tried smoking	32.2%	35.4%
I never smoke now	32.2%	19.0%
<b>Number</b>	<b>59</b>	<b>79</b>



Have you smoked a cigarette in the last month?

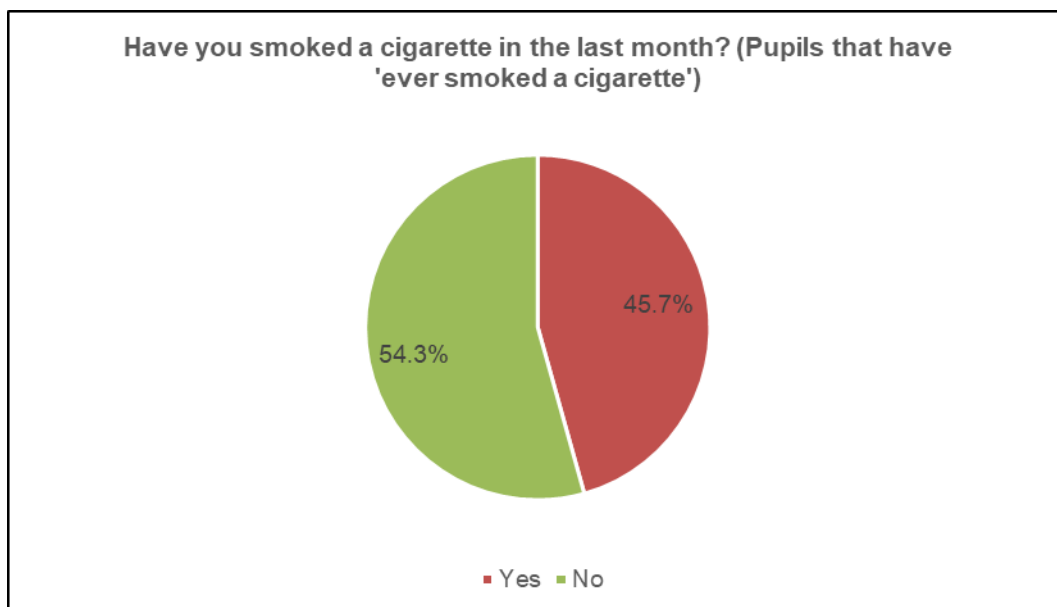
*All Pupils*

Have you smoked a cigarette in the last month?	Frequency	Percent
Yes	63	3.6
No	75	4.3
Not applicable	1608	92.1
<b>Total</b>	<b>1746</b>	<b>100</b>



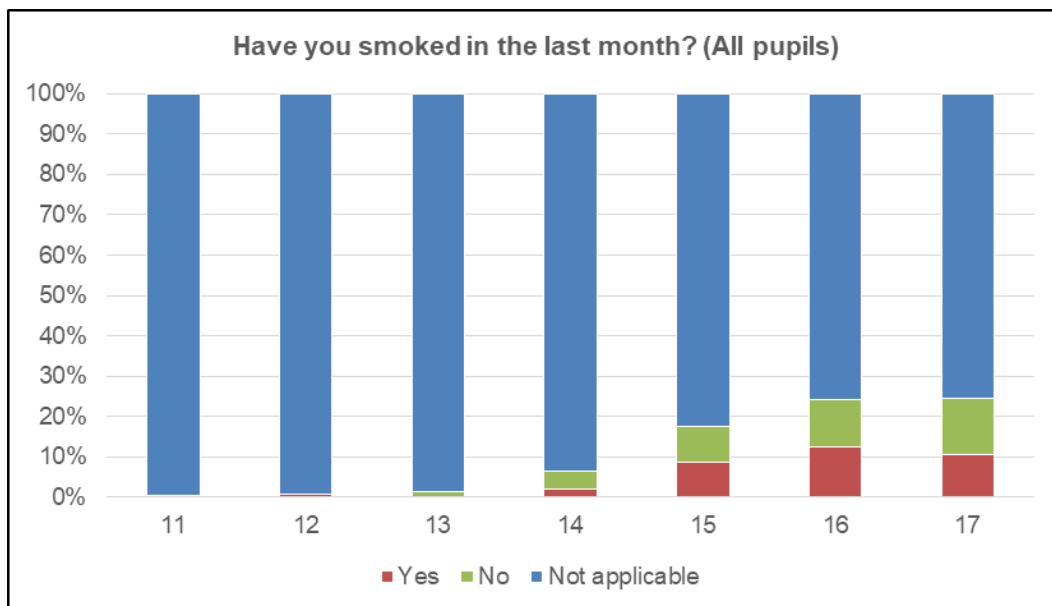
*Pupils that have 'ever smoked a cigarette'*

Have you smoked a cigarette in the last month?	Frequency	Percent
Yes	63	45.7
No	75	54.3
<b>Total</b>	<b>138</b>	<b>100</b>



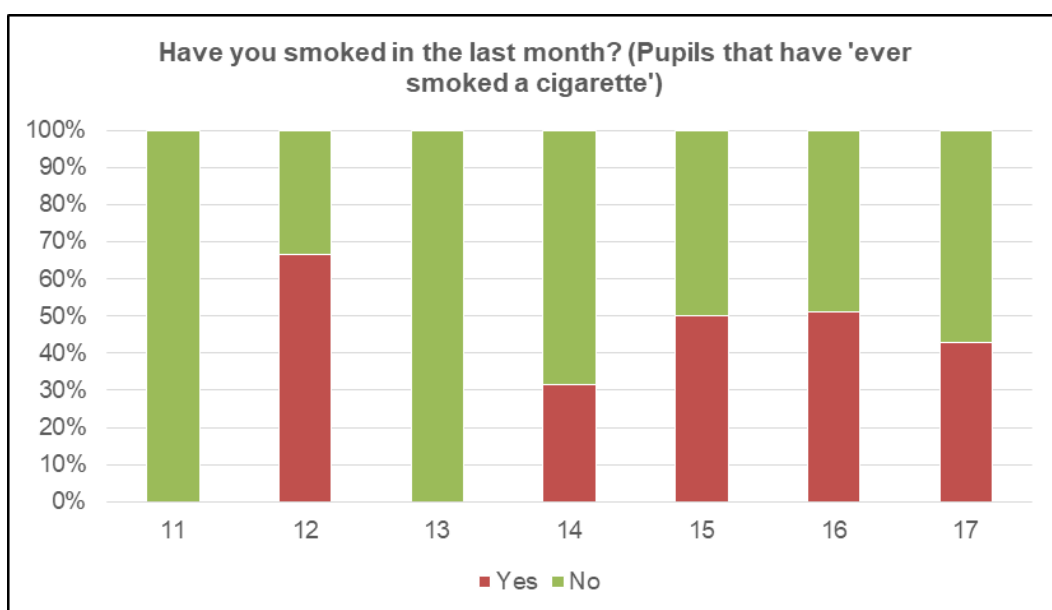
### All Pupils - By Age

Have you smoked a cigarette in the last month?	11	12	13	14	15	16	17
Yes	0.0%	0.5%	0.0%	2.1%	8.7%	12.4%	10.5%
No	0.5%	0.3%	1.2%	4.5%	8.7%	11.9%	14.0%
Not applicable	99.5%	99.2%	98.8%	93.4%	82.5%	75.7%	75.4%
Number	207	373	333	290	309	177	57



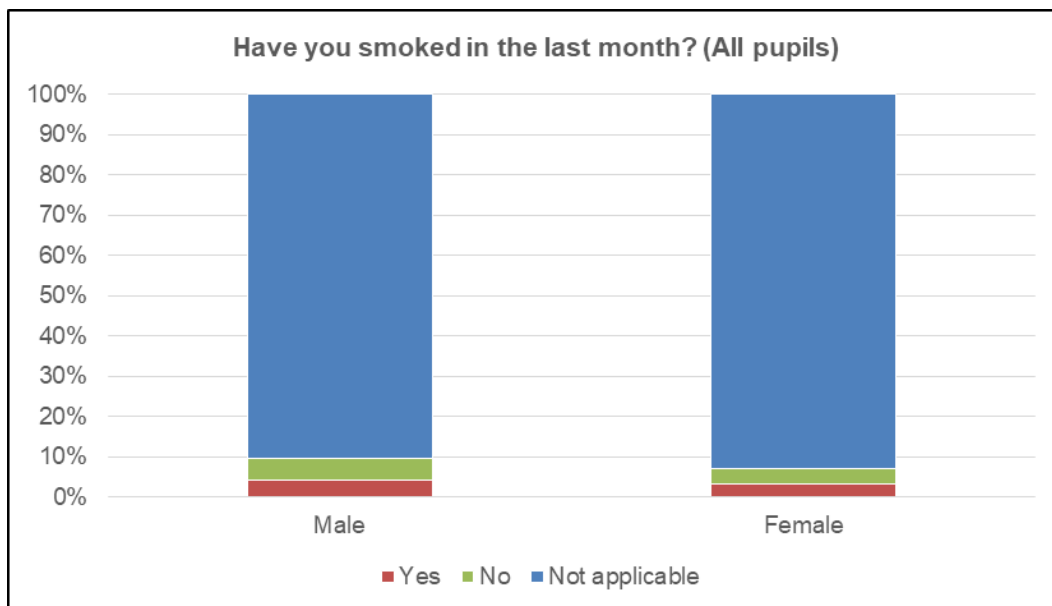
### Pupils that have 'ever smoked a cigarette' – By Age

Have you smoked a cigarette in the last month?	11	12	13	14	15	16	17
Yes	0.0%	66.7%	0.0%	31.6%	50.0%	51.2%	42.9%
No	100.0%	33.3%	100.0%	68.4%	50.0%	48.8%	57.1%
Number	1	3	4	19	54	43	14



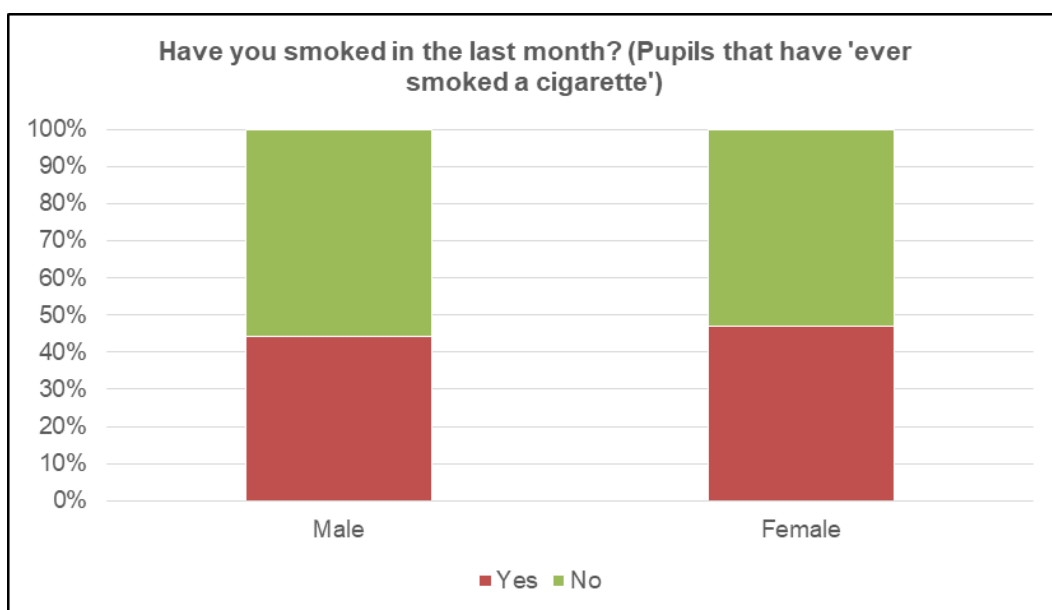
*All Pupils - By Gender*

Have you smoked a cigarette in the last month?	Male	Female
Yes	4.2%	3.3%
No	5.3%	3.7%
Not applicable	90.4%	93.0%
<b>Number</b>	<b>617</b>	<b>1123</b>



*Pupils that have 'ever smoked a cigarette' – By Gender*

Have you smoked a cigarette in the last month?	Male	Female
Yes	44.1%	46.8%
No	55.9%	53.2%
<b>Number</b>	<b>59</b>	<b>79</b>

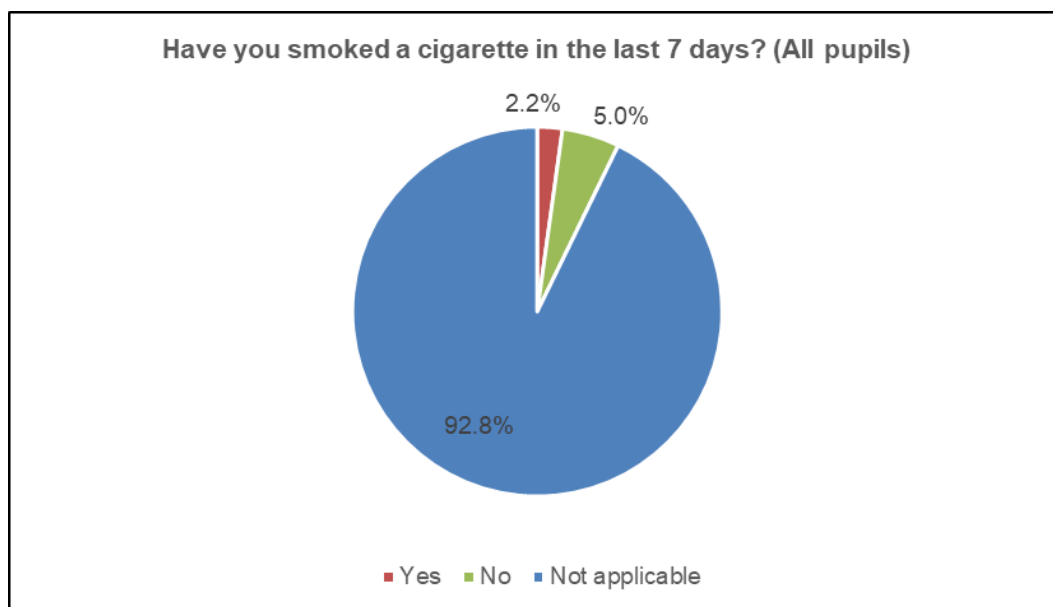




### Have you smoked a cigarette in the last 7 days?

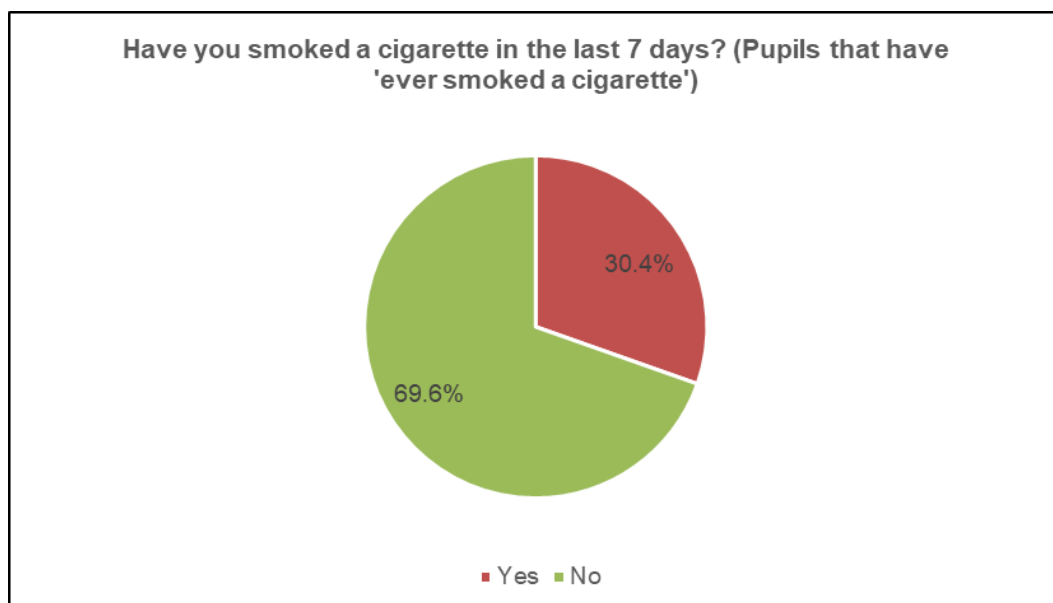
*All Pupils*

Have you smoked a cigarette in the last 7 days?	Frequency	Percent
Yes	38	2.2
No	87	5.0
Not applicable	1608	92.1
Not answered	13	0.7
<b>Total</b>	<b>1746</b>	<b>100</b>



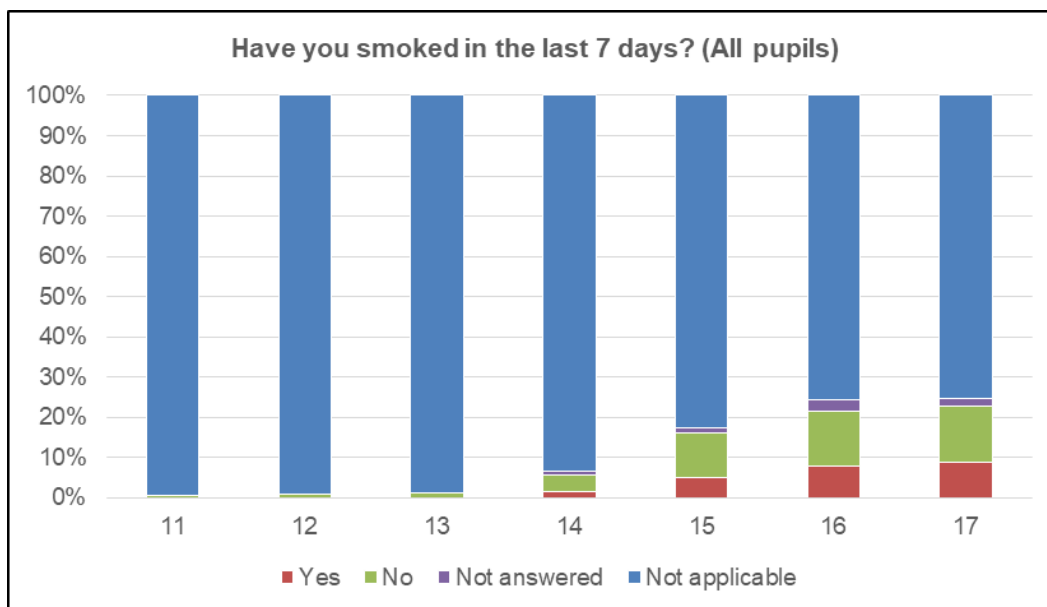
*Pupils that have 'ever smoked a cigarette'*

Have you smoked a cigarette in the last 7 days?	Frequency	Percent
Yes	38	27.6
No	87	63
Not answered	13	9.4
<b>Total</b>	<b>138</b>	<b>100</b>



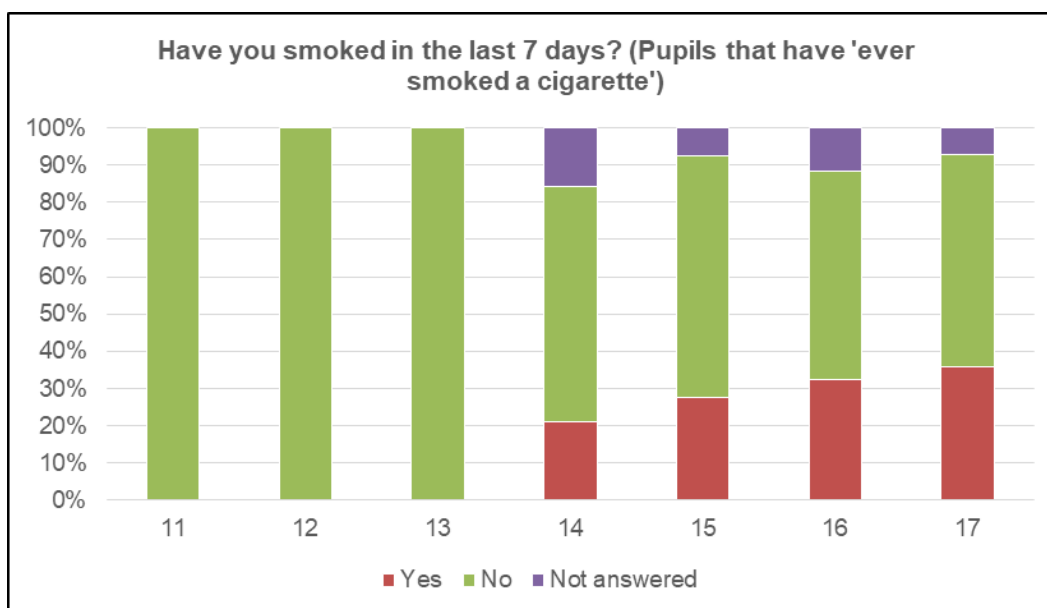
### All Pupils - By Age

Have you smoked a cigarette in the last 7 days?	11	12	13	14	15	16	17
Yes	0.0%	0.0%	0.0%	1.4%	4.9%	7.9%	8.8%
No	0.5%	0.8%	1.2%	4.1%	11.3%	13.6%	14.0%
Not answered	0.0%	0.0%	0.0%	1.0%	1.3%	2.8%	1.8%
Not applicable	99.5%	99.2%	98.8%	93.4%	82.5%	75.7%	75.4%
Number	207	373	333	290	309	177	57



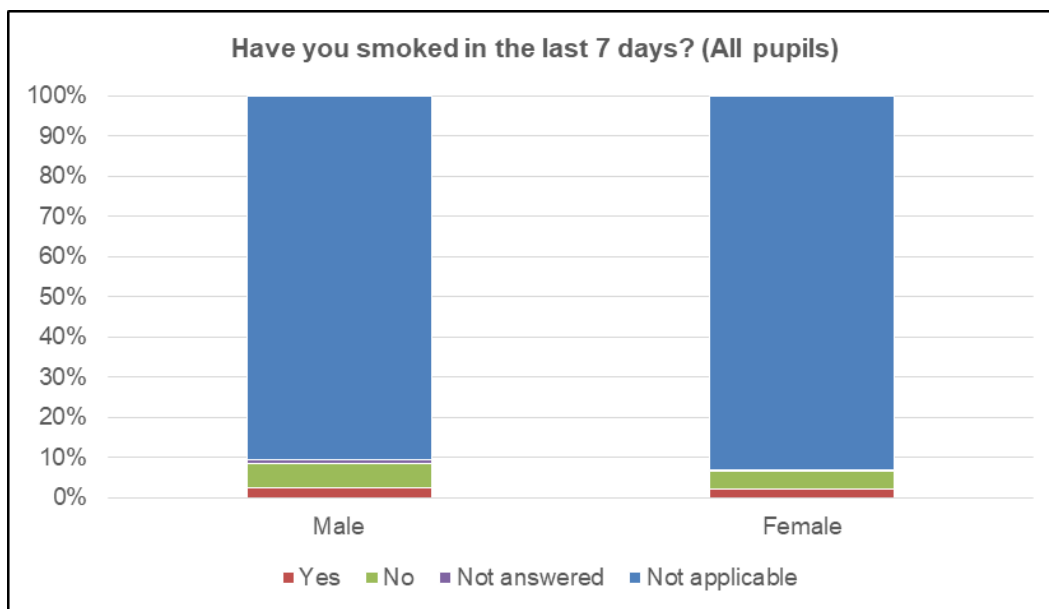
### Pupils that have 'ever smoked a cigarette' – By Age

Have you smoked a cigarette in the last 7 days?	11	12	13	14	15	16	17
Yes	0.0%	0.0%	0.0%	21.1%	27.8%	32.6%	35.7%
No	100.0%	100.0%	100.0%	63.2%	64.8%	55.8%	57.1%
Not answered	0.0%	0.0%	0.0%	15.8%	7.4%	11.6%	7.1%
Number	1	3	4	19	54	43	14



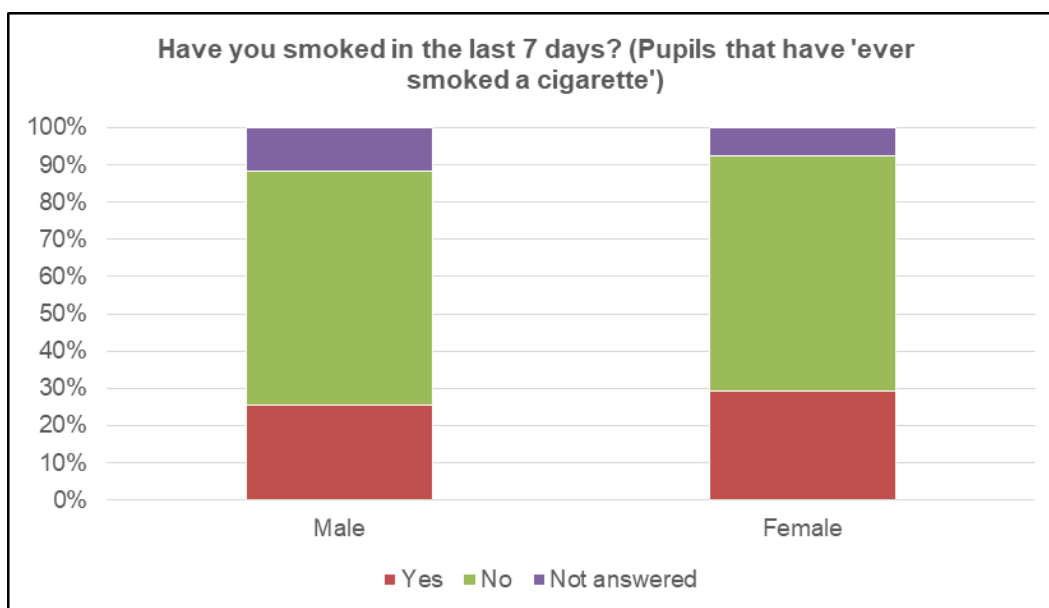
*All Pupils - By Gender*

Have you smoked a cigarette in the last 7 days?	Male	Female
Yes	2.4%	2.0%
No	6.0%	4.5%
Not answered	1.1%	0.5%
Not applicable	90.4%	93.0%
<b>Number</b>	<b>617</b>	<b>1123</b>



*Pupils that have 'ever smoked a cigarette' – By Gender*

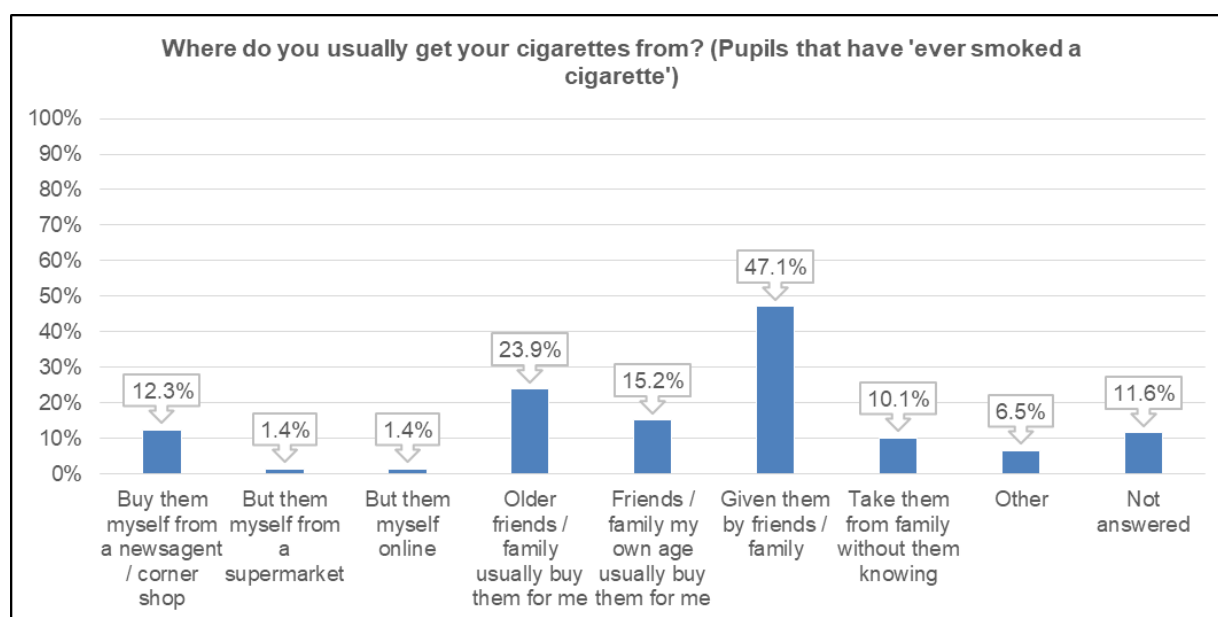
Have you smoked a cigarette in the last 7 days?	Male	Female
Yes	25.4%	29.1%
No	62.7%	63.3%
Not answered	11.9%	7.6%
<b>Number</b>	<b>59</b>	<b>79</b>



Where do you usually get your cigarettes from? Please tick up to three.

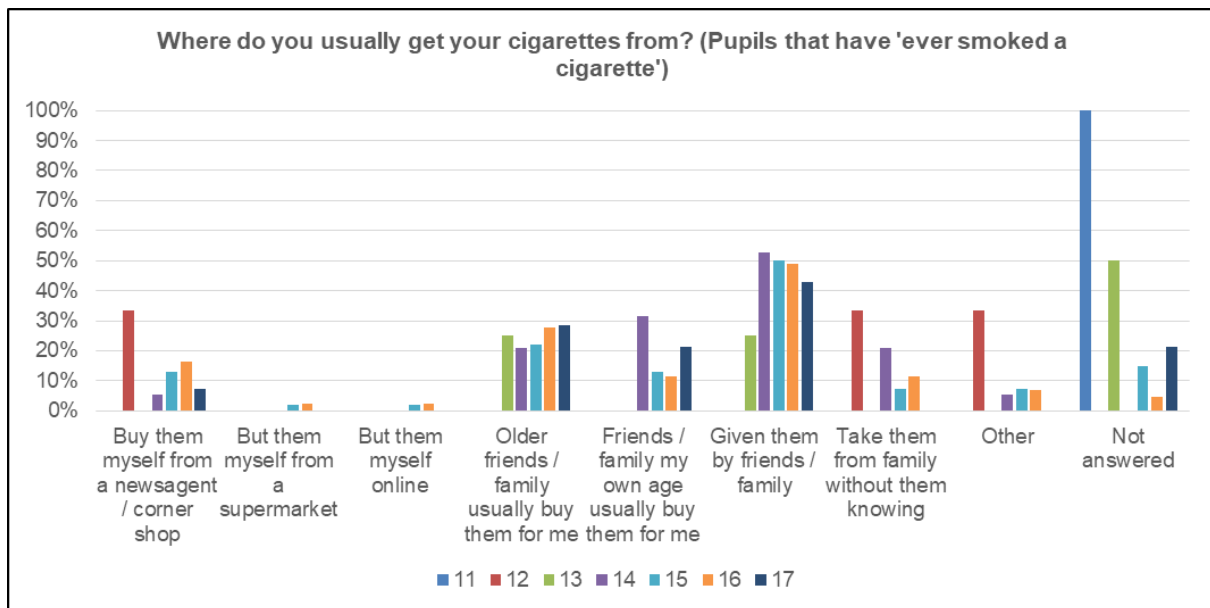
*Pupils that have 'ever smoked a cigarette'*

Where do you usually get your cigarettes from?	N	Percent of Cases
Buy them myself from a newsagent / corner shop	17	12.3%
But them myself from a supermarket	2	1.4%
But them myself online	2	1.4%
Older friends / family usually buy them for me	33	23.9%
Friends / family my own age usually buy them for me	21	15.2%
Given them by friends / family	65	47.1%
Take them from family without them knowing	14	10.1%
Other	9	6.5%
Not answered	16	11.6%



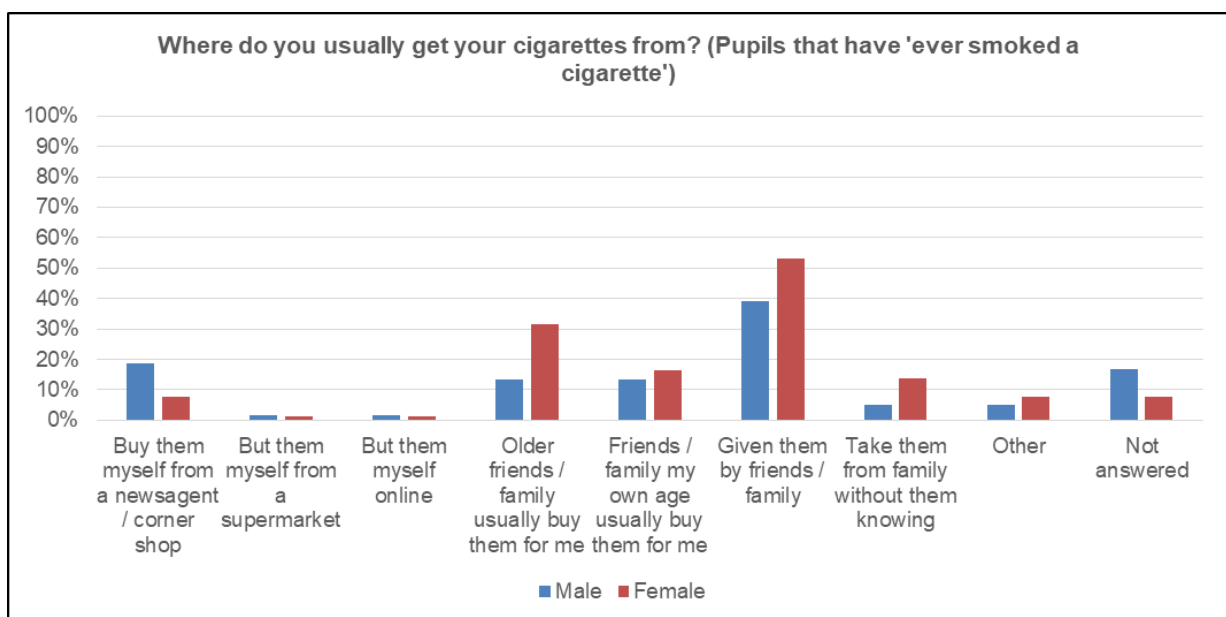
*By Age*

Where do you usually get your cigarettes from?	11	12	13	14	15	16	17
Buy them myself from a newsagent / corner shop	0.0%	33.3%	0.0%	5.3%	13.0%	16.3%	7.1%
But them myself from a supermarket	0.0%	0.0%	0.0%	0.0%	1.9%	2.3%	0.0%
But them myself online	0.0%	0.0%	0.0%	0.0%	1.9%	2.3%	0.0%
Older friends / family usually buy them for me	0.0%	0.0%	25.0%	21.1%	22.2%	27.9%	28.6%
Friends / family my own age usually buy them for me	0.0%	0.0%	0.0%	31.6%	13.0%	11.6%	21.4%
Given them by friends / family	0.0%	0.0%	25.0%	52.6%	50.0%	48.8%	42.9%
Take them from family without them knowing	0.0%	33.3%	0.0%	21.1%	7.4%	11.6%	0.0%
Other	0.0%	33.3%	0.0%	5.3%	7.4%	7.0%	0.0%
Not answered	100.0%	0.0%	50.0%	0.0%	14.8%	4.7%	21.4%



### By Gender

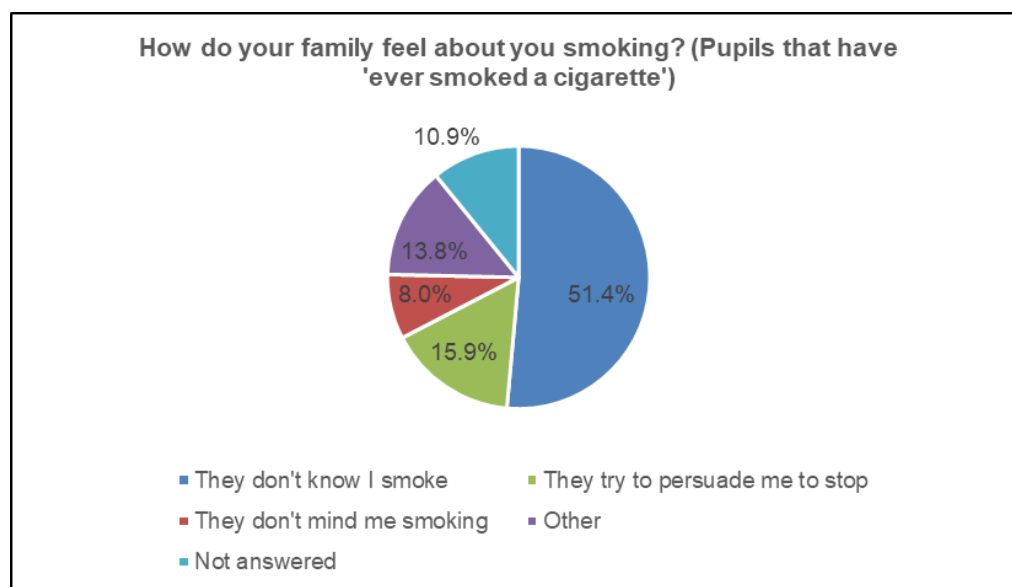
Where do you usually get your cigarettes from?	Male	Female
Buy them myself from a newsagent / corner shop	18.6%	7.6%
Buy them myself from a supermarket	1.7%	1.3%
Buy them myself online	1.7%	1.3%
Older friends / family usually buy them for me	13.6%	31.6%
Friends / family my own age usually buy them for me	13.6%	16.5%
Given them by friends / family	39.0%	53.2%
Take them from family without them knowing	5.1%	13.9%
Other	5.1%	7.6%
Not answered	16.9%	7.6%



## How do your family feel about you smoking?

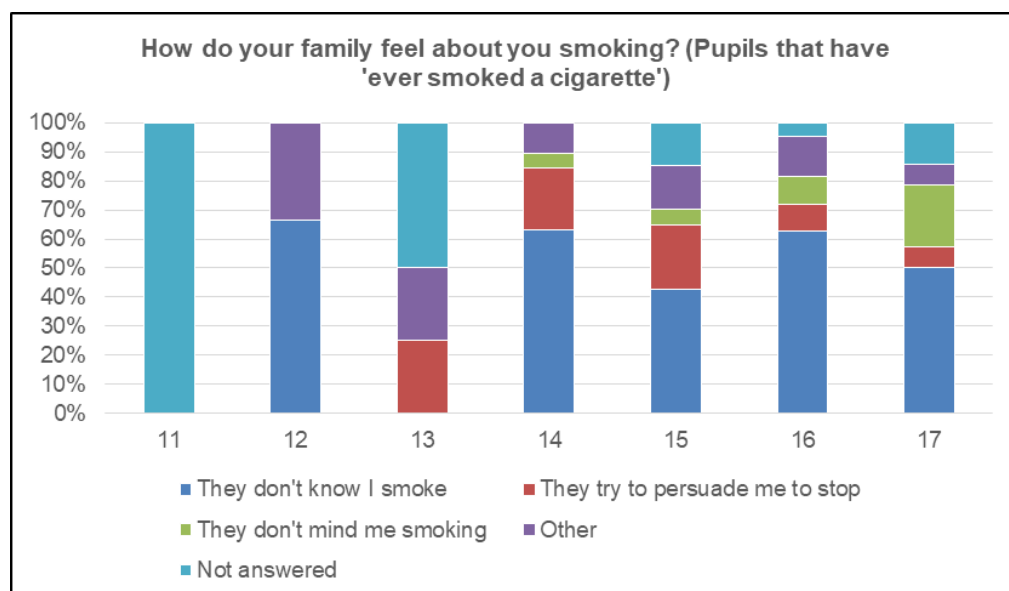
*Pupils that have 'ever smoked a cigarette'*

How do your family feel about you smoking?	Frequency	Percent
They don't know I smoke	71	51.4
They try to persuade me to stop	22	15.9
They don't mind me smoking	11	8
Other	19	13.8
Not answered	15	10.9
<b>Total</b>	<b>138</b>	<b>100</b>



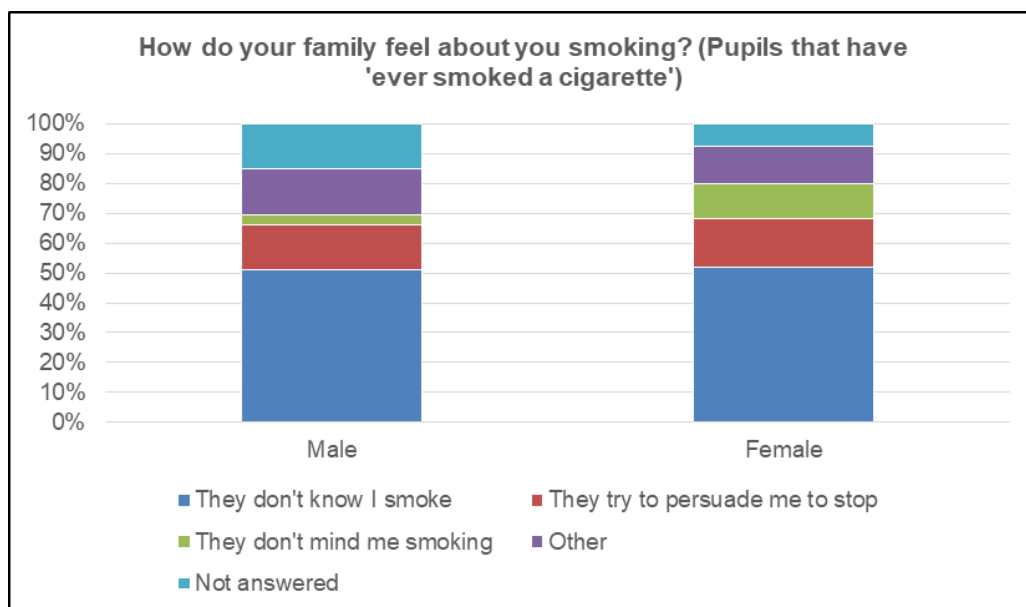
*By Age*

How do your family feel about you smoking?	11	12	13	14	15	16	17
They don't know I smoke	0.0%	66.7%	0.0%	63.2%	42.6%	62.8%	50.0%
They try to persuade me to stop	0.0%	0.0%	25.0%	21.1%	22.2%	9.3%	7.1%
They don't mind me smoking	0.0%	0.0%	0.0%	5.3%	5.6%	9.3%	21.4%
Other	0.0%	33.3%	25.0%	10.5%	14.8%	14.0%	7.1%
Not answered	100.0%	0.0%	50.0%	0.0%	14.8%	4.7%	14.3%
<b>Number</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>19</b>	<b>54</b>	<b>43</b>	<b>14</b>



By Gender

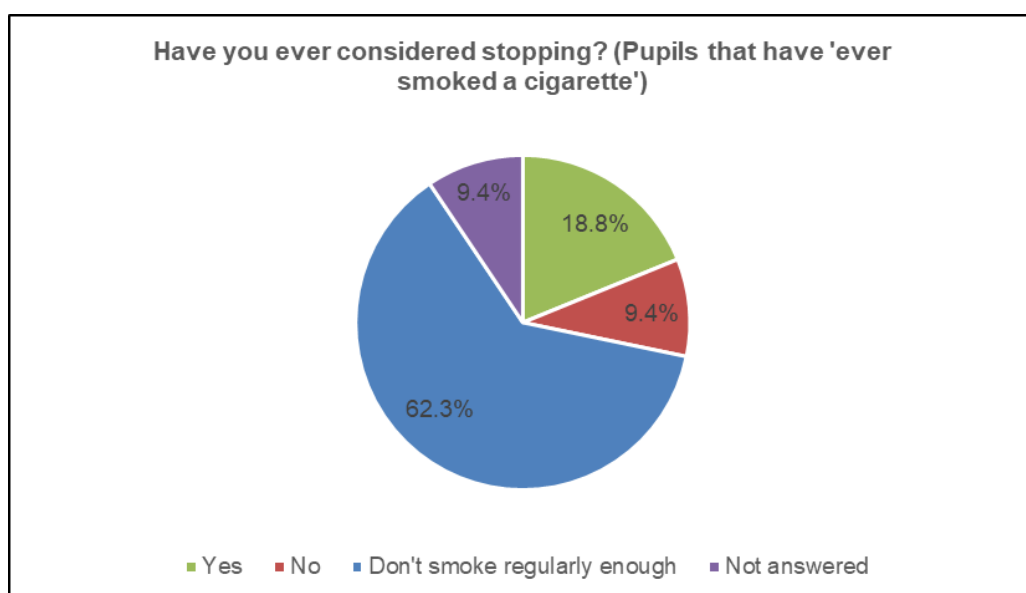
How do your family feel about you smoking?	Male	Female
They don't know I smoke	50.8%	51.9%
They try to persuade me to stop	15.3%	16.5%
They don't mind me smoking	3.4%	11.4%
Other	15.3%	12.7%
Not answered	15.3%	7.6%
<b>Number</b>	<b>59</b>	<b>79</b>



Have you ever considered stopping?

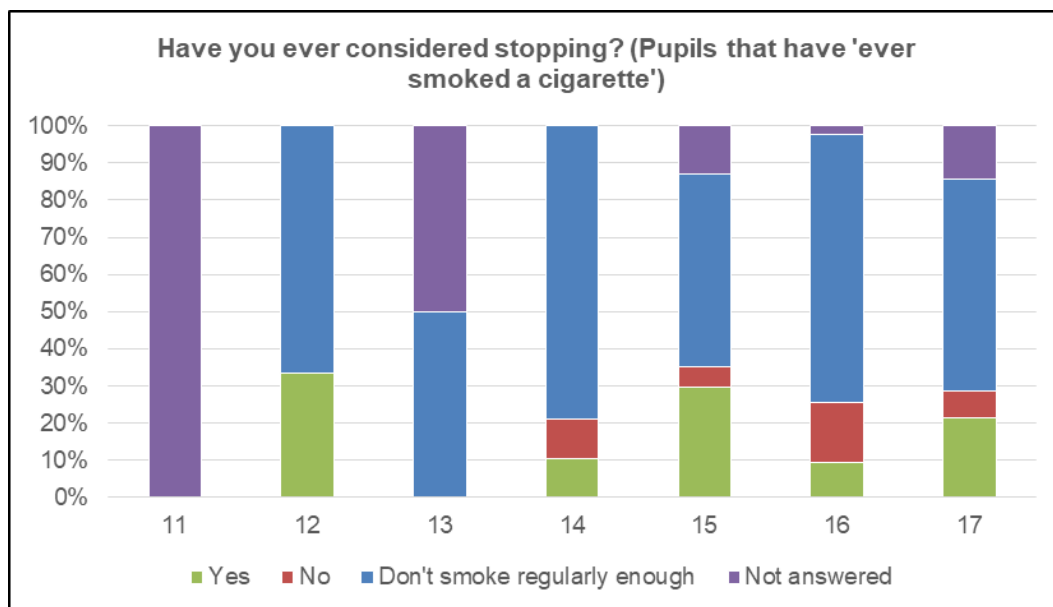
*Pupils that have 'ever smoked a cigarette'*

Have you ever considered stopping?	Frequency	Percent
Yes	26	18.8
No	13	9.4
Don't smoke regularly enough	86	62.3
Not answered	13	9.4
<b>Total</b>	<b>138</b>	<b>100</b>



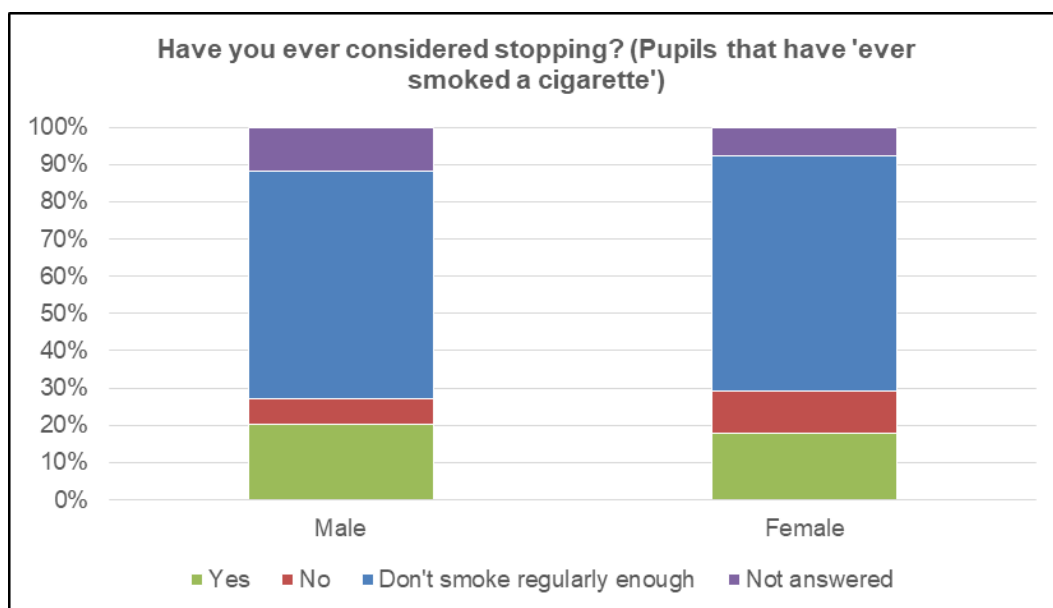
### By Age

Have you ever considered stopping?	11	12	13	14	15	16	17
Yes	0.0%	33.3%	0.0%	10.5%	29.6%	9.3%	21.4%
No	0.0%	0.0%	0.0%	10.5%	5.6%	16.3%	7.1%
Don't smoke regularly enough	0.0%	66.7%	50.0%	78.9%	51.9%	72.1%	57.1%
Not answered	100.0%	0.0%	50.0%	0.0%	13.0%	2.3%	14.3%
<b>Number</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>19</b>	<b>54</b>	<b>43</b>	<b>14</b>



### By Gender

Have you ever considered stopping?	Male	Female
Yes	20.3%	17.7%
No	6.8%	11.4%
Don't smoke regularly enough	61.0%	63.3%
Not answered	11.9%	7.6%
<b>Number</b>	<b>59</b>	<b>79</b>

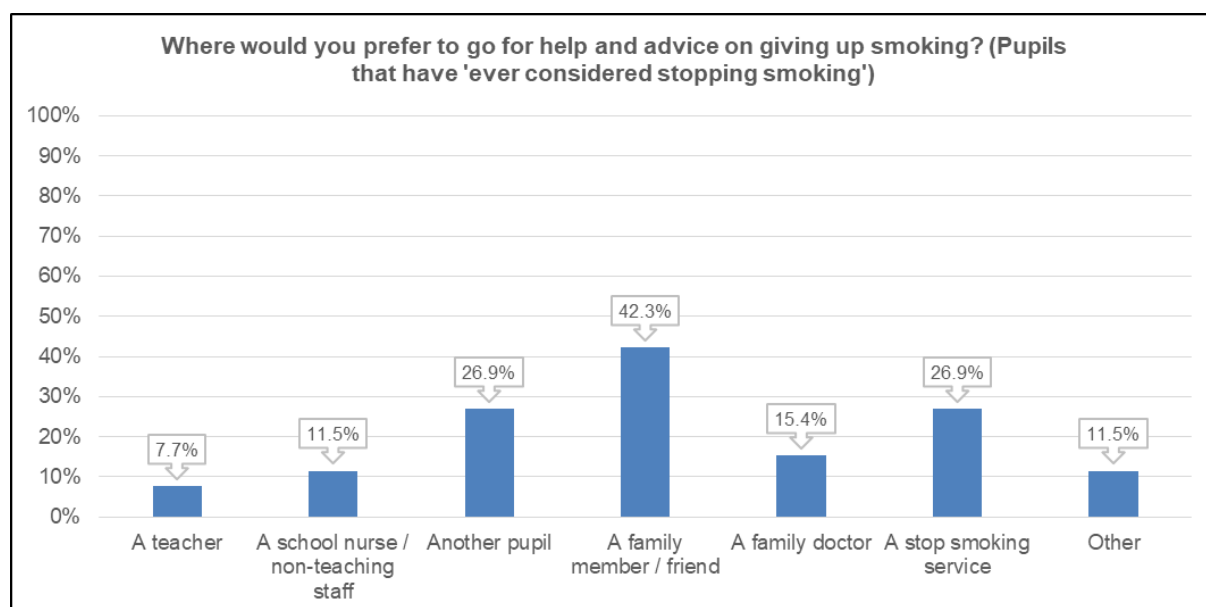




Where would you prefer to go for help and advice on giving up smoking? Please tick up to three.

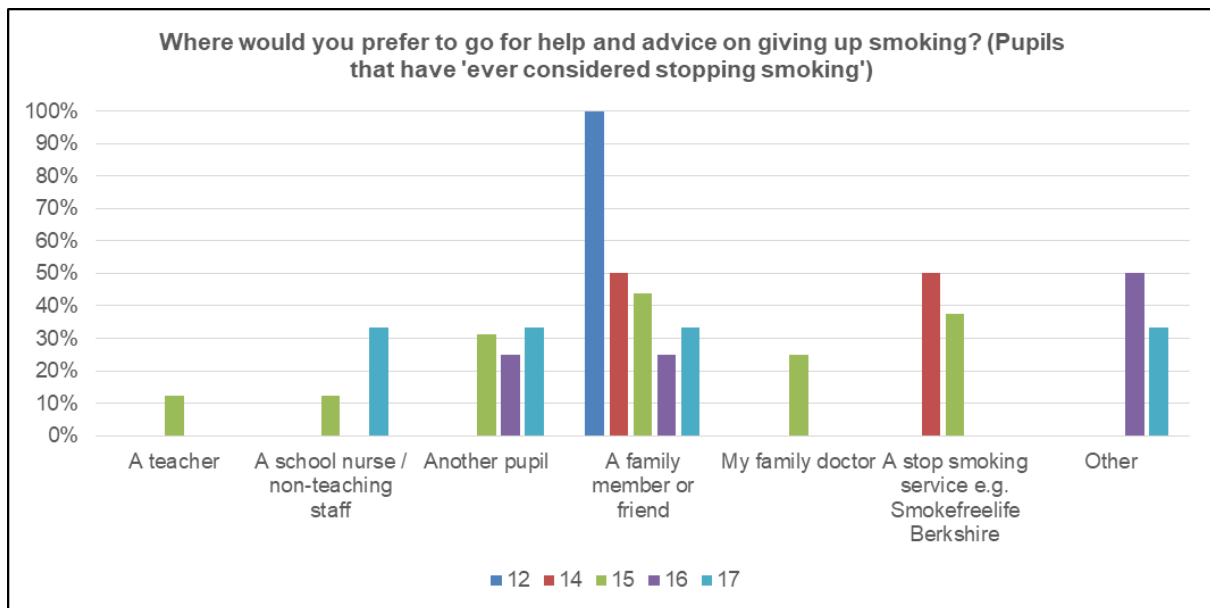
*Pupils that have 'ever considered stopping smoking'*

Where would you prefer to go for help and advice on giving up smoking?	N	Percent of Cases
A teacher	2	7.7%
A school nurse / non-teaching staff	3	11.5%
Another pupil	7	26.9%
A family member / friend	11	42.3%
A family doctor	4	15.4%
A stop smoking service	7	26.9%
Other	3	11.5%



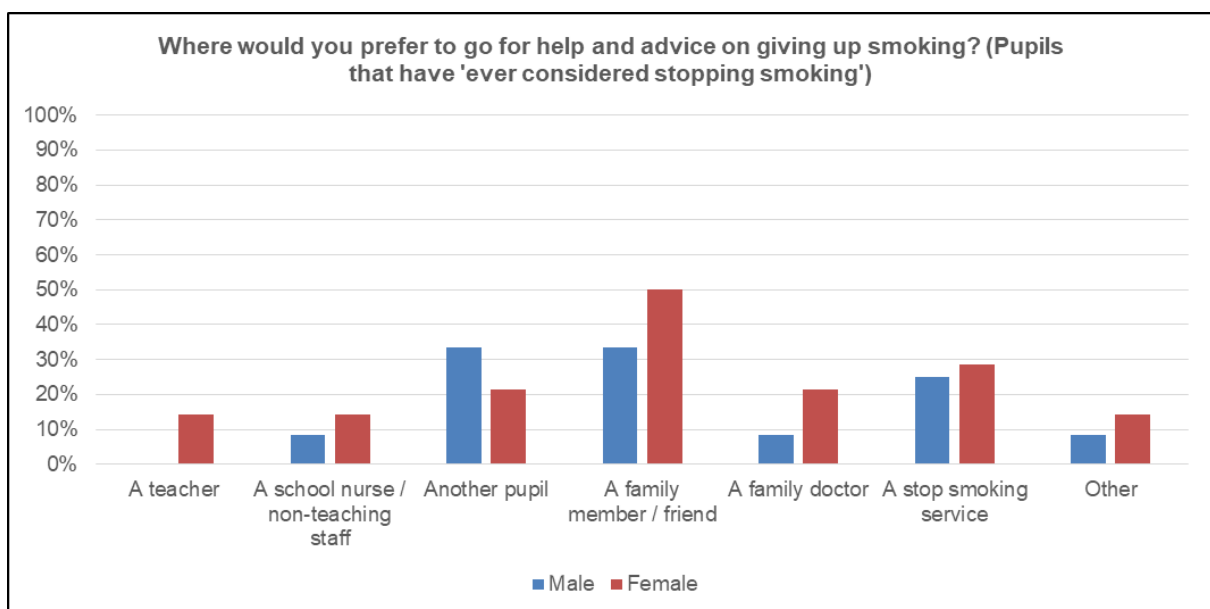
*By Age*

Where would you prefer to go for help and advice on giving up smoking?	11	12	13	14	15	16	17
A teacher	0.0%	0.0%	0.0%	0.0%	12.5%	0.0%	0.0%
A school nurse / non-teaching staff	0.0%	0.0%	0.0%	0.0%	12.5%	0.0%	33.3%
Another pupil	0.0%	0.0%	0.0%	0.0%	31.3%	25.0%	33.3%
A family member or friend	0.0%	100.0%	0.0%	50.0%	43.8%	25.0%	33.3%
My family doctor	0.0%	0.0%	0.0%	0.0%	25.0%	0.0%	0.0%
A stop smoking service e.g. Smokefreelife Berkshire	0.0%	0.0%	0.0%	50.0%	37.5%	0.0%	0.0%
Other	0.0%	0.0%	0.0%	0.0%	0.0%	50.0%	33.3%



*By Gender*

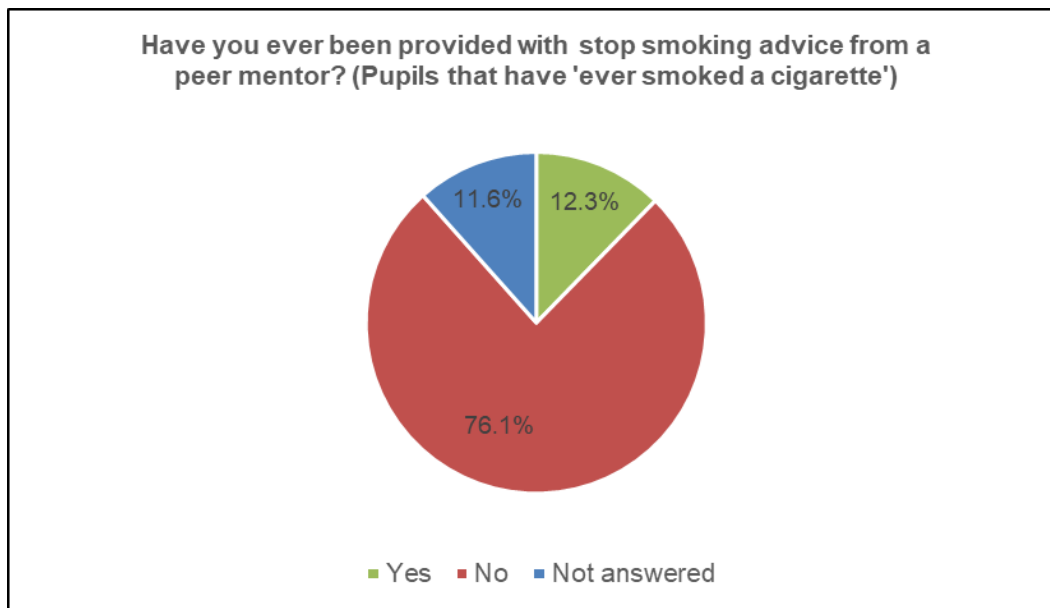
Where would you prefer to go for help and advice on giving up smoking?	Male	Female
A teacher	0.0%	14.3%
A school nurse / non-teaching staff	8.3%	14.3%
Another pupil	33.3%	21.4%
A family member / friend	33.3%	50.0%
A family doctor	8.3%	21.4%
A stop smoking service	25.0%	28.6%
Other	8.3%	14.3%



Have you ever been provided with stop smoking advice from a peer mentor?

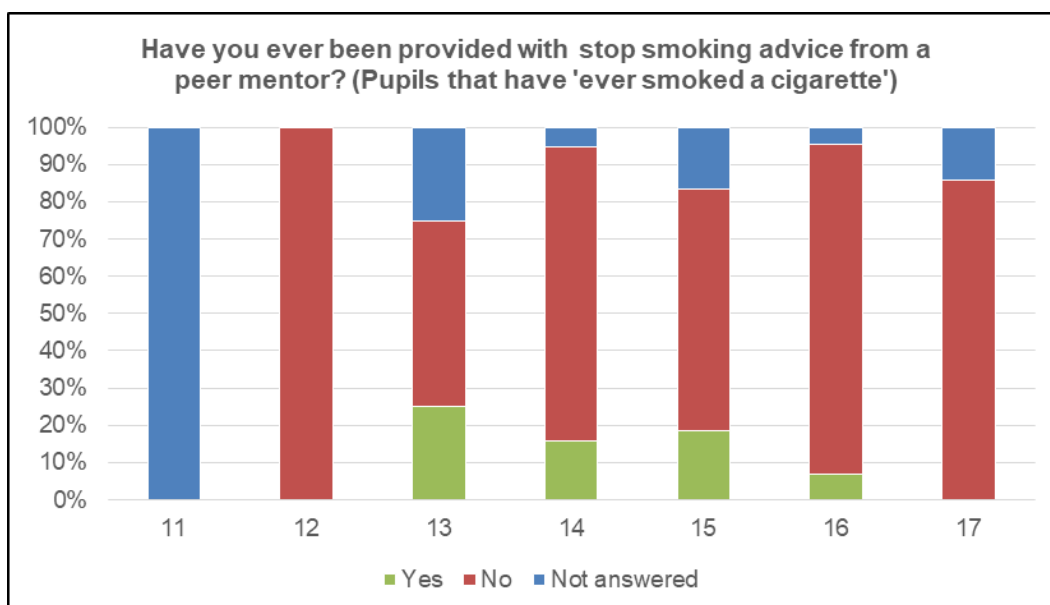
*Pupils that have 'ever smoked a cigarette'*

Have you ever been provided with stop smoking advice from a peer mentor?	Frequency	Percent
Yes	17	12.3
No	105	76.1
Not answered	16	11.6
<b>Total</b>	<b>138</b>	<b>100.0</b>



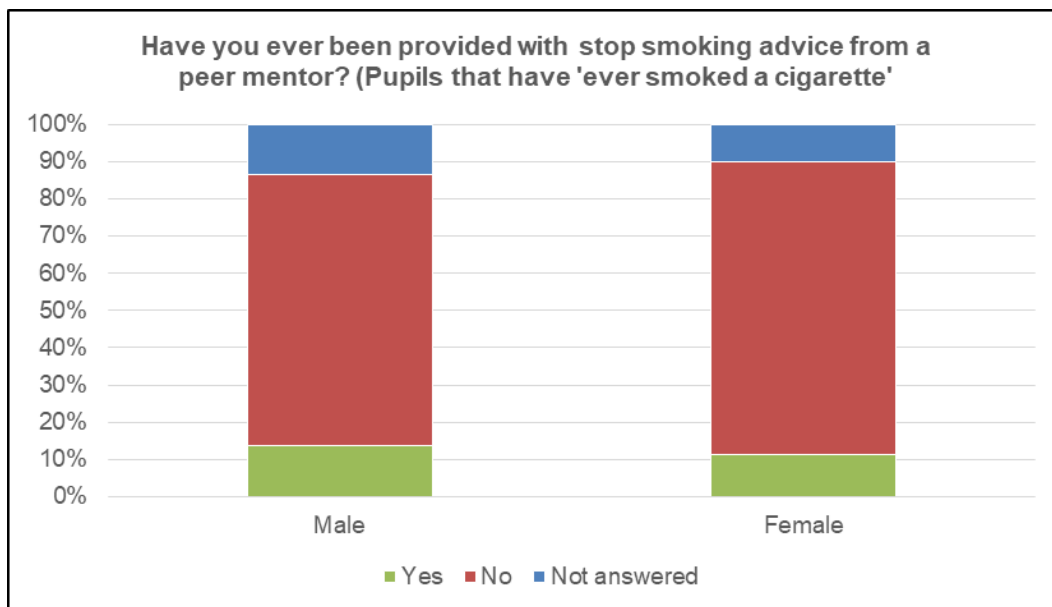
*By Age*

Have you ever been provided with stop smoking advice from a peer mentor?	11	12	13	14	15	16	17
Yes	0.0%	0.0%	25.0%	15.8%	18.5%	7.0%	0.0%
No	0.0%	100.0%	50.0%	78.9%	64.8%	88.4%	85.7%
Not answered	100.0%	0.0%	25.0%	5.3%	16.7%	4.7%	14.3%
<b>Number</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>19</b>	<b>54</b>	<b>43</b>	<b>14</b>



By Gender

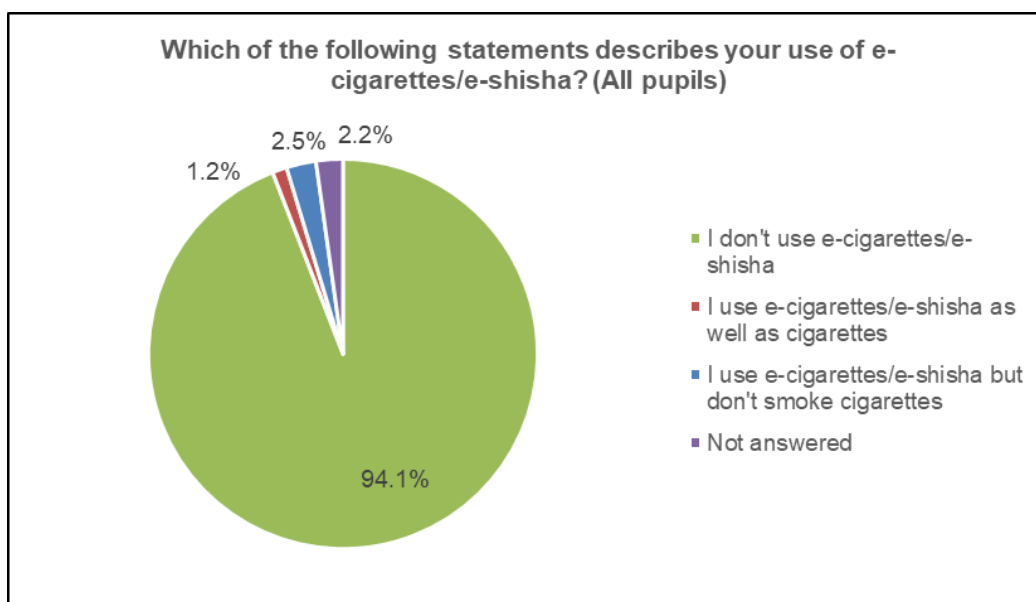
Have you ever been provided with stop smoking advice from a peer mentor?	Male	Female
Yes	13.6%	11.4%
No	72.9%	78.5%
Not answered	13.6%	10.1%
<b>Number</b>	<b>59</b>	<b>79</b>



Which of the following statements describes your use of e-cigarettes/e-shisha?

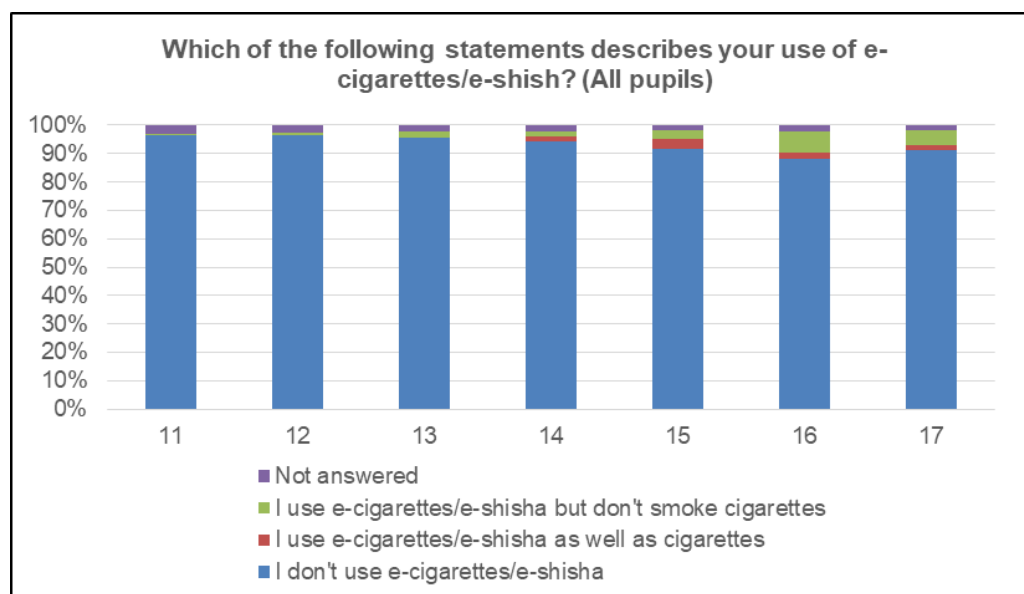
All pupils

Which of the following statements describes your use of e-cigarettes/e-shisha?	Frequency	Percent
I don't use e-cigarettes/e-shisha	1643	94.1%
I use e-cigarettes/e-shisha as well as cigarettes	21	1.2%
I use e-cigarettes/e-shisha but don't smoke cigarettes	43	2.5%
Not answered	39	2.2%
<b>Total</b>	<b>1746</b>	<b>100.0</b>



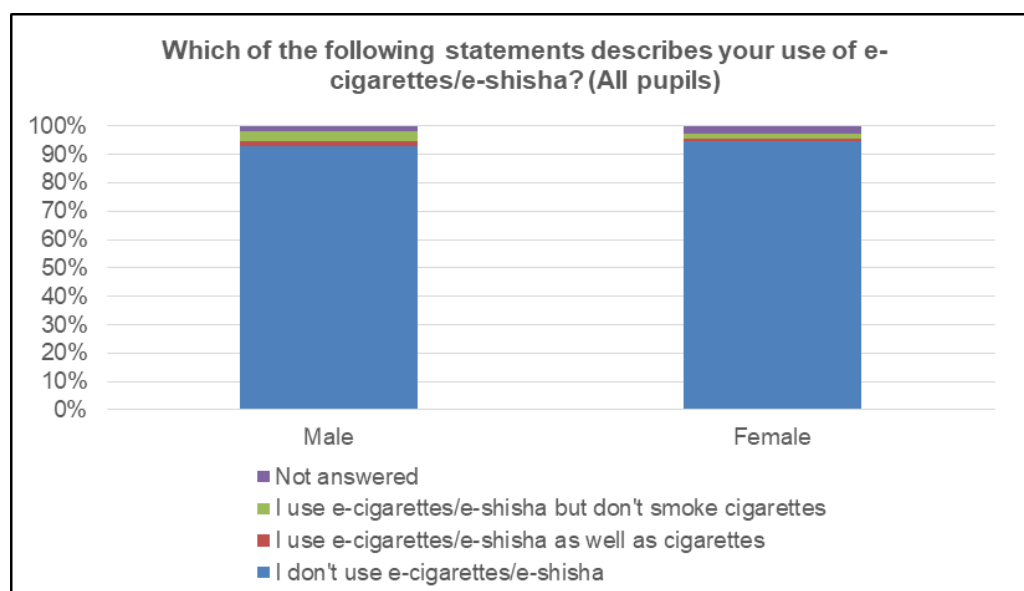
### By Age

Which of the following statements describes your use of e-cigarettes/e-shisha?	11	12	13	14	15	16	17
I don't use e-cigarettes/e-shisha	96.6%	96.5%	95.5%	94.5%	91.6%	88.1%	91.2%
I use e-cigarettes/e-shisha as well as cigarettes	0.0%	0.0%	0.3%	1.4%	3.6%	2.3%	1.8%
I use e-cigarettes/e-shisha but don't smoke cigarettes	0.5%	0.8%	2.1%	2.1%	3.2%	7.3%	5.3%
Not answered	2.9%	2.7%	2.1%	2.1%	1.6%	2.3%	1.8%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



### By Gender

Which of the following statements describes your use of e-cigarettes/e-shisha?	Male	Female
I don't use e-cigarettes/e-shisha	93.0%	94.7%
I use e-cigarettes/e-shisha as well as cigarettes	1.6%	1.0%
I use e-cigarettes/e-shisha but don't smoke cigarettes	3.7%	1.8%
Not answered	1.6%	2.6%
<b>Number</b>	<b>617</b>	<b>1123</b>



## How often do you smoke e-cigarettes/e-shisha?

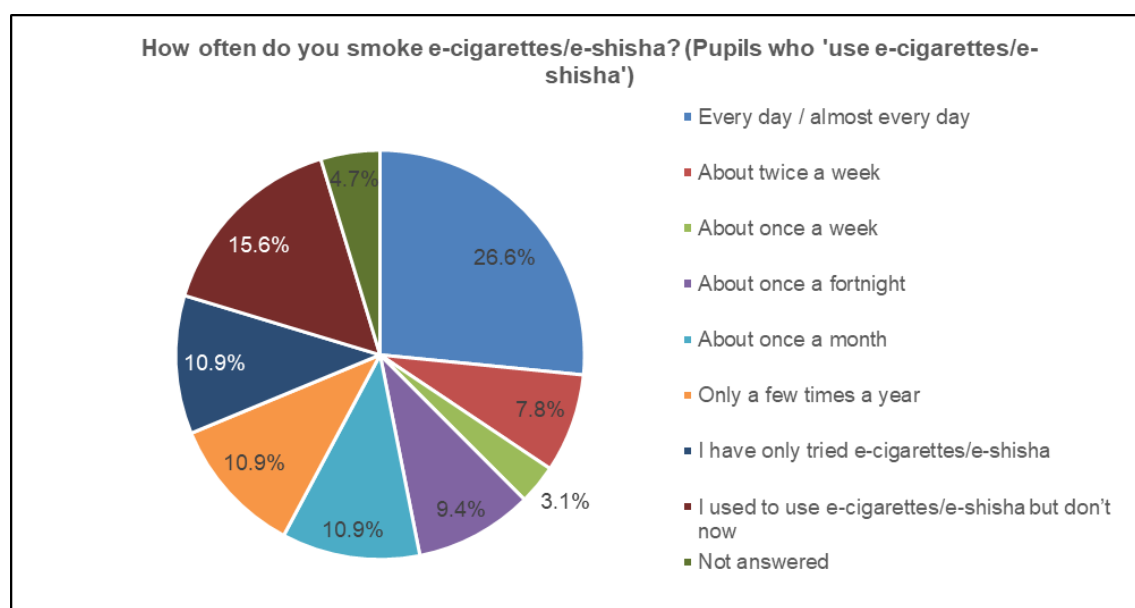
All Pupils

How often do you smoke e-cigarettes/e-shisha?	Frequency	Percent
Every day / almost every day	17	1.0
About twice a week	5	0.3
About once a week	2	0.1
About once a fortnight	6	0.3
About once a month	7	0.4
Only a few times a year	7	0.4
I have only tried e-cigarettes/e-shisha	7	0.4
I used to use e-cigarettes/e-shisha but don't now	10	0.6
Not answered	3	0.2
Not applicable	1682	96.3
<b>Total</b>	<b>1746</b>	<b>100</b>

Note: Graph not included - unclear due to the very low percentages.

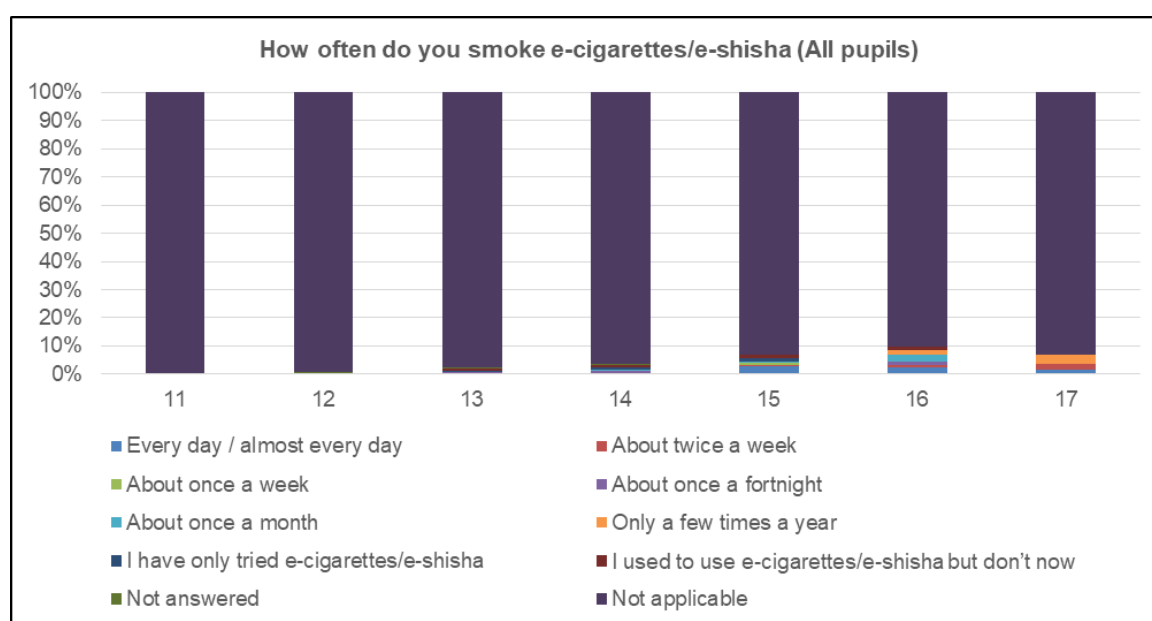
Pupils who use e-cigarettes/e-shisha

How often do you smoke e-cigarettes/e-shisha?	Frequency	Percent
Every day / almost every day	17	26.6
About twice a week	5	7.8
About once a week	2	3.1
About once a fortnight	6	9.4
About once a month	7	10.9
Only a few times a year	7	10.9
I have only tried e-cigarettes/e-shisha	7	10.9
I used to use e-cigarettes/e-shisha but don't now	10	15.6
Not answered	3	4.7
<b>Total</b>	<b>64</b>	<b>100.0</b>



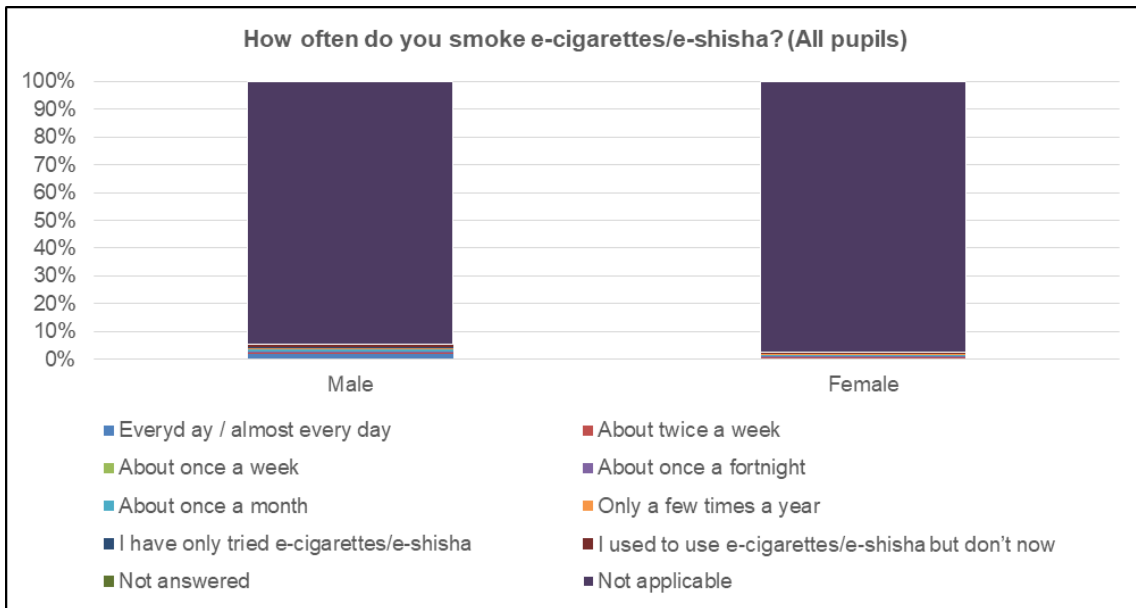
### All Pupils – By Age

How often do you smoke e-cigarettes/e-shisha?	11	12	13	14	15	16	17
Every day / almost every day	0.5%	0.3%	0.0%	0.3%	2.9%	2.3%	1.8%
About twice a week	0.0%	0.3%	0.0%	0.0%	0.3%	1.1%	1.8%
About once a week	0.0%	0.0%	0.0%	0.0%	0.6%	0.0%	0.0%
About once a fortnight	0.0%	0.0%	0.6%	0.7%	0.0%	1.1%	0.0%
About once a month	0.0%	0.0%	0.0%	0.3%	0.6%	2.3%	0.0%
Only a few times a year	0.0%	0.0%	0.3%	0.3%	0.0%	1.7%	3.5%
I have only tried e-cigarettes/e-shisha	0.0%	0.0%	0.3%	0.7%	1.3%	0.0%	0.0%
I used to use e-cigarettes/e-shisha but don't now	0.0%	0.0%	0.9%	0.7%	1.0%	1.1%	0.0%
Not answered	0.0%	0.3%	0.3%	0.3%	0.0%	0.0%	0.0%
Not applicable	99.5%	99.2%	97.6%	96.6%	93.2%	90.4%	93.0%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



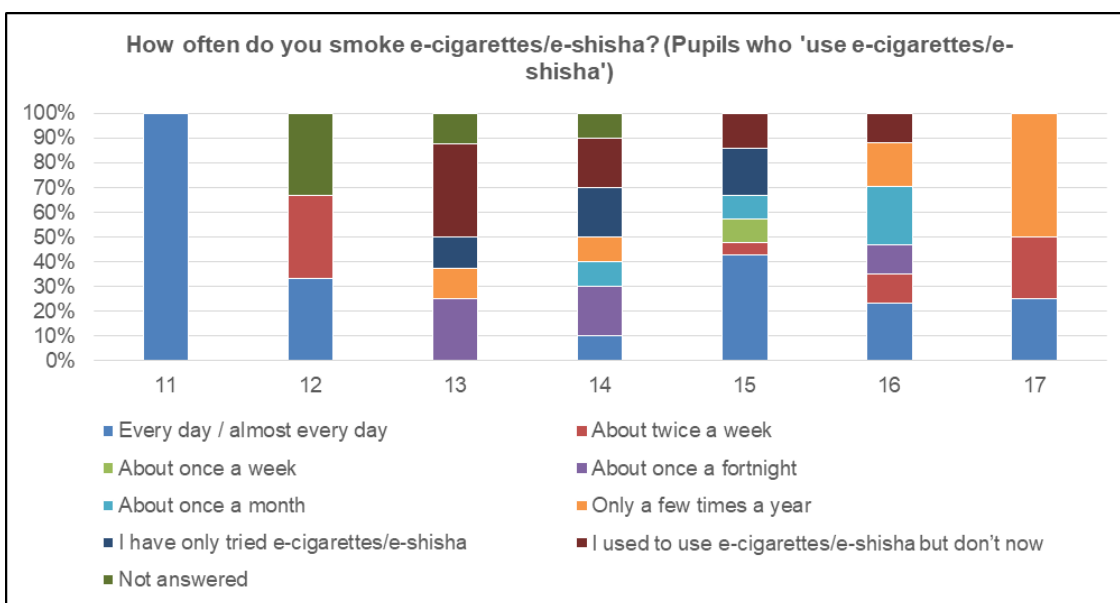
### All Pupils – By Gender

How often do you smoke e-cigarettes/e-shisha?	Male	Female
Every day / almost every day	1.8%	0.5%
About twice a week	0.5%	0.2%
About once a week	0.0%	0.2%
About once a fortnight	0.3%	0.4%
About once a month	0.8%	0.2%
Only a few times a year	0.5%	0.4%
I have only tried e-cigarettes/e-shisha	0.5%	0.4%
I used to use e-cigarettes/e-shisha but don't now	0.8%	0.4%
Not answered	0.2%	0.2%
Not applicable	94.7%	97.2%
<b>Number</b>	<b>617</b>	<b>1123</b>



### Pupils who use e-cigarettes/e-shisha – By Age

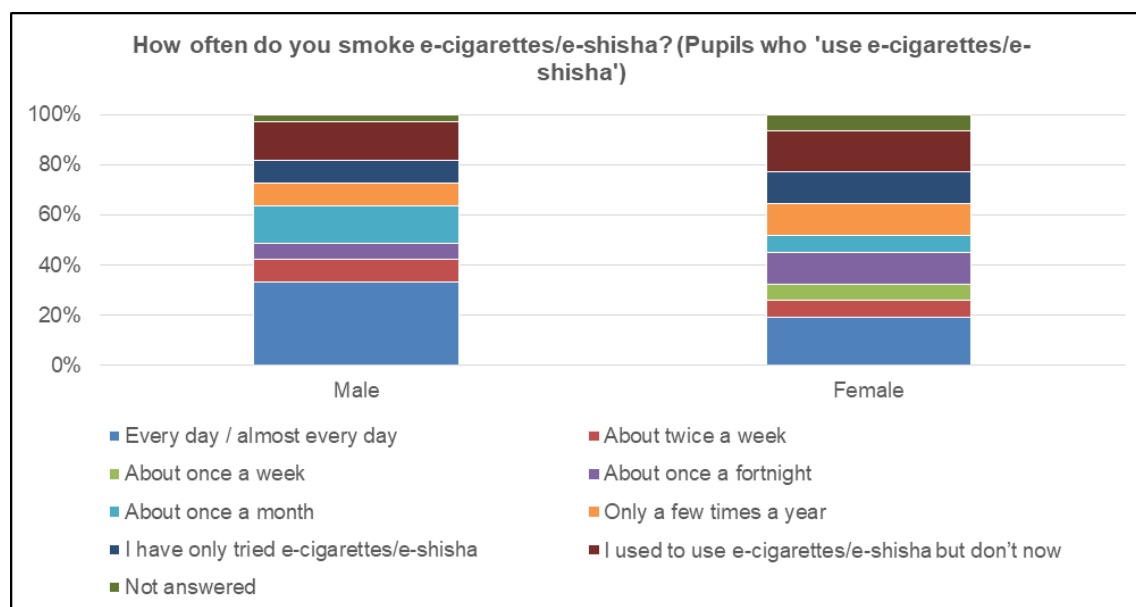
How often do you smoke e-cigarettes/e-shisha?	11	12	13	14	15	16	17
Every day / almost every day	100.0%	33.3%	0.0%	10.0%	42.9%	23.5%	25.0%
About twice a week	0.0%	33.3%	0.0%	0.0%	4.8%	11.8%	25.0%
About once a week	0.0%	0.0%	0.0%	0.0%	9.5%	0.0%	0.0%
About once a fortnight	0.0%	0.0%	25.0%	20.0%	0.0%	11.8%	0.0%
About once a month	0.0%	0.0%	0.0%	10.0%	9.5%	23.5%	0.0%
Only a few times a year	0.0%	0.0%	12.5%	10.0%	0.0%	17.6%	50.0%
I have only tried e-cigarettes/e-shisha	0.0%	0.0%	12.5%	20.0%	19.0%	0.0%	0.0%
I used to use e-cigarettes/e-shisha but don't now	0.0%	0.0%	37.5%	20.0%	14.3%	11.8%	0.0%
Not answered	0.0%	33.3%	12.5%	10.0%	0.0%	0.0%	0.0%
<b>Number</b>	<b>1</b>	<b>3</b>	<b>8</b>	<b>10</b>	<b>21</b>	<b>17</b>	<b>4</b>





*Pupils who use e-cigarettes/e-shisha – By Gender*

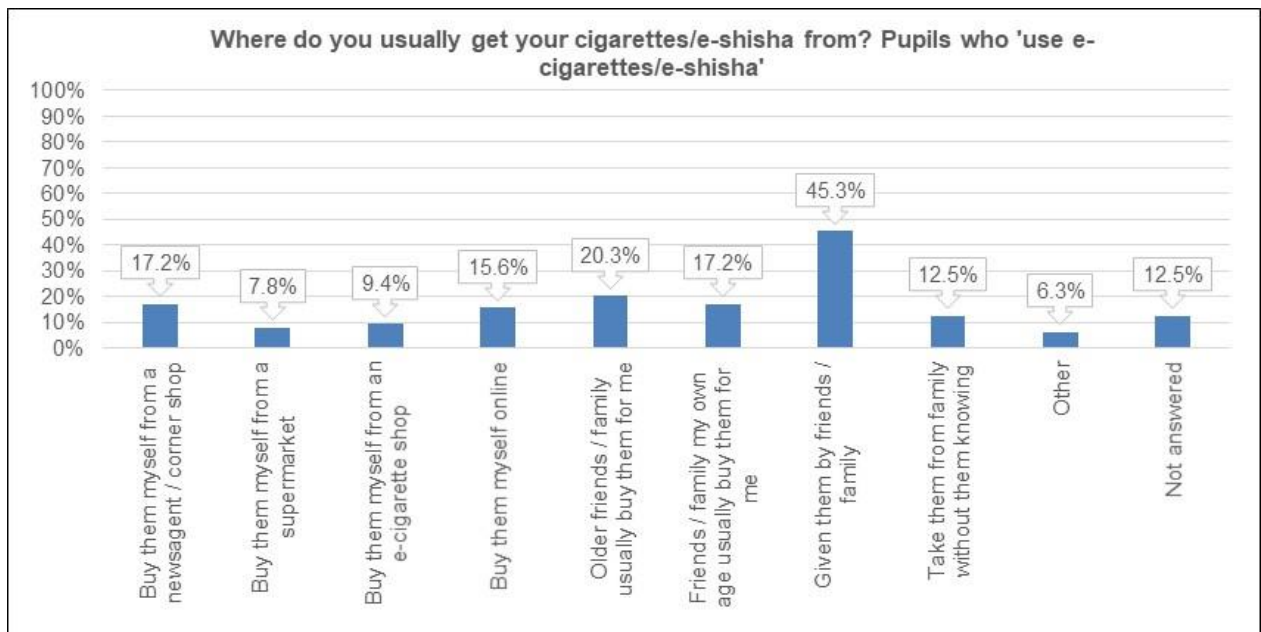
How often do you smoke e-cigarettes/e-shisha?	Male	Female
Every day / almost every day	33.3%	19.4%
About twice a week	9.1%	6.5%
About once a week	0.0%	6.5%
About once a fortnight	6.1%	12.9%
About once a month	15.2%	6.5%
Only a few times a year	9.1%	12.9%
I have only tried e-cigarettes/e-shisha	9.1%	12.9%
I used to use e-cigarettes/e-shisha but don't now	15.2%	16.1%
Not answered	3.0%	6.5%
<b>Number</b>	<b>33</b>	<b>31</b>



Where do you usually get your e-cigarettes/e-shisha from? Please tick up to three

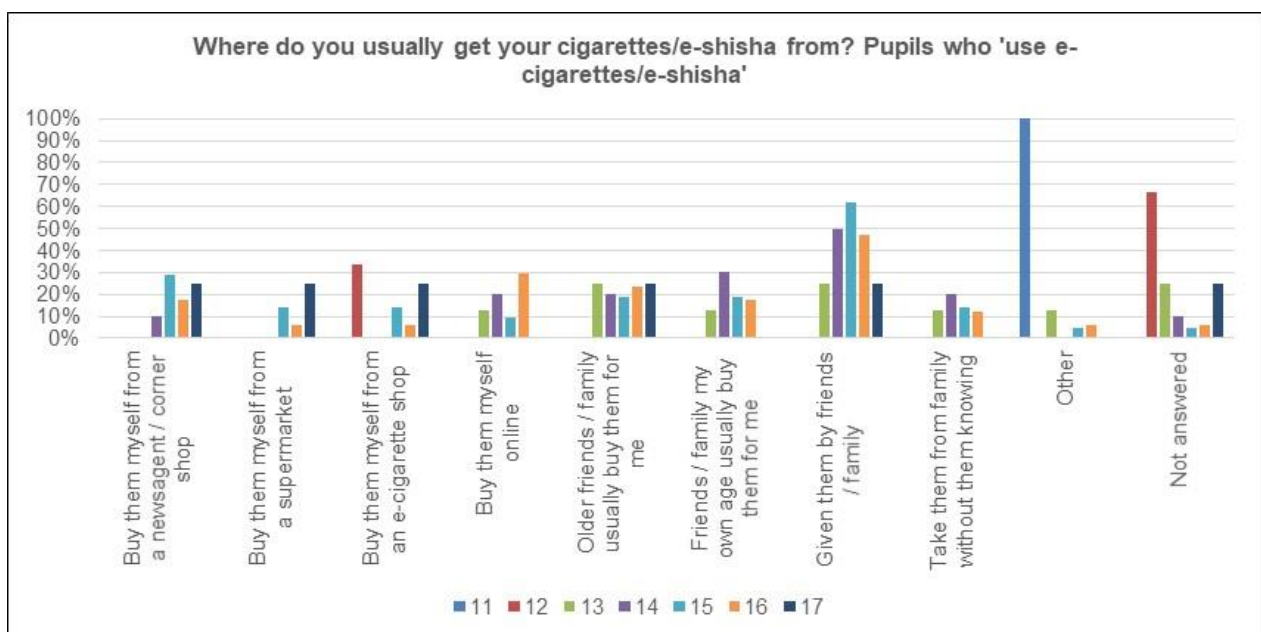
*Pupils who 'use e-cigarettes/e-shisha'*

Where do you usually get your e-cigarettes/e-shisha from?	N	Percent of Cases
Buy them myself from a newsagent / corner shop	11	17.2%
Buy them myself from a supermarket	5	7.8%
Buy them myself from an e-cigarette shop	6	9.4%
Buy them myself online	10	15.6%
Older friends / family usually buy them for me	13	20.3%
Friends / family my own age usually buy them for me	11	17.2%
Given them by friends / family	29	45.3%
Take them from family without them knowing	8	12.5%
Other	4	6.3%
Not answered	8	12.5%



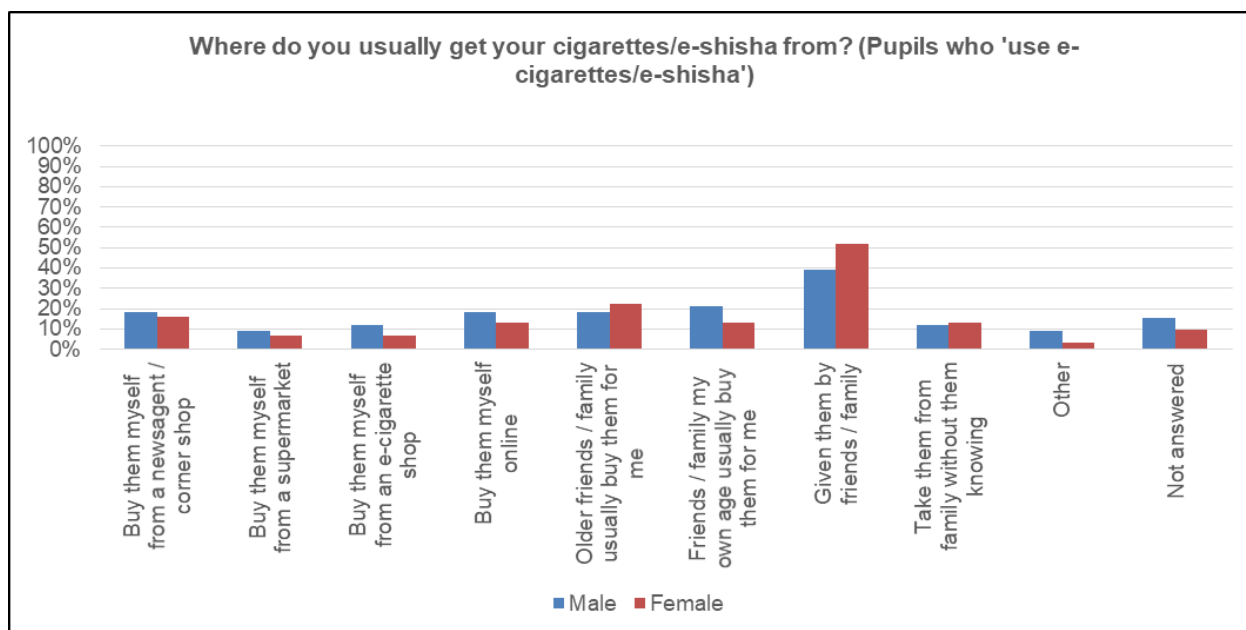
### By Age

Where do you usually get your e-cigarettes/e-shisha from?	11	12	13	14	15	16	17
Buy them myself from a newsagent / corner shop	0.0%	0.0%	0.0%	10.0%	28.6%	17.6%	25.0%
Buy them myself from a supermarket	0.0%	0.0%	0.0%	0.0%	14.3%	5.9%	25.0%
Buy them myself from an e-cigarette shop	0.0%	33.3%	0.0%	0.0%	14.3%	5.9%	25.0%
Buy them myself online	0.0%	0.0%	12.5%	20.0%	9.5%	29.4%	0.0%
Older friends / family usually buy them for me	0.0%	0.0%	25.0%	20.0%	19.0%	23.5%	25.0%
Friends / family my own age usually buy them for me	0.0%	0.0%	12.5%	30.0%	19.0%	17.6%	0.0%
Given them by friends / family	0.0%	0.0%	25.0%	50.0%	61.9%	47.1%	25.0%
Take them from family without them knowing	0.0%	0.0%	12.5%	20.0%	14.3%	11.8%	0.0%
Other	100.0%	0.0%	12.5%	0.0%	4.8%	5.9%	0.0%
Not answered	0.0%	66.7%	25.0%	10.0%	4.8%	5.9%	25.0%



## By Gender

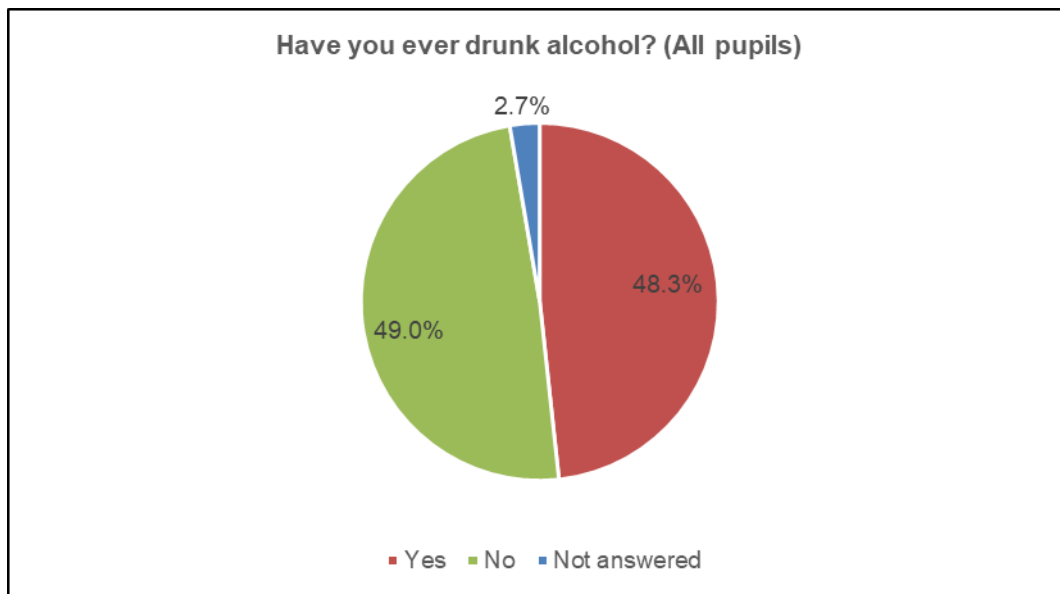
Where do you usually get your e-cigarettes/e-shisha from?	Male	Female
Buy them myself from a newsagent / corner shop	18.2%	16.1%
Buy them myself from a supermarket	9.1%	6.5%
Buy them myself from an e-cigarette shop	12.1%	6.5%
Buy them myself online	18.2%	12.9%
Older friends / family usually buy them for me	18.2%	22.6%
Friends / family my own age usually buy them for me	21.2%	12.9%
Given them by friends / family	39.4%	51.6%
Take them from family without them knowing	12.1%	12.9%
Other	9.1%	3.2%
Not answered	15.2%	9.7%



Have you ever drunk alcohol?

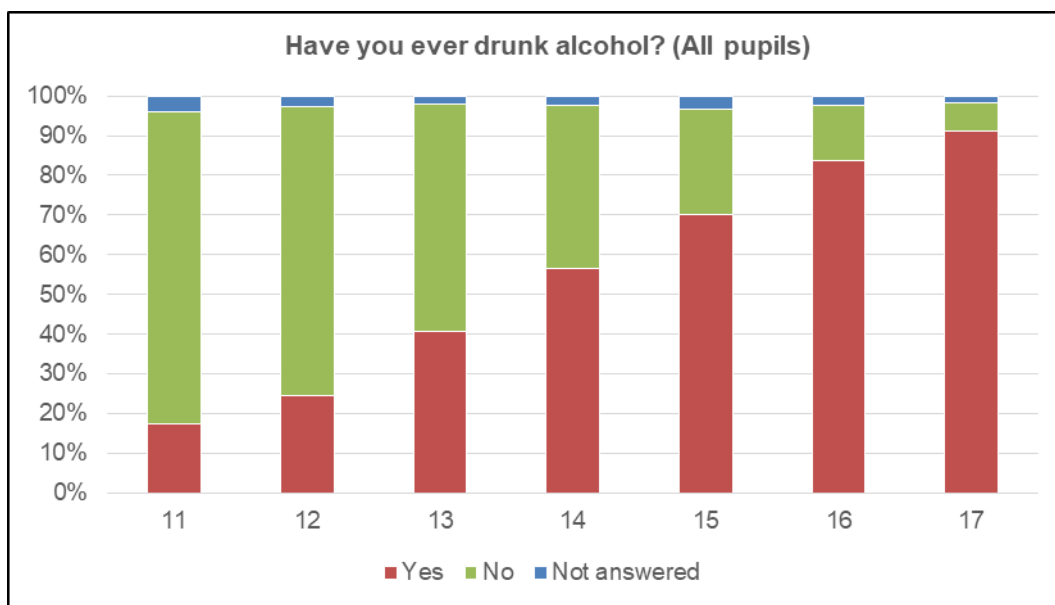
*All Pupils*

Have you ever drunk alcohol?	Frequency	Percent
Yes	843	48.3
No	856	49.0
Not answered	47	2.7
<b>Total</b>	<b>1746</b>	<b>100</b>



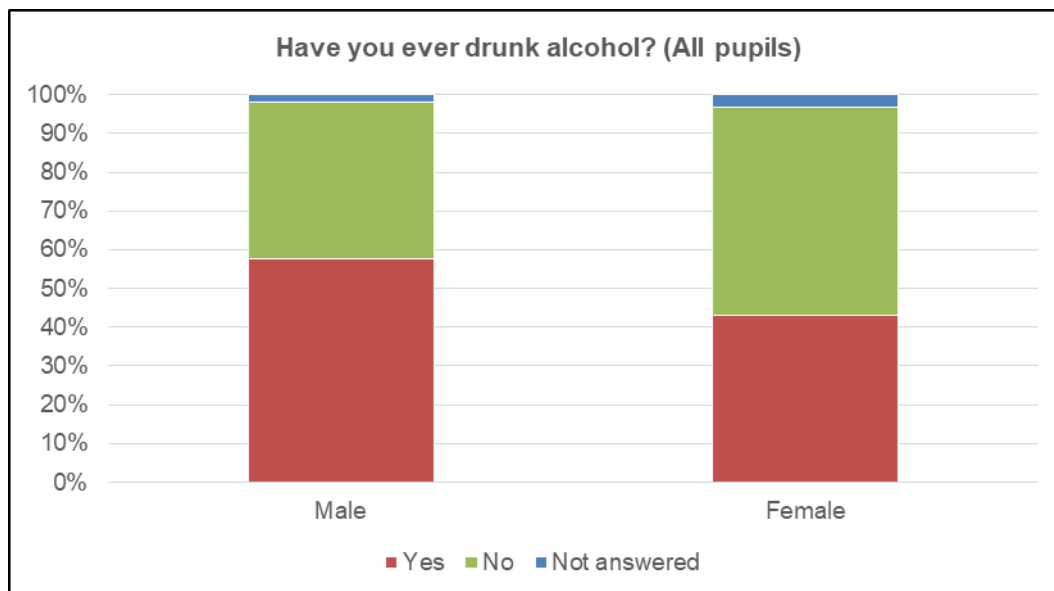
*By Age*

Have you ever drunk alcohol?	11	12	13	14	15	16	17
Yes	17.4%	24.4%	40.5%	56.6%	70.2%	83.6%	91.2%
No	78.7%	72.9%	57.4%	41.0%	26.5%	14.1%	7.0%
Not answered	3.9%	2.7%	2.1%	2.4%	3.2%	2.3%	1.8%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



*By Gender*

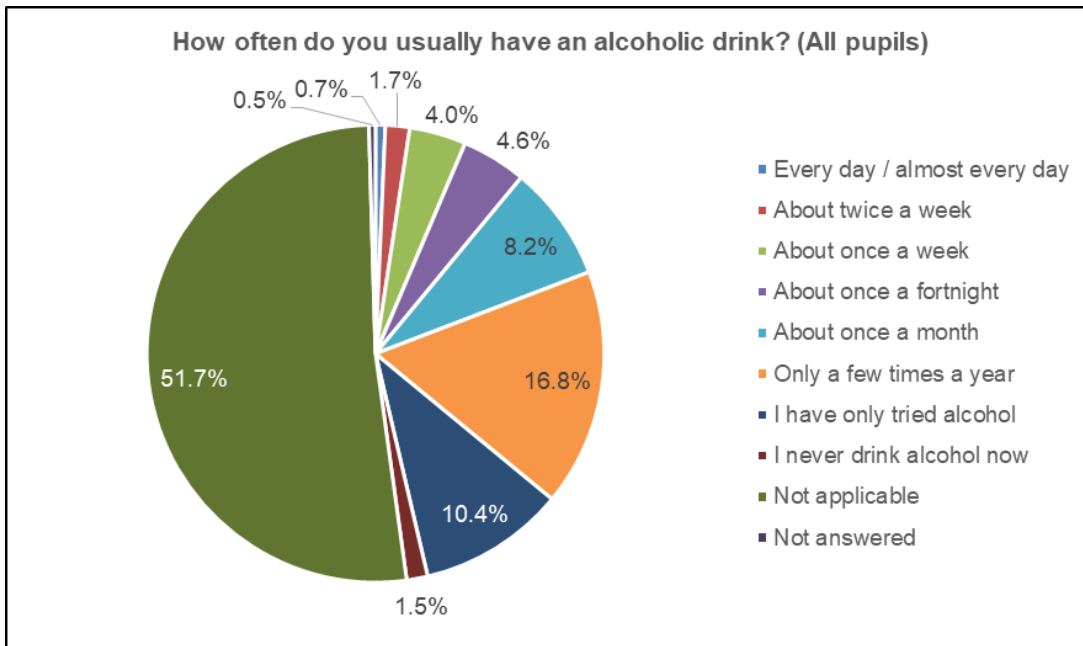
Have you ever drunk alcohol?	Male	Female
Yes	57.7%	42.9%
No	40.5%	53.9%
Not answered	1.8%	3.2%
<b>Number</b>	<b>617</b>	<b>1123</b>



How often do you usually have an alcoholic drink?

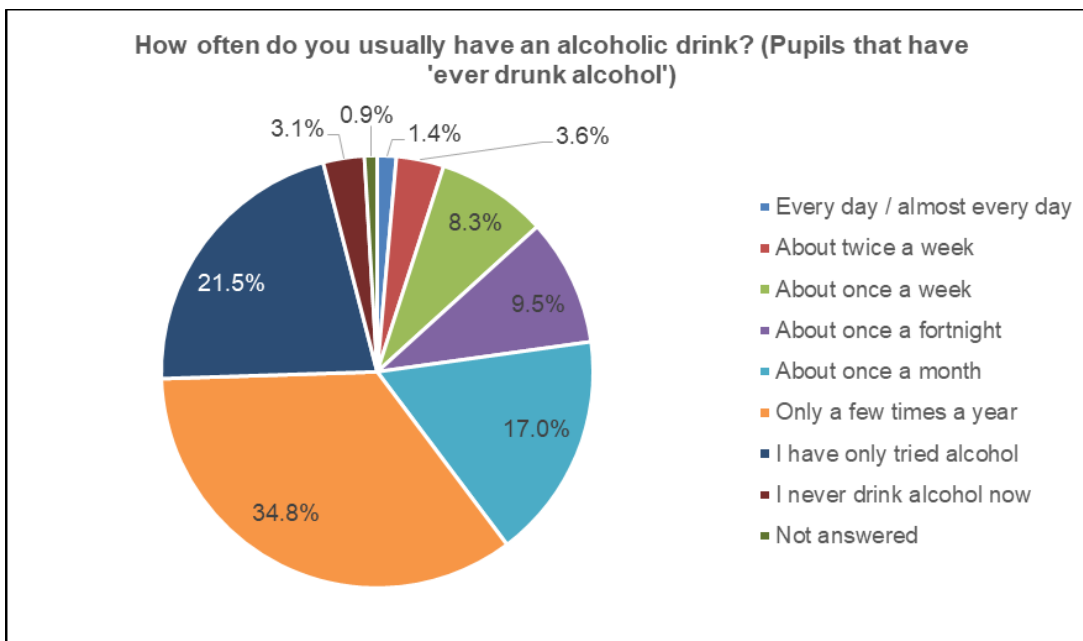
*All Pupils*

How often do you usually have an alcoholic drink?	Frequency	Percent
Every day / almost every day	12	0.7
About twice a week	30	1.7
About once a week	70	4.0
About once a fortnight	80	4.6
About once a month	143	8.2
Only a few times a year	293	16.8
I have only tried alcohol	181	10.4
I never drink alcohol now	26	1.5
Not applicable	903	51.7
Not answered	8	0.5
<b>Total</b>	<b>1746</b>	<b>100</b>



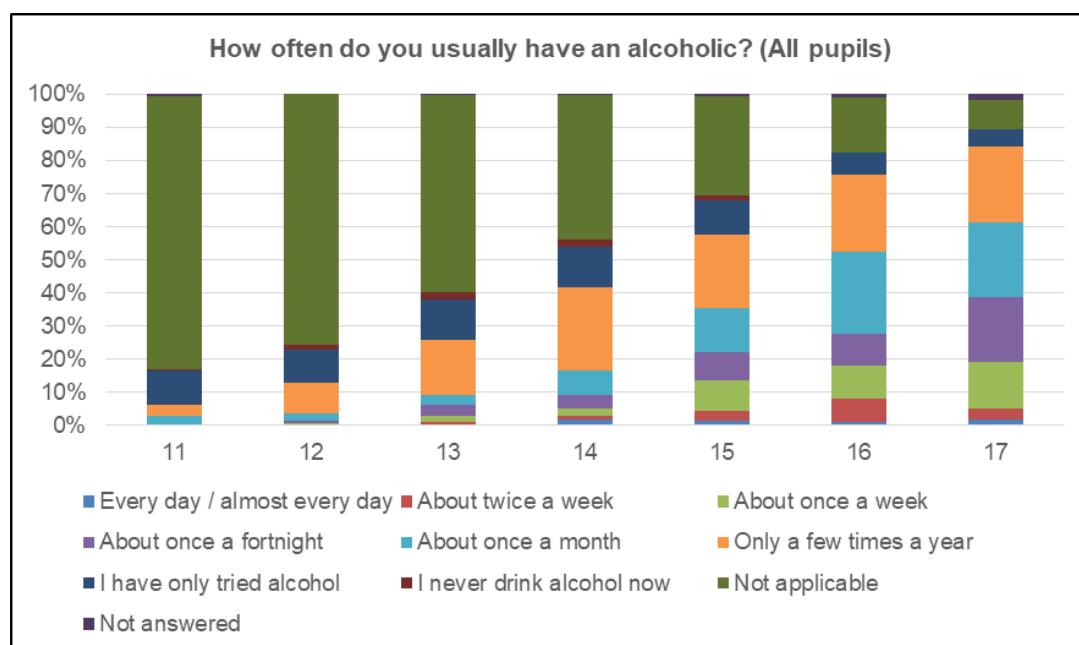
*Pupils who have 'ever drunk alcohol'*

How often do you usually have an alcoholic drink?	Frequency	Percent
Every day / almost every day	12	1.4
About twice a week	30	3.6
About once a week	70	8.3
About once a fortnight	80	9.5
About once a month	143	17.0
Only a few times a year	293	34.8
I have only tried alcohol	181	21.5
I never drink alcohol now	26	3.1
Not answered	8	0.9
<b>Total</b>	<b>843</b>	<b>100</b>



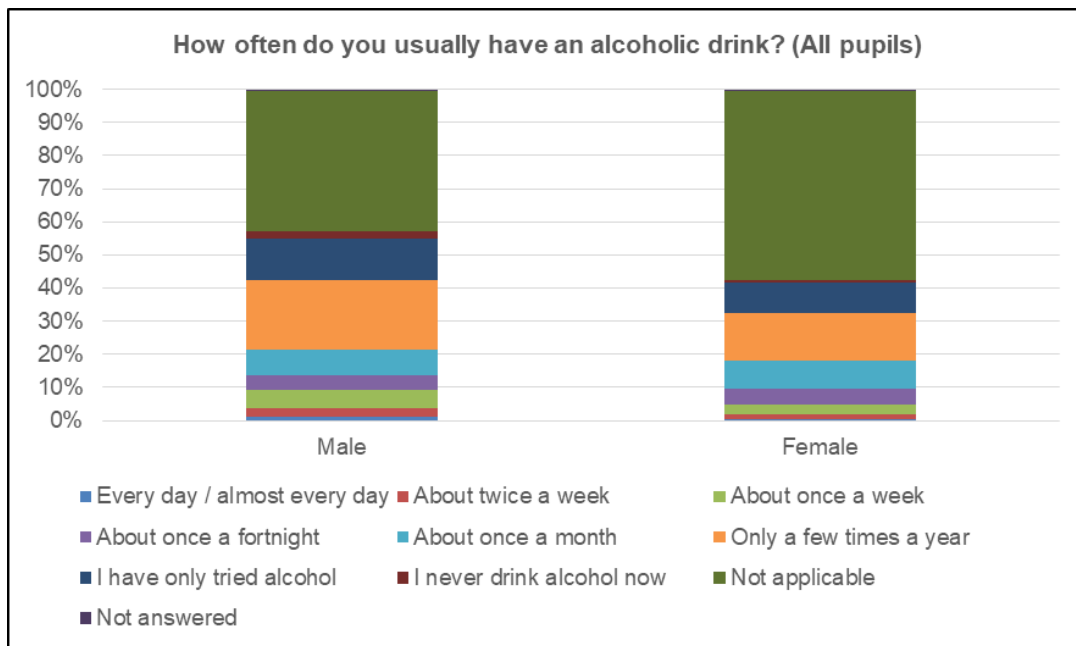
### All Pupils – By Age

How often do you usually have an alcoholic drink?	11	12	13	14	15	16	17
Every day / almost every day	0.0%	0.0%	0.0%	1.7%	1.3%	1.1%	1.8%
About twice a week	0.0%	0.3%	0.9%	1.0%	2.9%	6.8%	3.5%
About once a week	0.0%	0.3%	2.1%	2.4%	9.4%	10.2%	14.0%
About once a fortnight	0.0%	0.8%	3.3%	4.1%	8.4%	9.6%	19.3%
About once a month	2.9%	2.4%	2.7%	7.2%	13.3%	24.9%	22.8%
Only a few times a year	3.4%	9.1%	16.8%	25.2%	22.3%	23.2%	22.8%
I have only tried alcohol	10.1%	9.9%	12.3%	12.1%	10.4%	6.8%	5.3%
I never drink alcohol now	0.5%	1.6%	2.1%	2.4%	1.6%	0.0%	0.0%
Not applicable	82.6%	75.6%	59.5%	43.4%	29.8%	16.4%	8.8%
Not answered	0.5%	0.0%	0.3%	0.3%	0.6%	1.1%	1.8%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



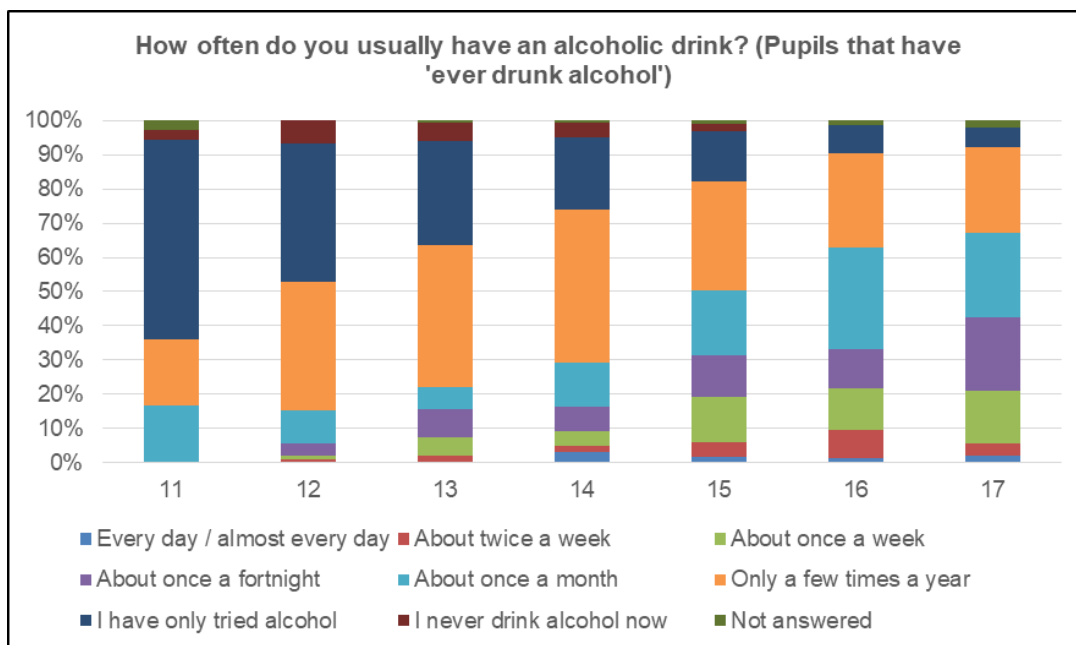
### All Pupils – By Gender

How often do you usually have an alcoholic drink?	Male	Female
Every day / almost every day	1.3%	0.4%
About twice a week	2.3%	1.4%
About once a week	5.5%	3.2%
About once a fortnight	4.5%	4.6%
About once a month	7.6%	8.5%
Only a few times a year	21.1%	14.2%
I have only tried alcohol	12.5%	9.2%
I never drink alcohol now	2.4%	1.0%
Not applicable	42.3%	57.1%
Not answered	0.5%	0.4%
<b>Number</b>	<b>617</b>	<b>1123</b>



### Pupils who have 'ever drunk alcohol'- By Age

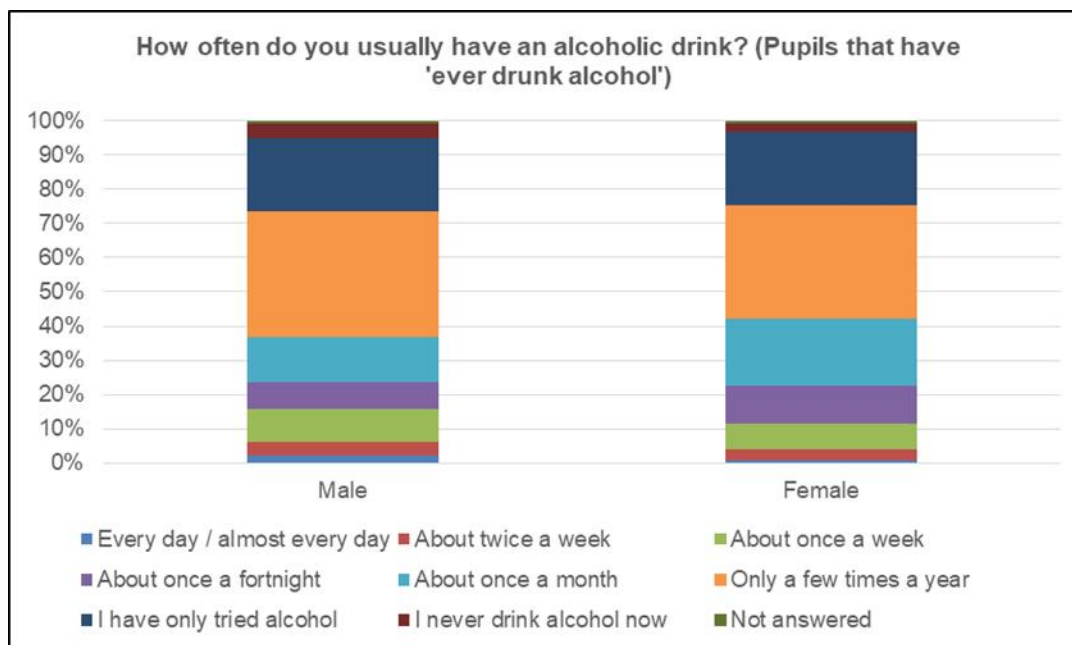
How often do you usually have an alcoholic drink?	11	12	13	14	15	16	17
Every day / almost every day	.0%	.0%	.0%	3.0%	1.8%	1.4%	1.9%
About twice a week	.0%	1.1%	2.2%	1.8%	4.1%	8.1%	3.8%
About once a week	.0%	1.1%	5.2%	4.3%	13.4%	12.2%	15.4%
About once a fortnight	.0%	3.3%	8.1%	7.3%	12.0%	11.5%	21.2%
About once a month	16.7%	9.9%	6.7%	12.8%	18.9%	29.7%	25.0%
Only a few times a year	19.4%	37.4%	41.5%	44.5%	31.8%	27.7%	25.0%
I have only tried alcohol	58.3%	40.7%	30.4%	21.3%	14.7%	8.1%	5.8%
I never drink alcohol now	2.8%	6.6%	5.2%	4.3%	2.3%	.0%	.0%
Not answered	2.8%	.0%	.7%	.6%	.9%	1.4%	1.9%
<b>Number</b>	<b>36</b>	<b>91</b>	<b>135</b>	<b>164</b>	<b>217</b>	<b>148</b>	<b>52</b>





## Pupils who have 'ever drunk alcohol' - By Gender

How often do you usually have an alcoholic drink?	Male	Female
Every day / almost every day	2.2%	0.8%
About twice a week	3.9%	3.3%
About once a week	9.6%	7.5%
About once a fortnight	7.9%	10.8%
About once a month	13.2%	19.7%
Only a few times a year	36.5%	33.2%
I have only tried alcohol	21.6%	21.4%
I never drink alcohol now	4.2%	2.3%
Not answered	0.8%	1.0%
<b>Number</b>	<b>356</b>	<b>482</b>

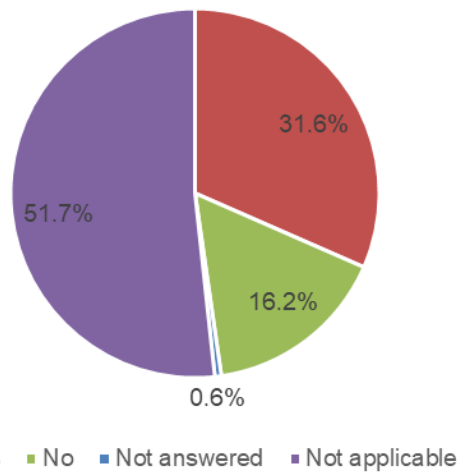


## Have you drunk any alcohol in the last month?

### All Pupils

Have you drunk any alcohol in the last month?	Frequency	Percent
Yes	551	31.6
No	282	16.2
Not answered	10	0.6
Not applicable	903	51.7
<b>Total</b>	<b>1746</b>	<b>100</b>

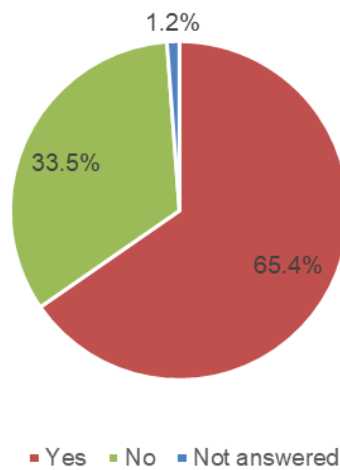
Have you drunk any alcohol in the last month? (All pupils)



Pupils who have 'ever drunk alcohol'

Have you drunk any alcohol in the last month?	Frequency	Percent
Yes	551	65.4
No	282	33.5
Not answered	10	1.2
<b>Total</b>	<b>843</b>	<b>100</b>

Have you drunk any alcohol in the last month? (Pupils that have 'ever drunk alcohol')



All Pupils – By Age

Have you drunk any alcohol in the last month?	11	12	13	14	15	16	17
Yes	8.2%	9.1%	21.6%	37.6%	53.4%	61.0%	80.7%
No	9.2%	15.3%	18.3%	18.3%	16.2%	20.9%	8.8%
Not answered	0.0%	0.0%	0.6%	0.7%	0.6%	1.7%	1.8%
Not applicable	82.6%	75.6%	59.5%	43.4%	29.8%	16.4%	8.8%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



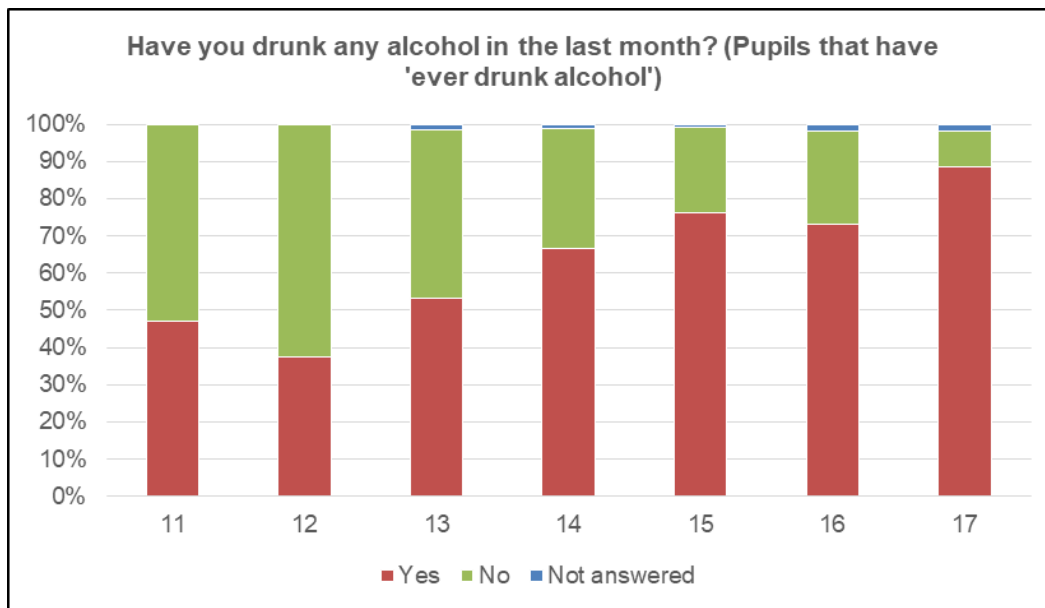
*All Pupils – By Gender*

Have you drunk any alcohol in the last month?	Male	Female
Yes	35.5%	29.4%
No	21.6%	13.0%
Not answered	0.6%	0.5%
Not applicable	42.3%	57.1%
<b>Number</b>	<b>617</b>	<b>1123</b>



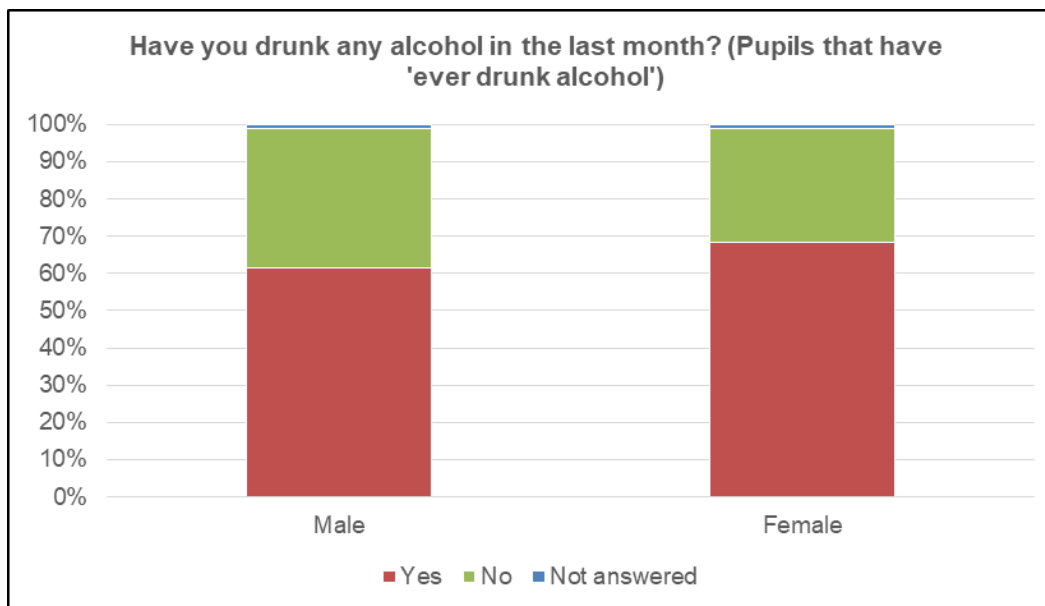
*Pupils who have 'ever drunk alcohol'- By Age*

Have you drunk any alcohol in the last month?	11	12	13	14	15	16	17
Yes	47.2%	37.4%	53.3%	66.5%	76.0%	73.0%	88.5%
No	52.8%	62.6%	45.2%	32.3%	23.0%	25.0%	9.6%
Not answered	0.0%	0.0%	1.5%	1.2%	0.9%	2.0%	1.9%
<b>Number</b>	<b>36</b>	<b>91</b>	<b>135</b>	<b>164</b>	<b>217</b>	<b>148</b>	<b>52</b>



*Pupils who have 'ever drunk alcohol'- By Gender*

Have you drunk any alcohol in the last month?	Male	Female
Yes	61.5%	68.5%
No	37.4%	30.3%
Not answered	1.1%	1.2%
<b>Number</b>	<b>356</b>	<b>482</b>

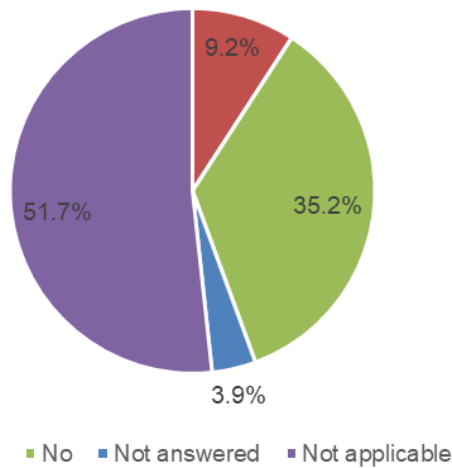


Have you drunk any alcohol in the last 7 days?

*All Pupils*

Have you drunk any alcohol in the last 7 days?	Frequency	Percent
Yes	160	9.2
No	615	35.2
Not answered	68	3.9
Not applicable	903	51.7
<b>Total</b>	<b>1746</b>	<b>100</b>

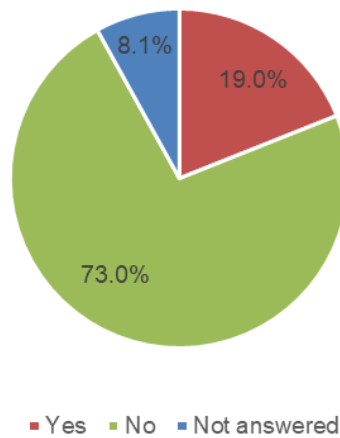
Have you drunk any alcohol in the last 7 days? (All pupils)



Pupils who have 'ever drunk alcohol'

Have you drunk any alcohol in the last 7 days?	Frequency	Percent
Yes	160	19.0
No	615	73.0
Not answered	68	8.1
<b>Total</b>	<b>843</b>	<b>100</b>

Have you drunk any alcohol in the last 7 days? (Pupils that have 'ever drunk alcohol')



All Pupils – By Age

Have you drunk any alcohol in the last 7 days?	11	12	13	14	15	16	17
Yes	1.4%	0.8%	4.5%	7.2%	17.8%	25.4%	31.6%
No	15.0%	21.4%	32.1%	44.1%	46.0%	53.7%	56.1%
Not answered	1.0%	2.1%	3.9%	5.2%	6.5%	4.5%	3.5%
Not applicable	82.6%	75.6%	59.5%	43.4%	29.8%	16.4%	8.8%
<b>Number</b>	<b>207</b>	<b>373</b>	<b>333</b>	<b>290</b>	<b>309</b>	<b>177</b>	<b>57</b>



*All Pupils – By Gender*

Have you drunk any alcohol in the last 7 days?	Male	Female
Yes	11.8%	7.7%
No	40.2%	32.3%
Not answered	5.7%	2.8%
Not applicable	42.3%	57.1%
<b>Number</b>	<b>617</b>	<b>1123</b>



*Pupils who have 'ever drunk alcohol'- By Age*

Have you drunk any alcohol in the last 7 days?	11	12	13	14	15	16	17
Yes	8.3%	3.3%	11.1%	12.8%	25.3%	30.4%	34.6%
No	86.1%	87.9%	79.3%	78.0%	65.4%	64.2%	61.5%
Not answered	5.6%	8.8%	9.6%	9.1%	9.2%	5.4%	3.8%
<b>Number</b>	<b>36</b>	<b>91</b>	<b>135</b>	<b>164</b>	<b>217</b>	<b>148</b>	<b>52</b>



*Pupils who have 'ever drunk alcohol'- By Gender*

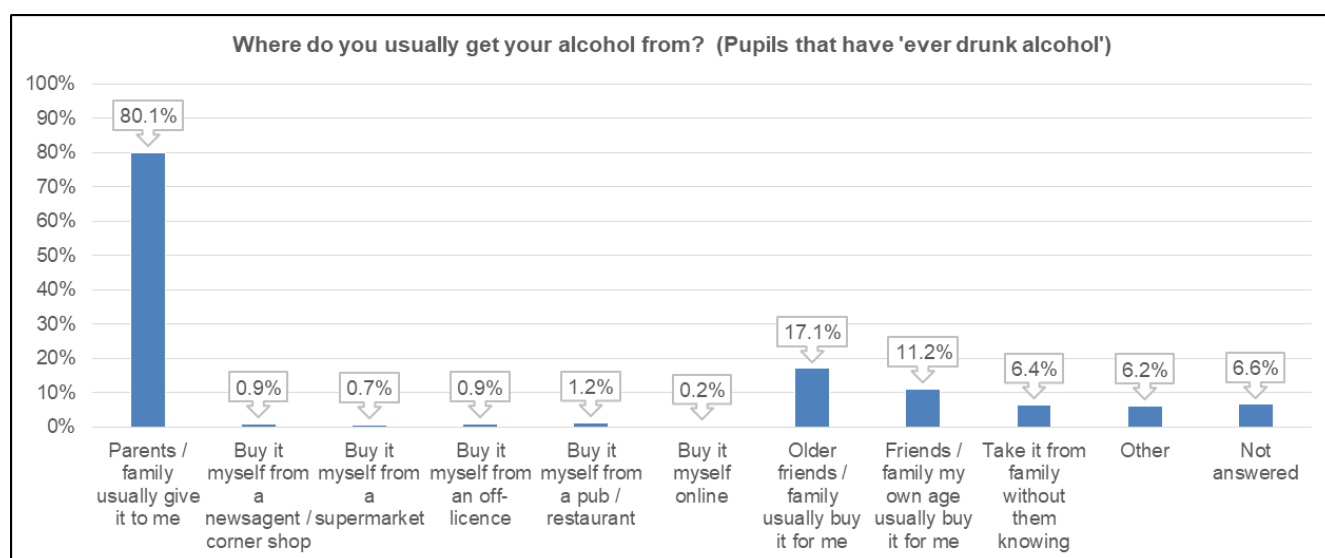
Have you drunk any alcohol in the last 7 days?	Male	Female
Yes	20.5%	18.0%
No	69.7%	75.3%
Not answered	9.8%	6.6%
<b>Number</b>	<b>356</b>	<b>482</b>



Where do you usually get your alcohol from? Please tick your top three.

*Pupils that have 'ever drunk alcohol'*

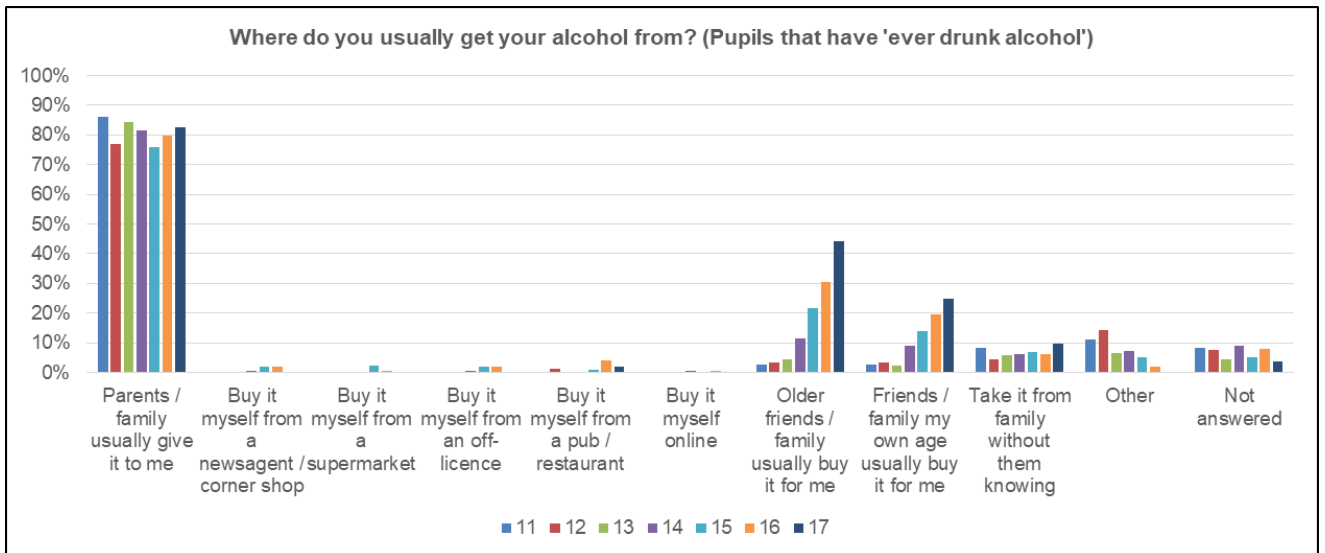
Where do you usually get your alcohol from? Please tick your top three.	N	Percent of Cases
Parents / family usually give it to me	675	80.1%
Buy it myself from a newsagent / corner shop	8	0.9%
Buy it myself from a supermarket	6	0.7%
Buy it myself from an off-licence	8	0.9%
Buy it myself from a pub / restaurant	10	1.2%
Buy it myself online	2	0.2%
Older friends / family usually buy it for me	144	17.1%
Friends / family my own age usually buy it for me	94	11.2%
Take it from family without them knowing	54	6.4%
Other	52	6.2%
Not answered	56	6.6%



*By Age*

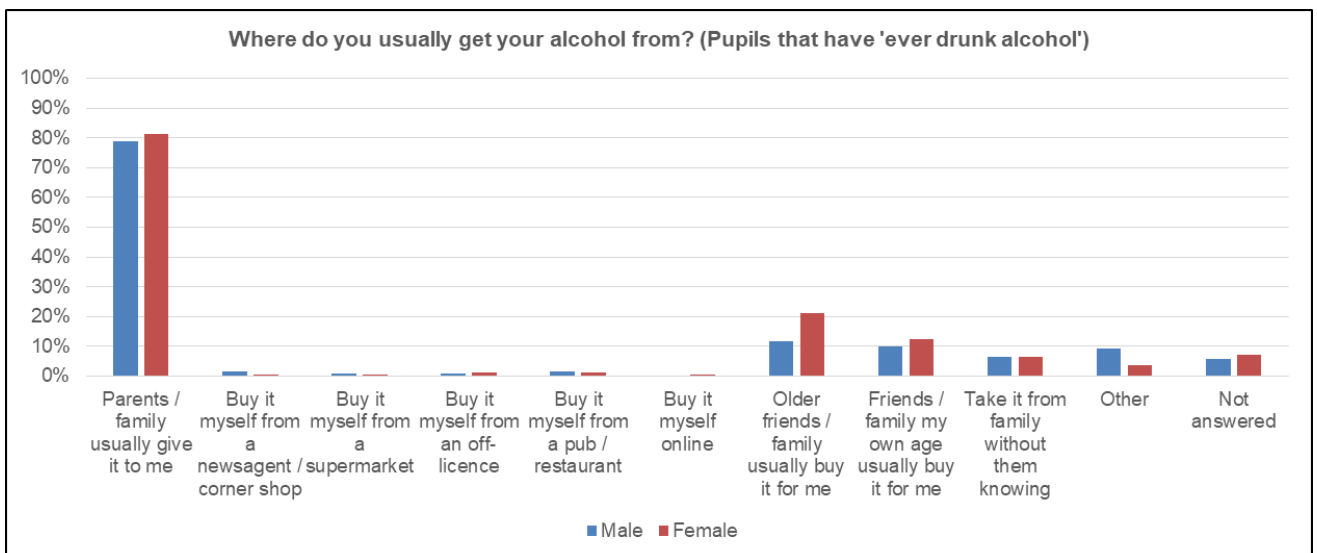
Where do you usually get your alcohol from?	11	12	13	14	15	16	17
Parents / family usually give it to me	86.1%	76.9%	84.4%	81.7%	76.0%	79.7%	82.7%
Buy it myself from a newsagent / corner shop	0.0%	0.0%	0.0%	0.6%	1.8%	2.0%	0.0%
Buy it myself from a supermarket	0.0%	0.0%	0.0%	0.0%	2.3%	0.7%	0.0%
Buy it myself from an off-licence	0.0%	0.0%	0.0%	0.6%	1.8%	2.0%	0.0%
Buy it myself from a pub / restaurant	0.0%	1.1%	0.0%	0.0%	0.9%	4.1%	1.9%
Buy it myself online	0.0%	0.0%	0.0%	0.6%	0.0%	0.7%	0.0%
Older friends / family usually buy it for me	2.8%	3.3%	4.4%	11.6%	21.7%	30.4%	44.2%
Friends / family my own age usually buy it for me	2.8%	3.3%	2.2%	9.1%	13.8%	19.6%	25.0%
Take it from family without them knowing	8.3%	4.4%	5.9%	6.1%	6.9%	6.1%	9.6%
Other	11.1%	14.3%	6.7%	7.3%	5.1%	2.0%	0.0%
Not answered	8.3%	7.7%	4.4%	9.1%	5.1%	8.1%	3.8%





### By Gender

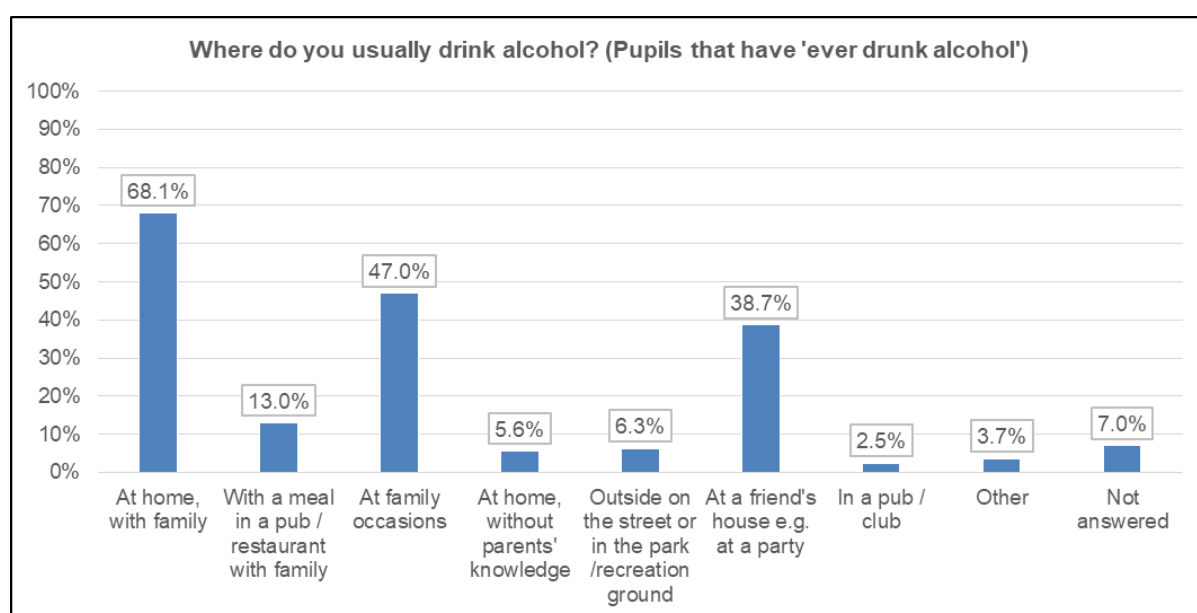
Where do you usually get your alcohol from?	Male	Female
Parents / family usually give it to me	78.9%	81.1%
Buy it myself from a newsagent / corner shop	1.4%	0.6%
Buy it myself from a supermarket	0.8%	0.6%
Buy it myself from an off-licence	0.8%	1.0%
Buy it myself from a pub / restaurant	1.4%	1.0%
Buy it myself online	0.0%	0.4%
Older friends / family usually buy it for me	11.8%	21.2%
Friends / family my own age usually buy it for me	9.8%	12.2%
Take it from family without them knowing	6.5%	6.4%
Other	9.3%	3.7%
Not answered	5.6%	7.3%



Where do you usually drink alcohol? Please tick your top three.

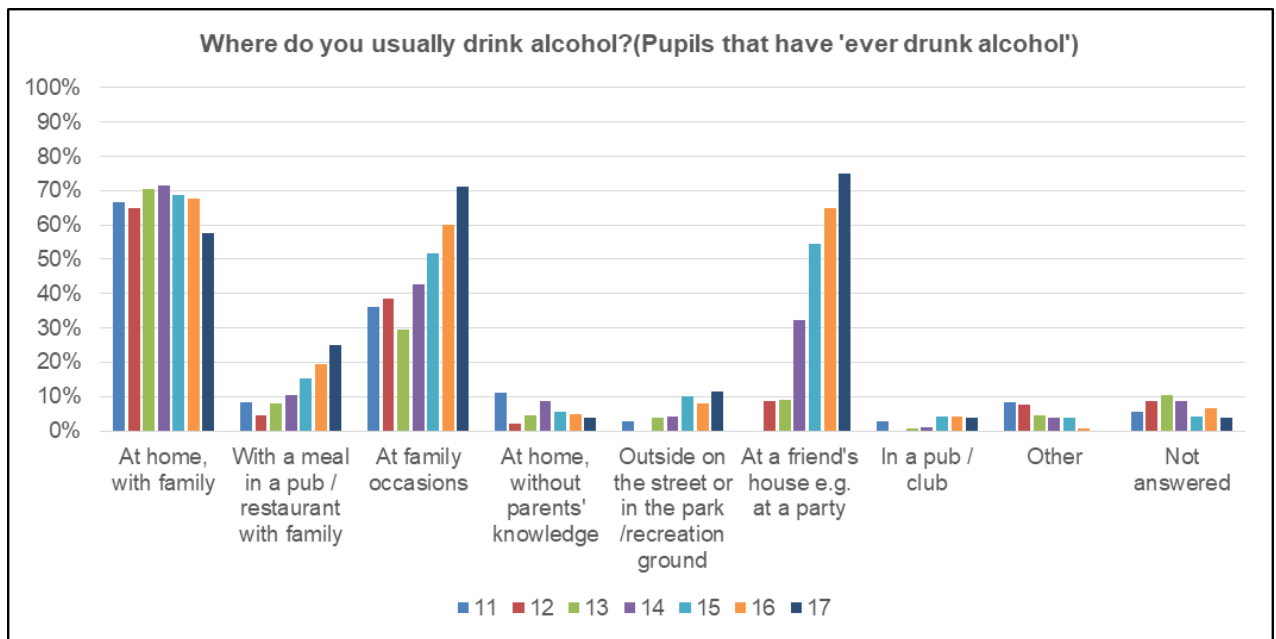
*Pupils that have 'ever drunk alcohol'*

Where do you usually drink alcohol?	N	Percent of Cases
At home, with family	574	68.1%
With a meal in a pub / restaurant with family	110	13.0%
At family occasions	396	47.0%
At home, without parents' knowledge	47	5.6%
Outside on the street or in the park /recreation ground	53	6.3%
At a friend's house e.g. at a party	326	38.7%
In a pub / club	21	2.5%
Other	31	3.7%
Not answered	59	7.0%



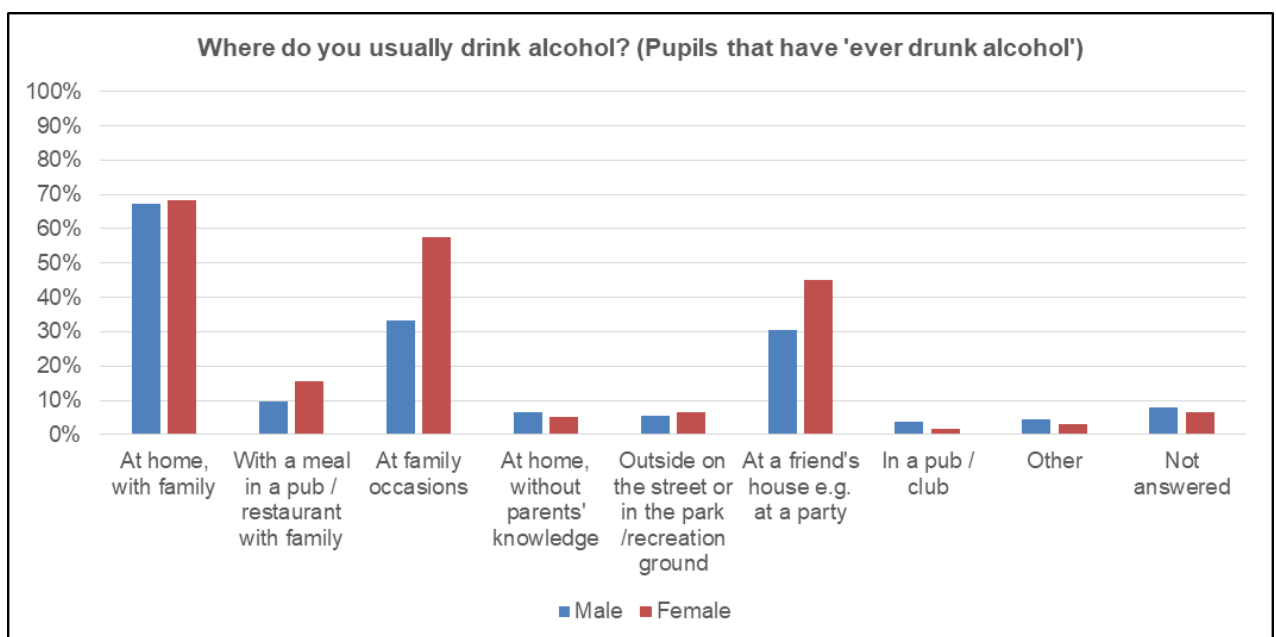
*By Age*

Where do you usually drink alcohol?	11	12	13	14	15	16	17
At home, with family	66.7%	64.8%	70.4%	71.3%	68.7%	67.6%	57.7%
With a meal in a pub / restaurant with family	8.3%	4.4%	8.1%	10.4%	15.2%	19.6%	25.0%
At family occasions	36.1%	38.5%	29.6%	42.7%	51.6%	60.1%	71.2%
At home, without parents' knowledge	11.1%	2.2%	4.4%	8.5%	5.5%	4.7%	3.8%
Outside on the street or in the park /recreation ground	2.8%	0.0%	3.7%	4.3%	10.1%	8.1%	11.5%
At a friend's house e.g. at a party	0.0%	8.8%	8.9%	32.3%	54.4%	64.9%	75.0%
In a pub / club	2.8%	0.0%	0.7%	1.2%	4.1%	4.1%	3.8%
Other	8.3%	7.7%	4.4%	3.7%	3.7%	0.7%	0.0%
Not answered	5.6%	8.8%	10.4%	8.5%	4.1%	6.8%	3.8%



**By Gender**

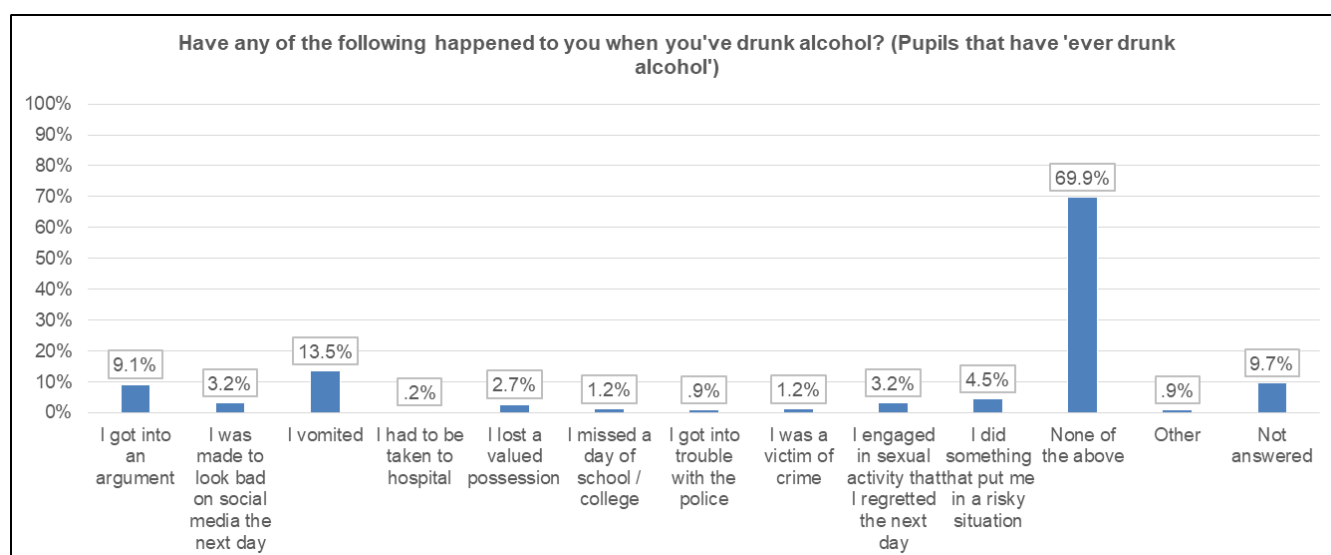
Where do you usually drink alcohol?	Male	Female
At home, with family	67.4%	68.3%
With a meal in a pub / restaurant with family	9.6%	15.6%
At family occasions	33.1%	57.7%
At home, without parents' knowledge	6.5%	5.0%
Outside on the street or in the park /recreation ground	5.6%	6.6%
At a friend's house e.g. at a party	30.3%	45.2%
In a pub / club	3.7%	1.7%
Other	4.5%	2.9%
Not answered	7.9%	6.4%



Have any of the following happened to you when you've drunk alcohol? Please tick all that apply.

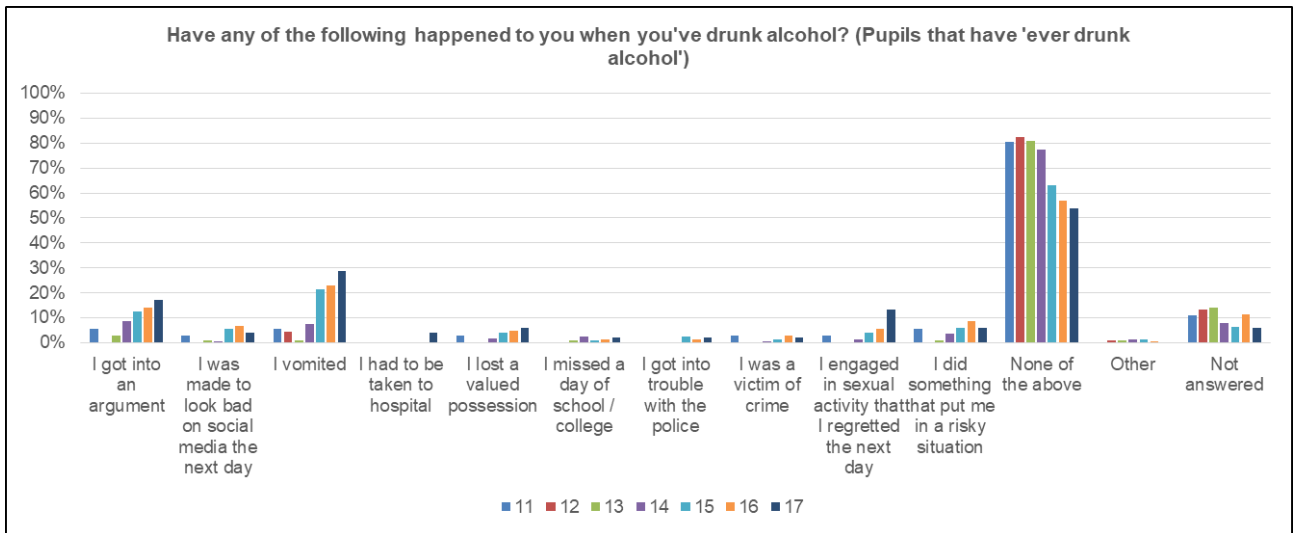
*Pupils that have 'ever drunk alcohol'*

Have any of the following happened to you when you've drunk alcohol?	N	Percent of Cases
I got into an argument	77	9.1%
I was made to look bad on social media the next day	27	3.2%
I vomited	114	13.5%
I had to be taken to hospital	2	0.2%
I lost a valued possession	23	2.7%
I missed a day of school / college	10	1.2%
I got into trouble with the police	8	0.9%
I was a victim of crime	10	1.2%
I engaged in sexual activity that I regretted the next day	27	3.2%
I did something that put me in a risky situation	38	4.5%
None of the above	589	69.9%
Other	8	0.9%
Not answered	82	9.7%



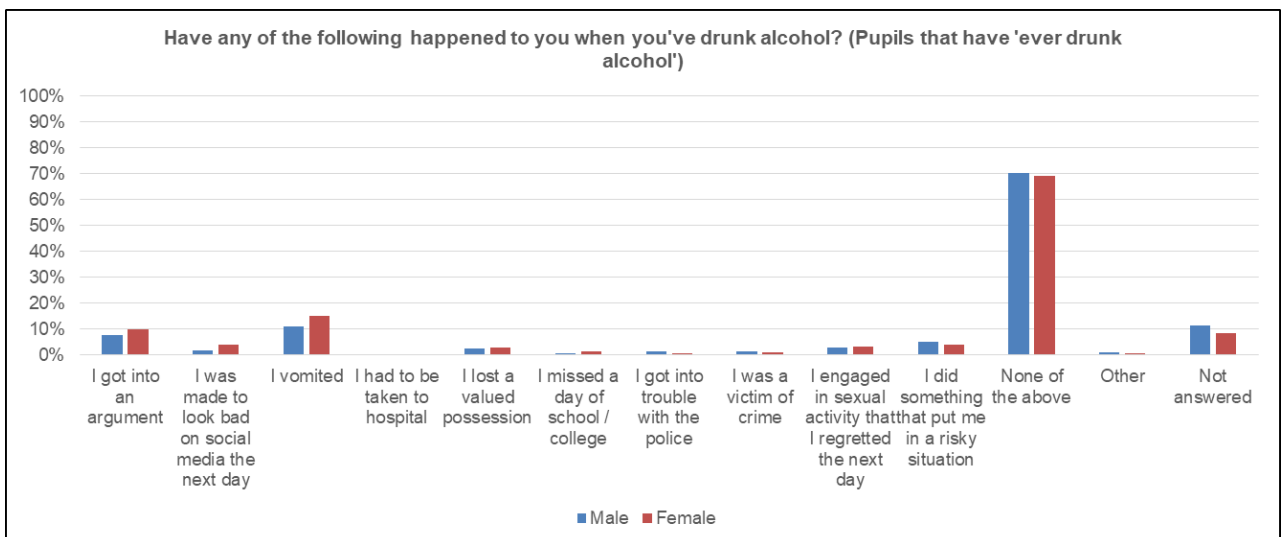
**By Age**

Have any of the following happened to you when you've drunk alcohol?	11	12	13	14	15	16	17
I got into an argument	5.6%	0.0%	3.0%	8.5%	12.4%	14.2%	17.3%
I was made to look bad on social media the next day	2.8%	0.0%	0.7%	0.6%	5.5%	6.8%	3.8%
I vomited	5.6%	4.4%	0.7%	7.3%	21.2%	23.0%	28.8%
I had to be taken to hospital	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	3.8%
I lost a valued possession	2.8%	0.0%	0.0%	1.8%	4.1%	4.7%	5.8%
I missed a day of school / college	0.0%	0.0%	0.7%	2.4%	0.9%	1.4%	1.9%
I got into trouble with the police	0.0%	0.0%	0.0%	0.0%	2.3%	1.4%	1.9%
I was a victim of crime	2.8%	0.0%	0.0%	0.6%	1.4%	2.7%	1.9%
I engaged in sexual activity that I regretted the next day	2.8%	0.0%	0.0%	1.2%	4.1%	5.4%	13.5%
I did something that put me in a risky situation	5.6%	0.0%	0.7%	3.7%	6.0%	8.8%	5.8%
None of the above	80.6%	82.4%	80.7%	77.4%	63.1%	56.8%	53.8%
Other	0.0%	1.1%	0.7%	1.2%	1.4%	0.7%	0.0%
Not answered	11.1%	13.2%	14.1%	7.9%	6.5%	11.5%	5.8%



**By Gender**

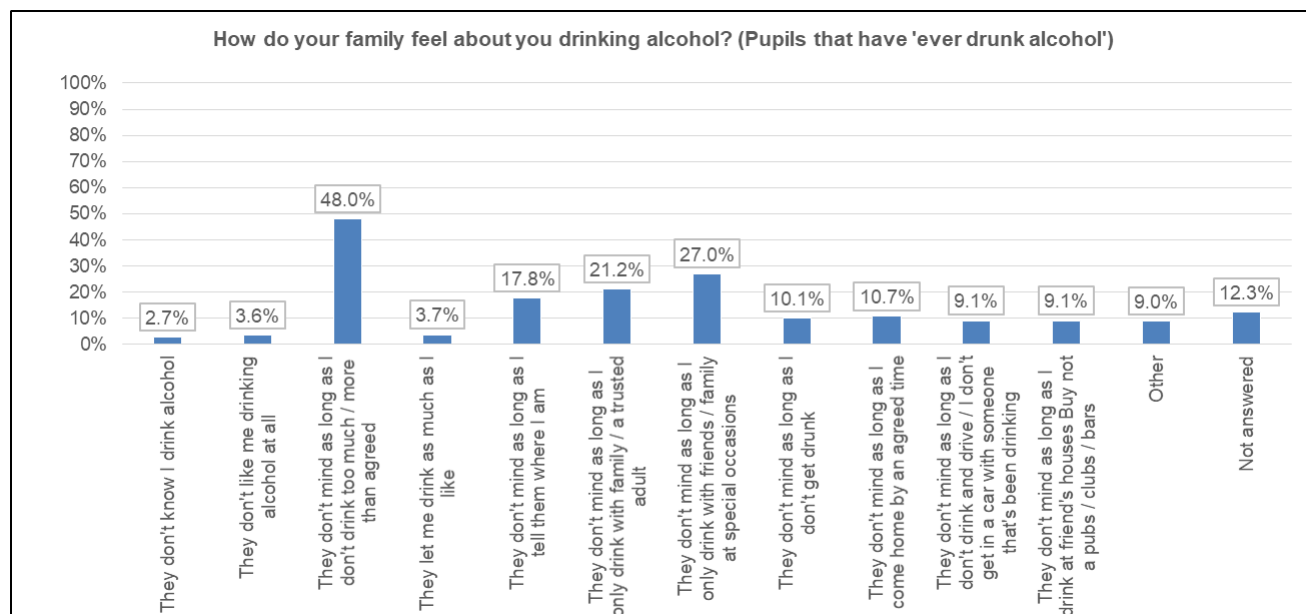
Have any of the following happened to you when you've drunk alcohol?	Male	Female
I got into an argument	7.9%	10.2%
I was made to look bad on social media the next day	2.0%	4.1%
I vomited	11.2%	15.4%
I had to be taken to hospital	0.3%	0.2%
I lost a valued possession	2.5%	2.9%
I missed a day of school / college	0.6%	1.7%
I got into trouble with the police	1.4%	0.6%
I was a victim of crime	1.4%	1.0%
I engaged in sexual activity that I regretted the next day	3.1%	3.3%
I did something that put me in a risky situation	5.3%	3.9%
None of the above	70.2%	69.3%
Other	1.1%	0.8%
Not answered	11.5%	8.5%



How do your family feel about you drinking alcohol? Please tick all that apply.

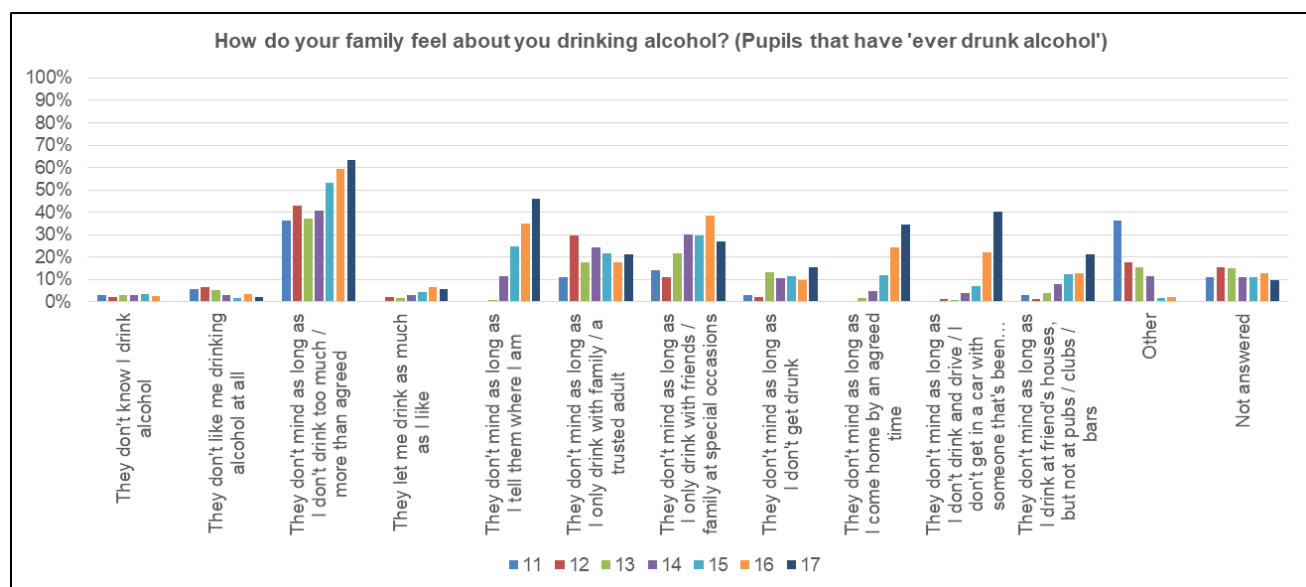
*Pupils that have 'ever drunk alcohol'*

How do your family feel about you drinking alcohol?	N	Percent of Cases
They don't know I drink alcohol	23	2.7%
They don't like me drinking alcohol at all	30	3.6%
They don't mind as long as I don't drink too much / more than agreed	405	48.0%
They let me drink as much as I like	31	3.7%
They don't mind as long as I tell them where I am	150	17.8%
They don't mind as long as I only drink with family / a trusted adult	179	21.2%
They don't mind as long as I only drink with friends / family at special occasions	228	27.0%
They don't mind as long as I don't get drunk	85	10.1%
They don't mind as long as I come home by an agreed time	90	10.7%
They don't mind as long as I don't drink and drive / I don't get in a car with someone that's been drinking	77	9.1%
They don't mind as long as I drink at friend's houses Buy not a pubs / clubs / bars	77	9.1%
Other	76	9.0%
Not answered	104	12.3%



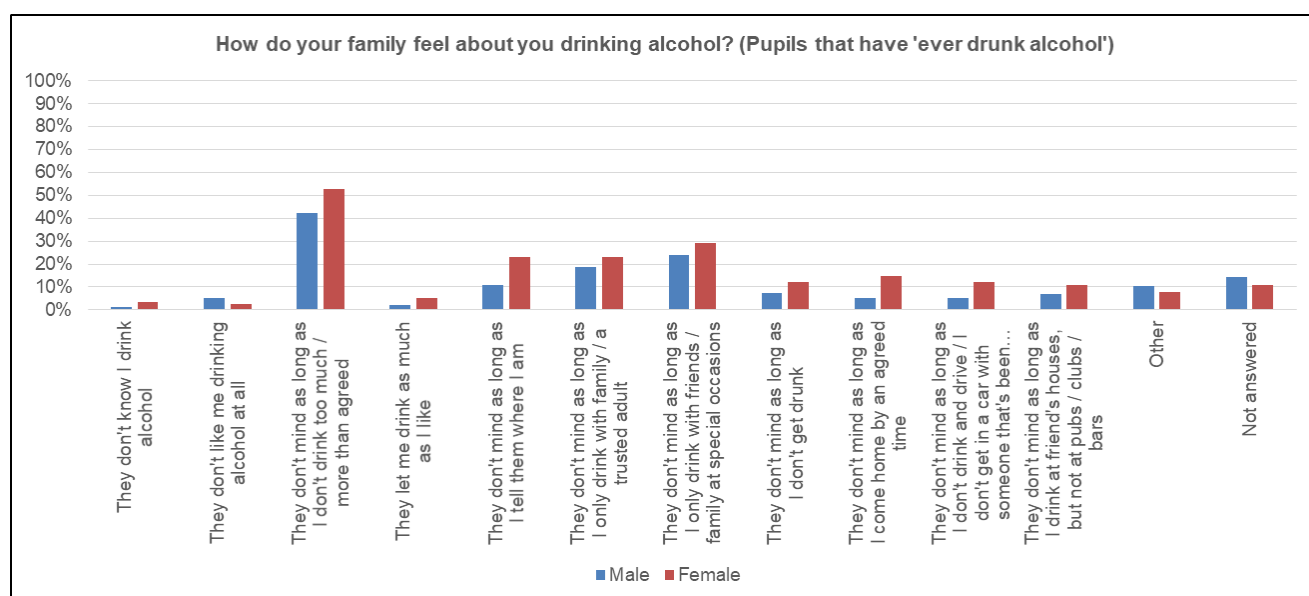
## By Age

How do your family feel about you drinking alcohol?	11	12	13	14	15	16	17
They don't know I drink alcohol	2.8%	2.2%	3.0%	3.0%	3.2%	2.7%	0.0%
They don't like me drinking alcohol at all	5.6%	6.6%	5.2%	3.0%	1.8%	3.4%	1.9%
They don't mind as long as I don't drink too much / more than agreed	36.1%	42.9%	37.0%	40.9%	53.0%	59.5%	63.5%
They let me drink as much as I like	0.0%	2.2%	1.5%	3.0%	4.1%	6.8%	5.8%
They don't mind as long as I tell them where I am	0.0%	0.0%	0.7%	11.6%	24.9%	35.1%	46.2%
They don't mind as long as I only drink with family / a trusted adult	11.1%	29.7%	17.8%	24.4%	21.7%	17.6%	21.2%
They don't mind as long as I only drink with friends / family at special occasions	13.9%	11.0%	21.5%	29.9%	29.5%	38.5%	26.9%
They don't mind as long as I don't get drunk	2.8%	2.2%	13.3%	10.4%	11.5%	9.5%	15.4%
They don't mind as long as I come home by an agreed time	0.0%	0.0%	1.5%	4.9%	12.0%	24.3%	34.6%
They don't mind as long as I don't drink and drive / I don't get in a car with someone that's been drinking	0.0%	1.1%	0.7%	3.7%	6.9%	22.3%	40.4%
They don't mind as long as I drink at friend's houses, but not at pubs / clubs / bars	2.8%	1.1%	3.7%	7.9%	12.4%	12.8%	21.2%
Other	36.1%	17.6%	15.6%	11.6%	1.8%	2.0%	0.0%
Not answered	11.1%	15.4%	14.8%	11.0%	11.1%	12.8%	9.6%



## By Gender

How do your family feel about you drinking alcohol?	Male	Female
They don't know I drink alcohol	1.4%	3.5%
They don't like me drinking alcohol at all	5.1%	2.5%
They don't mind as long as I don't drink too much / more than agreed	42.1%	52.7%
They let me drink as much as I like	2.0%	5.0%
They don't mind as long as I tell them where I am	11.0%	23.0%
They don't mind as long as I only drink with family / a trusted adult	18.8%	23.2%
They don't mind as long as I only drink with friends / family at special occasions	23.9%	29.3%
They don't mind as long as I don't get drunk	7.6%	12.0%
They don't mind as long as I come home by an agreed time	5.1%	14.9%
They don't mind as long as I don't drink and drive / I don't get in a car with someone that's been drinking	5.3%	12.0%
They don't mind as long as I drink at friend's houses, but not at pubs / clubs / bars	6.7%	11.0%
Other	10.4%	7.9%
Not answered	14.3%	10.8%



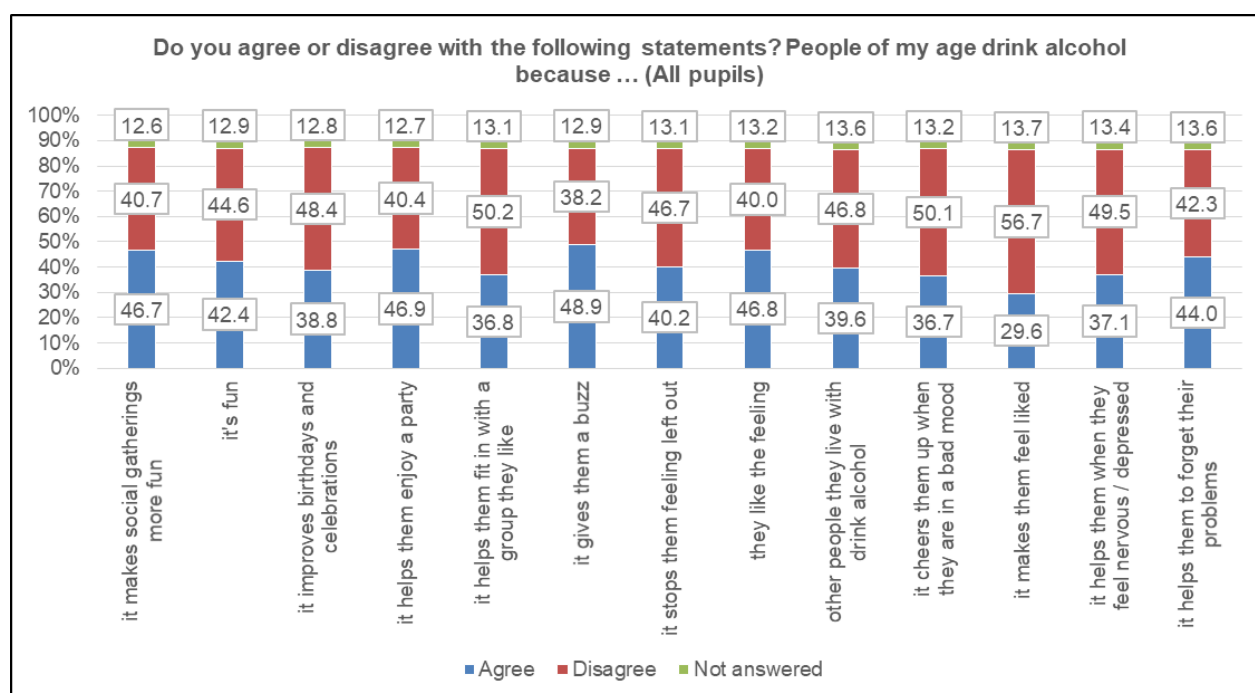


Do you agree or disagree with the following statements?

People of my age drink alcohol because ...

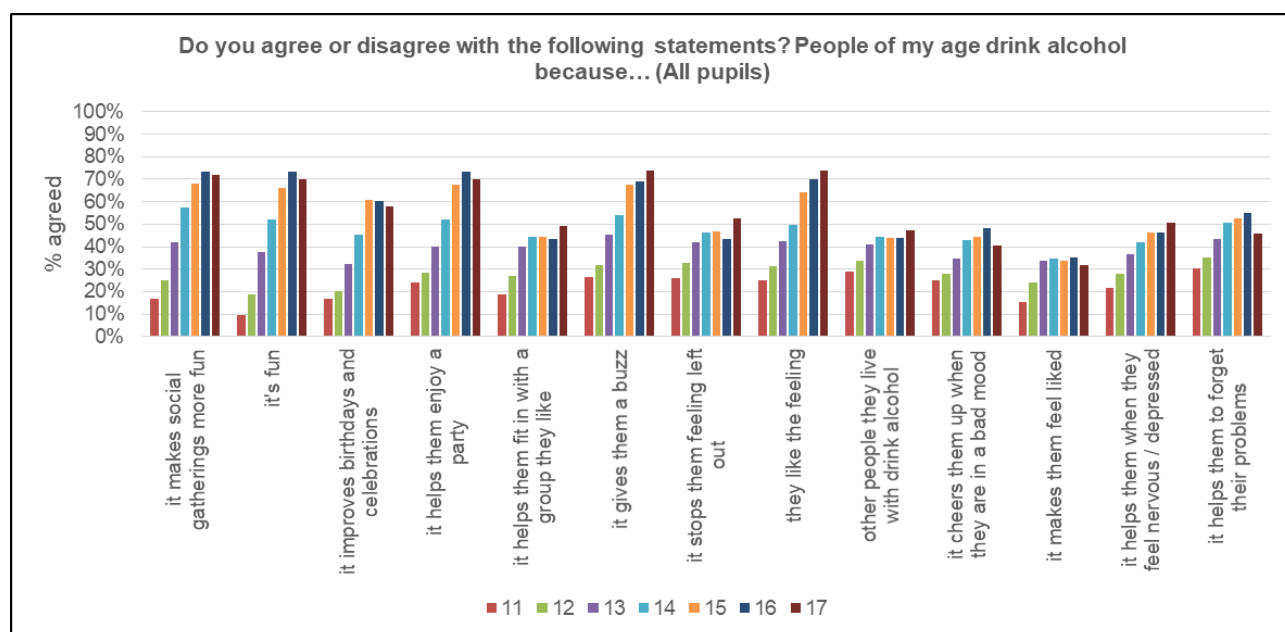
All pupils

Do you agree or disagree with the following statements? People of my age drink alcohol because ...	Agree	Disagree	Not answered
it makes social gatherings more fun	46.7	40.7	12.6
it's fun	42.4	44.6	12.9
it improves birthdays and celebrations	38.8	48.4	12.8
it helps them enjoy a party	46.9	40.4	12.7
it helps them fit in with a group they like	36.8	50.2	13.1
it gives them a buzz	48.9	38.2	12.9
it stops them feeling left out	40.2	46.7	13.1
they like the feeling	46.8	40.0	13.2
other people they live with drink alcohol	39.6	46.8	13.6
it cheers them up when they are in a bad mood	36.7	50.1	13.2
it makes them feel liked	29.6	56.7	13.7
it helps them when they feel nervous / depressed	37.1	49.5	13.4
it helps them to forget their problems	44.0	42.3	13.6



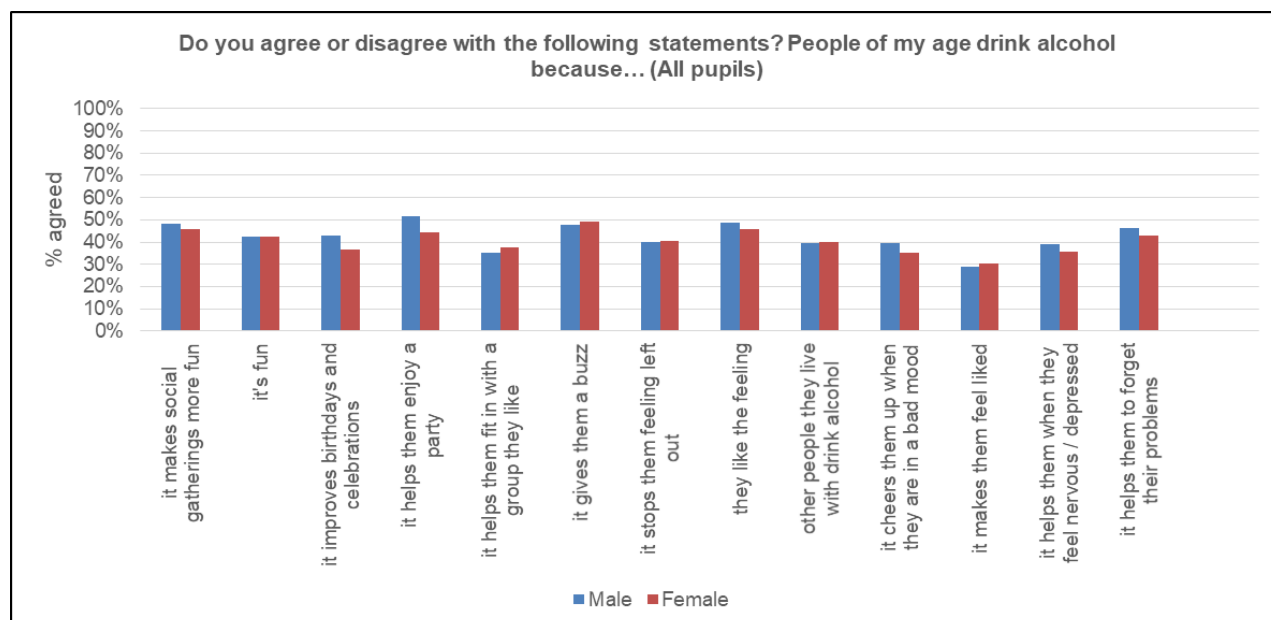
## By Age

Do you agree or disagree with the following statements? People of my age drink alcohol because ...	% agreed						
	11	12	13	14	15	16	17
it makes social gatherings more fun	16.9%	24.9%	42.0%	57.6%	68.0%	73.4%	71.9%
it's fun	9.7%	18.8%	37.5%	52.1%	66.3%	73.4%	70.2%
it improves birthdays and celebrations	16.9%	20.4%	32.4%	45.2%	60.8%	60.5%	57.9%
it helps them enjoy a party	24.2%	28.2%	40.2%	52.1%	67.6%	73.4%	70.2%
it helps them fit in with a group they like	18.8%	26.8%	39.9%	44.1%	44.3%	43.5%	49.1%
it gives them a buzz	26.6%	31.6%	45.3%	53.8%	67.6%	68.9%	73.7%
it stops them feeling left out	26.1%	33.0%	41.7%	46.2%	46.9%	43.5%	52.6%
they like the feeling	25.1%	31.1%	42.3%	49.7%	64.4%	70.1%	73.7%
other people they live with drink alcohol	29.0%	33.5%	41.1%	44.5%	44.0%	44.1%	47.4%
it cheers them up when they are in a bad mood	25.1%	27.9%	34.8%	42.8%	44.3%	48.0%	40.4%
it makes them feel liked	15.5%	23.9%	33.6%	34.5%	33.7%	35.0%	31.6%
it helps them when they feel nervous / depressed	21.7%	27.9%	36.6%	42.1%	46.3%	46.3%	50.9%
it helps them to forget their problems	30.4%	35.1%	43.2%	50.5%	52.4%	54.8%	45.6%



## By Gender

Do you agree or disagree with the following statements? People of my age drink alcohol because ...	% agreed	
	Male	Female
it makes social gatherings more fun	48.3%	45.9%
it's fun	42.5%	42.7%
it improves birthdays and celebrations	43.1%	36.6%
it helps them enjoy a party	51.4%	44.5%
it helps them fit in with a group they like	35.0%	37.8%
it gives them a buzz	48.0%	49.3%
it stops them feeling left out	40.2%	40.2%
they like the feeling	48.9%	45.8%
other people they live with drink alcohol	39.4%	39.8%
it cheers them up when they are in a bad mood	39.4%	35.3%
it makes them feel liked	28.8%	30.1%
it helps them when they feel nervous / depressed	39.2%	35.9%
it helps them to forget their problems	46.4%	42.7%



## COMMENTS

No.	Question	Other – please specify
<b>Smoking</b>		
8	Where do you usually get your cigarettes from?	<ul style="list-style-type: none"> <li>• Random people when I used to smoke</li> </ul>
9	How do your family feel about you smoking?	<ul style="list-style-type: none"> <li>• They let me try it</li> <li>• They know I've tried it and weren't too happy about it</li> <li>• Only my mum knows but she says as long as I don't get addicted because she knows that people my age like to try new things</li> <li>• I done it once. It's not a daily thing</li> </ul>
11	Where would you prefer to go for help and advice on giving up smoking?	<ul style="list-style-type: none"> <li>• I had a throat infection and now I've stopped</li> <li>• I gave up!!!</li> <li>• none</li> </ul>
<b>Drinking</b>		
19	Where do you usually get your alcohol from?	<ul style="list-style-type: none"> <li>• They have let me tried it before and they have bought a drink not knowing it is alcoholic</li> <li>• Parents, very rarely give it to me</li> <li>• Parents when I am at home</li> <li>• My friends have it at their house</li> <li>• I have only tried it</li> <li>• I drink at my hockey club with the team after matches to celebrate</li> </ul>
20	Where do you usually drink alcohol?	<ul style="list-style-type: none"> <li>• When I'm cooking</li> <li>• Very rarely drink and only a sip</li> <li>• Only sometimes on special occasions</li> <li>• Tried it once – disgusting</li> <li>• I have been given it on holiday (only a tiny bit)</li> <li>• I don't, I had alcohol at a church and in the Caribbean that's not very easy to group together</li> <li>• A friend's house where my parents are with me</li> </ul>
21	Have any of the following happened to you when you've drunk alcohol?	<ul style="list-style-type: none"> <li>• Went to sleep</li> <li>• None because I don't overdrink</li> <li>• Injured myself</li> <li>• I don't drink enough to feel any effects it will most of the time be a small glass of champagne to celebrate a special occasion</li> <li>• Broke Glassware</li> </ul>
22	How do your family feel about you drinking alcohol?	<ul style="list-style-type: none"> <li>• They think I'm too young to drink</li> <li>• They only let me have a sip</li> <li>• They don't mind me having a tiny amount</li> <li>• They don't let me drink but I have sips at parties</li> <li>• They don't mind as long as I let them know how much I have drunk and they can control what I'm drinking because I'm don't drink it to get drunk I just have it like cider</li> <li>• They don't mind if they are with me and it is only on special occasions</li> <li>• I've hardly ever done it and I've never drunk that much so they don't care</li> </ul>