

COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child is asymptomatic and has been identified as a close contact of a person who tested positive for COVID-19.

Note: Asymptomatic means that your child has none of the following symptoms: fever; cough; shortness of breath; loss of sense of smell or taste; chills; sore throat or painful swallowing; runny nose or congestion; feeling unwell or fatigued; nausea or vomiting or diarrhea; unexplained loss of appetite; muscle or joint aches; headache; conjunctivitis (pink eye)



Guidance

Your child is legally required to quarantine for 14 days

A COVID-19 test is recommended

Testing


Decide if your child will be tested for COVID-19

Yes

Do:

Book a COVID-19 test for your child

- Online: ahs.ca/covid
- By phone: Call Health Link at 811

 Try to book a test that is within 24 hours of when you were told about the close contact

Do:

Go to the COVID-19 test with your child

No

OR

Before you have your child's test result

Test Result

Do:

Get your child's COVID-19 test result

 It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by AHS
- For more information about getting your child's COVID-19 test result, go to ahs.ca/results



Positive Test Result



Negative Test Result

Next Steps

What to do

Your child is legally required to **isolate** for **10 days from the date of their COVID-19 test**.

Visit ahs.ca/isolation for more information.

Household members must stay home and **quarantine** for 14 days from their last exposure to the child.

What to do

Your child is legally required to stay home and **quarantine** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child develops symptoms at any point during their 14 day quarantine, or after, they should be retested for COVID-19. Visit ahs.ca/parentcovidguide to determine next steps.

Household members are **not** required to quarantine as long as the child is asymptomatic.