

Alignment Blueprint

Value I'm building: _____

Why it matters: _____

Value definition (lived):

Load-bearing truth:

Two decisions that express this value:

1. _____
2. _____

Practices (daily/weekly):

Daily (2-5 min): _____

Weekly (10-20 min): _____

Boundary (protect/stop):

To protect this value, I will stop _____

Support (makes it easier):

Evidence (7 days):

In one week, I'll notice: _____

End-of-day witnessing:

Today I built alignment when I _____