



# Mitchell Foods, Inc.

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*Quality Food Products for the Foodservice Industry*

## Beef Rib Eye Steak "Blade Tenderized" \* 40/4 oz Portion \*

Item Number:	10050	Packaging:	Poly Lined Box wax paper layer
UPC Number:	740909100509	Case Dimensions:	16x11.75x3.4
Portion Size:	4 oz	Case Cube:	0.37
Portion Count:	40 Pieces	Pallet Ti x Hi	10 x 10
Net Case Weight:	10.00 lbs	Handling:	Frozen
		Shelf Life Frozen:	8 Months

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Papain, and Spice Extractives. Tenderized with a solution of water and Papain.

### COOKING INSTRUCTIONS: COOK FROM FROZEN

Cook on either flat top grill or on a charcoal grill. Cook to an internal temperature of 165°F.

Nutrition Facts	
Portion Size	113 g
Amount Per Portion	
<b>Calories</b>	<b>184</b>
% Daily Value *	
<b>Total Fat</b> 11g	<b>14 %</b>
Saturated Fat 4.1g	<b>20 %</b>
<b>Cholesterol</b> 65mg **	<b>22 %</b>
<b>Sodium</b> 261mg	<b>11 %</b>
<b>Total Carbohydrate</b> 1.7g	<b>1 %</b>
Dietary Fiber 0g	<b>0 %</b>
Sugar 0.2g	
<b>Protein</b> 20g	<b>40 %</b>
Vitamin D 0.1mcg	<b>0 %</b>
Calcium 6.7mg	<b>1 %</b>
Iron 2.7mg	<b>15 %</b>
Potassium 364mg	<b>8 %</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.	
** Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.	

