

## Mitchell Foods, Inc.

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Quality Food Products for the Foodservice Industry



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## Boneless Pork Loin Cutlet "Sliced and Cubed" \* 30/5.33 oz Portion \*

| Item Number:       | 20000        | Packaging:         | Poly Lined Box wax paper layer |
|--------------------|--------------|--------------------|--------------------------------|
| <b>UPC Number:</b> | 740909200001 | Case Dimensions:   | 16x11.75x3.4                   |
| Portion Size:      | 5.33 oz      | Case Cube:         | 0.37                           |
| Portion Count:     | 30 Pieces    | Pallet Ti x Hi     | 10 x 10                        |
| Net Case Weight:   | 10.00 lbs    | Handling:          | Frozen                         |
|                    |              | Shelf Life Frozen: | 8 Months                       |

Coated with a solution containing Water, Salt, Dextrose, Hydrolyzed corn protein, Spice Extractives. Tenderized with a solution of water and Papain.

## **COOKING INSTRUCTIONS: COOK FROM FROZEN**

Preheat lightly oiled skillet or grill to medium high heat. Add Pork loin portions; cook and turn until done through. The chops are done when they reach an internal temperature of 160 degrees F (70 degrees F). Do not overcook.

| <b>Nutrition Facts</b>      |               |  |
|-----------------------------|---------------|--|
| Portion Size                | 149 g         |  |
| Amount Per Portion Calories | 265           |  |
|                             | % Daily Value |  |
| Total Fat 17g               | 22 %          |  |
| Saturated Fat 5.8g          | 29 %          |  |
| Cholesterol 83mg **         | 28 %          |  |
| Sodium 299mg                | 13 %          |  |
| Total Carbohydrate 0.5g     | 0 %           |  |
| Dietary Fiber 0g            | 0 %           |  |
| Sugar 0.4g                  |               |  |
| Protein 26g                 | 52 %          |  |
| Vitamin D 0.7mcg            | 4 %           |  |
| Calcium 25mg                | 2 %           |  |
| Iron 1.1mg                  | 6 %           |  |
| Potassium 471mg             | 10 %          |  |

- \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.
- \*\* Amount is based on ingredients that specify value for this nutrient and 0 for those that don't.





