

In The Loop

Newsletter

July 2026

Summer Safety

As the weather gets warmer, it's important to stay safe while having fun in the sun! ☀️

Cooling down at the swimming pool, beach, or paddling pool is a great way to enjoy the summer. 🏊 🌊 But remember, staying safe is just as important as having fun.

Here are some top tips to help you stay safe:



Nature Walks

Why not go on a fun nature walk this summer? Take a stroll outside and see what amazing things you can discover along the way!

Use your senses to explore:

- **What can you see?** Look at the colours of the leaves, flowers and trees.
- **What can you hear?** Can you hear birds singing, leaves rustling or insects buzzing?
- **What can you smell?** Stop and smell the flowers, grass or fresh air.
- **What can you feel?** Touch tree bark, leaves or soft grass and see how they feel.

Keep an eye out for wildlife too. Can you spot any birds, butterflies, squirrels or other animals?

Nature walks are a great way to relax, have fun and enjoy the wonderful world around you. Happy exploring!



Our Fun Facts – Pokémon and Deadly 60 edition!

Do you know any cool facts about Pokémon, wildlife, or animals from Deadly 60? See our posters below to find out!

Maybe you have a favourite Pokémon, an amazing animal fact, or another hobby you're really interested in. Whatever it is, we'd love for you to share it with us!



POKEMON FACTS



Pokemon is short for Pocket Monsters

There are now more than 1,000 Pokemon species



Pokemon was inspired by insect collecting



Meowth is one of the few Pokemon that can speak human language



Please share your
Pokemon facts with us!

[communications@fosteringfoundation
.co.uk](mailto:communications@fosteringfoundation.co.uk)

STEVE BACKSHALL'S DEADLY 60



NILE CROCODILE

- Are amongst the largest living reptiles alive.
- Has one of the most powerful bites in the animal world.



BLACK MAMBA

- Most dangerous snake due to its venom and speed.
- Can move between 4.32-5.4m per second.



HONEY BADGER

- They are fearless, known to confront Lions and Snakes.
- Their loose skin allows them to twist and fight.



AFRICAN WILD DOG

- Known for exceptional team work and endurance when hunting.
- They are classified as endangered.



🌟 We'd LOVE to Hear From YOU! 🌟

Our next newsletter will be coming out in **October**, and we would love for **YOU** to be part of it! 😊

Do you have: 🎮 A hobby you enjoy? 📖 Something interesting you're learning about? 🏆 An achievement you're proud of? 📝 A story, poem, drawing, or piece of writing you'd like to share? 🌟 A special interest you'd like everyone to know about?

Whatever it is, we'd love to include it in our Autumn Newsletter! If you'd like to help design the newsletter or share something for it, please ask your foster carer to help you email **Molly** at:

communications@fosteringfoundation.co.uk