



Welcome to Dora - South West Team Manager

Hello everyone,

My name is Dora. I have been a Social Worker for several years, with the past seven years specialising in fostering services. My other professional background is in Social Pedagogy and Psychology. Throughout my career, I have worked across a variety of settings including welfare services, child protection, special needs, education, and refuge support for vulnerable individuals. These experiences have shaped my holistic and therapeutic approach to practice. I believe Social Work is not just a profession, but a way of life. It influences values, perspective, and daily interactions. I am committed to supporting young people and advocating for positive change in their lives.

We all share a responsibility in shaping the future generation and providing them with the opportunities they need to thrive.

I am very much looking forward to meeting you all and working together.

Hopefully, see you all soon.



Welcome to Justine - SSW in the Bristol team

Justine is as qualified as they come, having been a foster carer herself alongside her social work career. She has been thoroughly enjoying getting to know her fabulous families in and around Bristol.

Anniversary

We are thrilled to congratulate the following carers as they reach 5 year milestones with us over the next couple of months:

- Hamish and Rachel in the South West team will have been fostering with us for 15 years in March.
- Rachael and Shaun in the South West team will have been fostering with us for 5 years in April.





HELP NEEDED

FF the Fostering Foundation

YOUNG PERSON'S PANEL

WE NEED YOU!

- HELP INTERVIEW POTENTIAL NEW FOSTER CARERS
- TRAINING PROVIDED TO GIVE YOU THE SKILLS YOU NEED
- EACH INTERVIEW LASTS ABOUT AN HOUR
- GREAT EXPERIENCE FOR YOUR CV

£15 AMAZON VOUCHER FOR EVERY PANEL COMPLETED

INTERESTED? CONTACT KAREN OR MOLLY
COMMUNICATIONS@FOSTERINGFOUNDATION.CO.UK

Recommended podcast- from the Therapeutic Team



TRAUMA TALKS #1: Transforming Education for Trauma-Affected Children
A 30 minute conversation with Sarah Naish discussing the challenges faced by children with trauma in educational settings. Highly recommended!

<https://podcasts.apple.com/gb/podcast/the-therapeutic-parenting-podcast/id1543689505>

On-call update:
Messages regarding the on-call SSW and manager are now sent every Friday via email.

Easter - save the date!

We are busy planning events for the Easter holidays and would love for you to join us:

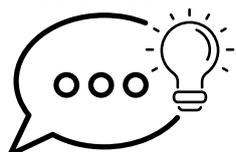
- South West** – Paradise Island Adventure Golf, Plymouth, Wednesday 8th April
- Exeter** - Provisionally Weds 8th April, venue TBC
- Bristol** - Provisionally Tues 7th April, venue TBC



Upcoming Training

- 25/2/26 - 10am - 2:30pm First aid training at the Tavistock office
- 2/3/26 - 10am - 2:30pm De-escalation training at The Park Centre, Bristol
- 18th- 19th March - 6:30pm - 8:30pm Online safeguarding training

Please remember to confirm your attendance with Carrie if you are due to complete any of these courses.



Recommended website:

Happy maps

<https://www.happymaps.co.uk/>
A one-stop hub for young people's mental health. For parents, professionals and young people

HappyMaps
WWW.HAPPYMAPS.CO.UK

WORRIED ABOUT YOUR CHILD'S BEHAVIOUR OR MENTAL HEALTH?

A ONE-STOP HUB FOR RELIABLE ADVICE AND INFORMATION

AWARD-WINNING WEBSITE

FOR PARENTS

