



My KidZone – Transition Tips

Transitions can be big moments in a child's life, and at My KidZone, we believe in supporting families every step of the way. These helpful tips are designed to make starting childcare, moving into a new classroom, or adjusting to new routines easier and more positive for children and parents.

<input type="checkbox"/>	Talk about school positively and often before the first day.
<input type="checkbox"/>	Visit the center together and meet teachers ahead of time if possible.
<input type="checkbox"/>	Practice new routines at home, such as waking up earlier or packing a backpack.
<input type="checkbox"/>	Send a comfort item from home, like a blanket or small stuffed toy.
<input type="checkbox"/>	Keep goodbyes short and reassuring—let your child know you'll be back soon.
<input type="checkbox"/>	Be consistent with drop-off routines to help children feel secure.
<input type="checkbox"/>	Celebrate small successes, like staying all day or making a new friend.
<input type="checkbox"/>	Stay connected with teachers for updates and guidance during the transition.

Remember: every child adjusts at their own pace. By combining patience, encouragement, and consistency, you'll help your child feel comfortable and confident as they grow into new experiences at My KidZone.

