

forgive and love that which arose through the darkest night. Remember that through the experience of gaining the wisdom and strength to return to balance, the imbalance arises. This is the wisdom to fuel the journey that comes forward like a flowing river from where the dam has sprung open. This is the moment to lift through the journey and arise again through choice into the awareness of your Divine essence in form.

This is the moment to experience — master-filled, compassionate, complete. You are a master living a co-created experience called forward through the experience of the all-ness as an expansion of the infinite oneness. Going backward on the journey ceases to exist once you are fully awake. There is the recognition that you are a general that has been invited to re-engage the battle with the wisdom and mastery of the consciousness you choose to embody. This battle has always been and will always be. It is only the manifestation of the energy that is an ever-floating cosmic creation that can only be through the battle of that which it is and is not.

When the energy of the experience of the non-dual preceptor arises, the moment of rebirth begins and is often mistaken as a retreat. Indeed, it is a retreat from all that is and has been. It is the moment to bask in the silence of the void without doubt that the process of re-emergence is manifesting in its own divine flow. From

there, the energy experiencing this creation re-engages and expands once more.

You are the five-star general fully ignited and standing in the energy of the emergence. Claim your birthright, as you acknowledge that a five-star general remembers always what it is to be on the front line, recognizes all voices must be expressed for balance to be remembered, reassembles the energy of the creation experience to reflect the consciousness of the moment, relaxes into the Divine with complete trust, and releases all need to be right while honoring the divine intuitive nature flowing through all beings.

This is the moment when all generals are called to remember and stand tall with love and oneness. You are the Divine presence, and this next cycle invites you to call forward the best that you are. As you call that best forward, the support from the universe matches that commitment infinitely. May your heart invite the peace, love, and joy of your Divine nature to flourish through this experience.

Sri Ram Kaa and Kira Raa are best-selling authors of five books, spiritual teachers, and cohosts of the number-one-rated Internet radio show, "Sri & Kira LIVE!" They live in the Andes Mountains of Ecuador where they are the custodians of TOSA Blue Mountain Sanctuary, a sacred site with petroglyphs, active ceremonial sites, and cosmic blessings. Learn more at SriandKiraRadio.com and at SriandKira.com.

When the Rubber Hits the Road

The Lion People through Ellyn Dye

Hold on to your hat, because things are about to become really interesting. Change is coming! Yes, you already feel as if you have been there, done that, and have all those T-shirts. But as the saying goes, "You haven't seen anything yet!"

The past ten years have been a prelude to big change. What? You've been through enormous changes already? Then you should be used to it by now, right?

It's the End of the Beginning

Don't forget that humanity is in the process of moving from the Piscean Age to the Aquarian Age. It is the great shift of the ages, and it takes time. What part of "great" didn't you understand? Even if everything seems to have changed during the past decade — and it has — it's not done yet. There is a quote from the movie *Millennium* [1989] that applies well: "This is not the end. This is not the beginning of the end. It is the end of the beginning."

The good news is that you have help. The beloved planets are lending their energies to humanity in this

effort, pushing and shoving everyone along the path to enlightenment and love.

This shift has been on the books for a long time. Not only is it the end of a 2,160-year cycle, it is the beginning of a 26,000-year cycle. This is a big deal. Souls started training for this opportunity long ago, over many lifetimes. Then everyone stood in line to get the ticket to be here on planet Earth at this precise time, because it is amazing! If you are not feeling privileged, think again.

Let's review. The best way to understand what exactly is going on out there is to look at how the planets are helping. Although the energies of the Aquarian Age have been felt for a long time, the big push toward the shift started with the Uranus-Pluto conjunction in the mid-1960s, which was the beginning of a long, transformational cycle. This is what brought you the popularly known era of the 1960s. It was a time of great turmoil.



Those who unknowingly received and channeled glimmers of the new came up against those who clung to the past. Those early receivers did not fail in their mission; rather, they planted important seeds about civil rights, equality, healthy food, alternative medicine, and many other issues that needed to change. Then, as with any large expansion, there was a lengthy contraction. That's the way life — and change — happens. Change comes in a zigzag, a dancing pattern of two steps forward and one step back.

From 2008 to 2012, the three transpersonal planets each changed signs. These are generational planets (their changes in placement give us the generation gap). They are transpersonal in that they affect everyone on the planet on a deep, subconscious level. They bring internal changes in the way people think, feel, believe, and define themselves. They change people's core values in significant ways.

From 2011 to 2015, Uranus and Pluto squared off for the first time since that conjunction brought the 1960s and asked the important question about all those issues that were raised back then: "How are you doing with all that?" So how are you doing with that? It is time to reassess.

Change. Regroup. Repeat.

All these planetary changes and transits have created a deep feeling of divine discontent that continues to grow in people all over the world. Have you noticed? This discontent can become so unbearable that it compels some of you to take action to bring change. Sometimes it seems that people across the globe are jumping out of their skins. And in a way, that's true.

This is why the refrain since 2012 has been — and continues to be — change! People have experienced that divine discontent in every aspect of their lives to one degree or another. Anything that does not support your authenticity and truth, along with anything that is toxic, detrimental, or stifling in any way, has become increasingly uncomfortable to the point of intolerance, as you are being pushed from the inside toward greater freedom and love.

The biggest problem is some of you do not like change. You fear change, because it is the road to the unknown. The unknown is perceived as dangerous and scary. There is a popular idea that you must get your life settled and then live happily ever after — without change! Change is normal. Change is necessary. Yet, some of you resist change with all your might. The resistance to change slows progress and brings pain. Because of so much resistance to change in the world, there is great pain in the world.

This process of deep internal change and divine discontent has gone on for quite some time. Now, as you enter the year 2020, the proverbial rubber is about to

hit the road! All that internal change and divine discontent is about to manifest as changes in the outer world.

It's Time to Deal with the Issues

Since 2008, with much assistance from Pluto, humanity has been forced to see the skeletons in the closet on personal, local, national, and global levels. Pluto takes you on a journey into the underworld to see into your shadows and face yourself. This is what you see on the world stage and in your own lives right now — the shadow side that everyone wants to ignore. You see the trash that hasn't been taken out. You see the dead body under the rug in the living room that everyone just steps over because no one wants to acknowledge and deal with it.

In 2020, it will be time to deal with these issues. Saturn conjuncts Pluto in Capricorn as the year begins and will give humanity a big reality check. It's time to pay the piper, because Saturn is the teacher and builder — the father who gives his children tough love. With Saturn, the unsustainable must be corrected, and the foundations must be fixed — now! There's been enough fooling around. It's not as if you didn't know the termites were eating through the front steps.

If you have already built a good, strong foundation, you will have a smooth ride. Saturn will reward you for your hard work, dedication, and conscientiousness. But if you have built your house of straw or wood, like the first two little piggies in the fable, *The Three Little Pigs*, the wolf will blow your house down. That's actually a gift, despite your negative judgment of it, because it gives you the opportunity to rebuild and create a strong foundation that supports you for the rest of your life.

The year 2020 brings new solutions to old problems. You will see people come together in new ways to solve problems. Although this may not happen through your elected leaders (who still cling to that old Piscean hierarchy and consolidation of wealth and power), that ten years of divine discontent that you have experienced will begin to resolve itself through concrete action to address problems, large and small, for everyone.

Many of the changes might involve the use of money, banking, and the economy, because we are dealing with the Pluto-and-Saturn-in-Capricorn-and-Uranus alignment from last May into Taurus. This does not necessarily mean economic catastrophe, but there might well be volatility, so it is wise to take appropriate action. More likely, it could cause dramatic banking reforms or some big change in the way money is used. Think about how the use of plastic and phone-pay systems have overtaken the use of paper money. Think, also, of how money provides or suppresses freedom in your life, and then consider ideas and concepts that provide a basic income to all.

Other big changes will come in every area that

affects humanity: medicine, food, ecology, technology, science, religion, education, governments, institutions, and so on. As humanity moves more into the Aquarian energy and casts off the old Piscean ways, expect humanitarian energies and intentions to prevail: more people working together, more efforts toward peace, and more ways to address homelessness and provide basic needs and medical care, as well as equal access to information, education, and opportunity. Innovations in technology will play a large role.

Walk the Red Carpet of Self-Love

What can you do to make this continued change easier? Use the energies provided, release your attachment to the status quo, and allow change. Even better, actively create change to bring yourself more freedom and joy. As Pluto shows you the skeletons in your closet, open your eyes, acknowledge them, and bury them appropriately with thanks. Stop fooling yourself! The days of denial are over.

Give yourself a reality check to identify any beliefs, habits, relationships, or circumstances in your life that are unsustainable, unbeneficial, or unsupportive. Fix them, or walk away. Do the necessary work to make sure your foundations are solid.

Take a long, hard look at yourself and all those parts you don't like that you try to pretend don't exist, and then embrace them. Love them! They are all parts of you that want to be loved. As you embrace all those parts,

you move more into self-love, which is the most important key to entering the Age of Aquarius.

As you cultivate self-love, you begin to accept yourself, warts and all. As a result, you begin to accept and love others. You treat yourself and others with kindness and walk away from toxic situations and abuse.

As you begin to love and forgive yourself, you understand that everyone is simply doing the best they can (as you are). You begin to understand and forgive others too. You let yourself come down off that cross upon which you have tortured yourself, and you allow yourself to ascend into authenticity. As you allow your true self to emerge, the magic and miracles really start to happen. You start living from your heart, and the universe rolls out the red carpet for you.

Are you ready to stop resisting and embrace the change? Are you ready to take the actions needed to bring more freedom, joy, peace, and love into your life, workplace, neighborhood, and organizations? It all begins with you. That's where the rubber (finally) hits the road!

Ellyn Dye is an author, intuitive life coach, motivational speaker, and Reconnective Healing practitioner. A near-death experience (NDE) in 1985 expanded her psychic abilities and created an ongoing connection with some very loving and humorous guardians of humanity, the Lion People, who provide information about life on Earth and humanity's evolution. Ellyn publishes a free email newsletter, TunnelVision, about the Great Shift and how to surf the waves of change. She is the author of The Search for the Crystal Key, a metaphysical fantasy novel, which includes much of what she learned during her NDE about how life works. Learn more about Ellyn, her NDE, and her products and services at LionMagic.com.

Focus on Bringing More Love into the World

Master Imhotep through Karinna Nielsen

Greetings! The Omni Consciousness of all Light surrounds your planet and holds all incarnate beings in its loving embrace. In the shifting dimensions on planet Earth, you are amid an evolutionary process — an awakening to the power of love to heal and recognize your love for self like never before.

This is not a drill. [Smiles.] There will be challenging moments during 2020 and beyond, and it will be your choice how to participate. Heartfelt questions might come up, such as, "How can we possibly make it through?" or "Will Earth survive?" The answers are within all your hearts — the lightworkers of planet Earth.

Your numbers are growing, and a new generation of young people — who do not understand how Mother

Earth could have gotten into such dire shape — want to save her. In-lighten them:

Send them light and love them. These passionate young people will work on many levels to bring more love into your world. The young children of today are coming in equipped with what they need to help and heal Mother Earth, and they are paying attention to what is going on. Because they are inheriting this world, they are concerned enough to do something about it.

Some of you might say, "Okay, but what can children do? We're talking about shifting an entire planet." We are speaking of a great shift in conscious awareness. When a critical mass of young people — or people

