

MATURITY ASSESSMENT TOOL

“Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.” Ephesians 4:13

Read over each area and then circle one description, 1-5. The goal is to find areas for growth.

1. **Ability to receive God's Love**, Overcoming Self-hatred (Jer. 31:3, Mat. 3:17, SS 1:2)

- 1 – God loves me because He loves everyone. I'm not that special.
- 2—I getting closer to Him, but I know there's a lot of walls.
- 3—I can draw from his Presence sometimes.
- 4—I feel his affection and love easily.
- 5—SO MUCH LOVE! Wow, it's overwhelming!

2. **Overcoming Condemnation** (Rom. 8:1; Eph. 2:13)

- 1—I punish myself emotionally when I make a mistake. Deep down, I know I'm a really bad person.
- 2—Feel shame often, it's hard to overcome it.
- 3—Feel bad when I blow it, but I'm able to recover with some time.
- 4—I repent, and rely on the blood of Jesus for my righteousness.
- 5—There's no broken relationship with God. I feel so loved when God corrects me.

3. **Refusing Rejection/Offense** (Rom. 12:14; Mat. 5:46)

- 1—I treat people the way they treat me.
- 2—I avoid people that aren't nice to me.
- 3—It hurts deeply when people reject me. I forgive them but hold them at arm's length.
- 4—I can see people's wounded hearts and understand why they keep me distant. I accept them where they're at.
- 5—I lavish love on people that don't like me. It's exciting to see God work through me in their lives.

4. **Walking in Obedience** (Gen. 4:7; Jn. 14:15)

- 1—I don't trust that God has my best interest in mind. He's a hard task-master.
- 2—I pick and choose when I want to do what he says. I don't sense his direction in my life very well.
- 3—I'm learning to trust that what I hear God say to me is good and am seeing fruit from following him.
- 4—I hear the Lord clearly and want to obey Him all the time.
- 5—I abide with the Lord continually. I can't imagine not doing everything he asks immediately, with joy.

5. **Understanding Alignment** (Eph. 4:11, Heb. 13:17)

- 1—I will never trust another leader or make covenant with anyone again.
- 2—Three strikes and you're out!
- 3—I will do everything they ask, but not give my heart. I complain behind closed doors.
- 4—I am learning to trust that God gives me the right leaders, and am forgiving, but can still be hurt easily.
- 5—I know my leaders aren't perfect, but trust that God has put them into my life. I honor, love, serve and receive from them. I pray for them continually.

6. **Overcoming Misunderstanding/Anonymity** (2 Chr. 16:9)

- 1—I'm always alone. No one will ever understand me and I resent them for it.
- 2—I'm so sad that people don't want to partner with me or honor me. Lord, help me to forgive them.
- 3—I'm learning to trust that God will reveal things to my loved ones at the right time. It makes me feel lonely, though.
- 4—I know God is using this time to learn to lean on Him instead of others. I don't need other people's approval.
- 5—Praise God that he has entrusted a unique calling to me. I'm so privileged to be persecuted for righteousness' sake!

7. **Fruit of Faithfulness** (Is. 40:31; Gal. 6:9)

- 1—This is season is horrible! I'm getting out of here!
- 2—This is so hard. Lord, help me to endure this misery.
- 3—I want to glean everything I can from this season. Where are you, God?
- 4—Help me to be strong, Lord. Use this situation for a good reason.
- 5—Thank you for the strength to endure. I'm so grateful for the every day of life that you give me.

8 **Healing of Inner Wounds** (Is. 42:3; Jn. 10:11)

- 1—I can't trust you, God. You don't care about me at all. I choose to close off my heart.
- 2—Why is this happening again? I must be a really bad person.
- 3—Ouch! God, please help me understand! How can I stop this from happening?
- 4—Lord, I give you my heart. I believe you are good.
- 5—You are the shepherd of my heart. I allow you to go to those deep unhealed places to bring a complete healing. Praise you God!

9. **Unanswered Prayer** (Mt. 25; Rev. 1:8)

- 1--"What's the use of praying...you don't listen anyway!"
- 2—I'll keep asking once in awhile. Maybe one of these days, you'll change my circumstance.
- 3—I think you care, but I don't understand why things don't change.
- 4—I trust that you are listening to me. I will keep asking and seeking until I find an answer.
- 5—I rule and reign with you in heavenly places. You have shared your authority over everything. I know my Redeemer lives and I'm God's special child.

10. **Accepting Transition** (Eccl. 3; 1 Co. 6:20)

- 1—I feel completely lost. I have so much fear about the future.
- 2—Lord, why do you keep taking things away? I don't know who I am without those roles?
- 3—I'm not excited about change. I have finally found my place, but I'm willing to try to follow you!
- 4—I'm not sure where you're taking me, but I know that you are working all things for my good.
- 5—Wow, Lord, you must really trust me for an amazing promotion in the Spirit!

11. **Living in Community** (Jn. 13:34)

1—Nobody likes me. I'm on my own.

2—I think I'm right about most stuff. I enjoy being with people that agree with me and appreciate me.

3—I'm learning to “show up” emotionally with a healthy give and take, although it's still challenging for me to feel like I'm a vital part.

4—I reach out to others to validate them and make them feel a part. I know the importance of working together in the Kingdom.

5—I know who I'm called to work with and love others deeply and let them love me. I'm able to work through difficult issues with others to accomplish amazing things in the Kingdom together.

12. **Overcoming Fear of Man** (Acts 4:31)

1—I stay in the background and try to be unnoticed.

2—I'm willing to stand out if I feel really confident.

3—I try really hard to be bold and risk, but then second-guess a lot.

4—I'm growing confident in my identity in Christ and am willing to try most things I feel the Spirit leading me to do.

5—Fear of man is not an issue. I can't wait for the next challenge.

13. **Living in Intimacy** (Jn 17:23; Eph. 4:15)

1—I know people won't like me if they get to know me.

2—I'll share a few things about myself if the person seems extra safe.

3—I'm learning to be more open about my weaknesses and learning to listen and care more deeply about others.

4—I have a keen sense about what level of transparency others can receive from me and I actively engage others to share their heart.

5—I'm able to commit myself to covenant relationships that go to the deepest places with healing and unconditional love.

14. **The Gift of Generosity** (1 Tim. 6:18; Eph. 1:18)

1—I feel very needy on many levels. I'm desperate for others to give to me.

2—I'm learning that I'm a daughter of the King, but I don't feel it very much yet.

3—Some things are easy to share (finances, energy, time, etc), and others things are difficult.

4—I know that God multiplies the seed that I sow. I know he cares about my needs.

5—I've surrendered all I am and own to the Kingdom. I trust God completely to provide everything I need.

15. **Proper Pacing** (Matt. 11:29; Mk 8:25)

1—I work as hard as I can all the time. If I don't do it, it won't get done.

2—I try to take time off and rest, but there's so much to do.

3—I'm getting better at making boundaries and priorities, but I hate to disappoint people.

4—I take a regular day off every week and enjoy the Lord's Presence to sustain me, but it's hard to feel that inward peace continually.

5—I only do what I see the Father doing. His affirmation is enough for me.

16. Joy in Suffering (James 1:2, Rom. 5:3-5)

1—I hate my life. I want to die.

2—I can't believe I have to go through this.

3—I'm trying not to whine.

4—I trust you, God, to impart your joy to me.

5—I'm privileged to share in the sufferings of Christ.

17. Refusing Spiritual Pride (Phil. 2:3, Eph. 4:2-3)

1—I can't believe you can be so dumb.

2—How long will you struggle like this?

3—If you'd only listen to me, you're life would be better.

4—I understand why you struggle, I'm learning to be patient with you.

5—"No temptation is uncommon to man." I know I have struggled with the same heart issues. Praise God for his grace.

18. Fivefold Focus (Eph 4:7, 11-16)

1—I don't know what my fivefold ministry is.

2—I know my my primary and secondary fivefold anointings and am growing.

3—I am intentional and being mentored or part of group to mature in my calling.

4—I know my destiny and am leading a team with people with a similar call.

5—I am raising others up and duplicating in my primary fivefold.

19. Moving in the Supernatural (Luke 9:1-2, Matthew 10:8)

1—I don't even think about praying for the sick or casting out demons.

2—I am not confident to do this, but believe others can.

3—I bring others for healing or freedom to my pastor or spiritual leaders

4—I pray regularly for the sick and release freedom when I can.

5—I am raising others in healing and deliverance ministry.

20. Hearing God's Voice (John 10:3-5, Eph 1:17-18)

1—I can't hear God's voice really.

2—I regularly hear what God is saying to me and it blesses me.

3—Occasionally I prophesy over others the love of God and words of encouragement.

4—Hearing God and prophesying are a way of life for me.

5—I am raising others up to hear God and move in prophesy

While this is not scientific (and subjective), total your score and write the total here: _____

1-20, Now you have areas to focus

21-39, You are growing and need mentorship

40-59, You are overcoming and ready to lead

60-79, God has done a great work in you and you can duplicate
80-99, The Lord has healed you and released you into your purpose.
100, WOW!

Tools for Growth:

Declaration	Journaling
Prayer partners	Accountability partners, deep friendships
Soaking in God's Presence, Encounters	Forgiving (especially parents and self)
Impartation (even from heaven)	Breaking off generational curses
Seeking different faces of God	Memorizing scripture.
Decisions to let go of ungodly beliefs	Thanksgiving
Never give up, keep going	Accountability in schedule
Recognizing patterns of attack	Lifestyle of inner healing
Establishing a joy center	
Prophetic ministry (self-prophecy, collecting and contending with others' prophecies.)	
Inner healing with professionals (Sozo, Theophostics, Restoring the Foundations.)	

This tool was written by Ann Tubbs, and modified by Mark Tubbs. Any feedback would be helpful as it is still in development.