

COOKING FOR TWO

Eat Well. Love Life.

FEB 6

Tuesday Evening
6 PM Gather
6:30 PM Dinner
7-9 Class
Cantoro's lower level
Cantina Room

DINE & LEARN

Michelle will teach us how to use nutrient-rich foods to improve our energy as active women, moms, and moms-to-be.

RSVP

By January 22, 2024.
Invite a friend and each bring a pack of diapers, which will serve as your ticket.

FREE \$0



CELEBRITY CHEF MICHELLE BOMMARITO

You may recognize Michelle from Martha Stewart Living and the Food Network. Trained in NYC in the Culinary Arts, she loves teaching tips, techniques & recipes for healthy living and has even worked with Gerber on developing innovative, healthy baby foods.

Cantoros at 15550 N Haggerty Rd, Plymouth, MI

Sponsored by Plymouth Right to Life
plymouthrtl.org/rsvp



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