### **Upcoming Concerts**

All events subject to change without notice. For updates please visit our website at www.piercecollege.edu/departments/music.

Friday, December 7 at 9:00 am in Music 3400, Free: Performance Workshop Final Recital

#### **EVENING/WEEKEND CONCERTS:**

All concerts on the Performing Arts Building Mainstage unless otherwise noted. Tickets available online at <u>brownpapertickets.com</u> or night of performance at the box office.

Thursday, December 13 at 7:00 pm, \$10: Pierce College Choir Holiday Concert, conducted by Dr. Garineh Avakian-Akkus Saturday, December 15 at 7:00 pm, \$10: Pierce College Symphonic

Band, conducted by Dr. Wendy Mazon

### **Contact Us**

Music Office- (818) 719-6476 Theater Office- (818) 719-6488 Dance Office- (818) 610-6598



6201 Winnetka Ave. Woodland Hills CA 91371 (818) 710-4100

# PIECE

Performing Arts Department

DRUtones and Mistical Meditations December 6, 2018

# **Afternoon Concerts**

Music 3400 12:45pm-doors open Concert starts at 1pm (doors will lock at 1pm)

## **Performers**

# Program

We're going on a sound voyage...a journey within. Music is medicine for our soul, permeating our heart, allowing us to love every part of ourselves through the sonic experience of emotional catharsis and release. Close your eyes, let go of your head, listen with your body to the sounds of our Crystal Alchemy Singing Bowls. We invite you to sing tones with us to the drone of a Shruti Box and experience the effects of sound vibration throughout your body. Our Koshi Chimes envelopes you in a nurturing womb. Vibrational immersion helps us reconnect with our Heart and has been scientifically proven to reduce stresses, anxieties and worries in our lives.

From the universal perspective of creation, our bodies are made out of sound, light and love. It is the frequencies that interact with one another that build the nucleus of a cell. Therefore sound has the power to change our vibration and lift us out of negativity and disease at the cellular level of consciousness.

Nikola Tesla said, "If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."