

BOYS MEET RECORDS

EVENT	ATHLETE	RECORD	YEAR	SCHOOL, CITY, STATE
100m Dash	Marcus Rowland	10.28	2008	Dorman, Spartanburg SC
200m Dash	Ryan Clark	20.71	2015	Banneker , College Park GA
400m Dash	Cedric Goodman	46.34	2004	Newnan, Newnan GA
	Elija Godwin		2017	Newton, Covington GA
800m Dash	John Crossley	1:51.02	2013	West Carteret, Morehead City NC
Mile Run	Alan Webb	4:03.42	2000	South Lakes , Reston VA
3200m Run	David Adams	8:57.21	2000	Hilton Head , Hilton Head SC
110m HH	Norman Green	13.80	1991	Sumter , Sumter SC
400m IH	Jeremy Burton	52.01	2003	Stephenson, Atlanta GA
4x100m Relay	Grayson	40.93	2016	Loganville GA
4x400m Relay	Redan	3:15.74	2005	Stone Mountain GA
4x800m Relay	Weddington	7:44.66	2019	Weddington, Matthews NC
Shot Put	Jordan Geist	74' 10.25"	2017	Knoch, Saxonburg PA
Discus	Justin Osking	190' 10"	2011	John Carroll FL
Long Jump	Jamorya Funderburk	25' 2"	1998	North Mecklenburg , Charlotte NC
Triple Jump	Keyshawn King	51' 4.25"	2018	Liberty, Liberty SC
High Jump	David Furman	7' 4"	1996	Camden, Camden SC
Pole Vault	Michael Morrison	17' 0"	2006	Great Bridge, Potomac VA

GIRLS MEET RECORDS

EVENT	ATHLETE	RECORD	YEAR	SCHOOL
100m Dash	Chalonda Goodman	11.30	2009	Newnan, Newnan GA
200m Dash	Chalonda Goodman	23.32	2009	Newnan, Newnan GA
400m Dash	Breanna Nelson	53.71	2009	JL Mann, Greenville SC
800m Run	Sarah Bowman	2:05.41	2005	Fauquier, Warrenton VA
Mile Run	Catherine White	4:54.22	2006	Northside, Roanoke VA
3200m Run	Julia Lucas	10:31.43	2002	Myers Park, Charlotte NC
100m HH	Jacquelyn Coward	13.26	2008	West Knoxville, Knoxville TN
400m IH	Anna Cockrell	57.77	2016	Providence Day, Charlotte NC
4x100m Relay	Z.B. Vance	46.31	2017	Z.B. Vance, Charlotte NC
4x400m Relay	Therrell	3:48.99	2007	Therrell, Atlanta GA
	Cary		2015	Cary, Cary NC
4x800m Relay	TC Roberson	9:16.93	2014	TC Roberson, Asheville NC
Shot Put	Raven Saunders	56' 8.25"	2014	Burke High, Charleston SC
Discus	Veronica Frayley	161' 10"	2018	Wakefield, Raleigh NC
Long Jump	Daloria Boone	20' 4"	2015	Baldwin, Milledgeville GA
Triple Jump	Natasha Dicks	41' 10"	2013	Aiken, Aiken SC
High Jump	Lindsay Taylor	5' 11"	1997	Watauga, Boone NC
Pole Vault	Carson Dingler	13' 8.25"	2016	First Presbyterian, Macon GA