THURSDAY				
18:30	JV Mile - Girls		18:30	Emerging Elite Shot Put - Girls
18:57	JV Mile - Boys			Emerging Elite Discus - Boys
19:32	Emerging Elite 400m - Girls			Emerging Elite Long Jump - Boys
19:55	Emerging Elite 400m - Boys			Emerging Elite Long Jump - Girls
20:20	Premier 5000m - Girls			Championship Javelin - Boys
20:40	Premier 5000m - Boys			
21:05	End of Track Events			
FRIDAY				
18:30	Emerging Elite Mile - Girls		18:30	Championship High Jump - Girls
18:54	Emerging Elite Mile - Boys			Championship High Jump - Boys
19:29	Championship 200m Trials - Girls			Emerging Elite Shot Put - Boys
19:59	Championship 200m Trials - Boys			Emerging Elite Discus - Girls
20:30	Championship 4x800m Relay - Girls			Championship Javelin - Girls
21:03	Championship 4x800m Relay - Boys			Championship Pole Vault - Girls
21:33	Championship 4x400m Relay - Mixed			
21:57	End of Track Events			
SATURDAY				
7:30	Emerging Elite 3200m - Girls		9:00	Championship Long Jump - Boys
8:24	Emerging Elite 3200m - Boys			Championship Long Jump - Girls
9:26	Championship 100m H Trials - Girls			Championship Shot Put - Boys
9:50	Championship 110m H Trials - Boys			Championship Discus - Girls
10:14	Championship 100m Trials - Girls			Championship Pole Vault - Boys
10:54	Championship 100m Trials - Boys			
11:40	Lunch Break		2:00	Championship Shot Put - Girls
12:15	Championship 100m H Finals - Girls			Championship Discus - Boys
12:39	Championship 110m H Finals - Boys			Championship Triple Jump - Boys
13:03	Championship 100m Finals - Girls			Championship Triple Jump - Girls
13:11	Championship 100 Finals - Boys			
13:20	Championship Mile - Girls			
13:28	Championship 4x100m Relay - Girls			
13:36	Championship 4x100m Relay - Boys			
14:18	Championship Mile - Boys			
15:01	Championship 400m - Girls			
15:24	Championship 400m - Boys			
15:49	Championship 400m Hurdles - Girls			
16:08	Championship 400m Hurdles - Boys			
16:38	Championship 800m - Girls			
17:24	Championship 800m - Boys			
18:13	Championship 200m Finals - Girls			
18:21	Championship 200m Finals - Boys			
18:29	Championship 3200m Girls			
18:41	Championship 3200m Boys			
18:52	Championship 4x400m Relay - Girls			
19:23	Championship 4x400m Relay - Boys			
19:59	Awards			