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YARA ARTIS

Licensed Therapist | Doctoral Candidate | Executive Consultant

EXECUTIVE TRAUMA INFORMED
CONSULTING FOR FOR HIGH
RESPONSIBILITY ORGANIZATIONS

Consult Yara LLC is Christ-led and partners with organizations that care for and lead others. Founded by Yara Artis, a licensed therapist and doctoral candidate in trauma and disaster relief, the firm integrates clinical expertise with evidence-based leadership and resilience frameworks to support sustainable performance in high-stress environments.

CONSULTING AREAS OF FOCUS:

- Psychological safety strategy and assessment
- Leadership resilience development
- Burnout prevention frameworks
- Trauma-informed organizational systems
- Crisis-aware team support

CLIENT OUTCOMES:

- Improved staff retention
- Stronger leadership confidence
- Healthier organizational culture
- Sustainable workforce performance

Private Strategy Consultations:
Scan QR Code or visit <https://consultyara.com>

Strengthening the people who serve others