



## Tie Blanket Isolette Covers

Tie Blankets are used for several things in the Neonatal Intensive Care Unit (NICU). The primary purpose of these blankets is to limit light getting into the isolette. Many NICU babies do not need a lot of light exposure as it can affect their development. Also when family and babies are bonding through holding, many families use their isolette covers to keep baby warm.

### Materials needed:

- 2 pieces of fleece (1-1.25 yards each)
- Fabric Scissors or a rotary cutter
- Surface to cut on
- Yard stick or ruler
- Helping hands

### Making the blanket:

1. Lay the two pieces of fleece wrong sides together. (the sides you want out on the outside should be on the outside)
2. Trim the pieces to the same size.
3. Cut out a 4" x 4" square off each corner.
4. Cut fringe on all four sides of the blanket. Cut through both layers of fabric at the same time. Fringe pieces should be 1-1.5" wide. Cut into the fabric 3-4 inches.  
*Tip: Lay a yard stick or straight edge across the fabric (3-4 inches from the edge) so you know how far in to make your cut.*
5. Tie knots all around the blanket, tying double-knots so they hold up better in the washer.  
*Tip: Some find it helpful to tie each corner first, then go back & tie the rest of the blanket sides*

