



Crosslake Presbyterian Church *Messenger* April 2019

14444 Daggett Pine Road, Crosslake, Minnesota | Tel: (218) 692-4769 | www.crosslakepres.org



Message from

Pastor Tony

Holy smokes time is flying! Recently, I heard that days go by slowly and years go by quickly. I would change that a bit to say that days go by slowly, month fly by, and years zoom. I say that because I can't believe I've been "on the job" for almost 3 months. That time has flown by! In a good way...a very good way.

I really enjoyed getting to know the Crosslake Sled-Necks (those of us to stay for the winter) and being able to ease into things on a smaller scale. It's allowed me to get used to day-to-day ministry and church life without having a lot on my plate. This has meant I've been able to form some deep bonds quicker and have been able to stretch myself and the church in new ways.

One of those new ways we've stretched as a church was to hold Ash Wednesday worship with ashes! Traditionally, as I wrote last month, Ash Wednesday wasn't seen as a *Reformed* tradition, but I think we were able to put a *Reformed* twist on the worship so that Calvin, Zwingli, Knox and others would be proud. The twist was that we all received ash crosses on our foreheads, as is traditional for the day, small paper towels (which had been cut up) were distributed, and everyone wiped the ashes off their foreheads. The idea is that ashes are for display nor are they for one day. Those who attended were to place their ashes in their pockets, or put them someplace there they'd be seen daily, for the duration of Lent as a reminder that what we do and how we live out our faith is not a display for

others but reflects our relationship with God. I think it was a good *Reformed* twist and it seemed to be well received by those who attended worship.

We will be stretching again with Maundy Thursday and Good Friday. While I haven't begun planning the liturgy yet, I will do so with an eye towards the Reformers. I would encourage you to attend both special worship opportunities as we prepare for our hearts and minds for Easter.



On a different note, I want to share some exciting news about events in May! If you didn't know, May is national Mental Health awareness month and we are going to help bring awareness to the Crosslake area through several events. The timing hasn't been fully worked out yet, but we will have an adult forum children's mental health and the role grandparents and great-grandparents still play, one called *The Difference Support Makes in Developing Resilience*, a presentation of Make It OK (about reducing mental health stigma), another on Adverse Childhood Experiences (ACEs 101), and a viewing and discussion on the Mr. Rogers documentary. Most of these events will be on Wednesday mornings at the time we normally hold Bible study. Now, we're not getting rid of Bible study; we're just having topical studies. Mainly the difference is the name. The idea is that some people who won't attend a bible study, but they will attend a discussion or topical study. These *events* and topical Bible discussions will be co-led by Crosslake Lutheran in our Friendship Hall and will be open to the public.

I am excited for the next few months and very excited to see where God continues to lead us and how God will work in and through us at CPC.



Brad and Barb Kohl are kindly hosting a special fellowship before church at 9:00 am on Easter Sunday. They will be serving cinnamon rolls, fruit, juice and coffee. Please join us!

HOLY WEEK SERVICES
Maundy Thursday @ 5:00 PM
Good Friday @ 5:00 PM

EASTER SUNDAY
Fellowship @ 9:00 AM
Worship Service @ 10:00 AM

NEW EMAIL & WEBSITE



We are excited to announce our new website! Yippee, it's here! Our new website is up and running at <https://crosslakepres.org/>. Please check it out. However, this is a "soft launch" to have a presence available before Easter week to let people know of our Easter week worship services. The site will be updated over the next few weeks. You can also view the church calendar on the website.

Also please note our new email addresses to contact staff as below:

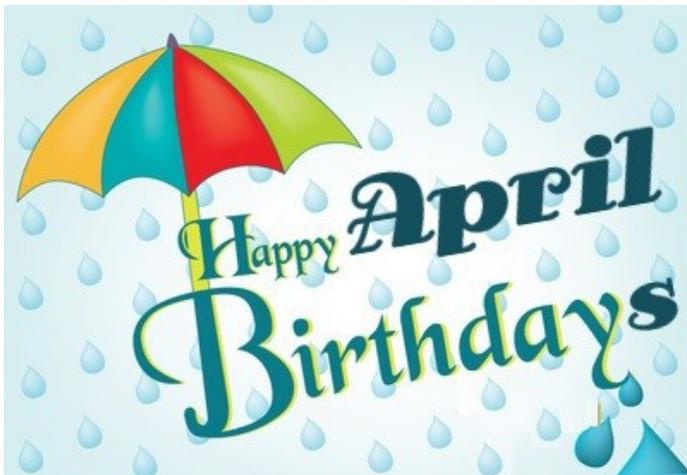
Pastor Tony Oltmann
pastor@crosslakepres.org

Judy Regan, Office Administrator
office@crosslakepres.org

Steve Anderson, Caretaker
caretaker@crosslakepres.org

Please update your contact list in your email to reflect these new addresses. Let us know if you have any questions or thoughts on the new website.

New Address: Marilyn Hobbs would like you to know that following her move, her new address is 763 Water Street, Apt 2011, Excelsior, MN 55331.



16th Joan Krueger

22nd Bill Bury

24th Dick Dietz

Images of God

by Ginny Anderson

As your newly appointed chair of Spiritual Growth and Christian Education, I want to introduce an adult Sunday school class that will be offered beginning the first Sunday in May before worship service. The curriculum is called *Images of God*.

Though none of us has seen God, we all have ideas about who God is, what God looks like, and how God acts. Very likely those ideas aren't quite accurate, and they certainly aren't complete. Consider the following story:

The Blind Men and the Elephant

Three blind men were walking along together, and they encountered an elephant along the path.

The first felt its leg and said, "This is a tree."

The second one felt of its ear and said, "This is no tree. This is a rug hanging on a line to dry."

The third one said, "No, you are both wrong." He had a hold of the tail. "It's a rope!" he said.

We can get into trouble when we assume our own ideas about something are right, when we refuse to listen to others or take in new information, when we won't let our perceptions grow and change. None of the blind men in that little story even came close to discovering the identity of what they were all touching, but if they had accepted each other's information rather than insisting they themselves were right and the others wrong, they would have had a chance. In the same way, we need to be open to each other's perceptions of who God is. None of us can see all of God, but together we may see God more clearly.

In this class we will look at a lot of different images of God through Bible study, literature, music, art, prayer, and sharing our own experiences and beliefs. Hopefully we will learn from each other and come away with a richer, more beautiful—and closer to the truth—vision of who God is. The intention is for this class to offer a kaleidoscopic (changing, complex) view of God, rather than coming up with one image of God that all of us will agree is "right."

The first three sessions are called "God Wants to Be Known," "Old Testament Self-statements by God," and "Jesus, the Perfect Image of God." From there the direction the curriculum takes is likely to evolve out of comments made and questions asked during those first three sessions.

Other possible topics include: Our Favorite Scriptures Help Form Our Theology, Naming God, Letting God Provide the Images, Images of God in Literature, Art

and Music, The Parables of Jesus, Jesus' I am... Statements, and God in Us.

Hope to see you **Sunday, May 5th, at 9:00 a.m.** in the church library for our first session. If that does not work for you, know that you are welcome to join us whenever your schedule allows.



Images of God Classes

Session 1: Sunday, May 5th at 9:00 AM GOD WANTS TO BE KNOWN

Questions: How did you picture God as a child?
What did you think God was like?

Brainstorm: Who do you say God is?
What does God do?

Bible study on Knowing God

Session 2: Sunday, May 12th at 9:00 AM SELF-STATEMENTS MADE BY GOD

Old Testament Bible study on statements made by God that reveal God's character and personality.

questions: What statement is made?
To whom? Why?
What do you think it means?

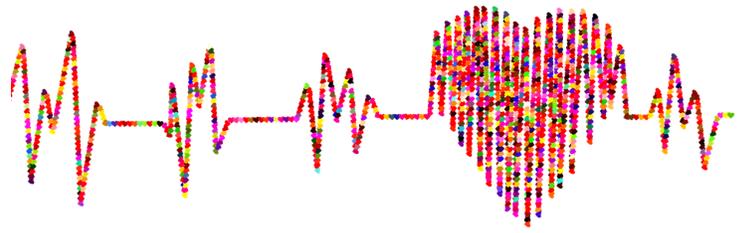
Session 3: Sunday, May 19th at 9:00 AM JESUS , THE PERFECT IMAGE OF GOD

New Testament Bible study on Jesus' interactions with others

Questions: How did Jesus treat the other people mentioned in the passage?

What, if anything, did Jesus say about himself?
From this passage, what words would you use to describe Jesus' personality and character to someone who'd never heard of him?

Here's to your Health



My granddaughter was watching me check my blood sugar level one morning and said “oo, how can you do that? Doesn't it hurt?” My response to her was that “no, I hardly even notice it anymore.” Like many others in our congregation, I have type 2 diabetes, and fortunately, like most, I do not have to take insulin. For this I'm extremely thankful for many reasons, not the least of which is financial. So, a recent article in a medical newsletter I receive hit home with me.

Although most of us with diabetes in this congregation have type 2, we all know someone with Type 1, previously known as juvenile diabetes. Type 1 used to be a death sentence within a matter of months and I recall my mother telling of a church friend (later my Sunday School teacher) whose husband had died of it in his 30's leaving her with 2 young children to raise. But the *discovery of insulin* in the 1920's by a Canadian orthopedic surgeon named Frederick G. Banting gave hope to many and continues to do so today. Dr. Banting had originally set out to be a minister but then switched to medicine.

The cost of insulin has gone up 200% in the past 4 years. No one has a good answer for why this has occurred. According to the Health Care Cost Institute, the price of a 100 ml vial of insulin doubled between 2012 and 2016 and continues to rise.

The drug has been around for almost 100 years and the formula has changed very little in that time. The three original insulin patents were sold by Dr. Banting to the University of Toronto for **\$1 each**. When asked why he sold the patents so cheaply, Dr. Banting said, “Insulin belongs to the world, not to me.” (You recall he set out originally to be a minister. A compassionate man who continued that trait as a physician.)

The cost of a 3-month supply of insulin in the U.S. today is a staggering \$1,160.39. (A check at area pharmacies reinforced this fact.) Imagine the financial burden on young families with a child suffering from this malady. A diabetic cannot merely change eating habits by staying away from sugar or carbohydrates. A person with type 1 has to have prescription insulin every day to stay alive. A federal worker who had been furloughed during the recent government shutdown, and who is diabetic, told CNN's Anderson Cooper that she resorted to rationing her insulin medication because “the thought of having more debt was scarier than the thought of dying.”

2 RESPONSES TO “INSULIN – THE LIFE OR DEATH DRUG WITH COSTLY CONSEQUENCES”

March 12, 2019 at 6:37 am, Nicki Hammond, RN said:

The cost of insulin and its availability, or should I say “non availability” at a reasonable cost or even FREE infuriates me!! But Narcan for drug addicts is FREE because addiction is a disease. Makes NO sense. Eli Lilly announced yesterday a multimillion-dollar expansion of their insulin production and research area.

March 12, 2019 at 6:43 am, Tamara said:

This situation does not speak well for our pharmaceutical companies or this country. It states that greed that rules over compassion. The entire article is posted on the bulletin board in the Friendship Hall. Also, here is a website describing more about the projected need worldwide for insulin. < <https://www.usatoday.com/story/news/world/2018/11/23/type-2-diabetes-patients-no-insulin-access-2030-study/2078076002/>>



APRIL

Happy Easter



Tue 04/02 9:00am Literary Huddle
 9:30am Staff Meeting
 7:00pm Mainstreet AA

Wed 04/03 10:00am Bible Study

Sun 04/07 10:00am Worship & Communion
 11:15am Fellowship

Tue 04/09 9:00am Literary Huddle
 2:00pm Session Meeting
 7:00pm Mainstreet AA

Wed 04/10 10:00am Bible Study

Thurs 04/11 7:00pm Choir Rehearsal

Sun 04/14 10:00am Palm Sunday Worship
 11:15am Fellowship

Tue 04/16 9:00am Literary Huddle
 9:30am Staff Meeting
 12:00pm Women's Luncheon
 7:00pm Mainstreet AA

Wed 04/17 10:00am Bible Study

MEN'S LUNCH
 Thursday, April 18th

WOMEN'S LUNCH
 Tuesday, April 16th
 Noon at Cedar Chest

Thurs 04/18 12:00pm Men's Luncheon
 5:00pm Maundy Thursday Service
 6:00pm Choir Rehearsal

Fri 04/19 5:00pm Good Friday Service

Sun 04/21 9:00am Fellowship
 10:00am Easter Worship Service

Tues 04/23 9:00am Literary Huddle
 7:00pm Mainstreet AA

Wed 04/24 10:00am Bible Study
 4:00pm Deacon's Meeting
 5:00pm Potluck Dinner

Thurs 04/25 7:00pm Choir Rehearsal

Sun 04/28 10:00am Worship
 11:15am Fellowship

Tues 04/30 9:00am Literary Huddle
 7:00pm Mainstreet AA

APRIL POTLUCK
 Wednesday, 24th
 5:00pm in the Fellowship Hall

CROSSLAKE PRESBYTERIAN CHURCH

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Deacon Of The Month

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