



# MASON PANHELLENIC

**WHERE EMPOWERED WOMEN EMPOWER WOMEN**



## 2023 Recruitment HANDBOOK

# Welcome PNM!

We are so excited that you are interested in Panhellenic Recruitment, and would like to officially welcome you! By joining a Panhellenic Sorority you will encounter endless opportunities! Your sorority will help you meet life-long friends, become a leader, serve others, and experience limitless networking opportunities.

Throughout recruitment weekend, we want you to come into each conversation with an open mind. Each of our Panhellenic Sororities offer a community of **empowering women** who are ready to support your journey and welcome to your home away from home here at GMU!

We are all so excited that you have taken the first step to finding your home away from home, and can't wait to see your future with Mason Panhellenic!



# WHAT IS PANHELLENIC?

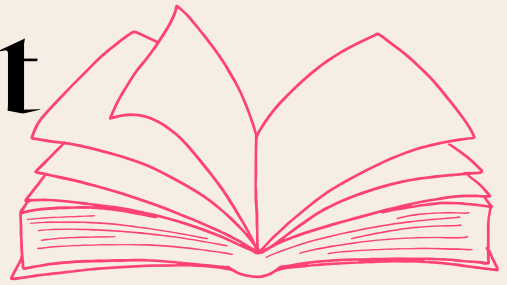


**OUR RECRUITMENT TEAM!**

The Panhellenic Council is the governing body for Panhellenic sorority life on campus. The council is composed of representatives from the seven sororities that are affiliated with the National Panhellenic Conference (NPC). Although our sisters wear different letters, we are united by our values, which are academic excellence, community service, and leadership development.



# Recruitment Dictionary



**Sorority-** Sororities are values-based social organizations that were originally founded to provide women a space to gather and share common interests, oftentimes when women were excluded from other campus organization activities.

**PNM-** A PNM or Potential New Member is any person who is not affiliated and eligible to participate in the primary recruitment process

**Panhellenic Executive Council-** The name for the council of nine women who help oversee all seven sororities here on campus

**Mutual selection process-** The process in which both chapters and PNM's abide by that allow for both parties to choose each other

**Membership Recruitment Acceptance Binding**

**Agreement MRABA-** This is the binding agreement that a PNM signs following preference round. This agreement binds the PNM to a chapter until the next primary recruitment period.



**Recruitment Counselor (RC)** – A selected group of women who provide unbiased assistance to PNMs during primary recruitment. These women will be a huge help to your primary recruitment experience

**Round vs Party-** Round refers to a full day that occurs during recruitment. A Round is comprised of multiple Parties, which are specific times when PNMs visit chapters. At Mason our recruitment has 3 rounds and during Round 1 PNMs will visit 7 parties, Round 2 PNMs will visit up to 5 parties, and Round 3 PNMs will visit up to 2 parties.

**Strict Silence-** The period of time between the end of preference round and the beginning of bid distribution when there is no communication between PNMs and sorority members

**Bid-** A formal invitation to join a Panhellenic organization

**Philanthropy-** Fundraisers, projects, events, or donations to raise money for a nationally sponsored charitable organization.

**Legacy\*** - A daughter, sister or granddaughter of an initiation member of a sorority.

\*being a legacy does not guarantee membership into that specific sorority. Each organization has its own policies for invitation to legacies during recruitment.

# VALUES BASED RECRUITMENT

## What is value based recruitment? and how does it work?

Values based Recruitment puts an emphasis on the **values** of each sorority. Each sorority has values, that each members finds valuable in their own way. These values will be shown to you everyday you go through recruitment.

- When going into recruitment think about your own **4 core values** , and how they show themselves in your day to day life, interests, and hobbies.
- Take the time to learn why each member you talk lives out their sororities' values
- When visiting each sorority think of it as a **fill-in rather than a fit-in!** You don't need to find your exact twin during recruitment to feel like you should be a part of a chapter. Every chapter has a spot for every kind of individual, so just take a deep breath and focus on making connections and do not worry if you "look like" you could fit into a chapter.



# RECRUITMENT SCHEDULE



**Orientation: September 7th - 7:30pm**

**Open House/ Sisterhood: September 8th - 3:00pm**

**Philanthropy: September 9th - 12:00pm**

**Preference: September 10th - 12:00pm**

**Bid Day: September 12th - 5:00pm**

## ORIENTATION

Orientation will prepare you with all necessary information and a breakdown of formal recruitment! You will meet your Recruitment Counselor and get your Recruitment T-shirt. During Orientation, a lot of questions will be answered and addressed.

### **ABOUT RECRUITMENT DRESS CODE:**

There is a dress code for each round of recruitment. However, we want to emphasize that you should **wear what makes you feel more comfortable!** There is no need to spend money buying a new wardrobe for recruitment, we want you to wear what makes you feel like yourself!

# DAY 1

# SISTERHOOD



**Types of conversations to expect:** You will be having "getting to know me" conversations. This could be anything like: hobbies, interests, what you did over the summer, and much more!

During Round 1, you will meet with all 7 chapters. The theme for the night will be the different sororities' values. Each chapter will give you a taste of what sisterhood means to them. Throughout the day, you will get a better idea of what each chapters values.

You will travel in your recruitment counselor groups the whole night. Dinner will be provided!

## **WHAT TO WEAR: CASUAL ATTIRE**

Recruitment T-shirt (provided at orientation)

Casual Shorts or Skirt

Comfortable Shoes

## DAY 2

# PHILANTHROPY



**Types of conversations to expect:** You should expect to talk about any community service you have participated in/causes you are passionate about. Chapters will discuss their philanthropy, academics, and financial and time commitments.

On Philanthropy night, you will have the ability to visit up to five chapters. You will learn about each chapter's philanthropy, and different service events that they plan and take a part in. Because there is more variety in schedules, there will be time gaps and different timing for each PNM.

### WHAT TO WEAR:

Casual skirt/dress, blouse and dress pants, dressy sandals, casual heels, dress sneakers



## DAY 3

# PREFERENCE

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### **Types of conversations to**

**expect:** During this round, you will be talking about what means the most to you. This can range from family and friends to other important aspects of your life. Each chapter will be talking about their organization's values and how they relate to their own personal values. On this day, you should also be having deeper conversations about how you could see yourself in each organization and how you could contribute to their sisterhood.

Preference Day is the final day of recruitment. You will be able to visit up to 2 chapters. Preference is where you will learn some of the deeper, more sacred aspects and values of each chapter. You will learn why each member calls their chapter home. At the end of the day, you will rank the chapters you visited in order of preference.

### **WHAT TO WEAR:**

Semi-formal attire (dress or dress pants), comfortable dress shoes.

## DAY 4

# BID DAY

Bid day is when PNMS will open your bid (and find out where your new home is) and meet your new sisters! Bid Day starts at 5:00 and will end at a different time for each chapter!

### **WHAT TO WEAR:**

Bid day T-Shirt (provided), shorts, jeans, comfy shoes!

# Expectations of Membership

## **FINANCIAL OBLIGATIONS**

Joining a Panhellenic chapter carries a financial commitment that is expected to be fulfilled through out the years of chapter membership. The cost of dues and various payment plans differs between each chapter, so it is vital to ask questions about finances during recruitment.

## **TIME COMMITMENT**

While there are many optional events provided within each chapter, members should expect their attendance to be required at chapter meetings, philanthropy events and any other mandatory programming within the cost of dues.

"INSPIRE AMBITION"

# ALPHA OMICRON PI

Authentic | Loyal | Inclusive

Philanthropy: The Arthritis Foundation



## Values

- Character
- Dignity
- Scholarship
- College loyalty

Words can't be put together to describe how excited my sisters and I are to meet everyone! I remember coming into college, you feel like a small fish in a big pond. Trying to navigate your new "adult" life can be a lot but those challenges you will overcome and you'll learn so much along the way. Whether you've been here for a few years or are fresh to the Mason community, one decision I challenge you to make is stepping outside of your comfort bubble. Fall of 2021 I took one big step out of my bubble and walked into the opening doors of Panhellenic recruitment, I stuck with it and it has given me my biggest gift in life. The girls I call home, I know they have me in my highest of highs and my lowest of lows. Getting out of my bubble gave me my reason I'm still at Mason today. The Panhellenic community and My sisters especially have grounded me, they gave me a place to lay my roots and grow. Stepping out of your original bubble might just expand it and make it 10x prettier. So give it a try, i don't think you'll regret it!

-Vice President of Membership Recruitment, Trysten Jackson

"UNION HAND IN HAND"

# ALPHA PHI

Purposeful | Kind | Inclusive

Philanthropy: The Alpha Phi foundation in support of women's heart health



## Values

- Generosity
- Sisterhood
- Innovation
- Character

You have no idea how excited the sisters of Alpha Phi and I are to meet you!! We remember when we were in your shoes, filled with excitement and anticipation for recruitment, with no idea how much Alpha Phi would mean to us just a short while later. Being in the Panhellenic community has been the best part of our college experiences and we wouldn't trade it for the world!!

The biggest piece of advice that I can give you is to be yourself and you will find the sorority that is right for you. I wish you all the best of luck during your recruitment process!! It is such a fun and exciting time that you will never forget. If you have any questions please feel free to reach out to me or any of my sisters! We would all love to help however we can.

With Love, Sage Johnson - Alpha Phi VP of Recruitment



"REALIZE YOUR POTENTIAL"

# ALPHA XI DELTA

Welcoming | Loving | Gracious  
Philanthropy: Kindly Hearts Initiative



## Values

- Sisterhood
- Leadership
- Knowledge
- Service

My sisters and I are so excited to meet all of you! We are truly honored to be a part of your college experience and we feel extremely grateful that you have chosen to go through this process with us. College is all about finding your true authentic self while also trying new experiences and meeting new people. My biggest piece of advice to you all is to stay true to yourself and your values and by doing that, you will find your true friends who will help you learn and grow into the best version of yourself. We truly hope that you will enjoy this process and this new chapter in your life!

-Membership VP, Christine Valente



"SISTERS ON PURPOSE"

# CHI OMEGA

Authentic | Inclusive | Scholarly  
Philanthropy: Make a Wish



## Values

- Friendship
- High Standards of Personnel
- Scholarship
- Career and Personal Development
- Campus Activities
- Community Service

I can only imagine what you're feeling right now. College is full of so many new faces, places, and opportunities; it can often feel overwhelming. While there may be many choices, I can confidently say that joining the Panhellenic community here at Mason was the right one for me. I'm honestly unsure if I'll ever be able to find words that fully encapsulate everything that sisterhood in Chi Omega has given me, but what I am certain of is that taking a leap of faith and going through recruitment was one of the best decisions I have ever made. No matter where this chapter of life takes you, be sure to always keep an open mind, remain true to yourself and your values, and appreciate the journey!

-Recruitment Chair, Mackenzie McGreer

"FOUNDED UPON A ROCK"

# GAMMA PHI BETA

Uplifting | Inclusive | Inspiring  
Philanthropy: Building Strong Girls



## Values

- Love
- Labor
- Learning
- Loyalty

I am beyond honored to welcome you to the countdown to recruitment! The sisters of Gamma Phi Beta can't wait to meet, grow, and learn from all of you. Sorority recruitment is a beautiful, crazy experience, and one of the best decisions I've ever made. It's the start of an amazing chapter of life, and one that comes with an incredible support system and genuine friendships. Whether you've wanted to join a sorority since you were little, or are timid (like I was), I highly encourage you to sign up for recruitment and come meet the amazing women on this campus.

Love, Courtney Moses Membership Vice President

"LET US STRIVE FOR THAT WHICH IS HONORABLE, BEAUTIFUL AND HIGHEST"

# KAPPA DELTA

Loving | Loyal | Ambitious

Philanthropy: The Girl Scouts of America and Prevent Child Abuse America



## Values

- Confidence
- Friendship
- Loyalty

Each one of us has been where you are now so It's ok to be nervous. I promise you recruitment is such a rewarding experience and you will come out of this with life long friends. Remember you are only as good as the chances you take. I did not see myself in Greek Life at first, now that I have joined, my sorority has turned me into a strong, proud, confident leader. My sisters and I are so excited to meet you all!

- VP of Recruitment, Stephanie Gotway



"LOVE, THE GREATEST OF ALL THINGS"

# ZETA TAU ALPHA

Inclusive | Empowering | Sisterhood

Philanthropy: Breast Cancer Education and Awareness



## Values

- Being rather than seeming
- Humility
- Leadership
- Lifelong Learning
- Service and Philanthropy
- Seeking understanding that we might gain true wisdom
- Love
- Loyalty and Commitment
- Responsibility

I hope your excitement outweighs all other emotions toward Sorority Recruitment. For myself, Recruitment was the beginning of endless opportunities, the start of forever friendships, and the foundation of the biggest support system I have ever had. Additionally, I hope you're ready to meet ZTA, the girls who dare to excel in all areas; the girls who have a passion for all causes; the girls who have traveled the world; the girls who relentlessly chase their dreams; the girls who challenge each other to be the best version of themselves; the girls who I am overwhelmingly proud to call my sisters. Throughout this process my biggest piece of advice to you is to be unapologetically yourself, have fun, and go through the process with an open mind! Truly, the journey you all are about to embark on is beyond four years, it's a lifetime.

ZLAM, Kaylee Wade Vice President of Recruitment and Membership Enrichment

@ztagmu

# STILL NEED TO SIGN UP FOR RECRUITMENT?



Here's a QR code!

Or go to:

<http://go.gmu.edu/panhellrecruitment>

# HAVE MORE QUESTIONS ABOUT RECRUITMENT?

Feel free to dm us @masonpanhellenic on  
instagram or email  
[gmupanhellenicvprecruitment@gmail.com](mailto:gmupanhellenicvprecruitment@gmail.com)